

Effects of Methylphenidate and Atomoxetine Treatment on Purkinje Cell Number in Juvenile Rats

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OBJECTIVE: To detect the effects of methylphenidate (MPH) and atomoxetine (ATX) on the cerebellum.

STUDY DESIGN: Male juvenile rats were separated into MPH, ATX, and control groups. The amount of Purkinje cells and the histological structure of the cerebellum were investigated.

RESULTS: In the MPH group a significant increase was noted in the number of Purkinje cells as compared with the other groups. Also, it was observed that the number of Purkinje cells increased in the ATX groups. The histopathological results showed that MPH and especially ATX caused pyknotic nuclei and irregular cell boundaries in some Purkinje cells.

CONCLUSION: MPH and ATX can be used to reduce attention-deficit hyperactivity disorder symptoms. We detected that MPH administration caused an increase but ATX caused a decrease in Purkinje cell numbers. Our data provides evidence to answer questions about

the effects of MPH and ATX on the cerebellum. At this point, this study will be useful for contributing to the current literature and furthering the research in this field. (Anal Quant Cytopathol Histopathol 2016; 38:000–000)

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Attention-deficit hyperactivity disorder (ADHD) is the one of the most common disorders occurring

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during childhood. This psychopathology is related with genetic factors, but it has not been identified specifically which genes play a role in the disorder.¹ ADHD is a highly familiar neurodevelopmental disorder with symptoms such as inattention, impulsivity, and hyperactivity.² Increasingly, diagnosis and treatment of this disease is by psychostimulant medication.

Methylphenidate (MPH) and atomoxetine (ATX) are used commonly as a psychostimulant for the treatment of neurodevelopmental disorders. These drugs show their effect via extracellular catecholamine levels. Additionally, they affect dopamine and norepinephrine functions in the brain regions of the prefrontal cortex, hippocampus, and especially the cerebellum.³⁻⁵

During active attention tasks, the cerebellum and prefrontal cortex make connections with the frontal and parietal lobes. While performing the attention tasks, the cerebellum receives signals from a variety of specific brain regions.^{6,7} MPH inhibits the transport of dopamine by binding to synaptic membranes with high affinity; hence, levels of dopamine and norepinephrine increase within the synaptic space.⁸⁻¹¹ MPH has shown a neuroprotective effect with the receptor mechanism.¹² Additionally, changes in catecholamines, which include MPH, can lead to toxic effects. There have been no reports about the direct effects of MPH, but differences in catecholamine levels may cause toxic or protective effects.¹³ Additionally, MPH affects energy metabolism and oxidative stress mechanism.^{14,15} This is activated via the apoptotic pathway and leads to cell death.^{16,17}

ATX is a selective norepinephrine blocker. The prefrontal cortex, thalamus, locus ceruleans, and cerebellum are the regions mainly affected in the central nervous system.¹⁸ Recent studies have shown that both of these drugs are upregulated and normalized left ventrolateral prefrontal cortex and cerebellum.¹⁹

As is known, the cerebellum is responsible for motor functions, coordination, and movement.^{20,21} Recent studies have provided evidence that the cerebellum plays a critical role in hyperactivity. The potential effects of psychostimulants on the cerebellum are still poorly understood. Martins et al stated that these drugs trigger oxidative stress and impair the structure and functions of the central nervous system.²² Additionally, their long-term use, especially in early childhood, may result in changes in the biochemical structure of the brain.^{23,24}

Schmitz et al performed an experimental study on juvenile rats and reported that MPH caused harmful effects in the lipid and proteins of the prefrontal cortex, but this harmful effect was not seen in the striatum, hippocampus, and cerebellum.

In this study the effects of MPH and ATX were analyzed²⁵ on the juvenile rat cerebellum by stereological and histological methods.

Materials and Methods

Experimental Design

Juvenile male Wistar albino rats (28 days old) were obtained from the Animal Research Center at Ondokuz Mayıs University, Samsun, Turkey. All experimental work was approved by the ethics committee (approval No. 2011/62). Three groups were formed randomly as follows (n=6 rats per group): Control group (physiological saline treated), MPH group (1 mg/kg, MPH treated), and ATX group (1 mg/kg ATX treated). Substances were administered for 14 days. Drugs and saline solution were ceased at the end of the 14th day, and the experimental animals were monitored drug-free for a further 45 days. Food pellets and tap water were provided ad libitum. MPH and ATX were prepared freshly, dissolved in 0.9% saline solution, and MPH, ATX, and saline were given by gastric lavage in a volume of 1 mL/kg of body weight. The administration of all drugs and saline were performed at 12 h intervals in 2 divided doses.

