

# Impact of silica fume, fly ash, and metakaolin on the thickness and strength of the ITZ in concrete

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## Abstract

The interfacial transition zone (ITZ) has a major detrimental impact on the structural performance of concrete. This negative impact can be modulated by introducing mineral admixtures to a concrete mix, which fill the excessive voids within ITZ and react with portlandite to form more compact products. The approach described here, consisting of characterization of phases and micromechanical modeling, enabled assessment of the effect of silica fume, fly ash, and metakaolin on ITZ thickness and strength. The proposed model was based on the Mori-Tanaka scheme coupled with an estimation of deviatoric stress within ITZ. This study suggests that silica fume is efficient in reducing ITZ thickness, while the addition of fly ash more significantly contributes to ITZ strength. Moderate replacements of Portland cement for silica fume or fly ash, up to 20%, can positively influence concrete performance; in case of metakaolin, replacement up to 10% is recommended.

*Keywords:* Concrete, ITZ, Strength, Silica fume, Fly ash, Metakaolin

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## Nomenclature

$w/b$	Water-to-binder ratio
$m_c$	Cement mass
$m_{SCM}$	Mass of supplementary cementitious materials
$p_{\text{tot}}$	Total porosity
$\mathcal{L}$	Length scale
$r$	Phase index
$\delta$	Sub-phase index
$c^{\mathcal{L},(r)}$	volumetric fraction of a phase $r$ at a scale $\mathcal{L}$
$R^{(\mathcal{L},(r),\delta)}$	Mean radius of spherical inclusions representing a sub-phase $\delta$ of a phase $r$ at a scale $\mathcal{L}$
$t^{III,(2)}$	ITZ thickness
$E^{\mathcal{L},(r)}$	Young's modulus of a phase $r$ at a scale $\mathcal{L}$
$\nu^{(r)}$	Poisson's ratio of a phase $r$
$K^{(r)}$	Bulk modulus of a phase $r$
$G^{(r)}$	Shear modulus of a phase $r$
$\mathcal{N}_{E^{\mathcal{L},(r)}}$	Normal distribution of Young's moduli for a phase $r$ at a scale $\mathcal{L}$
$\bar{X}_{E^{\mathcal{L},(r)}}$	Mean of Young's moduli for a phase $r$ at a scale $\mathcal{L}$
$s_{E^{\mathcal{L},(r)}}$	Standard deviation of Young's moduli for a phase $r$ at a scale $\mathcal{L}$
$\bar{X}_{c^{\mathcal{L},(r)}}$	Mean of volumetric fractions for a phase $r$ at a scale $\mathcal{L}$
$\varepsilon$	Macroscopic strain
$\sigma$	Macroscopic stress
$\varepsilon^{(r)}$	Strain in a phase $r$
$\varepsilon^{(r)}$	Strain in a phase $r$
$\mathbf{A}_{\text{dil}}^{(r)}$	Dilute concentration factor for a phase $r$
$\mathbf{A}_{\text{dil},V}^{(r)}$	Volumetric projection of a concentration factor for a phase $r$
$\mathbf{A}_{\text{dil},D}^{(r)}$	Deviatoric projection of a concentration factor for a phase $r$
$\mathbf{A}_{\text{MT}}$	Mori-Tanaka concentration factor

## Nomenclature

$\mathbf{I}$	Identity matrix
$\mathbf{I}_V$	Volumetric projection matrix
$\mathbf{I}_D$	Deviatoric projection matrix
$\alpha^{(0)}$	Eshelby volumetric factor for spherical inclusions
$\beta^{(0)}$	Eshelby deviatoric factor for spherical inclusions
$Q_{11}^1, Q_{11}^2, A_1, A_2, B_1, B_2$	Auxiliary factors for coated inclusion derived by Herve and Zaoui [1]
$\mathbf{L}_{\text{eff}}$	Effective (macroscopic) stiffness matrix
$K_{\text{eff}}$	Effective (macroscopic) bulk modulus
$G_{\text{eff}}$	Effective (macroscopic) shear modulus
$E_{\text{eff}}$	Effective (macroscopic) Young's modulus
$f_{c,\text{eff}}$	Effective (macroscopic) compressive strength of concrete
$\boldsymbol{\sigma}^{III,(2,\delta)}$	Stress in individual sub-phases $\delta$ of the ITZ
$f_{\text{dev}}^{III,(2,\delta)}$	Deviatoric stress in individual sub-phases $\delta$ of the ITZ
$J_2^{(III,2,\delta)}$	Second deviatoric stress invariant for individual sub-phases $\delta$ of the ITZ
$E_{\text{meas}}$	Mean of elastic stiffness measurements on macroscopic specimens
$f_{c,\text{meas}}$	Mean value of macroscopically measured strengths on concrete specimens subjected to uniaxial compression
$\epsilon_E$	Error in the effective Young's modulus prediction
$\epsilon_{f_c}$	Error in the effective compressive strength prediction

## 1. Introduction

The structural performance of concrete depends significantly on the type and quality of aggregates, the properties of the cementitious matrix, and the ITZ between these two components. The ITZ is generally considered to be the weakest link in this performance chain [2, 3], particularly in

5 terms of fracture behavior [4–6], because the first cracks due to excessive loading usually appear  
6 in the vicinity of aggregates [7–12]. Even though the ITZ has a dominant effect on the tensile  
7 strength of concrete, its influence on compressive strength is also significant [4, 13, 14]. In the  
8 work of Mitsui et al. [13], for example, the performance of mortars having three different ITZ  
9 thicknesses were compared; they found that the thinner the ITZ, the higher the tensile and com-  
10 pressive strengths (up to 50%). ITZ strength is also a crucial factor in determining the structural  
11 performance of fiber-reinforced cementitious composites (FRC) [15–18]. Bentur et al. [16] con-  
12 cluded that this is because of the large surface area of reinforcement fibers in FRC. These reasons  
13 have led to a growing interest in the mechanisms of ITZ formation and particularly in reducing its  
14 negative impact on the performance of cementitious composites.

15 Several authors have employed electron microscopy [4, 19–22] to study and quantify mi-  
16 crostructural gradients across ITZs. Their studies have provided valuable information microstruc-  
17 tures and morphologies. ITZs are more porous than the bulk cement matrix and contain portlandite  
18 crystals with a preferential orientation and highly porous hydration products such as ettringite [22–  
19 25]. In cement mortars studied by Scrivener et al. [25], the difference between the porosity of  
20 a bulk matrix and the ITZ after 28 days of hardening reached up to 30%. The distribution of  
21 Young’s modulus and hardness across ITZs was assessed using nanoindentation [26–28], which  
22 revealed for strengthening using mineral admixtures. The two major mechanisms responsible for  
23 ITZ enhancement are (1) pozzolanic reactions that transform portlandite in the vicinity of aggre-  
24 gate into more stable and stronger calcium-silicate-hydrates (C-S-H) and (2) filling of excessive  
25 pores within an ITZ with microscopic particles. Most mineral admixtures, collectively referred  
26 to as supplementary cementitious materials (SCMs), are industrial by-products considered to be  
27 ecologically burdensome. Hence, their use can, besides minimizing the adverse effects of ITZs on  
28 concrete, contribute to more sustainable structures [29–35].

