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# An Ultra-Sensitive Electrochemical Sensor for the Detection of Carcinogen Oxidative Stress 4-Nitroquinoline N-Oxide in Biologic Matrices Based on Hierarchical Spinel Structured NiCo<sub>2</sub>O<sub>4</sub> and NiCo<sub>2</sub>S<sub>4</sub>; A Comparative Study

- <sup>1</sup> Department of Materials, Imperial College London, London SW7 2AZ, UK; coolman91339@gmail.com
- <sup>2</sup> Department of Chemical Engineering and Biotechnology, National Taipei University of Technology, Taipei 106, Taiwan; tamilalagane2014@gmail.com (E.T.); m.akil.arasann@gmail.com (M.A.); maheshwarans333@gmail.com (S.M.)
- <sup>3</sup> Key Laboratory of Education Ministry for Soft Chemistry and Functional Materials, Nanjing University of Science and Technology, Nanjing 210094, China
- \* Correspondence: smchen78@ms15.hinet.net (S.-M.C.); xhliu@mail.njust.edu.cn (X.L.)
- + These authors contributed equally to this work.

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Abstract: Various factors leads to cancer; among them oxidative damage is believed to play an important role. Moreover, it is important to identify a method to detect the oxidative damage. Recently, electrochemical sensors have been considered as the one of the most important techniques to detect DNA damage, owing to its rapid detection. However, electrode materials play an important role in the properties of electrochemical sensor. Currently, researchers have aimed to develop novel electrode materials for low-level detection of biomarkers. Herein, we report the facile hydrothermal synthesis of NiCo<sub>2</sub>O<sub>4</sub> micro flowers (MFs) and NiCo<sub>2</sub>S<sub>4</sub> micro spheres (Ms) and evaluate their electrochemical properties for the detection of carcinogen-causing biomarker 4-nitroquinoline n-oxide (4-NQO) in human blood serum and saliva samples. Moreover, as-prepared composites were fabricated on a glass carbon electrode (GCE), and its electrochemical activities for the determination of 4-NQO were investigated by using various electrochemical techniques. Fascinatingly, the NiCo<sub>2</sub>S<sub>4</sub>-Ms showed a very low detection limit of 2.29 nM and a wider range of 0.005 to 596.64 µM for detecting 4-NQO. Finally, the practical applicability of NiCo<sub>2</sub>S<sub>4</sub>-Ms in the 4-NQO spiked human blood serum and saliva samples were also investigated.

**Keywords:** 4-NQO detection; NiCo<sub>2</sub>O<sub>4</sub>; NiCo<sub>2</sub>S<sub>4</sub>; biologic samples; hierarchical spinel structure; hydrothermal method

# 1. Introduction

Currently, bimetallic oxide and sulfide-based nanoparticles have been widely used in the field of electrochemical application [1–3]. A well-known electrode material with superior electrocatalytic property prepared based on nickel and cobalt due its higher surface area, structures and unique morphologies than monometallic oxides or sulfides [4–8]. Thus, we have synthesized hierarchical spinel NiCo<sub>2</sub>O<sub>4</sub>-MFs and NiCo<sub>2</sub>S<sub>4</sub>-Ms as an electrode material for the electrocatalytic reduction of 4-NQO detection. The better response occurs on the NiCo<sub>2</sub>S<sub>4</sub>-Ms modified electrode because sulfides

Tse-Wei Chen <sup>1,†</sup>, Elayappan Tamilalagan <sup>2,†</sup>, Shen-Ming Chen <sup>2,\*</sup>, Muthumariappan Akilarasan <sup>2</sup>, Selvarasu Maheshwaran <sup>2</sup> and Xiaoheng Liu <sup>3,\*</sup>

provide the lower bandgap energy and less electronegativity than oxides [8–10]. The synthesis method for NiCo2S4 and NiCo2O4 with various structures such as, micro flowers, nanoprism [11], nanoplates [12] and nanorods [13] and their electrocatalytic properties were previously reported. However, the hydrothermal method are more convenient to synthesis nanomaterials with different morphology then other available methods [14–16]. The chemical reaction in hydrothermal process occurs due to the influential high-temperature and pressure, which results the formation of exceptional products [17].

