

Phytanic Acid-Induced Neurotoxicological Manifestations and Apoptosis Ameliorated by Mitochondria-Mediated Actions of Melatonin

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Abstract Phytanic acid, a saturated branched chain fatty acid and a major constituent of human diet, is predominantly found in dairy products, meat, and fish. It is a degradation product from the phytol side chain of chlorophyll. Degradation of PA is known to occur mainly in peroxisomes via α -oxidation and in mitochondria via β -oxidation. Due to its β -methyl group present at the 3-position of the carbon atoms, PA cannot be β -oxidized. Although alteration in the metabolism of PA may play an important role in neurodegeneration, the exact mechanism behind it remains to be evaluated. In this study, we have described the potential of PA to induce neurotoxicity as an in vitro model (neuronal cell line, SH-SY5Y cells). Cells were pretreated with melatonin (10 μ M) for 1 h followed by with and without PA (100 μ M) for 24 h. In the present study, our data has confirmed that PA markedly increased both intracellular reactive oxygen species and reactive nitrogen species levels. Our results have shown that PA treatment did not induce cell death by cleavage of caspase-3/PARP-1 mediated by mitochondria through intrinsic pathways; however, PA induced nitric oxide-dependent apoptosis in SH-SY5Y cells. Additionally, melatonin pretreatment reduced the cell death in SH-SY5Y cells. Melatonin also effectively exerted an antiapoptotic and anti-inflammatory action by regulating Bax, Bcl-2, p-NF κ B, and iNOS expressions in SH-SY5Y cells. These results suggested that melatonin acted as an

antioxidative and antiapoptotic agent by modulating ROS, apoptotic proteins, and inflammatory responses under BCFA-induced neurotoxic conditions. The protective effects of melatonin depend on direct scavenging activity of free radicals and indirect antioxidant effects. Further deciphering of the cellular and molecular mechanism associated with neuroprotection by melatonin is warranted in BCFA-induced neurotoxicity.

Keywords Phytanic acid · Melatonin · Oxidative stress · Apoptosis · Neurotoxicity

Introduction

Branched chain fatty acids (BCFAs) are saturated long chain molecules with methyl groups and major lipid constituents [1]. They have complex structural and functional roles in eukaryotic cells [2]. The influence of BCFA accumulation on different brain cell types in the pathogenesis of neurodegeneration is an unresolved issue [3]. It is possible that the incorporation of BCFAs might destabilize cell membranes or disturb the microenvironment of cells, which leads to dysfunction and death of vulnerable brain cells [4]. Recent evidence indicates that high concentrations of BCFAs are also involved in neuronal cell death. Some authors have shown that BCFAs are also toxic to many cell types including tumor cells [5–7].

Phytanic acid (3,7,11,15-tetramethylhexadecanoic acid) (PA) is a BCFA formed by breakdown of phytol. It is present in various dietary products such as fish, meat, and in dairy products like milk, butter, and cheese [8]. Higher concentration of PA is found in tissues and body fluids of affected patients [9]. PA is degraded by α -oxidation inside the peroxisome and further through β -oxidation in mitochondria. Due to deficiency of peroxisomal enzymes which are involved in

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α -oxidation, PA is accumulated in various diseases with peroxisomal impairments in tissues or cells [10]. PA has a diverse range of neurotoxic effects. The mechanisms of PA-induced neurotoxicity have been investigated in several studies and has shown that PA induces production of reactive oxygen species (ROS) and multiple mitochondrial dysfunctions [11, 12]. Studies have shown that PA exerts neurotoxic effects mainly mediated by disruption of mitochondrial energy homeostasis in tissues and cultured neural cells [13, 14]. PA also induces oxidative stress in brain and heart mitochondria, generation of superoxides, mitochondrial depolarization, and cell death in neuronal cells [15–17].

Numerous studies have reported the implication of an increased generation of free radicals and oxidative stress in the neurotoxicity induction mechanism of PA [18, 19]. Many studies have demonstrated that oxidative stress is tightly associated with the pathogenesis of many diseases including various neurodegenerative diseases. Oxidative stress induces ROS such as H_2O_2 and superoxide anions, both of which induce the progression of neurodegenerative diseases, and ROS-mediated damage to biological molecules leads to apoptotic cell death [20]. Thus, suppression of ROS generation by antioxidants might be an effective strategy to protect against oxidative stress-induced cell death. Several ROS scavengers have been shown to protect against cell death or any kind of stress [21].