29 To investigate the impact of selected SCMs on ITZ, a holistic approach consisting of microme-  
30 chanical characterization of phases, micromechanical modeling, and macroscopic testing was em-  
31 ployed in this study to estimate ITZ thickness and strength in concrete samples containing silica  
32 fume, fly ash, and metakaolin in various concentrations. Silica fume was chosen for its ability to

33 make the concrete matrix more compact [36–38], and for its ability to strengthen an ITZ by re-  
34 ducing its local porosity and react with portlandite [39–42]. Similar outcomes were expected with  
35 another SCM, fly ash. The addition of this industrial by-product can increase concrete strength  
36 and fracture toughness [43, 44] via both microfilling and pozzolanic activity. Fly ash, unlike silica  
37 fumes in some cases, does not contribute to alkali-silica reactions in concrete [45, 46]. The last  
38 SCM examined, metakaolin, is not an industrial by-product, but is manufactured under carefully  
39 controlled conditions [47], obtained by calcination of kaolinitic clay. Because of the high silica  
40 and alumina content in metakaolin [48] the rate of pozzolanic reactions and the consumption of  
41 portlandite is superior compared to silica fume or fly ash. Metakaolin contributes to densification,  
42 lowers creep and shrinkage, and increases resistance to deicing chemicals [49–51].

43 The proposed micromechanical model enabling estimation of macroscopic strength and stiffness  
44 builds upon our previous efforts and the work of other authors who have investigated the role of  
45 phases in cementitious materials at the scale of C-S-H gel [52–55] up to the scale of aggregate [56–  
46 61]. This strategy was enriched with probabilistic modeling of individual phases via Monte Carlo  
47 simulations that required an extensive experimental program consisting of both microscopic and  
48 macroscopic tests. The enriched model allowed us to evaluate the effect of the three types of  
49 SCMs on ITZ thickness and strength of ITZ around aggregates and to establish suitable Portland  
50 cement replacements, considering the negative impact of weak and thick ITZs on the strength and  
51 durability of concrete [62–64].

## 52 **2. Materials and methods**

### 53 *2.1. Materials and samples*

54 The study examined 10 different concrete mixes containing different amounts of SCMs and  
55 reinforced with an aggregate of the same type, grading, and concentration. Ordinary Portland  
56 cement (referred to as PC) CEM I/42.5R (EN 197-1:2001 [65]) was blended with the following  
57 SCMs: (1) silica fume Stachesil S (SF), (2) fly ash produced by the coal-fired Tušimice power  
58 plant (FA), and (3) metakaolin Mefisto L05 (MK) produced by claystone grinding and burning.

59 Besides the reference material (R), mixes with 10%, 20%, and 30% replacements of cement  
60 mass by SCMs were examined. Table 1 provides the composition of all mixes. The percentages

61 of SCM replacement were based on previous studies [66–70]. The effective water-to-binder ratio  
 62  $w/b = 0.26$  was kept constant for all mixes. The amount of water needed [kg/m<sup>3</sup>] was calculated  
 63 as [71]

$$m_w = \frac{w/b}{m_c + k m_{SCM}}, \quad (1)$$

64 where  $m_c$  and  $m_{SCM}$  are the mass of cement and SCM per m<sup>3</sup> of a concrete mix. The  $k$ -value was  
 65 determined based on recommendations in EN 206 [72] as 2.0 for SF, 0.4 for FA, and 1.0 for MK.  
 66 This low  $w/b$  ensured low porosity in the prepared samples (Table 2).

Table 1: Composition of mixes prepared; amount of individual components expressed in kg/m<sup>3</sup>.

Mix	PC	SCM			Water	Aggregate			Superplasticizer
		SF	FA	MK		0/4 mm	4/8 mm	8/16 mm	
R	800	–	–	–	210	730	390	320	25
S10	720	80	–	–	231	730	390	320	33
S20	640	160	–	–	252	730	390	320	33
S30	560	240	–	–	273	730	390	320	33
F10	720	–	80	–	197	730	390	320	34
F20	640	–	160	–	185	730	390	320	32
F30	560	–	240	–	172	730	390	320	30
M10	720	–	–	80	210	730	390	320	30
M20	640	–	–	160	210	730	390	320	30
M30	560	–	–	240	210	730	390	320	30

Table 2: Total porosity  $p_{tot}$ ; averages from six measurements carried out according to EN 480-11 [73] using an automated RapidAir 457 system.

R	S10	S20	S30	A10	A20	A30	M10	M20	M30
10.13	8.27	7.86	7.38	9.08	8.48	8.45	10.76	9.26	10.02

67 The chemical composition of PC and SCMs was determined by X-ray fluorescence spec-  
 68 troscopy (XRF) using a Spectro Xepos spectrometer equipped with 50 W/60 kV X-ray tube.

69 Table 3 presents a list of identifiable oxides. Based on the ratio of CaO and SiO<sub>2</sub>, it can be as-  
 70 sumed that the clinker in PC contained mostly C<sub>3</sub>S, lower amounts of C<sub>2</sub>S, and less than 5 wt%  
 71 aluminosilicates. SF is an amorphous polymorph of silicon dioxide; thus, high SiO<sub>2</sub> content was  
 72 expected. The high content of amorphous SiO<sub>2</sub> in FA is provided by the soluble glassy components  
 73 that are chemically activated in alkaline environment [74]. The same applies to metakaolin, also  
 74 rich in Al<sub>2</sub>O<sub>3</sub> and exhibiting high pozzolanic activity [48, 75].

Table 3: Chemical composition of PC and SCMs; most important oxides and loss on ignition (LOI) identified by the XRF.

	PC	SF	FA	MK
	wt% ( $\pm 0.5\%$ )			
CaO	64.2	1.50	4.20	0.00
SiO <sub>2</sub>	19.5	92.1	48.8	54.1
Al <sub>2</sub> O <sub>3</sub>	4.70	0.00	24.2	40.1
Fe <sub>2</sub> O <sub>3</sub>	3.20	0.41	12.5	1.10
SO <sub>3</sub>	3.20	0.00	1.20	0.00
MgO	1.30	0.30	0.70	0.00
K <sub>2</sub> O	0.78	0.69	1.40	0.80
TiO <sub>2</sub>	0.00	0.00	1.40	1.80
LOI	3.20	5.00	5.53	2.10

75 A Malvern Mastersizer 3000 laser diffraction particle size analyzer was used to determine the  
 76 particle size distribution curves for PC and SCMs; the basalt aggregate grading was determined by  
 77 sieving (Table 5). Distribution curves are provided in Figure 1. Both the distribution curves and  
 78 size characteristics summarized in Table 4 show that the particle size distribution of PC was shifted  
 79 towards larger diameters compared to the fine-grained SCMs. Notably, the specific surface area of  
 80 SF and MK is about 50× larger than that of PC and FA, which increases their reactivities.

81 When preparing the concrete mixes, the aggregate was first homogenized. PC was then added,  
 82 followed by individual SCMs and water containing a Stachement superplasticizer. A standard  
 83 laboratory mixer at 30 rpm was used. The concrete samples were cast into molds, compacted

Table 4: Size characteristics and bulk density of PC and SCMs.

	PC	SF	FA	MK
Size distribution, 50 <sup>th</sup> percentile [ $\mu\text{m}$ ]	9.11	2.92	5.89	2.15
Size distribution, 90 <sup>th</sup> percentile [ $\mu\text{m}$ ]	34.06	6.74	124.35	7.50
Specific surface area [ $\text{m}^2/\text{g}$ ]	0.37	15.0	0.25	12.7
Bulk density [ $\text{kg}/\text{m}^3$ ]	3100	2400	2000	2300

Table 5: Aggregate grading.