Histological Examination and Stereological Analysis

All animals were perfused intracardially with physiological saline at the end of the experimental procedure (60th day). The routine histological staining techniques were used in the processing of the cerebellum tissues. A microtome (Leica RM 2135, Leica Instruments, Nussloch, Germany) was used in taking the sections (20 µm), and they were stained with 0.1% Cresyl fast violet dye. Following the histological processing, stereological analysis was performed using the optical dissector method. Stereological methods allow the analysis of biological tissue in 3-D, allowing the use of theoretically unbiased sampling, and these estimation methods assess the first order stereological parameters—volume, surface area, length, and number. In the current study the estimation of the total amount of neurons in the cerebellum was carried out with the Optical Fractionator method^{26,27} (Figure 1).

The Optical Fractionator methods used for par-

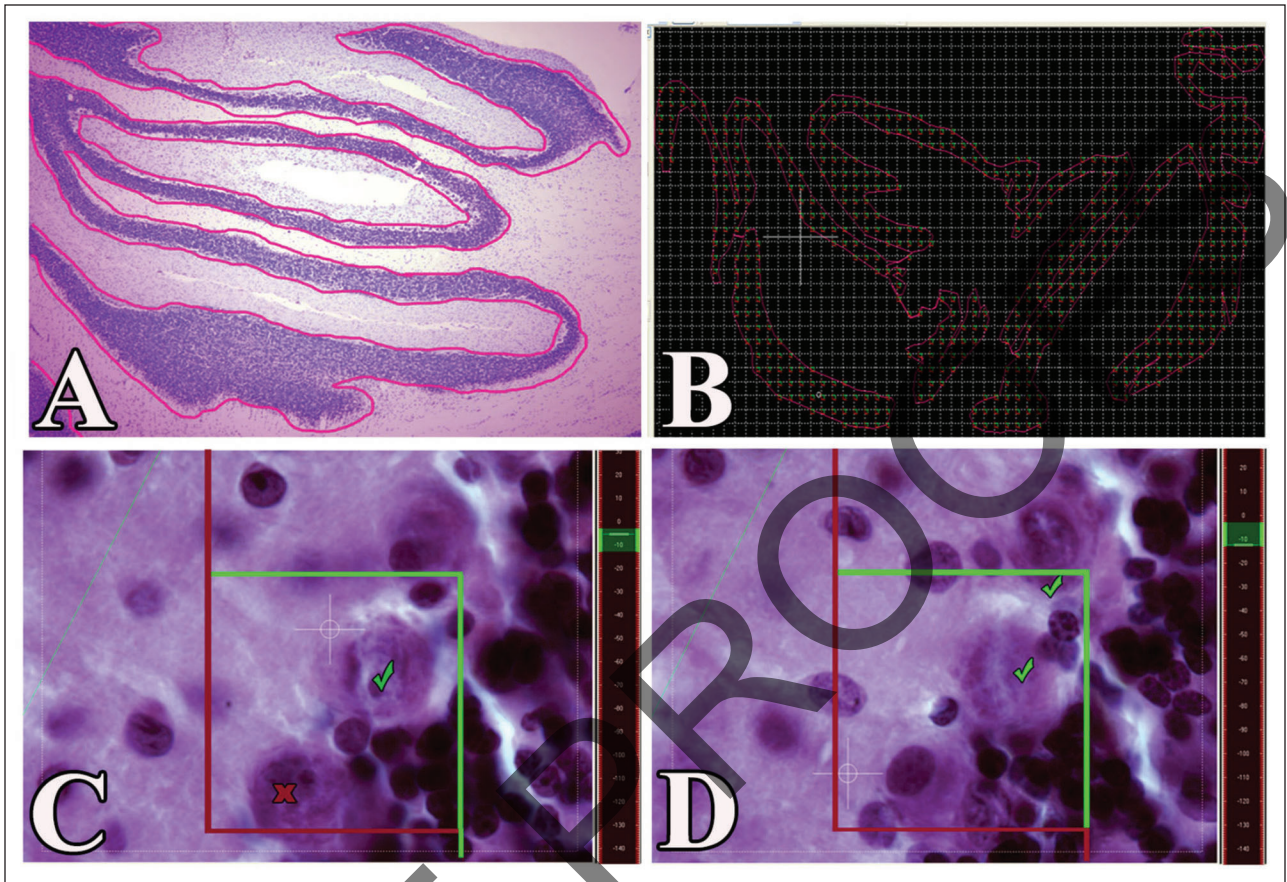


Figure 1 The Optical Fractionator method (A–D). Tracing of the counting area of the cerebellum to estimate total Purkinje cell number (A). Following the contour, the stereological counting probe was determined as $62,500 \mu\text{m}^2$ using uniform distances between the lines in directions X and Y (B). Micrographs at C and D show a high-magnification image of the microscopic field indicated in a section for different thickness. One Purkinje cell is found at C, and 2 Purkinje cells are found at D. The microscopic field is superimposed with a counting frame with dimensions $45 \times 45 \mu\text{m}$. Purkinje cells located inside the counting frame or intersecting the green (inclusion) line were counted. However, Purkinje cells that intersected the red line were excluded (C–D). Original magnifications $\times 50$ (A–B) and $\times 100$ (C–D).

ticle counting are especially useful in the neurosciences. In this technique, particles are counted with an optical dissector in a uniform and systematic sample that constitutes a specific fraction of the region that is to be analyzed.²⁸ The optical dissector begins with a look up section at the top of the optical dissector and a reference section at the bottom of the optical dissector. According to a pilot study conducted previously, it has been reported to sample every sixth section (ssf) through to the systematic random sampling procedure. Approximately 15–20 sections taken from each brain are known to be sufficient in the estimation of the total amount of neurons when using the Optical Fractionator method for counting the cells.^{28–30} Each

