

Shiga toxins — from cell biology to biomedical applications

Ludger Johannes and Winfried Römer

Abstract | Shiga toxin-producing *Escherichia coli* is an emergent pathogen that can induce haemolytic uraemic syndrome. The toxin has received considerable attention not only from microbiologists but also in the field of cell biology, where it has become a powerful tool to study intracellular trafficking. In this Review, we summarize the Shiga toxin family members and their structures, receptors, trafficking pathways and cellular targets. We discuss how Shiga toxin affects cells not only by inhibiting protein biosynthesis but also through the induction of signalling cascades that lead to apoptosis. Finally, we discuss how Shiga toxins might be exploited in cancer therapy and immunotherapy.

Enterohaemorrhagic *Escherichia coli*

(EHEC). *Escherichia coli* strains that cause haemorrhagic colitis and haemolytic uraemic syndrome. EHEC constitutes a subset of serotypes called Shiga toxin-producing *E. coli* (STEC), in which these toxins are virulence factors.

Haemolytic uraemic syndrome

(HUS). A life-threatening complication characterized by microangiopathic haemolytic anaemia, thrombocytopenia and acute renal failure.

Institut Curie — Centre de Recherche and CNRS UMR144, Traffic, Signalling and Delivery Laboratory, 26 rue d'Ulm, 75248 Paris Cedex 05, France.

Correspondence to L.J. e-mail: ludger.johannes@curie.fr

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The Shiga toxin family, a group of structurally and functionally related exotoxins, includes Shiga toxin from *Shigella dysenteriae* serotype 1 and the Shiga toxins that are produced by enterohaemorrhagic *Escherichia coli* (EHEC) strains. The existence of different, interchangeable terms to describe very similar toxins has historical reasons. The Japanese microbiologist Kiyoshi Shiga was the first to characterize the bacterial origin of dysentery caused by *S. dysenteriae*, in 1897. In 1977, Konowalchuk discovered a group of *E. coli* isolates that produced a factor that was able to kill Vero cells in culture¹. The factor was termed verotoxin, and the bacteria were termed verotoxin-producing *E. coli* (VTEC). O'Brien and colleagues recognized in the early 1980s that some *E. coli* isolates produced a toxin that was related to Shiga toxin and named these organisms Shiga-like toxin-producing *E. coli* (STEC)². In 1983, it was recognized that STEC strains are associated with haemolytic uraemic syndrome (HUS)³. Researchers eventually realized that they were studying identical or highly related toxins.

Shiga toxin is the prototype of the Shiga toxin family and nearly identical to the *E. coli*-produced Shiga toxin 1 (Stx1), differing by a single amino acid in the catalytic A subunit of the toxin. STEC can produce Stx1 variants (Stx1 and Stx1c), Stx2 variants (Stx2, Stx2c, Stx2d, Stx2e, Stx2f) or variants of both in a range of combinations (TABLE 1). However, severe disease has been epidemiologically linked to the presence of Stx2 (REF. 4). Although Stx1 and Stx2 share a common receptor and possess the same intracellular mechanism of action, they are immunologically distinct and only 56% identical at the amino acid sequence level⁵. Stx2 variants are 84–99% homologous to Stx2.

The Shiga toxins in *S. dysenteriae* and STEC are encoded by diverse lambdoid bacteriophages⁶. These phages are highly mobile genetic elements that play an important part in horizontal gene transfer and, hence, in genome diversification⁷. Located in the late gene region downstream of the late promoters and upstream of the lysis cassette, *stx* genes are highly expressed when the lytic cycle of the phage is activated. Phages regulate the production of Shiga toxins through the activity of phage gene promoters, through the amplification of gene copy number and through toxin release^{8,9}. Conditions unique to the periplasm of Gram-negative bacteria are required for toxin subunits to efficiently fold and assemble. Once assembled, toxin secretion seems to be achieved by phage-mediated bacterial lysis¹⁰.

Little is known about the influence of intestinal factors on the production of Shiga toxins. Human neutrophil activation products such as hydrogen peroxide induce toxin release by EHEC¹¹. The *stx1* genes are also regulated by iron, with toxin synthesis being repressed at high iron concentrations¹², thus limiting the site of toxin production to the distal small intestine and colon.

Human infection by *S. dysenteriae* or EHEC strains, which results initially in diarrhoea, has been associated with the ingestion of contaminated minced beef, vegetables, milk, juice or water. Frequently, the disease progresses into dysentery and haemorrhagic colitis, which may further develop into life-threatening systemic extra-intestinal complications, such as acute renal failure and central nervous system complications that sometimes result in death¹³. Haemorrhagic colitis is primarily a disease of young children and

Table 1 | The family of Shiga toxins

Organism	Toxin	Sequence similarity to Shiga toxin		Characteristics	Synonyms	Cellular receptors
		A subunit	B subunit*			
<i>Shigella dysenteriae</i>	Shiga toxin	N/A	N/A	N/A	N/A	Gb3
STEC	Stx1	97%	98%	N/A	SLTI and VT1	Gb3
	Stx1c	97%	98%	N/A	SLT1c and VT1c	Gb3
	Stx2	53%	64%	Associated with severe disease in humans	SLTII and VT2	Gb3
	Stx2c	53%	61%	N/A	SLTIIc and VT2c	Gb3
	Stx2d	54%	61%	N/A	SLTIIId and VT2d	Gb3
	Stx2e	53%	61%	Associated with the piglet edema disease	SLTIIe and VT2e	Gb3 and Gb4
	Stx2f	54%	60%	N/A	SLTIIIf and VT2f	Gb3

Gb3, globotriaosylceramide; N/A, not applicable; SLT, Shiga-like toxin; STEC, Shigella toxin-producing *Escherichia coli*; Stx1, Shiga toxin 1; VT: Verotoxin. *This is the sequence similarity for mature B fragments, without signal sequences.

elderly people¹⁴. The most common strain of *E. coli* that causes haemorrhagic colitis is *E. coli* serotype O157:H7. This toxigenic bacterium naturally inhabits the gastrointestinal tract of domestic animals without any ill effect for the host. Up to 15% of patients with haemolytic colitis caused by *E. coli* serotype O157:H7 go on to develop HUS¹⁵. STEC strains that produce Stx2 are more likely to cause HUS than those that only produce Stx1 (REF. 16). Moreover, strains producing Stx2 alone were found to cause more severe neurological symptoms in gnotobiotic piglets than strains producing only Stx1 or both Stx1 and Stx2, whereas Stx1-producing strains induce only diarrhoea and no systemic complications¹⁷. Affected organs in humans and experimental animals show signs of profound vascular damage. The most severely affected patients require blood transfusions and dialysis therapy. Haemodialysis and peritoneal dialysis have been used in the past, depending on the age and weight of patients, and peritoneal dialysis is the treatment of choice for chronic renal failure¹⁸. Several intervention strategies are currently being developed to prevent organ damage by Shiga toxins, the most prominent of which are summarized in BOX 1.