Sieve size [mm]	0	0.0625	0.125	0.25	0.5	1.0	2.0	4.0	8.0	16.0
Passing [%]	0	2.08	3.51	5.40	9.13	16.45	29.74	52.50	78.88	100.00

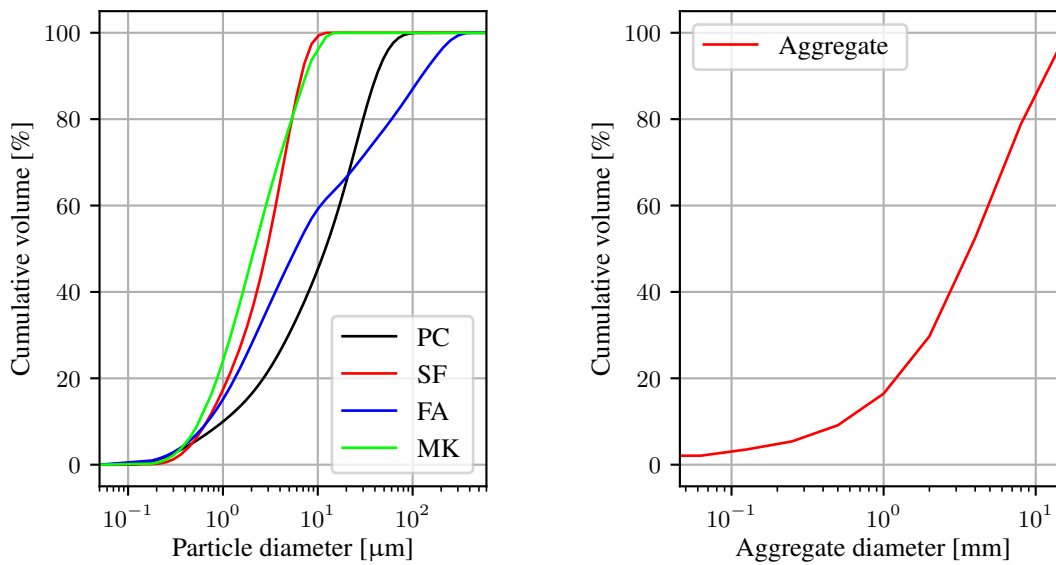


Figure 1: Particle size distribution curves of the used PC and SCM (left) and for the aggregate (right).



84 during casting, and demolded after 24 hours. Curing was executed in standard atmospheric air at  
85  $22\pm 1$  °C with a relative humidity of  $90\pm 2\%$  for 28 days.

86 Cylinders (diameter: 100 mm, height: 200 mm) were used for the assessment of Young's mod-  
87 ulus. For compressive strength testing, 100 mm cubes were cast. Six specimens represented each  
88 mix for both specimen geometries. Each batch was represented by three cylindrical specimens (di-  
89 ameter: 25 mm) for examination with microscopy and nanoindentation. Representative specimens  
90 were cut into 15 mm thick slices and polished on an MD-Piano grinding plate using 1200, 2000,  
91 and 4000 grain/cm<sup>2</sup> grits under 0.25 N compression and were cleaned with ethanol after each step  
92 using an ultrasound cleaner.

## 93 *2.2. Microstructure investigation*

### 94 *2.2.1. Morphological and chemical analyses*

95 The polished samples were coated with a 20 nm carbon layer to increase electric conductivity  
96 and studied by electron microscopy (SEM) using a FEG-SEM Merlin Zeiss microscope. SEM  
97 analysis in backscattered electron microscopy (BSE) mode allowed for highlighting phases at re-  
98 quired scales. Since grayscale intensity in a BSE image depends on atomic mass [76], individual  
99 phases could be identified using an in-house software PyPAIS [77] based on intensity and entropy  
100 thresholding (Figure 2). An assessment of texture roughness via entropy calculation was needed  
101 for distinguishing several phases having the same grayscale intensity such as smooth SiO<sub>2</sub> and  
102 rough C-S-H gel.

### 103 *2.2.2. Nanoindentation*

104 Stiffness mapping within the microstructure was accomplished using a nanohardness tester (a  
105 Ti 750 Hysitron equipped with a Berkovich diamond tip). The indentation on a grid with 10 μm  
106 spacing was displacement-controlled to reach a maximum depth of 150 nm and held for a period  
107 of 60 s. Such an approach was addressed to eliminate creep bias [78–80]. The Young's modu-  
108 lus for each of the 441 indents per sample was determined from the load-displacement diagram  
109 recorded during 5 s unloading using the Oliver and Pharr method [81, 82]. There were 4 sections  
110 cut from the core of the cylindrical specimens representing each mix, yielding 1,764 indents per

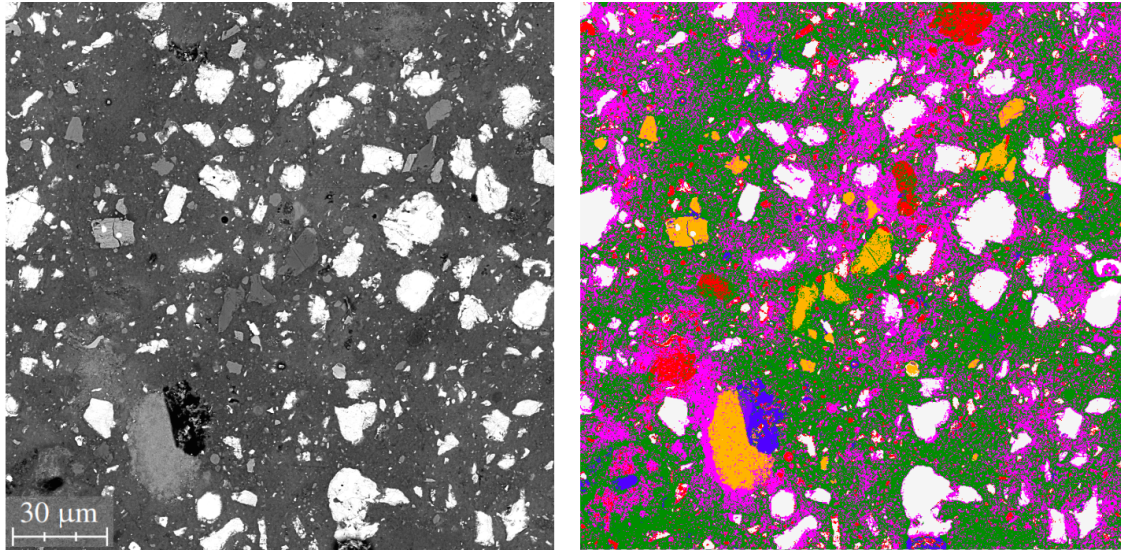


Figure 2: Identification of phases (right) on a M20 sample from a BSE image under  $300\times$  magnification (left). Clinker is highlighted in white; portlandite, red; HD C-S-H gel, pink; LD C-S-H gel, green; metakaolin, yellow; and pores, blue.

111 mix for identification of phases using spectral deconvolution [83, 84]. Attention was paid to the  
 112 identifying of ITZs; because of their complex morphologies, only their stiffness was assessed with  
 113 nanoindentation; thickness was estimated using micromechanical modeling (Section 3).

### 114 2.3. Testing of macroscopic stiffness and strength

115 The Young's modulus of macroscopic specimens was tested on the cylindrical specimens us-  
 116 ing the ultrasonic pulse velocity method following the procedure described in EN 12504-4 [85].  
 117 Destructive testing for the assessment of the compressive strength was carried out according to  
 118 EN 12390-3 [86] using a servo-hydraulic loading frame (EU 2000D by INOVA Praha) with a  
 119 2500 kN maximum loading capacity. The loading of specimens was force-controlled at a rate of  
 120 5 kN/s. Detailed information on the macroscopic testing of the concrete mixes is presented in the  
 121 paper by Bílý et al. [87].