Melatonin is a hormone with known antioxidant properties. Melatonin and its metabolites have neuroprotective effects on cellular stress by reducing ROS and reactive nitrogen species (RNS) [22]. Several studies have reported that melatonin decreases nitric oxide by inhibition of its synthesizing nitric oxide synthase enzyme and protects the mitochondria from oxidative damage-reduced oxygen consumption, loss of membrane potential, and superoxide anion production [23–25]. In addition to these scavenging actions, melatonin provides extraordinary neuroprotection against various oxidative stress associated with different types of neurodegenerative disorders in which ROS are involved, which have an important role in inducing cell death [26]. Moreover, melatonin has been shown to reduce oxidative damage to nuclear DNA both in vivo and in vitro [27, 28]. In line with these observations, we have investigated the neurotoxic effects of PA in SH-SY5Y cells by evaluating cell viability, ROS production, apoptotic proteins, and inflammatory markers.

In the present study, we have used SH-SY5Y cells as an in vitro model to investigate the role of BCFA like PA modulation as neurotoxicity marker. SH-SY5Y cells are considered as a good cellular model for neurotoxicity evaluation since they possess many biochemical and functional properties of neurons [29]. However, to our knowledge, nothing has been reported regarding in vitro influence of PA on these parameters using SH-SY5Y cells. Although there are several reports which have investigated the therapeutic effects of melatonin

on several types of peripheral and central neuropathies, there is a paucity of literature related to the neuroprotective effects of melatonin against BCFA such as PA-induced neurotoxicity. Thus, neurotoxicity have been investigated in the current study.

Materials and Methods

Chemicals

Dulbecco's modified eagle's medium (DMEM), fetal bovine serum (FBS), penicillin, and streptomycin were purchased from Gibco BRL (Gaithersburg, MD, USA). Lactate dehydrogenase (LDH) assay kit was obtained from Cayman Chemical (Ann Arbor, MI). The antibodies of rabbit polyclonal anti-phosphorylated-NF- κ B (pNF- κ B), the rabbit monoclonal anti-Bax, the mouse monoclonal anti-Bcl-2, the mouse monoclonal anti-GAPDH, the mouse anti-PARP-1, the rabbit polyclonal anti-iNOS, and the rabbit anti-cleaved caspase-3 were purchased from Santa Cruz Biotechnology (Santa Cruz, Texas, USA), and the horseradish peroxidase (HRP)-conjugated goat anti-mouse IgG and anti-rabbit IgG antibodies were purchased from Cell Signaling (Beverly, MA, USA).

Melatonin and phytanic acid were purchased from Sigma-Aldrich (St Louis, MO, USA). 2,7-dichlorodihydrofluorescein diacetate (DCFH-DA), 3-(4,5 dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) dye, and Griess reagent were purchased from Sigma-Aldrich (St Louis, MO, USA). Other chemicals used in this study were obtained from Hi-Media Labs (Mumbai, India).

SH-SY5Y Cells

SH-SY5Y cell line was procured from National Centre for Cell Science (NCCS), Pune, India. SH-SY5Y cells were grown in DMEM medium containing 100 U/mL penicillin, 100 μ g/mL streptomycin, and 10 % heat-inactivated FBS. Cells were resuspended in DMEM with 10 % FBS and penicillin/streptomycin under a 5 % CO_2 /95 % humidified air incubator. Then, the cells were seeded onto 96-well culture plates at density of 1×10^5 cells/well. All treatments were performed with 80–85 % confluent cells [30].

Treatment Regime

To investigate the neurotoxic effects of PA, cells were treated with different concentrations of PA (10, 50, 100 μ M) for 24 h. Based on the dose response results, the concentration of PA (100 μ M) was chosen for further experiments. In order to determine the protective effects of melatonin against PA, the next sets of experiments were performed and the SH-SY5Y cells were pretreated with melatonin (10 μ M) before 1 h of PA

exposure. After adding PA, cells were further incubated for 24 h without changing the media. The control-cultured cells were incubated in culture medium. The concentrations of PA and melatonin were based on previous published studies [31, 32].