The term oxidative stress is defined to be the imbalance or the excessive production of reactive oxygen species (ROS) in cellular metabolism [18,19]. It plays an important role in living organisms such as maintenance of cell growth and production of important biologic substances, etc. [20]. However, in living organisms free radicals such as nitric oxide, peroxynitrite produce the ROS, which undergoes nitration in protein molecules, forms the 4-nitroquinoline n-oxide [21]. Thus, the excess level of 4-NQO leads to various types of disorders such as cancer, neurodegeneration and lung diseases, etc. [22]. Therefore, it is essential and important to develop analytical techniques to identify the oxidative stress biomarker 4-NQO in biologic matrices. The current analytical techniques that are used to determine 4-NQO ions are fluorescence-based screening assay, high performance liquid chromatography (HPLC) and electrochemical methods [22]. Among the aforementioned techniques, electrochemical techniques are easy to handle, require low consumption of samples, are rapid and most importantly, are low-cost [22,23]. Moreover, the fabrication of the electrode surface with the suitable materials will precisely improve the electrochemical parameters such as stability and sensitivity [24].

Herein, we reported that the facile synthesis of hierarchical spinel structure of NiCo2S4 microspheres and NiCo2O4 micro flowers for the effective detection of oxidative stress biomarker 4-NQO. The as-prepared NiCo2S4-Ms shows the excellent electrochemical activities for the determination of 4-NQO on comparing with NiCo2O4-MFs. Furthermore, the differential pulse voltammetry (DPV) results exhibited a low limit of detection and a wider linear range for the detection of biomarker 4-NQO. Moreover, the prepared NiCo2S4-Ms shows excellent long-term stability and selectivity. Finally, real samples of the sensor were tested in 4-NQO spiked human blood serum and saliva samples.

#### 2. Results and Discussion

#### 2.1. Microscopic and Elemental Analysis of Synthesized Nanomaterials

The morphologic structure of synthesis nanoparticles micro flowers and microspheres were obtained using FESEM. Figure 1A characteristic the morphology of NiCo<sub>2</sub>O<sub>4</sub>, which appears as a flower-like structure and Figure 1B, shows the magnified microscopic image of NiCo<sub>2</sub>O<sub>4</sub> in which clearly demonstrated that the numerous nano-needles are shrinks together and forms a micro spiky structure. Moreover, the FESEM images of the NiCo<sub>2</sub>S<sub>4</sub> Figure 1C,D show that obtained particles were micro structured spheres, which were regularly distributed with an average particle size of 1.64 µm. Figure 2A–D illustrates the elemental mapping of NiCo<sub>2</sub>S<sub>4</sub> Ms (A), which confirmed the presence of Ni (B), Co (C) and S (D) elements. In addition, the EDX analysis were taken to investigate the elemental composition present in NiCo<sub>2</sub>S<sub>4</sub> Ms. Figure 2E shows the EDX spectrum of NiCo<sub>2</sub>S<sub>4</sub> Ms with the expected signal response of the elements Ni, Co and S. The inset image of Figure 2E presents the weight percent NiCo<sub>2</sub>O<sub>4</sub> MFs are presented in supplementary Figure S1A–E.



**Figure 1.** (**A**) FE-SEM of NiCo<sub>2</sub>O<sub>4</sub>-MFs, (**B**) magnified image of NiCo<sub>2</sub>O<sub>4</sub>-MFs and (**C**,**D**) NiCo<sub>2</sub>S<sub>4</sub>-Ms. Scale bar 100 nm.



**Figure 2.** (**A**) Mapping image NiCo<sub>2</sub>S<sub>4</sub>-Ms mix, (**B**) Ni, (**C**) Co and (**D**) S. (**E**) EDX profile of NiCo<sub>2</sub>S<sub>4</sub>-Ms. Inset weight percentage of NiCo<sub>2</sub>S<sub>4</sub>-Ms. Scale bar 2.5 μm.

## 2.2. XRD and XPS Analysis of NiCo2S4-Ms and NiCo2O4-MFs

The XRD patterns of the as synthesized NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs are shown in Figure 3A. The XRD pattern of NiCo<sub>2</sub>S<sub>4</sub>-Ms Figure 3Aa shows the characteristic peaks at 16.3° (111), 26.8° (220), 31.6° (311), 38.3° (400), 50.4° (511), 55.3° (440). These peaks were reliable with the standard XRD pattern of NiCo<sub>2</sub>S<sub>4</sub>-Ms (JCPDS NO: 20-0782) [25]. Moreover, Figure 3Ab shows the signal response at 18.9° (111), 31.1° (220), 36.7° (311), 44.6° (400), 55.4° (422), 59.1° (511), 64.9° (440) shows the maximum

crystallization, which confirms the formation of NiCo<sub>2</sub>O<sub>4</sub>-MFs (JCPDS NO: 20-0781) [26]. In addition, the XPS were taken to conform the chemical composition and the oxidation state of NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs. Figure 3B,C shows the XPS survey spectra of NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs confirms that, the presence of Ni, Co, S and O [27,28]. Thus, the XRD and XPS studies clearly confirms that the excellent formation of NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs.