Toxin structure and cellular receptors

Shiga toxin family members have an AB₅ molecular configuration, as revealed by X-ray crystallography^{19,20}: An enzymatically active monomeric A subunit, StxA (which has a molecular mass of 32 kDa) is non-covalently associated with a pentamer of identical B fragments (each B fragment has a molecular mass of 7.7 kDa) that form the B subunit, StxB, which is responsible for binding to cell surface receptors (FIG. 1a). StxB forms a doughnut-shaped structure with a central pore into which the carboxyl terminus of StxA inserts¹⁹. StxA and the StxB fragments are secreted into the bacterial periplasm²¹, where they assemble non-covalently into the holotoxin, as was initially described for heat-labile enterotoxins from *E. coli*²².

StxA possesses a highly specific RNA *N*-glycosidase activity that cleaves an adenine base at position 4,324 on the α -sarcin loop located on domain VI of 28S ribosomal RNA (rRNA) of eukaryotic ribosomes^{23,24}, thereby inhibiting elongation factor-dependent aminoacyl tRNA binding and subsequent chain elongation²⁵. Bacterial ribosomes are also a substrate for StxA, and exposure to Stx1 results in decreased proliferation of susceptible bacteria²⁶. Although Shiga toxins are extremely potent ribosome-modifying enzymes, it should be noted that their action is not limited to the inhibition of protein synthesis. As discussed below, they have several cellular effects, including the induction of cytokine expression by macrophages, which in turn may increase the susceptibility of certain cells to toxins.

StxB binds to the neutral glycosphingolipid globotriaosylceramide (Gb3; also known as CD77 or the P^k blood group antigen), which is present on the surface of cells^{27–29}, leading to subsequent internalization of the toxin. Stx2e uses globotetraosylceramide (Gb4), which contains an additional terminal β [1–3]-linked *N*-acetylgalactosamine residue. In the absence of StxA, StxB still adopts a pentameric structure that is functionally equivalent to the holotoxin in receptor binding³⁰.

The first structures of Shiga holotoxin¹⁹ and of the B subunit of Stx1 alone²⁰ were determined by X-ray crystallography in the absence of receptor molecules. Molecular modelling studies^{31,32} and fluorescence energy transfer measurements³³ indicated the presence of two receptor-binding sites per B fragment monomer. In 1998, the crystal structure was determined for the Stx1 B subunit in complex with a trisaccharide receptor analogue of Gb3. This study revealed the existence of three trisaccharide-binding sites per B fragment monomer³⁴ (FIG. 1b,d). All 15 of the Gb3-binding sites in the B subunit homopentamer are facing in the same direction, distal to the A subunit binding site, thereby identifying the membrane interaction surface. The Gb3-binding sites do not interact. At least one of the binding sites

Box 1 | Intervention strategies

Clinical observations indicate that conventional anti-microbial therapies for the treatment of infections by Shiga toxin-producing bacteria have inherent limitations and may even be counterproductive^{146–148}, as killing the bacteria may accelerate toxin release. Hence, a need exists for the development of new therapeutic modalities. Possible therapeutic options include the use of agents that block Shiga toxin binding at the cell surface or its intracellular transport, thereby protecting people from toxin-mediated pathology and development of haemolytic uraemic syndrome (HUS).

Synthetic Shiga toxin binders

To mimic the cell surface binding of Shiga toxin B subunit (StxB) to several globotriaosylceramide (Gb3) molecules at a time, oligovalent water-soluble globotriose ligands, termed STARFISH, were designed on the basis of the crystal structure of StxB in complex with a Gb3 analogue and were found to have a subnanomolar inhibitory activity¹⁴⁹. However, the protective activity of STARFISH against Shiga toxins was suboptimal *in vivo*¹⁵⁰. Recent improvements based on supramolecular templating to create high-avidity inhibitors for multimeric receptors are now being tested¹⁵¹. In another study, the trisaccharide moiety of Gb3 has been covalently coupled to an inert silicon-based matrix, Chromosorb-P. The resulting compound was termed Synsorb-Pk¹⁵². Co-incubation of human renal adenocarcinoma cells with Shiga toxin 1 (Stx1) and Stx2 from *Escherichia coli* and Synsorb-Pk for 1 hour resulted in 50% protection of cells, but clinical trials did not show the expected protective effect in children with diarrhoea-associated HUS¹⁵³. SUPER TWIG, a carbosilane dendrimer carrying variously oriented Gb3 trisaccharides¹⁵⁴, and linear polymers of acrylamide with clustered Gb3 trisaccharides (called Gb3 polymers)¹⁵⁵ are promising therapeutic agents for use against Shiga toxin-producing *E. coli* infection in humans. These Stx neutralizers function in the circulation and in the gut, respectively, and exhibit Stx-binding capacities that are 100,000 times as high as those of Synsorb-Pk. Cytotoxic activities of Stx1 and Stx2 were markedly inhibited, and mice were protected from a challenge with a fatal dose of *E. coli* O157:H7, even when the neutralizers were administered after infection had been established.

Probiotic bacteria

A recombinant bacterium based on a non-pathogenic *E. coli* strain was designed that displays a Stx receptor mimic on its surface. This probiotic bacterium has an apparent affinity for StxB that is around 10,000 times as high as that of Synsorb-Pk, and Shiga toxins were indeed very efficiently adsorbed and neutralized. Oral administration of the bacterium completely protected mice from lethal toxin doses^{156,157}.

Monoclonal antibodies

The use of monoclonal antibodies specific for both Stx1 and Stx2 may be the most attractive treatment modality at this stage^{158,159}. These antibodies prolonged the survival of toxin-challenged mice and have also been shown to prevent toxin-associated disease in a piglet model, even when antibodies were given 6–12 hours after toxin application.

Shiga toxin A subunit inhibitors

Small-molecule inhibitors of the catalytic sites of ricin and Stx were designed, based on guanine-like compounds such as pteric acid¹⁶⁰.

Transport inhibitors

Screens were designed to identify small molecule compounds that inhibit toxin transport along the retrograde route. Examples of some of the identified molecules are Exo1 (REF. 161), Exo2 (REFS 162,163), compounds 75 and 134 (REF. 164), and Golgicide A¹⁶⁵. In all these cases, application of the inhibitor affected Golgi morphology, and the specificity of the compounds and their protective effect in the host organism remain to be established.

(site 1) is composed of residues from adjacent monomers and therefore only exists in assembled pentameric StxB. Mutational analysis has shown that site 1 and site 2 mediate high affinity receptor binding and are the most relevant for cell cytotoxicity, whereas site 3 mediates the recognition of additional low-affinity Gb3 epitopes^{35,36}. Stable isotope-assisted high-resolution NMR methods were used to determine the solution structure of the complex between the Stx1 B subunit and a ¹³C-enriched Gb3 analogue³⁷. In contrast to the crystal structure, only one of the three possible binding sites per monomer, site 2, was occupied by the trisaccharide in solution. The multiple Gb3 binding sites on the homopentameric B subunit explain how the protein achieves a remarkably high affinity for cells (with binding constants in the order of 10⁹ M⁻¹)³⁸, despite the much lower affinity of Gb3 molecules for individual binding sites (with binding constants of around 10³ M⁻¹)³⁹.