Cell Viability Assay

Cell viability was analyzed by utilizing MTT dye [33]. Briefly, 1×10^5 SH-SY5Y cells were seeded/well in a 24-well plate. After 24 h of treatment, media was replaced with serum-free DMEM media containing 0.5 mg/mL of MTT and incubated at 37 °C in a 5 % CO₂ incubator for additional of 30 min. Intracellular formazan products were solubilized by replacing MTT reagent with extraction buffer (4 mM HCl and 0.1 % NP 40 in isopropanol) and incubated for 15 min at 37 °C. Contents were transferred to a 96-well tissue culture plate, and optical density was measured at 570-nm spectral wavelength using a microplate reader (Bio-Rad, CA, USA). The results were expressed as the percentage of control.

Morphological Observation of Cells (Bright Field Imaging)

SH-SY5Y cells were seeded in 24-well plate at a density of 2×10^5 cells/well in culture medium. After the treatment, bright field images of cells were captured at $\times 20$ magnification using NIS elements software provided with a (Nikon, Eclipse TS100, Tokyo, Japan) microscope.

LDH Assay

Cells were seeded in 96-well plate at a density of 1×10^5 cells/well in culture medium. Released lactate dehydrogenase (LDH) from damaged cells in culture medium was measured by using an LDH assay kit [34]. A total of 100 μ L of culture medium was used for LDH analysis. Released LDH is catalyzed by the oxidation of lactate to pyruvate with simultaneous reduction of NAD⁺ to NADH. The rate of NAD⁺ reduction was measured as an increase in absorbance at 490 nm using Gen5 software provided with the microplate reader (BioTek, USA). The results were expressed as μ U/mL of LDH activity in treated and untreated cells.

Measurement of ROS Level

The intracellular ROS was measured by using oxidation-sensitive fluorescent dye DCFH-DA [35]. The cells were plated at a density of 5×10^4 cells/well in 24-well plate for 24 h and treated. After treatment, cells were then incubated with 5 μ M DCFH-DA for 30 min at 37 °C. The non-ionic, non-polar DCFH-DA crosses cell membranes and is hydrolyzed enzymatically by intracellular esterases to non-fluorescent

DCFH-DA which is oxidized to highly fluorescent dichlorofluorescein (DCF) in the presence of ROS. After incubation, the intracellular ROS was measured by fluorimetric detection of DCF oxidation at an excitation wavelength of 485 nm and an emission wavelength of 522 nm. The DCF fluorescence intensity is proportional to the amount of ROS formed intracellularly. Images were captured using a fluorescence microscope (Nikon, Eclipse TS100, Tokyo, Japan). The DCF fluorescence-integrated density was analyzed with ImageJ software (1.50 version, NIH, USA).

NO Determination

Nitric oxide (NO) was determined by measuring the nitrite content in culture medium by using Griess reagent [36]. Briefly, the cells were seeded in 96-well plate at density of 1×10^5 cells/well and cultured overnight. At the end of treatment, culture media was centrifuged at 1000 \times g for 5 min at 4 °C to get rid of dead cells and cell debris. After that, 100 μ L of supernatant was transferred to fresh 96-well plate and mixed with an equal volume of Griess reagent (0.04 g/mL PBS, pH 7.4) and incubated for 20 min at room temperature. Absorbance of resultant color was measured at 540 nm using Gen5 software provided with BioTek microplate reader. Concentration of nitrite in medium of the treated and untreated cells was calculated using a standard curve of sodium nitrite and expressed as percentage of control.