## 122 3. Modeling

123 The development of the model was largely inspired by previous works dealing with microme-  
 124 chanical modeling of lime-based mortars [57] and pastes containing waste marble powder [58],

125 both building upon studies by Pichler and Hellmich [56] and Vorel et. al [88], which utilized a  
 126 Mori-Tanaka homogenization scheme [89, 90] at multiple scales. Even though not primarily de-  
 127 veloped for cohesive materials, a criterion based on the von Mises  $J_2$  invariant was selected for  
 128 strength upscaling based on previous experience [57, 58] and the findings of other authors [91, 92].  
 129 Because of its insensitivity to hydrostatic pressure, employing the von Mises criterion makes sense  
 130 in low confinements such as during uniaxial compression tests.

### 131 3.1. Model description

132 The proposed micromechanical model of concrete containing SCM operates at three length  
 133 scales. At each scale,  $\mathcal{L} = I, II, III$ , there is a representative volume element (RVE) composed of  
 134  $m$  phases indexed by  $r$ . The matrix for each scale is represented by  $r = 0$  and indices  $r = 1, \dots, m$   
 135 refer to spherical heterogeneities.

136 At the microscopic scale ( $\mathcal{L} = I$ ), a matrix of low-density C-S-H gel (LD C-S-H) contain-  
 137 ing high-density C-S-H (HD C-S-H) inclusions is assumed. Non-hydrated clinker, portlandite,  
 138 and voids are embedded in the homogenized C-S-H matrix at the mesoscale ( $\mathcal{L} = II$ ). At the  
 139 macroscopic scale ( $\mathcal{L} = III$ ), the presence of stiff aggregate surrounded by ITZs is assumed  
 140 and modeled as spherical shells (Figure 3). All the phases are assumed to be homogeneous and  
 141 isotropic; such a simplification of morphology brings computational benefits without significant  
 142 sacrifice of accuracy [55, 93]. The onset of cracking due to excessive compression is expected to  
 143 take place within the ITZs, which is in agreement with observations [7–10] and micromechanical  
 144 modeling of concrete failure mechanisms due to compression-dominated loading [12, 94, 95].

145 For detailed information on the development of the model, see our preceding papers [57, 58,  
 146 96]. Here, the model is extended to incorporate probability distributions of Young’s moduli for in-  
 147 dividual phases  $E^{\mathcal{L},(r)}$ . By assuming input variables independent one another, Monte Carlo simula-  
 148 tions utilizing a random selection following the normal distribution  $\mathcal{N}_{E^{\mathcal{L},(r)}}(\bar{X}_{E^{\mathcal{L},(r)}}, s_{E^{\mathcal{L},(r)}})$  could  
 149 be employed. These distributions were defined based on the experimentally obtained mean values  
 150  $\bar{X}_{E^{\mathcal{L},(r)}}$  and standard deviations  $s_{E^{\mathcal{L},(r)}}$ . Because the volumetric fractions  $c^{\mathcal{L},(r)}$  exhibited very small  
 151 variations and cannot be considered completely independent of one another, the measured mean  
 152  $\bar{X}_{c^{\mathcal{L},(r)}}$  was adopted in modeling as a deterministic parameter  $c^{\mathcal{L},(r)}$ . The volumetric fractions were

153 recalculated in such a way to preserve the experimentally obtained ratio and yield

$$\sum_{r=0}^m c^{\mathcal{L},(r)} = 1.0 \quad (2)$$

154 for each  $\mathcal{L}$  [97]. At  $\mathcal{L} = III$ , the volumetric fraction of the ITZ,  $c^{III,(2)}$ , which was dependent on  
 155 ITZ thickness, was subtracted from the volumetric fraction of the cement paste matrix,  $c^{III,(0)}$ .

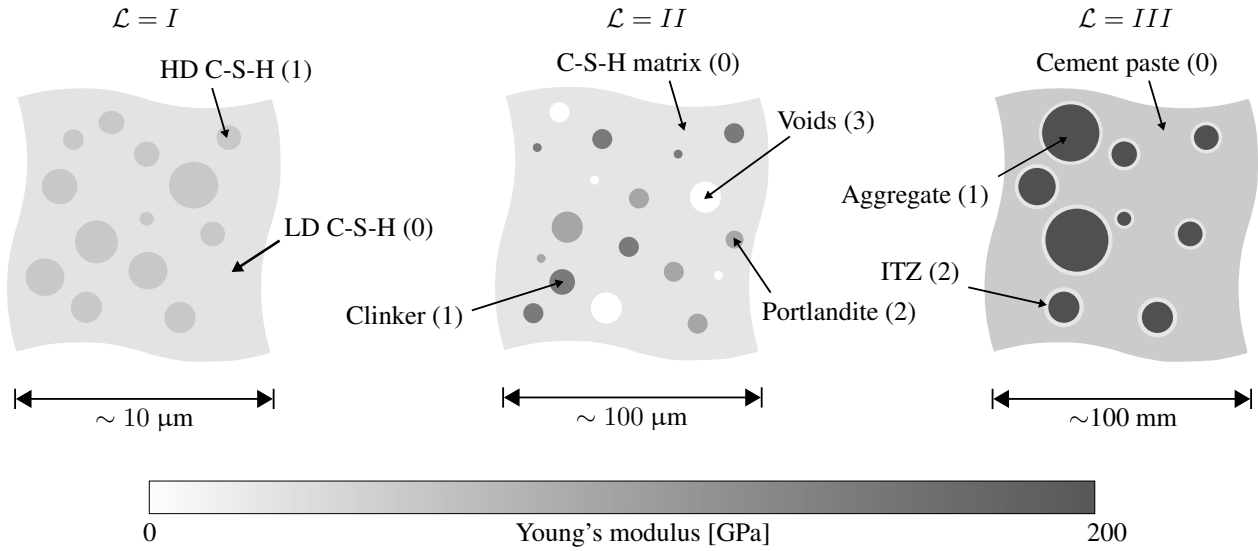


Figure 3: Homogenization scheme; for description of individual phases denoted by numbers in parentheses see Table 6.

### 156 3.1.1. Elasticity homogenization

157 In the Mori-Tanaka scheme, the strain in individual phases is related to the macroscopic strain,  
 158  $\boldsymbol{\varepsilon}$ , using dilute concentration factors  $\mathbf{A}_{\text{dil}}^{(r)}$  as  $\boldsymbol{\varepsilon}^{(r)} = \mathbf{A}_{\text{dil}}^{(r)} \boldsymbol{\varepsilon}^{(0)}$ , where  $\boldsymbol{\varepsilon}^{(0)}$  is the strain within the  
 159 matrix found as

$$\boldsymbol{\varepsilon}^{(0)} = \mathbf{A}_{\text{MT}} \boldsymbol{\varepsilon}, \quad (3)$$

160 in which the Mori-Tanaka strain concentration factor  $\mathbf{A}_{\text{MT}}$  is provided as

$$\mathbf{A}_{\text{MT}} = \left( c^{(0)} \mathbf{I} + \sum_{r=1}^m c^{(r)} \mathbf{A}_{\text{dil}}^{(r)} \right)^{-1}, \quad (4)$$

161 where  $\mathbf{I}$  is the identity matrix.