Figure 3. (A)–(a) XRD study of NiCo<sub>2</sub>S<sub>4</sub>-Ms and (b) NiCo<sub>2</sub>O<sub>4</sub>-MFs. (B) XPS survey spectrum of NiCo<sub>2</sub>S<sub>4</sub>-Ms and (C) NiCo<sub>2</sub>O<sub>4</sub>-MFs.

#### 2.3. EIS and Electrochemical Investigation of Different Electrodes

Electrochemical impedance spectroscopy (EIS) is a method to investigate the interfacial effects between electrolyte and surface of the electrode. Figure 4A depicts the EIS curves of bare GCE (a), NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE (b) and NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE (c) in 0.1-M KCl containing 0.05 M of [Fe(CN)<sub>6</sub>]<sup>-3/-4</sup> solution and the frequency range was set to be of 100 MHz to 100 kHz. The obtained impedance data were fit according to the Randle's equivalent circuit model shows in the inset Figure 4A, where  $R_{ct}$ denotes the charge transfer resistance, Zw,  $R_s$  and  $C_{d1}$  refer to Warburg impedance, ohmic resistance and the double layer electron-transfer resistance, respectively. Moreover, the  $R_{ct}$  value of bare GCE, NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE and NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE were measured to be 250.7  $\Omega$ , 214.2  $\Omega$  and 64.25  $\Omega$ , respectively. As can be seen that the lowest  $R_{ct}$  value were obtained for NiCo<sub>2</sub>S<sub>4</sub>-Ms electrode. This was due to the microsphere structure possessing the larger surface area; when it contacted the electrolyte, it may be more effective and efficient in capturing the active materials.



**Figure 4.** (**A**) EIS and (**B**) cyclic voltammetry (CV's) (**a**) of unmodified electrode, (**b**) NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE and (c) NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE in 0.1-M KCl containing 0.05 M of  $[Fe(CN)_6]^{-3/-4}$ . (**C**) Scan rate of the nanocomposite modified electrode. (**D**) Calibration plot of (*v* vs. Vs<sup>-1</sup>)<sup>1/2</sup>.

In addition, the cyclic voltammetry (CV's) were performed to investigate the electrochemical behavior of bare GCE (a), NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE (b) and NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE (c) in 0.1-M KCl containing 0.05 M of [Fe(CN)<sub>6</sub>]<sup>-3/-4</sup> solution. In Figure 4B as can be seen that, the highest reduction and reduction peak current and lower peak-to-peak separation ( $\Delta$ Ep) value of 89.24 mV were observed for the NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE. Moreover, the peak-to-peak separation ( $\Delta$ Ep) of unmodified electrode (a) and NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE (b) were measured to be 189.51 and 145.36 mV, respectively. Figure 4C shows the different scan rates at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE, in which the redox peak current increased consistently and their linear relationship with the square root of scan rates were plotted as shown in Figure 4D. Furthermore, the electrochemical active surface area value was measured based on the Randel's Sevcik equation (I). The electrochemical active surface area of bare GCE (a), NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE (b) and NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE were calculated to be 0.082, 0.102 and 0.161 cm<sup>2</sup> respectively. The results indicate the combination of bimetallic sulfides increased the surface area and showed excellent electrochemical contact between the surface of electrode and electrolyte solution.

$$Ip = 2.69 \times 10^{5} n^{3/2} A D^{1/2} C v^{1/2}$$
(1)