dissector probe is actually a virtual counting box located in every counting field, and its height is less than the section thickness. This means that in every counting field a known fraction of section thickness (dissector height/section thickness) was chosen for particle counting. For the present study the unbiased counting frame area was $2,025 \mu\text{m}^2$. The area sampling fraction (asf) was $2,025 \mu\text{m}^2 / 62,500 \mu\text{m}^2$. The dissector height was $12 \mu\text{m}$, and a guard zone of $3 \mu\text{m}$ at the topmost part of the section was left out of the analysis at each step as an upper guard zone. In this case there is a third sampling step which is called *thickness sampling fraction* (TSF) ($\text{TSF} = 20 / \text{mean section thickness for each animal}$). About 16–20 sections were estimated for

each cerebellum using systematic random sampling.

In a stereology workstation (Stereo Investigator 9.0, MicroBrightField, Inc., Williston, Vermont, USA) stereological analysis was done by using a light microscope (Leica M 4000 B, Germany) with an attachment of digital color. The estimation of the total Purkinje cell number in the cerebellum was performed by using the following formula:

$$N = \Sigma Q \cdot (1/ssf) \cdot (1/asf) \cdot (1/tsf),$$

where ΣQ represents the total amount of Purkinje cells counted in all optically sampled fields of the cerebellum as dissector particles, ssf represents the section sampling fraction (1/6), asf represents the area sampling fraction (2,025/62,500), and tsf represents the thickness sampling fraction (defined by dissector height [20 μ m] divided by the estimated mean section thickness).²⁷ The sufficiency of sampling and the proper number of sampled cells was coefficient of error (CE), and the coefficients of variation (CV) were observed in an acceptable level.^{31,32} When the stereological examination was performed, we focused on Purkinje neuron numbers in the Purkinje cell layer. All discussed layers are shown in Figure 1.

Statistical Analysis

Before analysis the test of normality was applied to all groups. Data were found to be homogeneous. The mean cell amounts in the cerebellum were compared by groups using the one-way analysis of variance (ANOVA) (Tukey's Post-Hoc Test), and the homogeneity test was performed using by Levene test. Results were stated as the mean \pm SEM. Statistical analyses were done on SPSS 20.0 for Mac (IBM Corporation). p Values of 0.05 were accepted as statistically significant.