Analysis of the crystal structure of Stx2 predicted the presence of the corresponding trisaccharide binding sites on its B subunit but also demonstrated that the

conformation at site 2 differs distinctively from that of the Shiga toxin and Stx1 B subunits¹⁹. Stx1 and Stx2c indeed prefer Gb3 species that differ in the nature of their fatty acid chains⁴⁰, and the tightest toxin binding is observed for defined mixtures of these receptor species⁴¹. Interestingly, Stx1 has a 10-fold higher affinity for Gb3 in cells than Stx2 (REF. 42), but Stx2 has an approximately 400-fold lower LD₅₀ in mice than Stx1 (REF. 43). This apparent contradiction may be explained at least in part by differences in their biodistribution.

Gb3 fatty acid heterogeneity⁴¹, hydroxylation⁴⁴, chain length and degree of unsaturation⁴⁰ may influence the lateral mobility of the lipid in the plasma membrane and affect the conformation of the trisaccharide head group that is presented on the cell surface. Indeed, all these factors and the membrane environment, including cholesterol levels, were shown to be crucial for the recognition process^{40,41,44–48}. Interestingly, patients who developed HUS after STEC infection were found to have a higher hydroxylated fatty acid content in their red blood cell Gb3 than

LD₅₀

The median lethal dose of a toxic substance; this is the dose that is required to kill half of the members of a tested population.

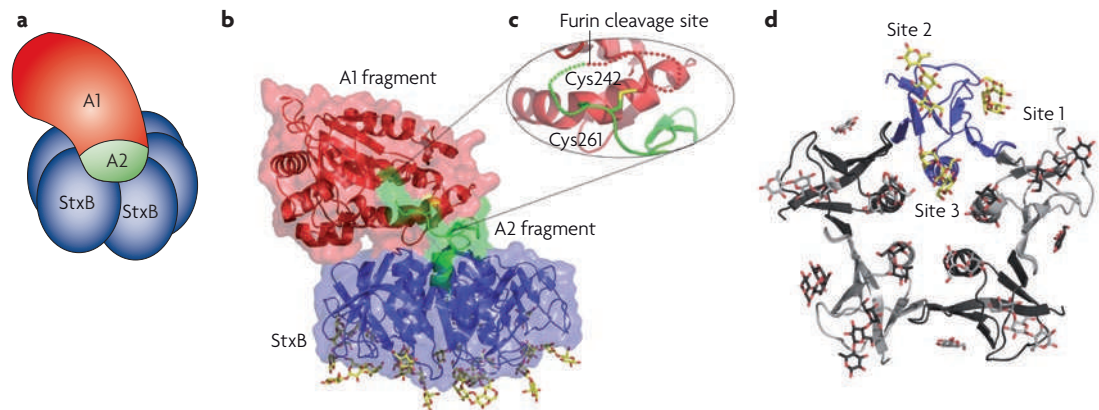


Figure 1 | Shiga toxin structures. **a** | A cartoon of Shiga holotoxin, consisting of one A subunit (StxA), which is cleaved into fragments A1 and A2, and five B fragments that constitute the homopentameric B subunit (StxB). **b** | A ribbon diagram of Shiga toxin, highlighting globotriaosylceramide (Gb3)-binding sites on StxB. Gb3 is shown in a ball-and-stick representation. **c** | An enlargement of StxA at the site of furin cleavage (Arg25-Met252), and showing the disulphide bond (between Cys242 and Cys261) that links the A1 and A2 fragments. **d** | A ribbon diagram of an StxB subunit from the membrane-oriented surface, highlighting the three Gb3-binding sites. Gb3 is shown as a ball-and-stick representation. Note the central pore that is lined by α -helices.

patients who did not develop HUS⁴⁹, strongly suggesting that Gb3 molecular species differences are also crucial for toxin function in humans.

Shiga toxin trafficking

Extensive studies have been performed on the intracellular trafficking of Shiga toxin and have been reviewed in detailed elsewhere^{50–53}. [Supplementary information S1](#) (table) provides an overview of the cellular factors that contribute to the trafficking of Shiga toxins. We limit our discussion below to selected findings concerning endocytosis and retrograde transport that have had a conceptual impact beyond the toxin field. Indeed, StxB has been developed into a cell biology tool^{54,55} that allows the quantitative study of trafficking pathways of general importance (reviewed in REF. 52).

Endocytosis. Following the binding to Gb3 receptor molecules at the plasma membrane, Shiga toxin and the other members of the family are internalized into target cells by endocytosis (FIG. 2). Shiga toxin has been found in clathrin-coated pits⁵⁶. When clathrin-dependent endocytosis is inhibited, however, Shiga toxin is still taken up efficiently^{57–59}, showing that the clathrin pathway is not required for the initial steps of toxin entry into the cell. Indeed, Shiga toxin can induce endocytic plasma membrane invaginations without the help of the cytosolic machinery⁶⁰. In this case, membrane bending results from the toxin-driven clustering of glycosphingolipid receptor molecules (FIG. 2), representing a new mechanism of curvature generation in biological membranes. The toxin-induced invaginations are then processed by cellular machinery involving dynamin, actin and plasma membrane cholesterol.

Retrograde transport. Following its entry into the cell, Shiga toxins localize to early and recycling endosomes. In a pioneering study, Sandvig and van Deurs found that Shiga toxin could eventually be detected in

the membranes of the endoplasmic reticulum (ER)⁶¹, strongly suggesting that the toxin was trafficking in a retrograde manner through the secretory pathway (FIG. 2). It was shown subsequently that Shiga toxin can bypass the late endocytic pathway to be transferred directly from early and recycling endosomes to the *trans*-Golgi network (TGN)⁶² and, from there, on to the ER. This trafficking seems to be different from the recycling loop that had been identified previously for mannose-6-phosphate receptors, which are cargo-shuttling proteins that were shown to cycle between late endosomes and the TGN⁶³. It was then found that the retrograde trafficking route that links the early endocytic pathway to the TGN is also used by several cellular proteins with diverse functions ranging from cell signalling and glucose transport to morphogen trafficking and tissue remodelling (reviewed in REF. 52).

The mechanisms by which Shiga toxins escape from the early endocytic pathway have been intensively studied, and clathrin^{57,59} and retromer^{64–66} are of crucial importance. Clathrin is a nanodomain organizing protein with established functions in the generation of membrane curvature. Clathrin is recruited to endosomes by a host of proteins, including the phosphatidylinositol-4-phosphate-binding protein Epsin-related protein (*EpsinR*), for which a role in retrograde transport has been shown⁵⁹. Retromer is composed of a curvature recognition subunit of two sorting nexins (a combination from *SNX1*, *SNX2*, *SNX5* and *SNX6*) and a cargo recognition subunit made of three vacuolar protein sorting-associated proteins, *VPS26*, *VPS29* and *VPS35* (reviewed in REF. 67). Exactly how clathrin and retromer drive the formation of retrograde transport intermediates on early endosomes remains to be established. Recent evidence suggests that both proteins may function in a sequential manner⁶⁵ (FIG. 2). According to this model, clathrin is required for the generation of initial membrane curvature on early endosomes. Cargo uses clathrin adaptors and the cargo

Retromer
A heteropentameric complex that associates with the cytosolic face of endosomes and mediates retrograde transport of cargo molecules from endosomes to the *trans*-Golgi network.