Western Blot Analysis for Bax, Bcl-2, Cleaved Caspase-3, PARP-1, pNF- κ B, and iNOS

SH-SY5Y cells were seeded in a density of 5×10^5 cells/well in a 24-well culture plate and cultured for 24 h. After treatment, the cells were collected and rinsed twice with cold PBS and removed by scraping and then centrifuged at 900 \times g for 5 min at 4 °C. Cells were lysed in a buffer containing (10 mM Tris-HCl with pH 7.4), 150 mM NaCl, 2 mM EDTA, 1 % NP-40, 0.01 % SDS protease inhibitor cocktail, and phosphatase inhibitor) directly onto the cells. Cell lysates were sonicated at 75 % energy for 2 min with 15 s on and 10 s off cycle and cleared by centrifugation at 10,000 \times g for 10 min at 4 °C. Supernatants were stored at 80 °C until analysis by western blot. Protein concentration was estimated according to Bradford [38] using bovine serum albumin (BSA) as standard. Equal amounts of proteins (20–40 μ g/well) were resolved in 12–15 % SDS gel electrophoresis and transferred onto PVDF membranes according to conventional partially modified methods [37]. Briefly, proteins were transferred at 150 mA for 1 h to PVDF membranes using Mini Trans-Blot Cell apparatus (Bio-Rad, Hercules, CA, USA). The procedure for immunodetection includes the transfer and blocking of the membrane for 1 h at room temperature with phosphate-buffered saline-Tween (PBST) (150 mM NaCl, 10 mM KCl,

0.1 M NaH_2PO_4 , 0.1 M KH_2PO_4 , and 0.05 % Tween-20, pH 7.4) containing 5 % non-fat-dried milk. After that, the membranes were incubated overnight at 4 °C with primary antibodies Bax, Bcl-2, cleaved caspase-3, PARP-1, pNF-KB, and iNOS. After washing for 5–10-min periods with PBST, the membranes were incubated for 45 min at room temperature with horseradish peroxidase-conjugated secondary antibodies (1:5000 in PBST). After washing for 5–10-min periods with PBST, the detection of bound antibodies was visualized by chemiluminescence using the ECL-plus reagent. Anti-GAPDH antibody was utilized to normalize protein loading and transfer. Densitometric analysis was performed by using ImageJ software (1.50 version, NIH, USA).

Protein Estimation

The protein content was determined by the method of Bradford [38] using BSA as a standard.

Statistical Analysis

Data were expressed as mean \pm S.E.M. for absolute values or percentage of control. Assays were performed in duplicate or

triplicate, and all data were analyzed using analysis of variance (ANOVA) followed by Tukey's test. P values < 0.05 were considered as significant. All the statistical analyses were performed using GraphPad prism 5 software (GraphPad Software, Inc. San Diego, CA, USA).

Results

Effect of PA and Melatonin on Cell Viability

To evaluate the viability of SH-SY5Y cells, MTT assay was performed after 24 h of treatment with various concentrations of PA. PA significantly decreased the viability of SH-SY5Y cells in a dose-dependent manner when compared to control cells (Fig. 1a). Thereafter, we investigated the effect of melatonin on cell viability of SH-SY5Y cells treated with PA. SH-SY5Y cells were pretreated with melatonin (10 μM) for 1 h, followed by 100 μM for 24 h. As shown in Fig. 1c, exposure to PA (100 μM) significantly reduced viability of SH-SY5Y cells when compared with untreated SH-SY5Y cells. However, pretreatment with melatonin significantly decreased PA-induced loss of cell viability. Similarly, the changes in the