#### 2.4. Electrochemical Activity and Different pH at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE

As shown in Figure 5A, the CV's with different electrodes, bare GCE (a), NiCo2O4-MFs/GCE (b) and NiCo2S4-Ms/GCE (c) were recorded in 0.1 M of phosphate buffer solution (PB) pH 7 containing 100-µM 4-NQO with the fixed scan rate of 0.05 V/s. The lower reduction peak current exhibited an unmodified GCE, which suggest the poor conductivity on the electrode surface. Furthermore, when the electrode was modified with NiCo2O4-MFs/GCE there was a drastically increase in the current. The excellent peak current of  $-26 \,\mu\text{A}$  with the minimized reduction potential of  $-0.29 \,\text{V}$  was noted on NiCo2S4-Ms/GCE, which suggest that the larger surface area of NiCo2S4-Ms can considerably enhance the sensitivity of the electrode. Moreover, the probable electrochemical reduction mechanism of 4-NQO on NiCo2S4-Ms/GCE are shown in Figure 6. Typically, 4-nitroquinoline n-oxide is irreversibly reduced to form 4-hydroxyaminoquinoline n-oxide. After this, the oxidation of 4hydroxyaminoquinoline n-oxide occurs, which is subsequently reduced to 4-nitrosoquinoline noxide at the increasing scan. The accumulation time is one of the important parameters in electrochemical sensors to improve the sensitivity. Therefore, the accumulation time of the proposed sensor was studied in 0.1-M pH 7 containing 100-µM 4-NQO using the CV technique and the corresponding current response versus time were plotted as shown in Figure S2. The obtained results indicate that the reduction peak increased with the increasing accumulation time. However, the accumulation time exceeds 20 s, the reduction peak current of 4-NQO decreased. This was due to the adsorption taken at the surface of the electrode, which may have resisted the active site of the NiCo<sub>2</sub>S<sub>4</sub>-Ms and the surface reached its saturation point at 20 s. Thus, the optimal accumulation time of 20 s was preferred to achieve the high sensitivity for the proposed sensor.



Figure 5. (A)–(a) CV's of unmodified glass carbon electrode (GCE), (b) NiCo<sub>2</sub>O<sub>4</sub>-MFs/GCE, and (c) NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE in 0.1-M pH7 containing 100- $\mu$ M 4-NQO. (B) CV's obtained at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE for the varied pH from (3 to 11) containing 100- $\mu$ M 4-NQO. (C) The plot current ( $\mu$ A) versus pH and (D) potential versus pH.

Furthermore, the influence of pH at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE for the detection of 4-NQO was investigated by varying the PB pH from 3 to 11 at a fixed scan rate of 0.05 Vs<sup>-1</sup>. Figure 5B displays the CV's curves of different pH 3 to 11 containing 100- $\mu$ M 4-NQO. The well-shaped peak with higher reduction peak current of -5.29  $\mu$ A was noted at pH 7 Figure 5C. At some point, the peak current started to decrease, which indicates that the biomolecules reached its maximum pH value of 9–11. Hence, the pH 7 was chosen as the enhanced pH for the reduction of 4-NQO. In addition, the plot between the reduction peak potential and pH were plotted as shown in Figure 5D, which was linear, and its regression equation were represented as E<sub>P</sub> (V) = -0.056 pH -0.624. The obtained slope value of -56 mV/pH indicates that the reaction was equal number of proton and electron transferred.



Figure 6. Possible reduction mechanism of 4-NQO at NiCo2S4-Ms/GCE.

# 2.5. Influence of Different Concentration and Scan Rate

In addition, the influence of various concentration of 4-NQO at as-prepared NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE were analyzed in 0.1-M pH 7 at fixed scan window of 0.05 Vs<sup>-1</sup>. As shown in Figure 7A, the CV curve were recorded for the increasing concentration of 4-NQO. For every sequential addition of 4-NQO from 25 to 250  $\mu$ M the reduction peak current also increased linearly. Finally, the linear relationship of reduction peak current versus the concentration of 4-NQO were plotted as Figure 7B. Moreover, the regression equation is written to be y = 0.0253x + 2.2034 with the correlation coefficient of  $R^2 = 0.9938$ . The obtained results confirm that, the as-prepared NiCo<sub>2</sub>S<sub>4</sub>-Ms is a promising electrode material for the rapid detection of 4-NQO without fouling.



Figure 7. (A) CVs obtained at different concentration of 4-NQO (a-j 25–250  $\mu$ M) and (B) Linear relationship between the current ( $\mu$ A) and 4-NQO concentration. (C) CVs attained for the different scan rate (a-o 20 to 300 mVs<sup>-1</sup>) in 0.1-M pH 7 at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE. (D) Calibration plot of the cathodic peak current and scan rates.