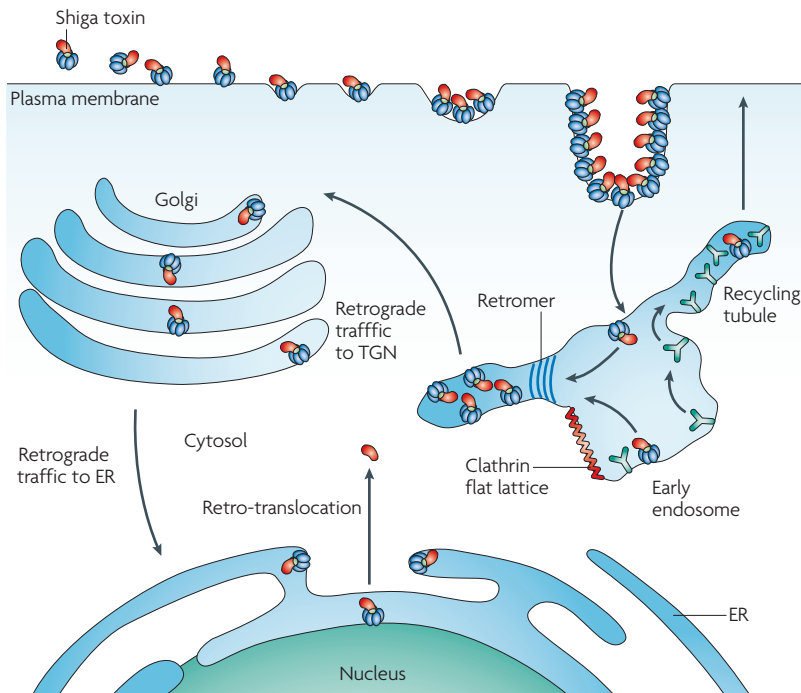


Figure 2 | Trafficking of Shiga toxins. An overview of intracellular trafficking of Shiga toxins. Toxin binding to the plasma membrane induces local spontaneous curvature, membrane-mediated clustering and the toxin-driven formation of endocytic invaginations. The toxin then undergoes retrograde sorting in early endosomes, in which retrograde tubules are formed in a clathrin-dependent manner, and Shiga toxins preferentially localize to this tubular environment. Retrograde tubules are processed by scission in a retromer-dependent manner. Shiga toxins bypass the late endocytic pathway and are transferred directly from the early endosome to the *trans*-Golgi network (TGN)⁶² and, from there, on to the endoplasmic reticulum (ER). Finally, Shiga toxins use the ER-associated degradation (ERAD) machinery to facilitate retro-translocation into the host cell cytosol. By contrast, the transferrin receptor protein (TfR) (Y-shaped) becomes enriched in recycling tubules in the early endosome and recycles back to the plasma membrane.

recognition subunit of retromer to localize to the sites of transport intermediate formation. Nascent retrograde tubules are then processed through scission into retrograde transport intermediates, probably also involving retromer in a currently ill-defined process. A detailed discussion of this model can be found in REF. 52.

How do Shiga toxins, which bind to the Gb3 glycolipid in the exoplasmic membrane leaflet, communicate with the cytosolic sorting machinery, and why does their trafficking depend on clathrin in the early endosomes but not at the plasma membrane? The first point may be related to the finding that Shiga toxins induce membrane reordering⁶⁰ and associates with membrane environments that form detergent-insoluble complexes after cell lysis^{68,69}. This fractionation behaviour has been correlated with efficient retrograde sorting in HeLa cells, and the absence of detergent-insoluble domains has been correlated with inefficient retrograde sorting in human monocyte-derived macrophages and dendritic cells that are totally toxin resistant⁶⁸. Toxin-induced changes in lipid repartition in the exoplasmic leaflet may drive similar nanocompartmentalization at the level of the cytoplasmic leaflet and favour the recruitment of sorting machinery.

Coat protein complex I

A large coat protein complex that initiates the vesicle budding process on the *cis*-Golgi and retrograde transport to the rough endoplasmic reticulum.

Chaperone

A protein that assists in the folding or unfolding of target proteins.

ER-associated degradation

(ERAD). A cellular pathway that targets misfolded proteins in the endoplasmic reticulum for ubiquitylation and subsequent degradation by the proteasome.

The requirement of clathrin on endosomes but not at the plasma membrane may be two sides of the same coin: although the toxin induces curvature at the plasma membrane through dynamic cluster formation⁶⁰, once clustered the toxin may localize preferentially to the curved environment of retrograde tubules of early endosomes, leading to geometry-driven sorting. Shiga toxins are transported from the TGN in a coat protein complex I (COPI)-independent manner through the Golgi apparatus to the ER^{70,71}. The exact mechanisms that underlie this trafficking step still remain largely unexplored.

Retro-translocation. Shiga toxins do not induce pore formation. Instead, they rely on host cell machinery to translocate the catalytic A subunit across cellular membranes and to gain access to the cytosol. The mechanisms by which this occurs are starting to be understood. During the early entry process (probably at the stage of early endosomes), a protease-sensitive loop (residues 242–261) located in the C-terminal region of StxA is cleaved by the membrane-associated endoprotease *furin* at site Arg251–Met252 (FIG. 1), dividing StxA into the catalytic A1 fragment (consisting of residues 1–251; 27.5 kDa) and an StxB-associated A2 fragment (consisting of residues 252–293; 4.5 kDa)⁷². The A1 fragment remains linked with the StxA2–StxB complex by virtue of a disulphide bond between Cys242 in StxA1 and Cys261 in StxA2 (REFS 72–76). This disulphide bond is ultimately reduced in the ER lumen, liberating the enzymatic A1 fragment, which is subsequently translocated to the cytosol.

Shiga toxins have been co-immunoprecipitated with ER chaperones and translocon components, suggesting that the toxins use the cellular ER-associated protein degradation (ERAD) pathway. Indeed, Shiga toxins were found to interact with *HEDJ* (also known as ERdj3 and DNAJB11), *BiP* and 94 kDa glucose-regulated protein (*GRP94*) in pre-associated large multi-chaperone complexes before their transport across the ER membrane^{77–80}. Furthermore, immunoprecipitation studies demonstrated that substantial amounts of HEDJ-associated Shiga toxin interact with the integral membrane Sec61 translocon core unit⁷⁹. It was suggested that HEDJ and its interacting partners recruit misfolded proteins to the Sec61 translocon and that Shiga toxins exploit this machinery for their own transport across the ER membrane⁷⁹ (FIG. 3).

Membrane translocation seems to be the rate-limiting step for the intoxication of cells by Shiga toxins. Most of the cell-associated StxA is cleaved but remains bound to StxB, as the disulphide bond between the A1 and A2 fragments fails to be reduced. Only a small fraction (4%) of StxA seems to be translocated to the cytosol⁸¹, consisting of cleaved, reduced and StxB-separated A1 fragments. Interaction of the A1 fragment with the ERAD machinery does not seem to involve a specific export sequence but rather relies on a degenerated structural element, such as a hydrophobic sequence in its C-terminal region⁷⁸. It remains to be determined whether such a sequence directly interacts with the lipid bilayer to induce conformational changes that are then recognized by the ERAD machinery, as has been suggested for other protein toxins⁸².