Results

Stereological Results

There were significant differences among the 3 groups: Control, MPH, and ATX ($p < 0.05$) (Table I) (Figure 2). In the MPH group the number of Purkinje cells was significantly increased as compared to that in the Control and ATX groups ($p < 0.05$). A significant decrease in the amount of Purkinje cells was noted in the ATX group as compared to the MPH and Control groups ($p < 0.05$).

Histopathological Examination

We stereologically and histologically examined tis-

Table I Comparison of Total Purkinje Numbers for Control, MPH, and ATX Groups

Group	Mean \pm standard error of the mean	Coefficient of variation value
Control	517,000 \pm 5,400	0.01
MPH	628,000 \pm 15,000	0.04
ATX	472,000 \pm 9,200	0.03

Mean cell number and standard error of the mean values were represented below for each group. Coefficient of variation values were obtained from stereological analysis.

sue samples by Cresyl violet dye. Normal-looking Purkinje cells in the cerebellum had healthy cytoplasm, light nuclei, and prominent nucleoli (Figure 3). Some Purkinje cells had pyknotic nuclei, dark-stained cytoplasm, or irregular cell boundaries in the light micrographs of the MPH group and, especially, the ATX group. Additionally, we detected cellular debris in the ATX group (Figure 3).

Discussion

The main purpose of the present research was to assess the effects of MPH and ATX on the cerebellum. As is known, ADHD is a neuropsychological and pediatric disorder with the symptoms of hyperactivity, inattentiveness, and impulsiveness. It starts in childhood and continues during ado-

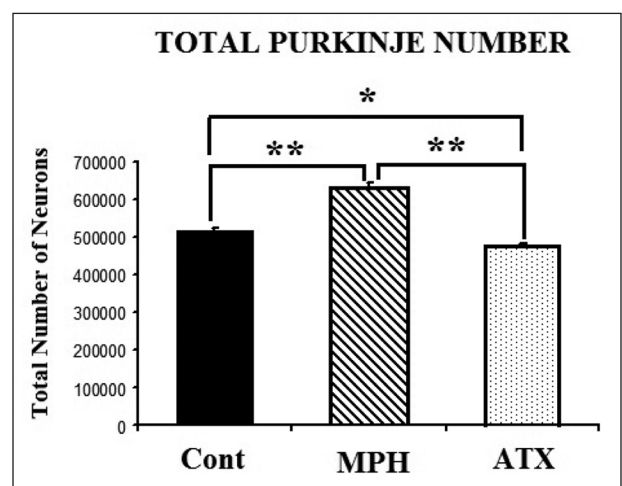


Figure 2 Comparison of total Purkinje number in the cerebellum sections for each group. An increase in cellular density in the MPH as compared to Control and ATX groups is noted ($p < 0.01$). A significant difference between the Control and ATX groups was also noted ($p < 0.05$).