Because of the assumed isotropy, the effective stiffness can be expressed in terms of the effective bulk and shear moduli as

$$K_{\text{eff}} = \frac{c^{(0)}K^{(0)} + \sum_{r=1}^m c^{(r)}K^{(r)}A_{\text{dil,V}}^{(r)}}{c^{(0)} + \sum_{r=1}^m c^{(r)}A_{\text{dil,V}}^{(r)}}, \quad G_{\text{eff}} = \frac{c^{(0)}G^{(0)} + \sum_{r=1}^m c^{(r)}G^{(r)}A_{\text{dil,D}}^{(r)}}{c^{(0)} + \sum_{r=1}^m c^{(r)}A_{\text{dil,D}}^{(r)}}. \quad (5)$$

162 Knowing the effective bulk and shear moduli, one can calculate all elastic parameters [98], e.g.

163 Young's modulus  $E_{\text{eff}}$ , or assemble the effective stiffness matrix for an isotropic material  $\mathbf{L}_{\text{eff}}$ .

164 The volumetric and deviatoric components of the dilute concentration factors,  $A_{\text{dil,V}}^{(r)}$  and  $A_{\text{dil,D}}^{(r)}$ ,  
165 can be expressed as

$$\mathbf{A}_{\text{dil}}^{(r)} = A_{\text{dil,V}}^{(r)}\mathbf{I}_V + A_{\text{dil,D}}^{(r)}\mathbf{I}_D, \quad r = 1, \dots, m, \quad (6)$$

166 where  $\mathbf{I}_V$  and  $\mathbf{I}_D$  are orthogonal projections to the volumetric and deviatoric components, respec-  
167 tively.

Analogically to Eq. (5), the volumetric and deviatoric components of the dilute concentration factors for spherical inclusions, following the work of [99], can be decomposed to

$$A_{\text{dil,V}}^{(r)} = \frac{K^{(0)}}{K^{(0)} + \alpha^{(0)}(K^{(r)} - K^{(0)})}, \quad A_{\text{dil,D}}^{(r)} = \frac{G^{(0)}}{G^{(0)} + \beta^{(0)}(G^{(r)} - G^{(0)})}, \quad (7)$$

where  $\alpha^{(0)}$  and  $\beta^{(0)}$  depend purely on the Poisson's ratio of the C-S-H matrix,  $\nu^{(0)}$ , as

$$\alpha^{(0)} = \frac{1 + \nu^{(0)}}{3(1 + \nu^{(0)})}, \quad \beta^{(0)} = \frac{2(4 - 5\nu^{(0)})}{15(1 - \nu^{(0)})}. \quad (8)$$

168 The expressions for the dilute concentrations factors of particles coated by spherical shells were  
169 derived by Herve and Zaoui [1]. To respect the sensitivity of the model to aggregate grading, the  
170 aggregate and the ITZ had to be split into  $\delta$  sub-phases corresponding to individual grading inter-  
171 vals denoted by indices  $(III, (1, \delta))$  and  $(III, (2, \delta))$ , respectively. The dilute concentration factors  
172 of the coated inclusions and their coating depend on their outer radii,  $R^{(III,(1,\delta))}$  and  $R^{(III,(2,\delta))}$ , and  
173 Poisson's ratios,  $\nu^{(III,(1))}$  and  $\nu^{(III,(2))}$ , as follows

$$A_{\text{dil,V}}^{(III,(1,\delta))} = \frac{1}{Q_{11}^2}, \quad (9)$$

174

$$A_{\text{dil,V}}^{III,(2,\delta)} = \frac{Q_{11}^1}{Q_{11}^2} \quad (10)$$

175 and

$$A_{\text{dil,D}}^{III,(1,\delta)} = A_1 - \frac{21}{5} \frac{R^{III,(1,\delta)^2}}{1 - 2\nu^{III,(1)}} B_1, \quad (11)$$

176

$$A_{\text{dil,D}}^{III,(2,\delta)} = A_2 - \frac{21}{5} \frac{R^{III,(2,\delta)^5} - R^{III,(1,\delta)^5}}{(1 - 2\nu^{III,(2)})(R^{III,(2,\delta)^3} - R^{III,(1,\delta)^3})} B_2, \quad (12)$$

177 where the auxiliary factors  $Q_{11}^1$ ,  $Q_{11}^2$ ,  $A_1$ ,  $A_2$ ,  $B_1$ , and  $B_2$  are provided, e.g., in the work of Nežerka  
178 and Zeman [96, Appendix A].

### 179 3.1.2. Compressive strength estimation

180 To estimate the response of concrete to uniaxial compression, the von Mises failure criterion  
181 defined as

$$\sqrt{J_2^{III,(2)}} - \frac{f_{\text{dev}}^{III,(2)}}{\sqrt{3}} = 0, \quad (13)$$

182 is considered. The resistance of ITZs to the deviatoric stress due to macroscopically applied uni-  
183 axial compression is represented by  $f_{\text{dev}}^{III,(2,\delta)}$ , while the second deviatoric stress invariant in the  
184 ITZs,  $J_2^{III,(2,\delta)}$ , is determined from the average matrix stress,  $\boldsymbol{\sigma}^{(0)}$ , as

$$J_2^{III,(2,\delta)} = \frac{1}{2} \boldsymbol{\sigma}^{(0)\text{T}} \mathbf{I}_D \boldsymbol{\sigma}^{(0)}. \quad (14)$$

185 The average stress in an ITZ,  $\boldsymbol{\sigma}^{(0)}$ , is related to the macroscopic stress  $\boldsymbol{\sigma}$  via

$$\boldsymbol{\sigma}^{(0)} = \mathbf{L}^{(0)} \mathbf{A}_{\text{dil}}^{III,(2,\delta)} \mathbf{A}_{\text{MT}} (\mathbf{L}_{\text{eff}})^{-1} \boldsymbol{\sigma}, \quad (15)$$

186 where  $\mathbf{L}^{(0)}$  and  $\mathbf{L}_{\text{eff}}$  are the elastic stiffness matrices for an isotropic material, representing the ma-  
187 trix and the homogenized composite, respectively. The effective compressive strength of concrete,  
188  $f_{\text{c,eff}}$ , can be found by subjecting the sample to  $\boldsymbol{\sigma} = [-f_{\text{c,eff}}, 0, 0, 0, 0, 0]^T$  so that the von Mises  
189 condition (Eq. (13)) is satisfied.

Table 6: Modeling assumptions and description of phases; parameters marked with asterisk (\*), i.e. ITZ thickness  $t^{III,(2)}$  and strength  $f_{\text{dev}}^{III,(2)}$ , are found by fitting the model outcomes to the results of experimental testing at macro scale.