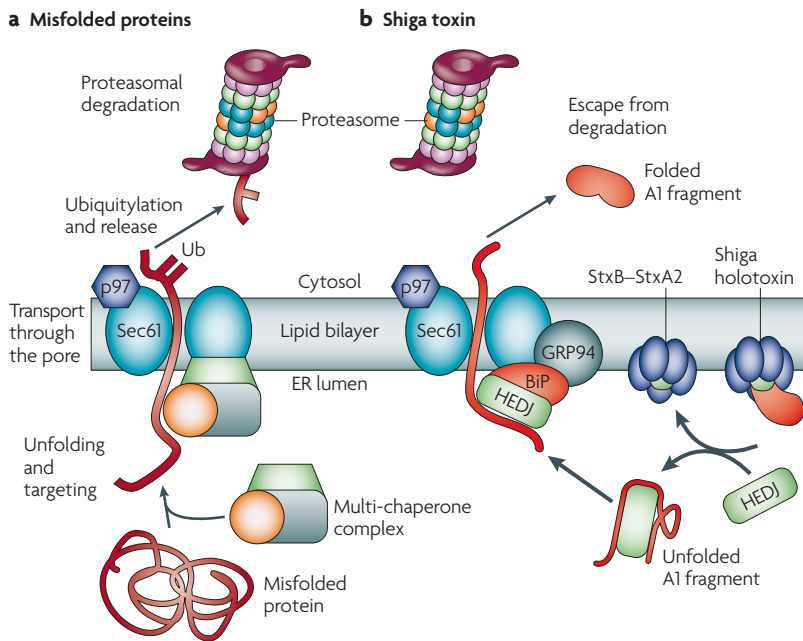


Figure 3 | The endoplasmic reticulum-associated protein degradation pathway.
a | A simplified view of misfolded protein translocation across the endoplasmic reticulum (ER) membrane. Misfolded proteins are recognized by ER-localized luminal chaperone complexes and targeted to a protein-conducting translocation channel termed the translocon, which includes Sec61. Polypeptides are then tagged by ubiquitin (Ub) at the cytosolic face of the ER membrane, and the polyubiquitylated polypeptides are degraded by the proteasome after release from the ER membrane into the cytosol. The cytosolic chaperone p97 (also known as VCP), which is an AAA (ATPase associated with various cellular activities) ATPase, together with its cofactors, may be a driving force of retro-translocation. **b** | Translocation of Shiga toxins. Following cleavage by furin, the Shiga toxin A subunit is released from the B subunit following disulphide bond reduction. The A subunit associates with host ER chaperones (HEDJ) (also known as ERdj3 and DNAJB11), BiP and 94 kDa glucose-regulated protein (GRP94) and is targeted to the translocon channel for retro-translocation into the cytosol.

Interleukin-8

A chemokine of the C-X-C subfamily that is known to recruit polymorphonuclear cells into areas of infection.

Mitogen-activated protein kinase

(MAPK). One of a family of threonine-directed kinases with important roles in the regulation of diverse cellular functions, including cytokine release. MAPKs are categorized into three main pathways and include the extracellular signal-regulated kinases (ERKs), the JUN amino-terminal kinases (Jnks; also called the stress-activated protein (SAP) kinases) and MAP kinase p38.

Unlike misfolded endogenous proteins, the A1 fragment of Shiga toxins must avoid the proteasome until it reaches its substrate in the cytosol. It is very probable that the A1 fragment is protected from degradation in the cytosol by its lack of lysine residues, together with its ability to refold rapidly⁸³. Lactacystin, a proteasome inhibitor, increases the amount of cytosolic A1 fragment by 30% and enhances cytotoxicity by 50%, suggesting that a fraction of the translocated A1 fragment can be degraded by the proteasome machinery⁸¹, as described for ricin and cholera toxin^{84,85}.

Intoxication by Shiga toxins

The kidney and gastrointestinal tract are the most commonly affected organs in patients with HUS, but clinical manifestations can also be seen in some patients at the level of the central nervous system and other organs. The reader is referred to reviews focused on disease-related issues for further information on this topic^{13,86}. In short, Shiga toxins can directly inhibit protein biosynthesis. In this way, commensal bacteria in the lumen of the gut can be targeted, thereby reducing their proliferation and providing a competitive advantage for Shiga toxin-producing bacteria. Other targets are host cells. In the case of the intestinal mucosa, initial damage is caused

by bacterial products other than toxins, as human gut enterocytes express very low levels of Gb3 (REFS 27,87). However, Shiga toxins damage the microcirculation, causing vasculitis, which exacerbates mucosal damage. Infarction of the mucosa leads to bleeding into the bowel and bloody diarrhoea. This may favour bacterial survival, as essential nutrients, including iron and other growth promoters, are provided. Although it was long thought that the function of Shiga toxins in HUS pathogenesis was limited to their role as protein biosynthesis inhibitors, it is now clear that these toxins also trigger many signalling cascades that influence their own trafficking as well as other cellular functions such as cytokine secretion and the induction of cell death by apoptosis. Notably, the toxin-induced release of pro-inflammatory cytokines from monocytes or macrophages may favour disease progression by upregulating Gb3 expression on endothelial cells. Another effect of Shiga toxins is the cytokine-stimulated activation of polymorphonuclear leukocytes, which release reactive oxygen metabolites that cause endothelial cell injury. Interleukin-8 (IL-8) seems to play a crucial part in this context. The complex modulation of the immune system by Shiga toxins may dampen specific immunity and, through local inflammation, enhance cytotoxicity.

Ribotoxic stress. The most prominent mechanism by which a signalling response is induced by Shiga toxins stems from the modification of ribosomes and is termed the ribotoxic stress response⁸⁸. The 3' end of 28S ribosomal RNA (rRNA) functions in aminoacyl tRNA binding, peptidyltransferase activity and ribosomal translation. When these activities are disrupted, owing to the rRNA modification induced by Shiga toxins, for example, JUN N-terminal kinase (Jnk) proteins and mitogen-activated protein kinase (MAPK) p38 are activated and extracellular signal-regulated kinase 1 (ERK1; also known as MAPK3) and ERK2 (also known as MAPK1) signalling is altered⁸⁹⁻⁹². Ribotoxic stress is specific in that not all protein synthesis inhibitors induce this pathway. How damage in the 3' end of 28S rRNA triggers the downstream signalling kinases is still not understood. One possibility is that elongation factors or other related ribosome-binding factors interact with the MAPK signalling cascade.