In order to study the effects of scan rates at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE was investigated by CV techniques. Figure 7C, indicates the CVs of different scant rates from 20 to 300 mVs<sup>-1</sup> in 0.1-M PB pH 7 contains 100- $\mu$ M 4-NQO.With consistently increasing scan rates, there was a linear increase in the cathodic peak current. Figure 7D shows the linear relationship between the cathodic peak current of 4-NQO versus square root of the scan rates. In addition, the regression equation was calculated to be *y* = 8.3872x - 0.0241 with the correlation coefficient of *R*<sup>2</sup> = 0.9908, which indicates that reduction of 4-NQO at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE was a diffusion-controlled process.

# 2.6. DPV Analysis of 4-NQO Ions at NiCo2S4-Ms/GCE Techniques

Differential pulse voltammetry common techniques were used to measure the essential electrochemical parameters such as linear range, sensitivity and limit of detection (LOD). Hence, the DPV technique was used to detect the 4-NQO at NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE in 0.1-M pH 7 at a fixed potential of 0.4 to -0.6 V. Figure 8A displays the DPV curve of increasing concentration of 4-NQO. The obtained results indicate the reduction peak current increased with increasing concentration of 4-NQO. The NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE modified electrode showed an excellent linear relationship between the reduction peak current and the concentration of 4-NQO, which were plotted as shown in Figure 8B. Moreover, the linear regression equation was calculated to be  $ip_a$  ( $\mu$ A) = 0.4014  $\mu$ M -0.0153 ( $R^2$  = 0.9985). Wherein, the NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE shows the wider range of 0.005 to 596.64- $\mu$ M 4-NQO. In addition, the LOD of the as-prepared sensor was measured using the standard formula of LOD =  $3\sigma$ /S, where the  $\sigma$  and S, is the standard deviation and slope of the curve, respectively. Moreover, the LOD of NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE for the detection of 4-NQO were measured to be 2.29 nM. Moreover, the proposed sensor wes compared with previously reported 4-NQO sensor as the results as-prepared NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE shows the very low detection limit Table 1. Thus, it is a promising electrode material for the detection of 4-NQO.



Figure 8. (A) DPV response of the different concentration of 4-NQO; (B) linear response of the reduction peak current versus concentration of 4-NQO.

Method	Linear Range (µM)	LOD (nM)	Ref
Bi2WO6/rGOs·NC/a GCE/b it	0.025–718	6.11	[22]
Fe2 N·NPs@rGOS/c SPCE/d DPV	0.05-574.2	9.24	[16]
ZnFe2O4·NCs/rGO/a GCE/d DPV	0.025-534.12	8.27	[19]
e HPLC	-	0.157	[29]
NiCo <sub>2</sub> S <sub>4</sub> -Ms/GCE/DPV	0.005-596.64	2.29	This work

Table 1. Comparison of as-prepared sensor with the other previously reported 4-NQO sensor.

<sup>a</sup> Glassy carbon electrode; <sup>b</sup> (i–t) amperometric; <sup>c</sup> screen printed carbon electrode; <sup>d</sup> differential pulse voltammetry; <sup>e</sup> high-performance liquid chromatography.

#### 2.7. Interference and Stability Studies of NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE

Selectivity and stability are the most considered parameter in electrochemical studies. Hence, the selectivity of the sensor was examined using NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE with 4-NQO, as well as in the presence of possible bioactive and nitro compounds. The selectivity of the prepared sensor was studied using DPV techniques. The DPV results of the NiCo2S4-Ms/GCE in presence of 0.5 µM 4-NQO and 0.7 µM possible interferents such as 3-nitro-l-tryosine (3-NT), 4-nitrophenol (4-NP), chloramphenicol (CAP), nitro benzene (NB) and continued addition of 1.5 µM common biologic analytes glucose (Glu), ascorbic acid (AA), hydrogen peroxide (H2O2) and dopamine (DA) are shown in Figure S3. The related nitro compounds such as 3-NT, 4-NP, NB, CAP showed minor interference with the 4-NQO due to structural similarity. However, the corresponding relative error was found less than 7% as shown in Figure 9A. Notably, most of the other nitro compounds show their reduction peaks at high overpotential of -0.50 to -0.60 V, which is far from the reduction potential of 4-NQO. In other words, although all these compounds have nitro groups, they require different energy to be reduced, which provides the electrode a good selectivity. Approximately three-fold excess concentrations of Glu, AA, H<sub>2</sub>O<sub>2</sub> and DA did not show any significant interference, indicating that the method is selective in biologic samples. Moreover, the working stability of NiCo2S4-Ms/GCE were examined using the DPV technique. Figure 9B shows the stability current response of the prepared sensor in 0.1 M pH7 containing 10-µM 4-NQO. After 15 days usage, the sensor maintained a stability of 94.59%. Thus, the stability test of the NiCo2S4-Ms/GCE confirms the outstanding working stability for the detection of 4-NQO.