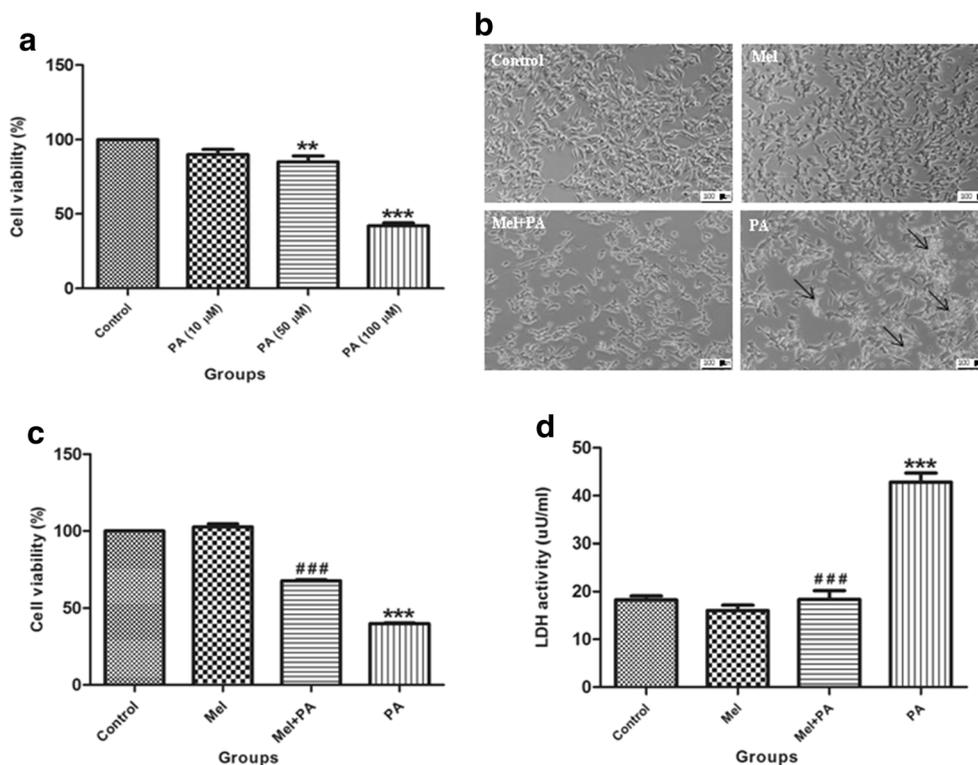


Fig. 1 Effect of different concentrations of PA on viability of SH-SY5Y cells (**a**). SH-SY5Y cells were treated with PA at 10, 50, and 100 μM for 24 h. **b** Protective effect of melatonin on PA-induced cellular morphological alteration as depicted with *black colored arrows*. SH-SY5Y cells were pretreated with 10 μM melatonin for 1 h followed by with and without 100 μM PA for 24 h. Bright field images of cells were

captured at $\times 20$ (Scale bar = 100 μm). **c** Effect of melatonin and PA on viability of SH-SY5Y cells. Cell viability was determined using MTT assay and presented as percentage of control. **d** Cytotoxicity was determined by LDH activity and values were expressed as $\mu\text{U/ml}$ of LDH activity. The *bars* represent the mean \pm S.E.M, $n = 6$. ** $P < 0.01$ and *** $P < 0.001$ PA versus control, ### $P < 0.001$ Mel + PA versus PA