Triggering signalling pathways. On binding to their receptors in the plasma membrane, Shiga toxins induce the recruitment and activation of Gb3-containing, glycolipid-enriched membrane fractions of several tyrosine kinases, such as spleen tyrosine kinase (SYK) in HeLa cells⁹³, YES in ACHN renal cells⁹⁴ and LYN in Burkitt's lymphoma Ramos cells⁹⁵. Once activated, kinases acquire increased detergent solubility^{94,95}. Activation of SYK leads to rapid tyrosine phosphorylation of several proteins, including clathrin heavy chains, and has an effect on toxin uptake⁹³. Inside cells, the toxins also activate kinases such as protein kinase Cδ (PKCδ)⁹⁶ and p38 (REF. 97). In the case of PKCδ, a direct effect on the retrograde transport of the toxin has been observed⁹⁶, and the role of p38 in ribotoxic stress is mentioned above.

The mechanisms by which the Shiga toxins stimulate cytosolic kinases remain to be confirmed, although a protein with an apparent molecular mass of 27.2 kDa that co-immunoprecipitates with Gb3-specific monoclonal antibodies is a possible candidate for linking Gb3 with YES in ACHN cells⁹⁸. Alternatively, Shiga toxin-induced Gb3 clustering in the exoplasmic leaflet may induce lipid repartition in the cytosolic leaflet, leading to aggregation-mediated autophosphorylation of SRC family protein tyrosine kinases^{94,95}.

The binding of Shiga toxins to the plasma membrane induces remodelling of the actin and microtubule cytoskeleton^{99,100}. This process is accompanied by the redistribution of a number of proteins, including *e-zrin*, CD44, vimentin, cytokeratins, paxillin and focal adhesion kinases. Both StxB binding and Gb3-specific antibody binding induces phosphorylation of ezrin, a protein that links the actin cytoskeleton to the plasma membrane. Shiga toxin-induced ezrin phosphorylation is inhibited by lowering the levels of plasma membrane cholesterol or by inhibiting SRC, phosphoinositide-3-kinase or Rho-associated protein kinase 1 (ROCK1)¹⁰⁰.

Cytokine synthesis and release. Many endothelial and epithelial cells in the kidney and the central nervous system are exquisitely sensitive to cytotoxicity induced by Shiga toxins, whereas others, such as peripheral blood monocytes, have been reported to be resistant to intoxication, despite their expression of Gb3 (REFS 101, 102). Toxin-resistant cells respond to toxin binding and internalization by synthesizing and releasing pro-inflammatory cytokines. In turn, these cytokines stimulate Gb3 biosynthesis and expression on numerous endothelial cells and sensitize target cells to the cytotoxic action of the toxins^{103,104} in a process that often involves signalling through the p38 pathway^{105,106}. Therefore, the host innate immune response may exacerbate the vascular damage that is initiated by Shiga toxins (see above).

Shiga toxins regulate cytokine expression through multiple mechanisms. On release from the bacterium, Shiga toxins interact with the intestinal epithelium, where it induces the ribotoxic stress response to cause p38-mediated secretion of the pro-inflammatory cytokine IL-8 (REF. 97). In Vero cells as well as in intestinal epithelial HCT-8 cells, the ZAK isoforms ZAK α and ZAK β were identified as MAP3Ks (MAPK kinase kinases). ZAK transduces the signal from intoxicated ribosomes to the host MAPKs p38 and Jnk proteins, which in turn initiate a cascade of events that ultimately promote upregulation of IL-8 (REF. 91). Shiga toxins have also been shown to induce synthesis of IL-8 in intestinal Caco-2 and T84 cells¹⁰⁷. After crossing the intestinal epithelium and entering the vasculature, Shiga toxins stimulate circulating monocytes (which do not undergo apoptosis) to secrete cytokines, including GM-CSF and tumour necrosis factor (TNF), in a p38-dependent manner^{89,101,108,109}. Patients with HUS frequently have elevated levels of TNF in their urine⁸⁹.

The stimulation of differentiated, macrophage-like cells of the human monocytic cell line THP1 by Shiga toxins activates YES, which then upregulates the expression and activity levels of *tissue factor*, a key element of the coagulation–inflammation–thrombosis circuit, through phosphoinositol-3-kinase-mediated activation of the inhibitor of NF- κ B kinase subunit- β –proteasome–nuclear factor- κ B–REL and MAPK/ERK kinase (MEK)–ERK2–early growth response protein 1 pathways¹¹⁰. These reactions may also contribute to toxin-induced endothelial cell injury.

Apoptosis. Apoptosis is a cell death pathway that is characterized by several nuclear changes, such as chromatin condensation and DNA fragmentation. The sequential activation of a cascade of cysteine-dependent, aspartate-specific proteases, called caspases, is a key component of the programmed cell death machinery. Although Shiga toxins may not induce apoptosis in all cell types, there is ample evidence to suggest that apoptosis is crucial for the development of vascular lesions and tissue damage following translocation of the toxins into the bloodstream. The data published to date suggest that Shiga toxins signal apoptosis through different mechanisms in different cell types (FIG. 4).

Stx1-induced apoptosis in THP1 cells requires retrograde transport through the Golgi apparatus to the ER and the activation of the executioner caspase, *caspase 3* (REF. 111). Incubation of THP1 cells with Stx1 activates the ER stress response, a signalling mechanism triggered by the accumulation of unfolded or misfolded proteins in the ER, which in turn triggers the induction of programmed cell death. Stx1 treatment increases activation of the ER membrane-associated stress sensors *IRE1*, PERK-like ER kinase (*PERK*; also known as EIF2 α K3) and cyclic AMP-dependent transcription factor 6 (ATF6) and increases the expression of the transcriptional regulator C/EBP-homologous protein (*CHOP*; also known as DDIT3) and the death receptor 5 (*DR5*; also known as TNFRSF10B) at mRNA and protein levels (FIG. 4). The level of the survival factor B cell lymphoma 2 (*BCL-2*) decreases following Stx1 intoxication, whereas secretion of TNF-related apoptosis-inducing ligand (*TRAIL*; also known as TNFSF10) increases.

ER stress, elicited by Stx1, leads to Ca²⁺ release from ER stores and the activation of the Ca²⁺-dependent cysteine protease calpain, which contributes to the early activation (through cleavage) of *caspase 8* (REF. 112) (FIG. 4). Cleavage of caspase 8 may directly trigger the activation of caspase 3 or may initiate apoptosis through the mitochondrial pathway by cleavage of the inactive, 22 kDa form of BH3-interacting domain (BID) to the active, 15 kDa form called truncated BID (tBID). One study found that programmed cell death required the delivery of the functional holotoxin (not StxB alone or holotoxin molecules comprised of StxA with point mutations that dramatically reduce the toxin's enzymatic activity) to the ER, suggesting that this organelle indeed serves as the initial location for apoptotic signalling in THP1 cells¹¹³.

Protein kinase C δ

A member of the protein kinase C family, which contains at least 12 isoforms of serine/threonine kinases that are involved in signal transduction, regulation of gene expression and myeloid differentiation.

GM-CSF

(Granulocyte-macrophage colony-stimulating factor). A protein that is often secreted by macrophages, T cells, endothelial cells and fibroblasts.

Tumour necrosis factor

A cytokine involved in systemic inflammation. Its primary role is the regulation of immune cells.