Phase	$\mathcal{L}$	Parameters	Description
LD C-S-H	I	$c^{I,(0)}, \mathcal{N}_{E^{I,(0)}}, \nu^{I,(0)} = 0.24$ [53]	Matrix at scale I
HD C-S-H	I	$c^{I,(1)}, \mathcal{N}_{E^{I,(1)}}, \nu^{I,(1)} = 0.24$ [53, 100]	Spherical inclusions
C-S-H matrix	II	$c^{II,(0)}, \mathcal{N}_{E^{II,(0)}}, \mathcal{N}_{\nu^{II,(0)}}$	Effective $E$ and $\nu$ from $\mathcal{L} = \text{I}$
Portlandite	II	$c^{II,(1)}, \mathcal{N}_{E^{II,(1)}}, \nu^{II,(1)} = 0.31$ [53, 101]	Spherical inclusions
Clinker	II	$c^{II,(2)}, \mathcal{N}_{E^{II,(2)}}, \nu^{II,(2)} = 0.30$ [102, 103]	Spherical inclusions
Voids	II	$c^{II,(3)}, \mathcal{N}_{\nu^{II,(0)}}$	Spherical inclusions
Cement paste	III	$c^{III,(0)}, \mathcal{N}_{E^{III,(0)}}, \mathcal{N}_{\nu^{III,(0)}}$	Effective $E$ and $\nu$ from $\mathcal{L} = \text{II}$
Aggregate	III	$c^{III,(1)}, \mathcal{N}_{E^{III,(1)}}, \nu^{III,(1)} = 0.25$ [104], $R^{III,(1)}$	Spherical inclusions coated by an ITZ
ITZ	III	$\mathcal{N}_{E^{III,(2)}}, \mathcal{N}_{\nu^{III,(0)}}, t^{III,(2)*}, f_{\text{dev}}^{III,(2)*}$	Spherical shells around aggregate

### 190 3.2. Model inputs

191 The volumetric fraction for each phase was assessed by image analysis of 6 samples repre-  
192 senting each mix. The images were taken under  $5\times$  (optical microscope),  $100\times$  (BSE-EDS),  
193 and  $500\times$  (BSE-EDS) magnifications, respectively; Table 7 presents results of this analysis. The  
194 Young's modulus of individual phases was assessed by deconvolution of the stiffness distributions  
195 from nanoindentation measurements (Table 8). The samples containing SF and MK contained a  
196 smaller amount of portlandite, a consequence of their pozzolanic activity. FA supported the clinker  
197 reaction because there was a lower concentration of unhydrated clinker in F30. The C-S-H gel ex-  
198 hibited superior quality to the reference material in terms of stiffness in all the samples containing  
199 additives. The total porosity (Table 2), was reduced by approximately 10–20% additions of SF and  
200 FA and was almost the same in the samples containing MK, compared to the reference sample.

201 Normal distributions  $\mathcal{N}_{E^{\mathcal{L},(r)}}(\bar{X}_{E^{\mathcal{L},(r)}}, s_{E^{\mathcal{L},(r)}})$  of Young's moduli were established based on  
202 nanoindentation measurements. By employing Monte Carlo simulations, 18,000 random values of  
203 Young's moduli  $E^{\mathcal{L},(r)}$  representing each phase were generated following the normal distributions  
204 (Figure 4).



Table 7: Mean values  $\bar{X}_{c^{\mathcal{L}},(r)}$  and standard deviations  $s_{c^{\mathcal{L}},(r)}$  of the volumetric fraction  $c^{\mathcal{L},(r)}$  for individual phases  $r$ ; micropores are not present here and are included within the total porosity (Table 2).

	LD C-S-H		HD C-S-H		Portlandite		Clinker		Aggregate	
	$\bar{X}_{c^{\mathcal{L}},(r)}$	$s_{c^{\mathcal{L}},(r)}$	$\bar{X}_{c^{\mathcal{L}},(r)}$	$s_{c^{\mathcal{L}},(r)}$	$\bar{X}_{c^{\mathcal{L}},(r)}$	$s_{c^{\mathcal{L}},(r)}$	$\bar{X}_{c^{\mathcal{L}},(r)}$	$s_{c^{\mathcal{L}},(r)}$	$\bar{X}_{c^{\mathcal{L}},(r)}$	$s_{c^{\mathcal{L}},(r)}$
R	15.82	0.25	15.43	0.35	6.55	0.15	4.18	0.02	56.52	1.39
S10	16.09	0.42	16.61	0.44	4.07	0.06	5.43	0.16	57.45	2.44
S20	18.30	0.98	14.57	0.17	4.49	0.13	6.48	0.22	55.56	3.31
S30	19.33	0.01	13.74	0.38	5.75	0.20	6.76	0.25	56.33	2.79
F10	19.61	0.31	15.34	0.15	5.77	0.11	6.20	0.18	57.89	2.44
F20	12.25	0.40	13.96	0.71	8.50	0.03	2.93	0.23	60.78	1.88
F30	13.48	0.70	13.79	0.50	8.40	0.05	2.81	0.12	59.18	1.93
M10	18.00	0.21	12.59	0.05	4.65	0.02	6.08	0.18	59.38	1.41
M20	18.94	0.33	12.90	0.62	3.82	0.21	5.50	0.23	61.26	0.98
M30	18.78	0.54	12.93	0.53	3.23	0.16	4.81	0.12	60.78	1.03

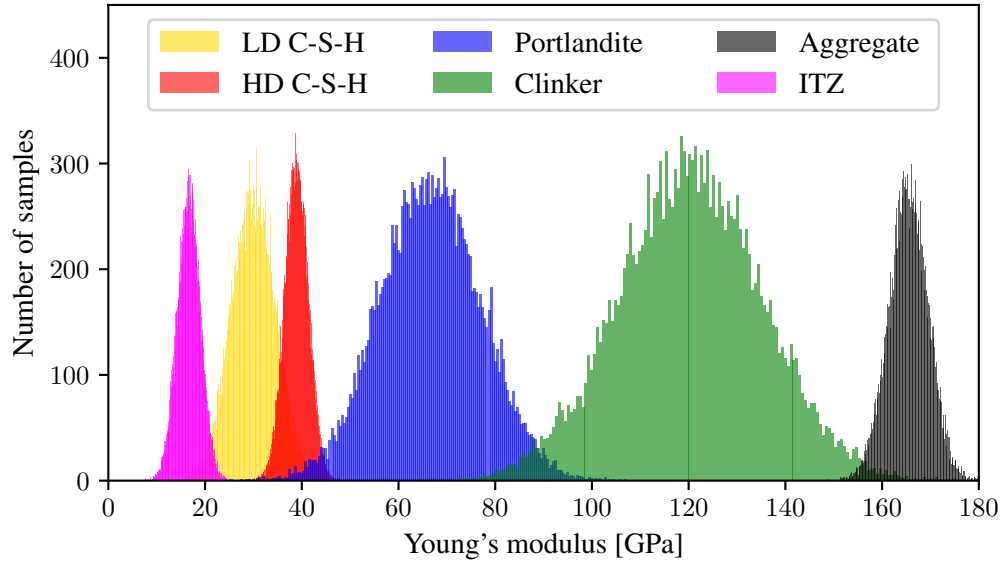


Figure 4: Distribution  $\mathcal{N}_{E^{\mathcal{L}},(r)}$  of randomly generated values  $E^{\mathcal{L},(r)}$  representing the reference mix without SCMs.



Table 8: Mean values  $\bar{X}_{E^{\mathcal{L}},(r)}$  and standard deviations  $s_{E^{\mathcal{L}},(r)}$  of the indentation modulus  $E^{\mathcal{L},(r)}$  [GPa] for individual phases  $r$ .