**Figure 9.** (**A**) Influence of interfering ions in 0.1-M pH 7 containing 0.5 μM of 4-NQO and higher concentration of interfering analytes; (**B**) stability plot of NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE of its usage for 15 days.

#### 2.8. Real Sample Analysis

The practical applicability of prepared sensor was examined in the biologic sample human blood serum and saliva samples. The preparation of biologic samples was diluted with buffer solution and the known concentration of 4-NQO were spiked. Finally, DPV techniques were carried out for the prepared real samples. Fascinatingly, the blood serum and saliva samples were showed outstanding found and recovery rates, which are tabulated in Table 2. At the end, the prepared NiCo<sub>2</sub>S<sub>4</sub>-Ms/GCE established as the effective electrode for the real time applicability.

<b>Real Samples</b>	Added/nM	Found/nM	Recovery/%	* RSD/%
Human blood serum	50	47.58	95.16	2.45
	100	96.48	96.48	2.81
Saliva	50	49.12	98.24	2.56
	100	94.29	94.29	2.76

Table 2. Determination of 4-NQO in biologic samples at NiCo2S4-Ms/GCE modified electrode.

\* Related standard deviation (RSD) of n = 3.

# 3. Experimental Section

#### 3.1. Synthesis Method for NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs

All chemicals were purchased from Sigma-Aldrich in analytical grade and used without any further purification. The details of chemical purchases, preparation methods of buffer solutions and instrumentation techniques are detailed in the supplementary data (S1). The NiCo<sub>2</sub>O<sub>4</sub>-MFs and NiC<sub>2</sub>S<sub>4</sub>-Ms were synthesized by the hydrothermal method. Briefly, a 1:2 molar ratio of Ni(CH<sub>3</sub>COO)<sub>2</sub>·4H<sub>2</sub>O and Co(CH<sub>3</sub>COO)<sub>2</sub>·4H<sub>2</sub>O were thoroughly dissolved in 50 mL of C<sub>2</sub>H<sub>6</sub>O<sub>2</sub> under magnetic stirring for 30 min. Then the mixture was carefully transferred into a 100 mL Teflon-lined stainless-steel autoclave and maintained for 180 °C for 12 h in a hydrothermal oven. After 12 h, the reaction mixture was allowed to cool room temperature and centrifuged with water and ethanol to collect the NiCo<sub>2</sub>O<sub>4</sub>-MFs precipitate. Finally, the collected precipitate was dried in air at 80 °C for 10 h [30]. To synthesis, the NiCo<sub>2</sub>S<sub>4</sub>-Ms, a 1:2 molar ratio of the NiSO<sub>4</sub>·6H<sub>2</sub>O and Co<sub>3</sub>O<sub>4</sub>·7H<sub>2</sub>O were dissolved in 0.5 M Na<sub>2</sub>S·5H<sub>2</sub>O. Then the same procedure was followed to obtain the NiCo<sub>2</sub>S<sub>4</sub>-Ms (Scheme 1).



**Scheme 1.** Synthesis methodology of NiCo<sub>2</sub>S<sub>4</sub>-Ms and its electrocatalytic properties for the detection of 4-nitroquinoline n-oxide.

# 3.2. Fabrication of NiCo2S4-Ms Modified GCE

The surface of GCE was cleaned by 0.5 mg of alum in a slurry. Then the GCE was dipped into an ethanol solution and sonicated for 10 min. After this, the GCE was pre-cleaned by cycling between -0.8 to 0.8 V in PB pH 7 for the 25 continuous cycle. Then, 1 mg of as-prepared NiCo<sub>2</sub>S<sub>4</sub>-Ms was dispersed in 1 mL of ethanol and sonicated for 20 min. Approximately 6  $\mu$ L of NiCo<sub>2</sub>S<sub>4</sub>-Ms suspension was drop-cast on the surface of GCE and dried in a 50 °C oven. Finally, the as-prepared NiCo<sub>2</sub>S<sub>4</sub>-Ms modified GCE was used for the electrochemical characterization.