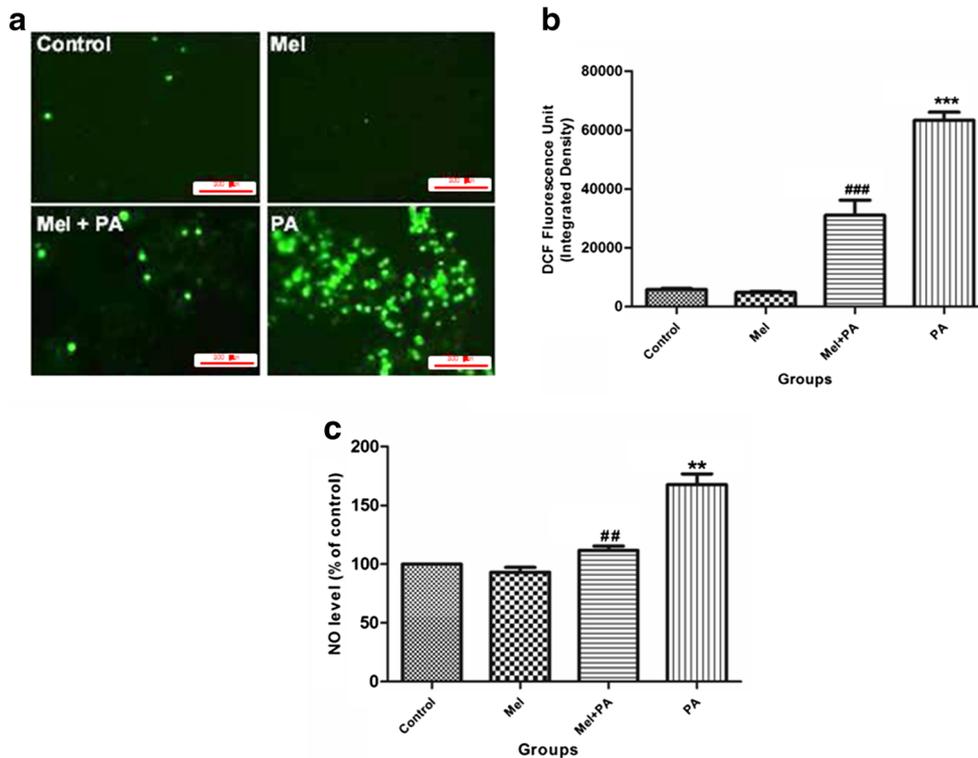


Fig. 2 Effect of melatonin and PA on ROS and NO levels in SH-SY5Y cells. ROS level was measured by DCFH-DA fluorescent dye. ROS measurement was monitored by DCF fluorescence integrated density. **a** Fluorescence microscopic images of SH-SY5Y cells demonstrating the effect of melatonin and PA. Maximum projections were generated from focus planes and images were displayed with equal pixel intensity (Scale bar = 100 μ m). **b** The DCF fluorescence-integrated density was analyzed

with ImageJ software (1.50 version, NIH, USA). The bars represent the mean \pm S.E.M, $n = 6$. $***P < 0.001$ PA versus control, $###P < 0.001$ Mel + PA versus PA. **c** Effect of melatonin on PA-induced NO level. NO was determined by using griess reagent and presented as percentage of control. The bars represent the mean \pm S.E.M, $n = 6$. $**P < 0.01$ PA versus control, $###P < 0.01$ Mel + PA versus PA

morphology of cells are the important indicators of cytotoxicity. Untreated control cells showed normal appearance of SH-SY5Y, which were elongated and flattened with axon-like outgrowths, while after exposure to PA for 24 h, SHSY5Y

cells were shrunken, rounded, and condensed and exhibited altered morphology with more detached cells when compared with control group cells as shown in bright field images (Fig. 1b).

Fig. 3 Effect of melatonin and PA on **a** Bax and **b** Bcl-2 protein expressions in SH-SY5Y cells. SH-SY5Y cells were pretreated with 10 μ M melatonin for 1 h followed by with and without 100 μ M PA for 24 h. Representative western blots are showing levels of Bax and Bcl-2 in SH-SY5Y cells. The relative intensities of Bax and Bcl-2 protein bands were analyzed and normalized to GAPDH. The bars represent the mean \pm S.E.M, $n = 3$. $*P < 0.05$ and $**P < 0.01$ PA versus control, $#P < 0.05$ Mel + PA versus PA