	LD C-S-H		HD C-S-H		Portlandite		Clinker		Aggregate		ITZ	
	$\bar{X}_{E^{\mathcal{L}},(r)}$	$s_{E^{\mathcal{L}},(r)}$	$\bar{X}_{E^{\mathcal{L}},(r)}$	$s_{E^{\mathcal{L}},(r)}$	$\bar{X}_{E^{\mathcal{L}},(r)}$	$s_{E^{\mathcal{L}},(r)}$	$\bar{X}_{E^{\mathcal{L}},(r)}$	$s_{E^{\mathcal{L}},(r)}$	$\bar{X}_{E^{\mathcal{L}},(r)}$	$s_{E^{\mathcal{L}},(r)}$	$\bar{X}_{E^{\mathcal{L}},(r)}$	$s_{E^{\mathcal{L}},(r)}$
R	31.08	4.65	45.07	2.47	81.60	10.36	128.36	14.99	162.78	4.11	17.34	2.38
S10	32.91	4.16	48.43	5.78	66.55	8.50	122.28	8.50	164.58	8.22	16.82	2.18
S20	33.37	2.92	48.94	4.24	66.12	11.74	135.49	11.74	166.84	7.43	18.47	2.41
S30	34.70	3.17	49.98	3.48	65.82	6.51	132.65	6.51	167.47	14.0	18.87	3.91
F10	33.45	5.89	54.54	7.63	84.92	14.07	142.13	13.34	164.86	4.89	16.74	2.42
F20	34.95	5.36	54.99	6.38	88.63	13.16	140.22	12.42	163.32	7.81	16.48	2.12
F30	35.62	5.87	57.72	6.40	86.17	7.59	127.57	16.85	166.54	8.28	18.80	4.40
M10	34.73	4.82	52.32	8.56	85.36	12.06	135.12	18.01	167.53	5.99	15.38	1.98
M20	35.15	6.28	53.27	8.71	87.88	14.55	141.20	18.85	168.32	6.20	15.54	3.24
M30	35.27	5.69	55.40	6.32	84.79	10.26	138.62	14.42	165.45	7.05	16.01	2.25

205 ITZ thicknesses  $t^{III,(2)}$  were assessed by minimizing the error

$$\epsilon_E = \frac{|E_{\text{eff}} - E_{\text{meas}}|}{E_{\text{meas}}} \times 100 \text{ [\%]}, \quad (16)$$

206 where  $E_{\text{meas}}$  is the mean of elastic stiffness measurements on macroscopic specimens. Analogi-  
207 cally, the strength of ITZ  $f_{\text{dev}}^{III,(2)}$  was calculated by minimizing

$$\epsilon_{f_c} = \frac{|f_{c,\text{eff}} - f_{c,\text{meas}}|}{f_{c,\text{meas}}} \times 100 \text{ [\%]}, \quad (17)$$

208 where  $f_{c,\text{meas}}$  represents a mean value of macroscopically measured strengths on concrete speci-  
209 mens subjected to uniaxial compression. Table 9 presents the results of macroscopic testing, along  
210 with corresponding estimates of ITZ thickness and strength.

#### 211 4. Results and discussion

212 The proposed micromechanical model, despite many adopted simplifications (spherical shape  
213 of inclusions, strict separation of phases to three length scales, material homogeneity and isotropy  
214 of phases, and onset and localization of damage within an ITZ at  $\mathcal{L} = III$ ) is capable of predicting  
215 ITZ strength and stiffness within the limits reported in literature. By minimizing the prediction  
216 errors  $\epsilon_E$  and  $\epsilon_{f_c}$  (Figure 5), it was possible to find the optimum values of ITZ thickness and  
217 strength for each mix. Figure 6 summarizes the results; the relationship between the amount of  
218 individual SCMs and ITZ properties is clearly apparent.

219 Replacement of PC by 10% SF resulted in ITZ thickness reduction up to 25%, while 30%  
220 replacement yielded a 65% reduction. This result is in agreement with Rossignolo's [105] SEM-  
221 EDX observations, who reported a 36% thickness reduction for the 10% replacement. The lowest  
222 replacement also yielded a 5% increase in ITZ strength, while 30% replacement resulted in strength  
223 reduction. Our previous purely experimental study [70] that focused on PC replacements up to 80%  
224 showed a more than 30% reduction in compressive strength when SF replaced PC at 30% instead  
225 of 20%. Therefore, a 20% replacement seems to be a reasonable upper limit.

226 Replacing PC with FA resulted in ITZ thickness reduction as well as strength enhancement,  
227 regardless of the amount of replacement. However, 20% replacements of PC with FA yielded a  
228 37% ITZ thickness reduction and a 22% strength enhancement. The aforementioned study [70]

229 reported a 15% drop in compressive strength after elevating FA replacement from 20% to 30%,  
 230 confirming that a 20% replacement is the reasonable amount.

231 The impact of MK on the ITZ was less positive than for SF and FA additions. Even though a  
 232 10% replacement of PC by MK reduced ITZ thickness by 48%, strength was also slightly reduced.  
 233 A 20% replacement resulted in a 15% ITZ thickness reduction and an 8% strength enhancement,  
 234 while 30% replacement made the ITZ thicker and weaker.

Table 9: Summary of optimization results.

	Measurements		Calculations		ITZ parameters	
	$E_{\text{meas}}$ [GPa]	$f_{c,\text{meas}}$ [MPa]	$E_{\text{eff}}$ [GPa]	$f_{c,\text{eff}}$ [MPa]	$t^{\text{III},(2)}$ [ $\mu\text{m}$ ]	$f_{\text{dev}}^{\text{III},(2)}$ [MPa]
R	44.6 $\pm$ 1.24	105.9 $\pm$ 1.98	44.6 $\pm$ 0.35	105.8 $\pm$ 1.08	20.70	179.3
S10	51.3 $\pm$ 2.57	109.3 $\pm$ 2.84	51.3 $\pm$ 1.02	106.0 $\pm$ 1.52	15.58	198.5
S20	55.0 $\pm$ 4.13	101.3 $\pm$ 4.25	55.0 $\pm$ 0.25	101.3 $\pm$ 1.70	9.27	183.3
S30	55.9 $\pm$ 1.23	97.7 $\pm$ 6.77	55.9 $\pm$ 0.99	97.6 $\pm$ 1.27	7.30	177.3
F10	52.1 $\pm$ 3.65	106.6 $\pm$ 7.85	52.1 $\pm$ 1.29	106.8 $\pm$ 1.91	17.55	213.6
F20	56.2 $\pm$ 2.97	120.8 $\pm$ 1.25	56.2 $\pm$ 1.04	120.9 $\pm$ 1.66	13.21	229.8
F30	56.4 $\pm$ 1.73	125.3 $\pm$ 2.39	56.4 $\pm$ 1.13	125.3 $\pm$ 1.63	14.79	224.8
M10	48.7 $\pm$ 3.46	108.9 $\pm$ 2.92	48.7 $\pm$ 1.09	109.0 $\pm$ 1.82	10.85	177.3
M20	51.2 $\pm$ 1.94	110.3 $\pm$ 4.50	51.2 $\pm$ 1.10	110.2 $\pm$ 1.62	17.15	182.4
M30	47.9 $\pm$ 1.87	96.7 $\pm$ 4.04	47.9 $\pm$ 1.02	96.8 $\pm$ 1.30	23.46	165.2

235 The predicted ITZ thicknesses fall within the range suggested by prior studies: that ITZ thick-  
 236 ness should be about 10  $\mu\text{m}$  [63, 106] (for studies suggesting higher values, up to 30  $\mu\text{m}$ , see [107,  
 237 108]). The positive impact of SF and FA on an ITZ correlates with other studies, which also re-  
 238 ported thickness reduction and increased integrity due to the pozzolanic and microfilling effects  
 239 of these mineral admixtures based on microstructure observations [24, 109, 110]. The less posi-  
 240 tive impact of MK on ITZ strength shows agreement with the statistical analysis of the effect of  
 241 mineral admixtures by Paulon et al. [111]. It is worth mentioning that ITZ properties are notably  
 242 influenced by  $w/b$ , so the amount of kneading water should be carefully considered, see Cwirzen  
 243 and Penttala [112].