## 4. Materials and Reagents

Nickel acetate Ni(CH<sub>3</sub>COO)<sub>2</sub>·4H<sub>2</sub>O, cobalt acetate Co(CH<sub>3</sub>COO)<sub>2</sub>·4H<sub>2</sub>O, ammonium hydroxide (NH<sub>4</sub>OH), nickel sulfate NiSO<sub>4</sub>·6H<sub>2</sub>O, cobalt sulfate CoSO<sub>4</sub>·7H<sub>2</sub>O, 4-nitroquinoline n-oxide, uric acid (UA), ascorbic acid (AA), dopamine (DA), glucose (GLU), 3-nitrotyrosine (3-NT), L-cysteine and H<sub>2</sub>O<sub>2</sub> and all other chemicals were purchased from Sigma-Aldrich and used as received. Double-distilled water was used for all the experiments. 0.1-M phosphate buffer (PB) (pH 7.0) prepared from sodium dihydrogen phosphate and disodium hydrogen phosphate was used as supporting electrolyte. Human blood serum and saliva samples were acquired from Chang Gung Medical Hospital, Taoyuan, Taiwan. The research protocols of human blood serum and saliva samples experiments were followed as per the laws and institutional guidelines of Chang Gung Medical Hospital (CGMH), Taiwan.

#### 5. Methods

The surface modification of the as-formed composite was examined using field emission scanning electron microscope (FESEM-JEOL-7600F, Jeol instruments, Musashino, Akishima, Tokyo, Japan): Ingredients of the elemental composition and elemental mapping were analyzed by energy-dispersive X-ray spectroscopy (EDX) with HORIBA EMAX X-ACT (Horiba instruments, AkzoNobel House, Singapore). The quantitative analysis and defects and disordered nature of the as-prepared composite were investigated by PerkinElmer PHI-5702 (PerkinElmer Inc., Waltham, MA, USA).

The crystalline nature of the composite was examined by XRD, XPERT-PRO spectrometer (Malvern Panalytical B.V., Almelose Aa, Netherland). The electrochemical properties and electrocatalytic activity were examined using electrochemical impedance spectroscopy (EIS) and cyclic voltammetry (CV); i-t amperometry was carried out CHI 1205A (CH instruments, Inc. Austin, TX, USA). The CHI instrument consists of a three-electrode system, in which the platinum wire and Ag/AgCl (sat. KCl) were used as auxiliary and reference electrodes, and a pre-washed GCE (glassy carbon electrode) acted as a working electrode.

## 6. Conclusions

In summary, we successfully synthesized NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs through the hydrothermal method. The formation of NiCo<sub>2</sub>S<sub>4</sub>-Ms and NiCo<sub>2</sub>O<sub>4</sub>-MFs were conformed through the several analytical techniques such as FESEM, EDX, XPS and XRD. Further, the as-prepared nanocomposites were used as electrode materials for the detection of 4-NQO. Fascinatingly, the NiCo<sub>2</sub>S<sub>4</sub>-Ms modified electrode showed excellent electrochemical performances such as a wider range, low limit detection, higher selectivity and outstanding stability for the detection of 4-NQO. In addition, the practical applicability of the as-prepared nanocomposite were scrutinized in the human blood serum and saliva samples, which showed good recovery for both samples. To our knowledge, the hydrothermally synthesized NiCo<sub>2</sub>S<sub>4</sub>-Ms is the one of the most effective electrocatalysts for the detection of 4-NQO.

**Supplementary Materials:** The following are available online at www.mdpi.com/1422-0067/21/9/3273/s1, Figure S1. Mapping image of NiCo2O4-MFs (A). (B-D) conforms the presence of Ni (B), Co (C), O (D). (E) EDX profile for NiCo2O4-MFs; Figure S2. Effect of accumulation time on the reduction peak current of 100  $\mu$ M 4-NQO at NiCo2S4-MS/GCE; Figure S3. DPV curve of obtained at NiCo2S4-Ms/GCE in the 0.1M pH-7 containing 0.5  $\mu$ M of 4-NQO with other bioactive and electro active nitro species.

**Author Contributions:** T.-W.C. and E.T. developed the theory and performed the computations and carried out the analytical techniques. S.-M.Chen and X.L. helped supervise the project, finical support and helped to written the draft manuscript M.A. and S.M. performed the analytic calculations and performed the numerical simulations. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare that there is no conflict of interest.

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