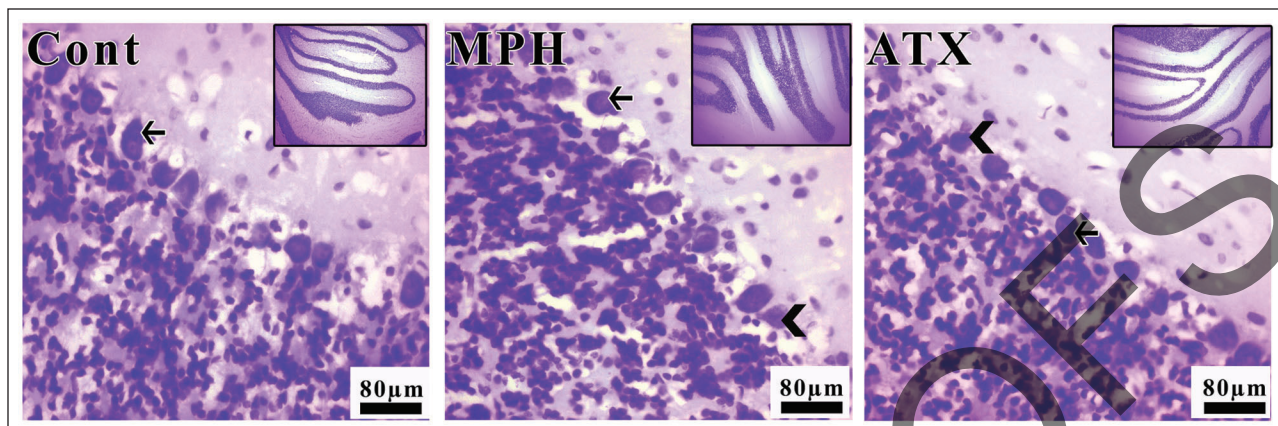


Figure 3 The histological images of the Control group (A), MPH group (B), and ATX group (C) are shown at high magnification (original magnification $\times 400$). The images show dark-stained and pyknotic nuclei (head of black arrows) in the ATX group when Cresyl violet-stained sections were examined (A–C). Note the cellular organization and increase in cellular profiles in MPH. Scale bars = 80 μm .

lescence.³³ Changing the extracellular dopamine levels treats the disorder. ATX and MPH are the most often used psychostimulant drugs, affecting the catecholamine levels. Dopamine neurotransmission is absolutely necessary to motor control, which is thought to be disrupted in children with both attention-deficit and hyperactivity disorder.³⁴ Our study was undertaken to investigate the effects of the change in the dopaminergic system on the cerebellum following use of ATX and MPH in childhood. The cerebellum of primates includes a plurality of the dopamine transporter and is in communication as high as with other encephalic regions.³⁵ The cerebellum has a high level of nitric oxide synthase activity. Furthermore, nitric oxide mediates the neurotoxic effects of a considerable number of N-methyl-D-aspartate receptors in the cerebellum.³⁶

All of the scientific data on these commonly used childhood medications suggest that the stimulant MPH and the nonstimulant ATX may have negative effects on the cerebellum. The cerebellum plays a significant role in motor and cognitive behaviors, and these drugs may lead to negative effects on the Purkinje cells in the cerebellum. The cerebellar Purkinje cells are major efferent neurons which manage the integration of the formation response and motor function.^{37,38}

According to our study, a significant difference was seen in the number of Purkinje cells when comparing the ATX, MPH, and Control groups. Schmitz et al²⁵ reported that the activities of su-

peroxide dismutase and catalase were increased. However, there was no change in the amount of thiobarbituric acid, the reactive species, and sulfhydryl groups in the cerebellum of rats treated with 2.0 mg/kg MPH. Perhaps this was caused by the antioxidant enzyme situation with its loss of neutralized reactive species. In our study we detected that MPH administration caused an increase in Purkinje cell numbers, but negative effects on Purkinje cell numbers for were seen in the ATX group. Other areas of the brain, such as the striatum, prefrontal cortex, and hippocampus, may be more sensitive to the effects of MPH.²⁵

Scherer et al²⁴ suggested that MPH has specific effects on the encephalic regions. They found that MPH administration caused an increase in the activity of antioxidant enzymes through free radicals in the hippocampus and prefrontal cortex, but their activities were not heightened in the striatum. Many studies indicate that the effect of MPH depends on the brain region. This effect may be due to sensitivity and also differences in the antioxidant capacity of various regions of the brain.^{25,39-41}

Some researchers reported that ATX led to an increase in the concentrations of extracellular norepinephrine in the prefrontal cortex, hypothalamus, hippocampus, and cerebellum of the rat.^{11,42-44} Swanson et al reported a short-term increase in the extracellular norepinephrine levels in the cerebellum.¹¹ These results are probably associated with the fact that there is a more efficient auto-

receptor control system in the cerebellum. The administration of the physiological saline in the Control group caused a loss of Purkinje cells in the cerebellum. This situation could be caused by physiological effects of saline or by the stress mechanism. A reliable and unbiased stereological method, an Optical Fractionator, was used in this study for estimating the total number of Purkinje cells, thus giving the closest results to the true value.³¹

In conclusion, MPH and ATX are used to reduce the symptoms of ADHD. MPH usage did not result in a loss of Purkinje cells in the cerebellum. It is possible that the amount of MPH applied was insufficient to create cell damage or that the application time was too short. Thus, new immunohistochemical and molecular studies are required to explain any degeneration mechanism of MPH and/or ATX on Purkinje cells in the cerebellum. We believe that our study will encourage researchers to further investigate the effects of MPH and/or ATX on the cerebellum.

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