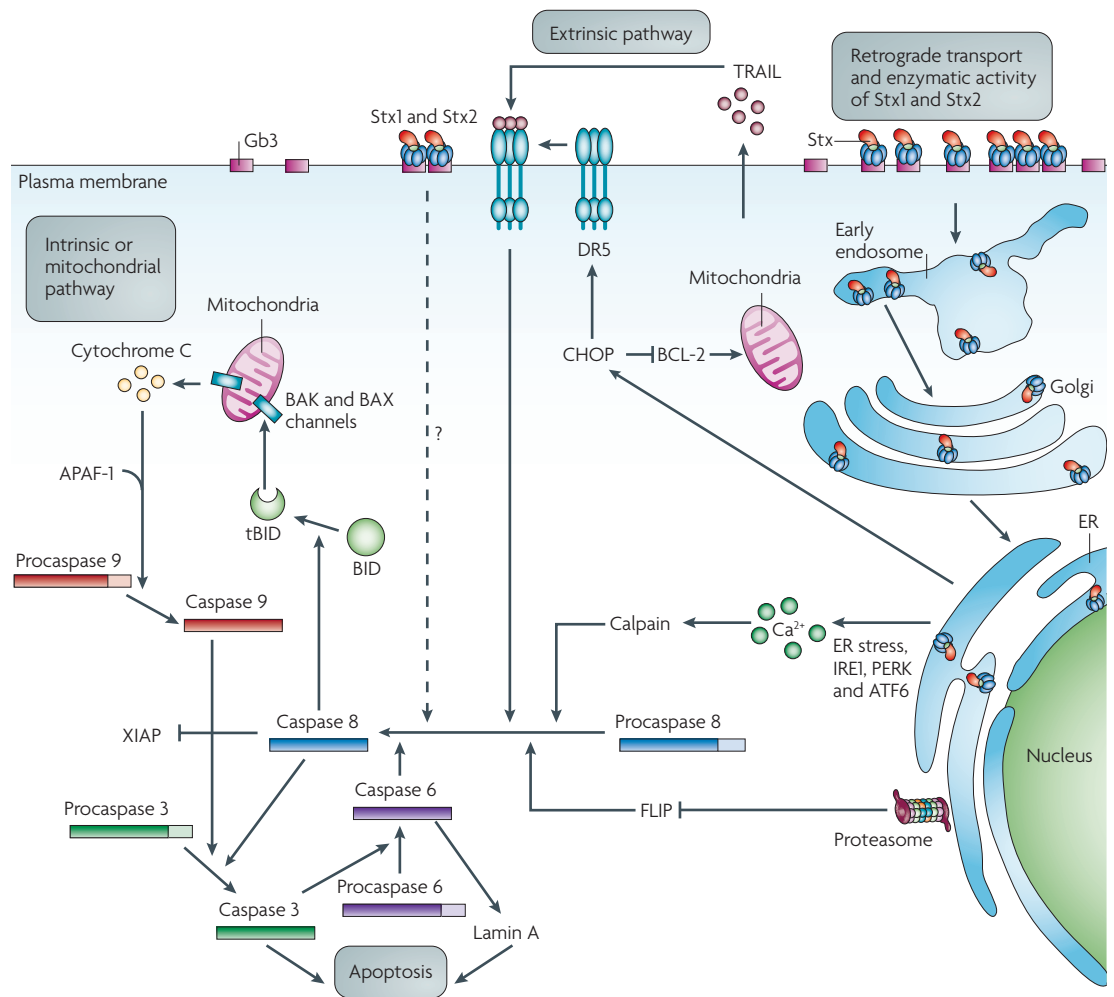


Figure 4 | **Apoptosis pathways that are induced by Shiga toxins.** Shiga toxins induce apoptosis through different mechanisms, resulting in activation of the apoptosis initiator caspase, caspase 8, and the executioner caspase, caspase 3. See main text for details. This figure summarizes findings from different cell types. In most cases, the enzymatic activity of Shiga holotoxins is required for the induction of apoptosis. APAF-1, apoptotic protease-activating factor 1; ATF6, cyclic AMP-dependent transcription factor 6; BAK, BCL-2-homologous agonist/killer; BCL-2, B cell lymphoma 2; BID, BH3-interacting domain; CHOP, C/EBP-homologous protein (also known as DDIT3); DR5, death receptor 5 (also known as TNFRSF10B); ER, endoplasmic reticulum; FLIP, FLICE-like inhibitory protein (also known as CFLAR); Gb3, globotriaosylceramide; PERK, PRKR-like ER kinase (also known as EIF2 α K3); tBID, truncated BID; TRAIL, TNF-related apoptosis-inducing ligand; XIAP, X-linked inhibitor of apoptosis protein.

Similar apoptotic signalling pathways are triggered by Shiga toxins in different cell lines, namely monocytic THP1 cells, HeLa cells and human brain microvascular endothelial cells (HBMEC)¹¹²⁻¹¹⁵. In HeLa cells, Stx1-induced apoptosis occurs through a pathway requiring caspase 8, caspase 6 and caspase 3 but not caspase 9 (REF. 114). In these cells, Stx1 was found to increase the expression of the caspase 9 inhibitor X-linked inhibitor of apoptosis protein (XIAP). In HBMEC, Stx2 induces DNA fragmentation, and cleavage activation of caspase 3, caspase 6, caspase 8 and caspase 9 is mediated by CHOP upregulation and the complete degradation of the anti-apoptotic protein FLICE-like inhibitory protein (FLIP; also known as CFLAR), which in turn enhances the activation of caspase 8 (REF. 115).

Apoptosis induced by Stx1 can be associated with enhanced expression of the pro-apoptotic protein BAX¹¹⁶, and overexpression of BCL-2 protects cells against Stx1-induced cell death¹¹⁷. Shiga toxins also inhibit the expression of the anti-apoptotic BCL-2 family member MCL1 (REF. 118).

Gb3-specific monoclonal antibody can induce apoptosis-like cell death in Burkitt's lymphoma cells. Strikingly, however, Gb3-specific antibody and Stx1 trigger different apoptotic signalling pathways. Stx1-induced apoptosis involves caspase activation and mitochondrial depolarization, whereas oxidative stress mediates Gb3-specific antibody-induced cell death¹¹⁹. In almost all other cells Gb3-specific antibodies do not trigger cell death and StxA is required to induce apoptosis^{111,120}.

Biomedical applications

The B subunit of Shiga toxins are naturally evolved delivery tools that transport the catalytic A subunit from its site of production in the intestine to peripheral tissue locations. As a delivery tool, the B subunit exhibits molecular characteristics that have been acquired during co-evolution with its hosts, including stability at extreme pH and in the presence of proteases, the capacity to cross tissue barriers and to distribute in the organism, and resistance to extra- and intracellular inactivation (reviewed in REF. 51). The B subunit receptor, Gb3, has a restricted tissue expression pattern and is present on two cell types that are of particular interest in biomedical research into novel strategies for the clinical management of cancer and infectious diseases: cancer cells themselves and dendritic cells, which are antigen-presenting cells with key functions in the induction of primary immune responses.