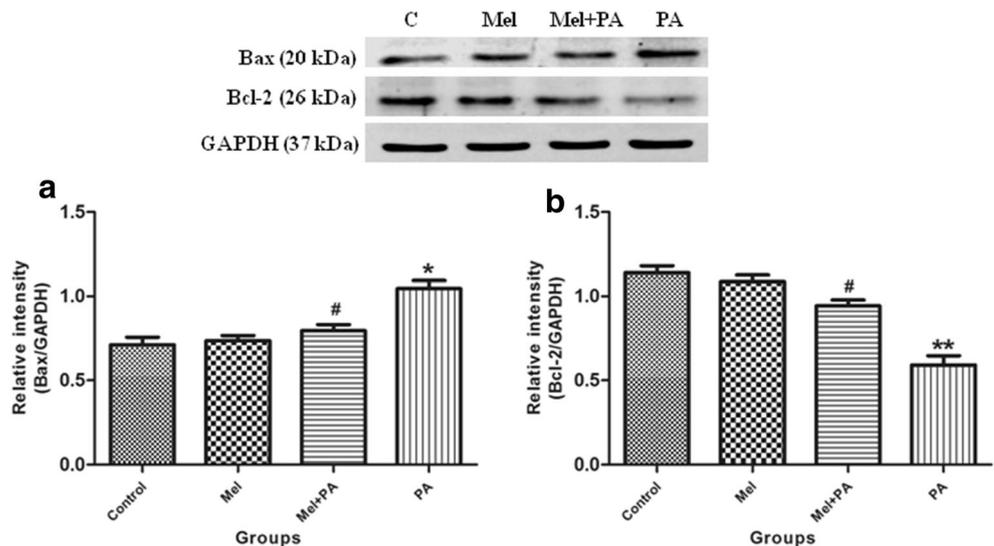
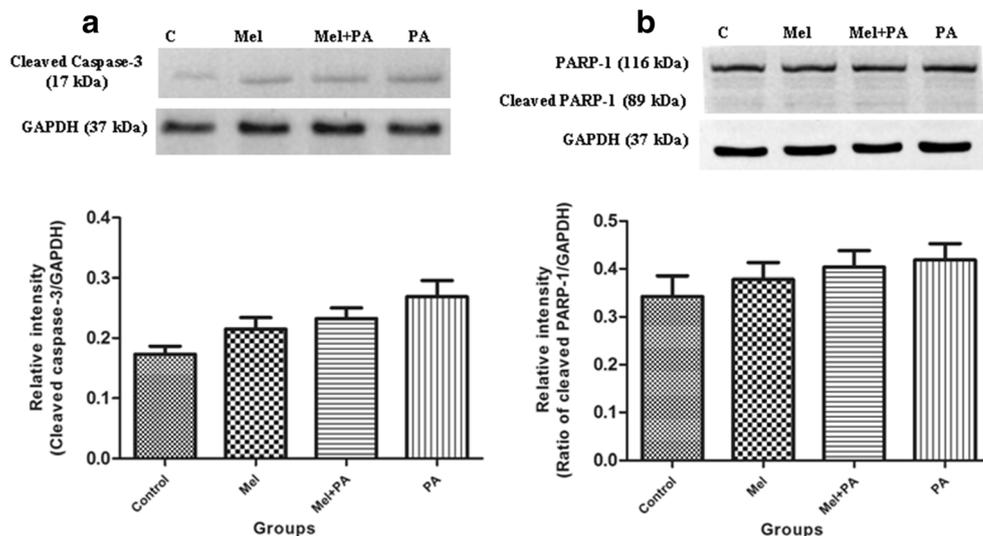


Fig. 4 Effect of melatonin and PA on **a** cleaved caspase-3 and **b** PARP-1 protein expressions in SH-SY5Y cells. SH-SY5Y cells were pretreated with 10 μ M melatonin for 1 h followed by with and without 100 μ M PA for 24 h. Representative western blots are showing levels of cleaved caspase-3 and PARP-1 in SH-SY5Y cells. The relative intensities of cleaved caspase-3 and PARP-1 proteins bands were analyzed and normalized to GAPDH. The *bars* represent the mean \pm S.E.M, $n = 3$. No significant differences were observed



Effect of PA and Melatonin on the Activity of LDH

Cytotoxicity of PA was also confirmed by LDH leakage assay. The activity of intracellular LDH was enhanced with increase in the number of dead cells. A significant enhancement was observed in the activity of LDH in PA-treated cell culture supernatant when compared to control cells (Fig. 1d). Pretreatment of melatonin was significantly able to reverse the activity of LDH induced by PA when compared with PA-treated cells. Melatonin alone pretreated cells did not show any significant alteration in the activity of LDH when compared to control cells.

Effect of PA and Melatonin on ROS and NO

To determine whether PA treatment caused oxidative stress, the effects of PA on ROS generation was measured

in SH-SY5Y cells by using DCFH-DA fluorescent-labeled probe/dye. Figure 2a shows the production of ROS in SH-SY5Y cells with altered morphology with increasing fluorescence. Images were obtained from three independent experiments. We found that PA treatment showed significantly higher level of green fluorescence density when compared with control cells (Fig. 2b). Melatonin pretreatment significantly mitigated the level of ROS production induced by PA exposure when compared to the PA-treated cells. Pretreatment of cells with melatonin did not show any significant changes when compared to control cells. Figure 2c shows significant increase in the level of NO in PA-treated SH-SY5Y cells as compared to control cells. Pretreatment of melatonin significantly decreased the enhanced level of NO induced by PA as compared with PA-treated cells. Melatonin alone treatment caused no significant change on the level of NO as compared to control.