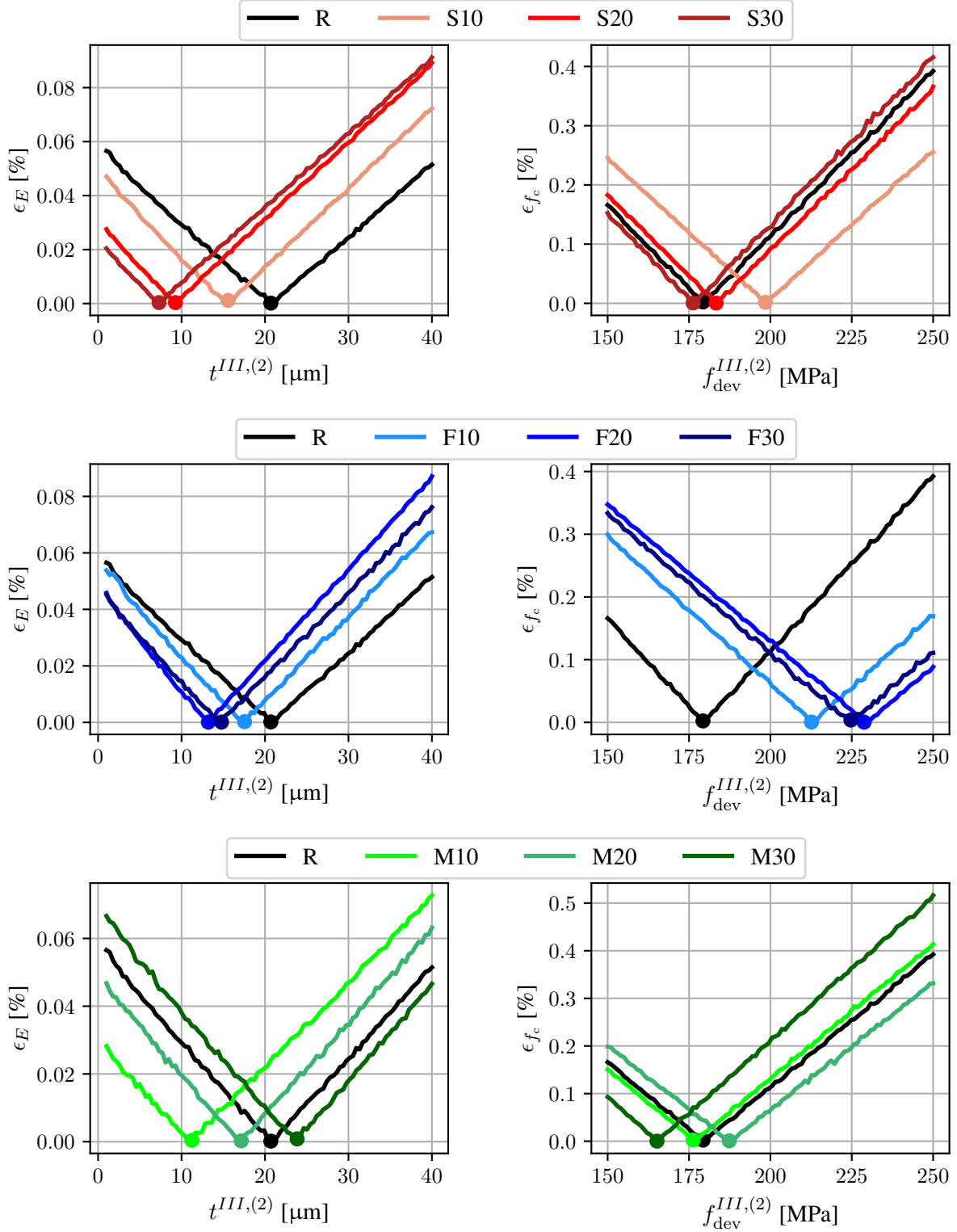


Figure 5: Optimization of ITZ thicknesses  $t^{III,(2)}$  and deviatoric strengths  $f_{dev}^{III,(2)}$  by minimizing the differences  $|E_{eff} - E_{meas}|$  and  $|f_{c,eff} - f_{c,meas}|$ .

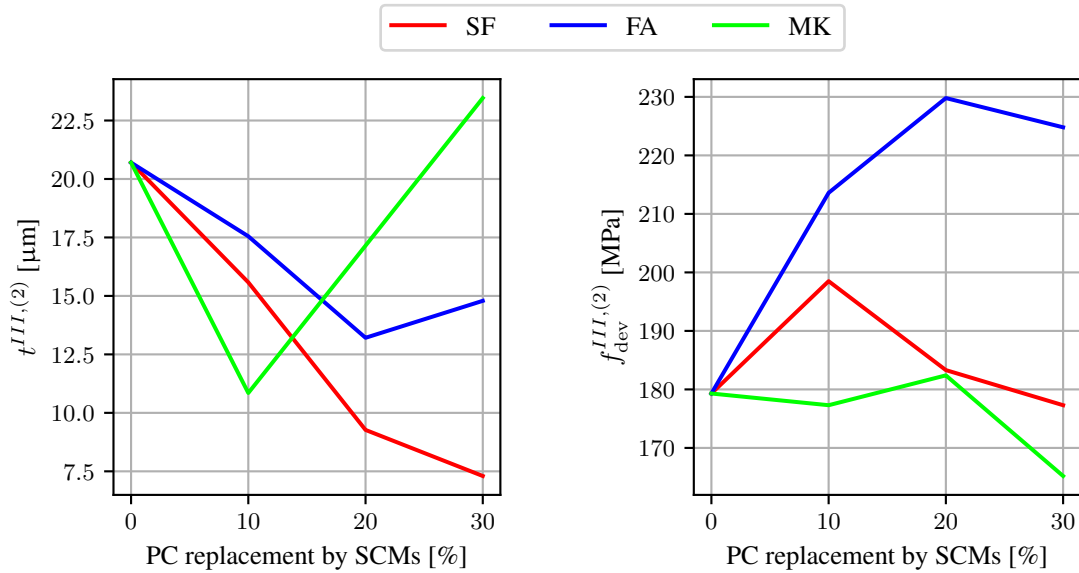


Figure 6: Impact of individual SCMs on ITZ thickness (left) and strength (right).

## 244 5. Conclusion

245 The Mori-Tanaka homogenization scheme and the von Mises failure criterion were selected to  
 246 estimate the strength and stiffness of cement pastes containing SCMs. This approach was enriched  
 247 with probabilistic modeling of individual phases via Monte Carlo simulations. By adjusting ITZ  
 248 thickness and strength, a perfect match to experimentally obtained data was found. This study  
 249 suggests that the thickness and strength of ITZs around aggregates in concrete can be influenced  
 250 by replacing a portion of Portland cement in a concrete mix by mineral admixtures such as silica  
 251 fume, fly ash, or metakaolin.

252 Due to many simplifications adopted in the micromechanical model, the quantification of ITZ  
 253 properties cannot be considered exact, but several trends can be observed:

- 254 • Addition of secondary cementitious materials can enhance an ITZ by reducing its thickness  
 255 and increasing its strength.
- 256 • Silica fume is more efficient in reducing ITZ thickness than fly ash or metakaolin.
- 257 • Fly ash is more efficient for ITZ strengthening than silica fume or metakaolin.

258 Based on these results, it appears reasonable to replace 10–20% of Portland cement mass in a  
259 concrete mix with silica fume or fly ash in order to improve the ITZ around aggregates and produce  
260 concrete with superior strength and durability. Metakaolin was not as efficient; only small Portland  
261 cement replacements, up to 10%, seem reasonable.

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