Tumour targeting. The expression and metabolism of cell surface glycolipids is modified during oncogenic transformation, and altered glycosylation patterns affect tumour invasion and metastasis¹²¹. Gb3 is overexpressed by various cancer cell lines and human cancers, including colorectal^{87,122}, breast^{123,124} and ovarian¹²⁵ carcinomas and Burkitt's lymphomas¹²⁶. These findings suggest that the Gb3-binding specificity of StxB could be exploited to target human tumours.

In pioneering studies, it was found that intratumoral injection of the Stx1 holotoxin inhibits tumour growth in mouse xenograft models^{127–130}. Stx1 also eliminates cologenic tumour cells in *ex vivo* purging applications¹³¹. However, the use of holotoxin as a therapeutic agent in humans may be limited by the fact that the toxic effect of the A subunit is not tumour specific. The B subunit has therefore been coupled to cytotoxic compounds that have preferential effects on cancer cells. Furthermore, contrast agents for non-invasive tumour imaging have also been linked to the B subunit.

Using these linked contrast agents, it was shown that the B subunit targets Gb3-expressing spontaneous adenocarcinomas of the gut following oral uptake or intravenous injection in a transgenic mouse model¹³². The tumours could be detected by non-invasive imaging using fibred confocal fluorescence endoscopy and positron emission tomography. It was also shown that, owing to trafficking through the retrograde route, the B subunit stably associates with tumour cells, in which it can be detected for several days after injection. The concept of using the B subunit as a delivery tool was recently extended to human colorectal carcinoma. Primary cultures of tumoral enterocytes from surgical samples are targeted by the B subunit⁸⁷, and it is also efficiently taken up by xenografts of primary human tumours in mice¹³³. Interestingly, endothelial cells of tumour neovascularization accumulated the B subunit *in vivo*, which may allow for targeted therapeutic intervention even in cases in which the tumours cells themselves do not express Gb3 (REFS 128, 133).

A number of cytotoxic compounds have been coupled to the B subunit, including: the topoisomerase I inhibitor SN38, which is the active metabolite of camptothecin 11

(a compound that is used for the treatment of colorectal carcinomas)¹³⁴; the benzodiazepine RO5-4864, which is a ligand for mitochondrial peripheral benzodiazepine receptors¹³⁵; and photosensitizing agents, such as the porphyrin-based compounds TPP(p-O-β-GluOH)₃ (REF. 136) and Chlorin e6 (Ce6)¹³⁷. It was shown that a B subunit–TPP(p-O-β-GluOH)₃ conjugate was more efficient at photodynamic cell killing than the porphyrin compound alone, owing to B subunit-induced retrograde delivery into the Golgi apparatus¹³⁶. The efficacy of each of these novel formulations is currently under scrutiny in animal experiments.

Immunotherapy. The unique trafficking pathway of Shiga toxins and the selective expression of Gb3 on human dendritic cells make the B subunit an attractive non-live and non-toxic synthetic vector for the development of therapeutic vaccines to treat human cancers and infectious diseases. When genetically fused or chemically coupled to the B subunit, various exogenous cancer and viral antigens were delivered to the cytosolic compartment of dendritic cells, leading to proteasome-dependent antigen processing, TAP-dependent peptide loading onto neosynthesized major histocompatibility complex class I (MHC class I) molecules in the lumen of the ER and subsequent MHC class I molecule-restricted antigen presentation at the cell surface^{138–141}. Dendritic cells are currently considered to be the most potent inducers of CD8⁺ cytotoxic T lymphocyte (CTL) responses to viral infections and tumours. Vaccination of mice with B subunit-based conjugates indeed induces strong CTL responses with T_H1 polarization. These CTLs are long lasting¹⁴² and also efficient, as they protect mice against challenges by viruses or tumours in prophylactic and therapeutic settings^{142,143}.

Conclusions

We have discussed the many ways in which Shiga toxins interact with mammalian hosts. Although it is easy to see how damage of the intestinal mucosa would benefit the toxin-producing bacteria by providing improved growth conditions, it is less easy to explain why damage at peripheral sites such as the kidney or central nervous system would be beneficial. It is possible that these organs are not the primary targets. Furthermore, harbouring a bacteriophage that encodes Shiga toxins may protect a host's microbiota from bacterivorous predators like the ciliated protozoa *Tetrahymena thermophila*^{144,145}. In this respect, humans might be coincidentally caught in the crossfire of a microbial predator–prey relationship. However, neither Shiga toxin-binding lipids nor close homologues of the gene that encodes the mammalian Gb3 synthase have been identified in *T. thermophila*¹⁴⁴. Alternative receptors could be present, or toxins might be captured through the oral apparatus.

Shiga toxins have become powerful tools for the investigation of cellular processes, notably in the context of intracellular trafficking. One of the most important challenges in this context is to come to a functional understanding of how a protein that associates with the exoplasmic membrane leaflet can communicate efficiently with the cytosolic machinery. Addressing this

Topoisomerase I

A group of proteins belonging to the topoisomerase family, which contains enzymes that catalyse ATP-independent breakage of one of the two strands of DNA, passage of the unbroken strand through the break and rejoining of the broken strand. Topoisomerase I enzymes reduce the topological stress in the DNA structure by relaxing the superhelical turns and knotted rings in the DNA helix.

Benzodiazepine

A psychoactive drug, the core chemical structure of which is the fusion of a benzene ring and a diazepine ring. Benzodiazepines have varying sedative, hypnotic, anxiolytic, anticonvulsant, muscle relaxant and amnesic properties, which make them useful in treating anxiety, insomnia, agitation, seizures, muscle spasms and alcohol withdrawal and as a pre-medication for medical or dental procedures.

Major histocompatibility complex class I

(MHC class I). A molecule found on every nucleated cell of the body. Its function is to display fragments of proteins from within the cell to T cells, so that healthy cells will be left alone and cells with foreign proteins will be attacked by the immune system. Because MHC class I molecules present peptides that are derived from cytosolic proteins, the pathway of MHC class I presentation is often called the cytosolic or endogenous pathway.

challenge will require novel technologies for live-time and high-resolution imaging of the dynamics of Gb3 lipids, as well as input from the field of membrane biophysics to formulate concepts that are expected to impact our understanding of membrane mechanical processes beyond the field of Shiga toxin research.

Shiga toxins have started to attract attention as delivery tools, exploiting to this end many of the characteristics that the toxins have naturally acquired through interaction with their hosts. Although in the field of

immunotherapy proof of concept could be obtained in the mouse model, the tumour delivery approach is still in an early phase of development. Crucial issues such as the immunogenicity of the vector in long-term, high-dose treatments, its toxicity to peripheral targets such as the kidney and its efficacy as a high-capacity delivery tool need to be explored systematically. This line of research holds the promise of medical benefit from molecules that, as holotoxins, are still a major threat for human health today.

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Competing interests statement

The authors declare no competing financial interests.

DATABASES

UniProtKB: <http://www.uniprot.org>
 BAX | BCL-2 | BiP | caspase 6 | caspase 3 | caspase 8 | caspase 9 |
 CHOP | DR5 | EpsinR | ERK1 | ERK2 | ezrin | FLIP | furin |
 GRP94 | HED1 | IL-8 | IRE1 | PERK | SNX1 | SNX2 | SNX5 | SNX6 |
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