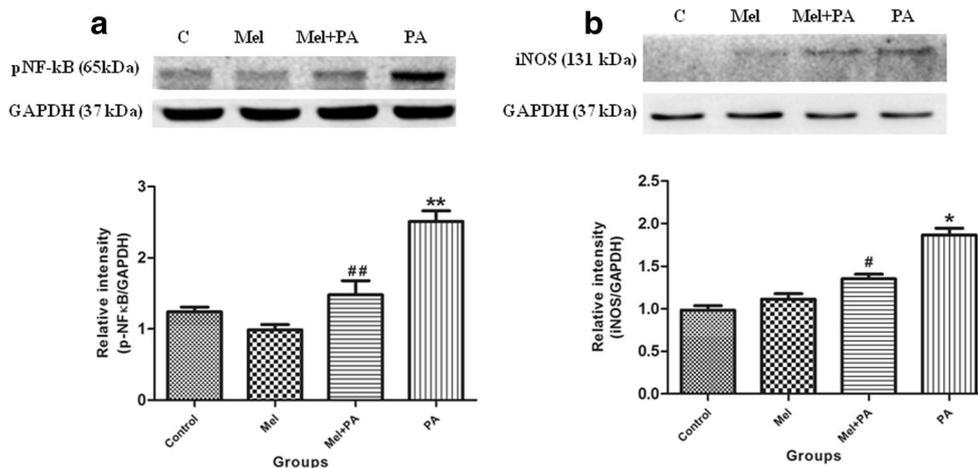


Fig. 5 Effect of melatonin and PA on **a** pNF- κ B and **b** iNOS proteins expressions in SH-SY5Y. SH-SY5Y cells were pretreated with 10 μ M melatonin for 1 h followed by with and without 100 μ M PA for 24 h. Representative western blots are showing levels of pNF- κ B and iNOS in

SH-SY5Y cells. The relative intensities of pNF- κ B and iNOS protein bands were analyzed and normalized to GAPDH. The *bars* represent the mean \pm S.E.M, $n = 3$. * $P < 0.05$ and ** $P < 0.01$ PA versus control, # $P < 0.05$ and ## $P < 0.01$ Mel + PA versus PA

Effect of PA and Melatonin on Apoptotic Proteins

Our results show that PA (Fig. 3a) significantly elevated the expression of proapoptotic Bax protein and significantly diminished the expression of the antiapoptotic Bcl-2 protein (Fig. 3b) when compared with control SH-SY5Y cells. Interestingly, melatonin pretreatment significantly replenished the expression of Bax and Bcl-2 protein when compared to PA-treated SH-SY5Y cells. Melatonin only exposure led to no significant change in expression of proapoptotic and antiapoptotic proteins as compared to control group. The protein bands were quantified using densitometry and their differences are represented in the graph. Figure 4a, b indicates the effects of PA on the activities of cleaved caspase-3 and PARP-1. PA did not show any significant changes in the expressions of cleaved caspase-3 and PARP-1 when compared to control cells. Melatonin, preexposure has shown no significant modulations in the expressions of cleaved caspase-3 and PARP-1 when compared with the PA-treated cells.

Effect of PA and Melatonin on pNF- κ B and iNOS

Figure 5 indicates the expressions of (a) pNF- κ B and (b) iNOS proteins. A significant increase was observed in the expressions of pNF- κ B and iNOS in PA exposed cells when compared with control cells. The enhanced levels of pNF- κ B and iNOS were restored significantly by the pretreatment of SH-SY5Y with melatonin as compared to the PA-exposed cells.

Discussion

The excess accumulation of PA is a characteristic of fatty acid oxidation defects in peroxisomes, particularly neurological disorders induced by the PA toxicity [39]; however, the exact mechanisms underlying the neurotoxicity of PA remain to be elucidated. The results of the present study describe numerous findings in which we have observed the neurotoxic effects of PA on cell viability, oxidative stress, apoptosis, and neuroinflammation and their restoration by the pretreatment of melatonin in SH-SY5Y cells. Initially, we observed that the viability of SH-SY5Y cells was decreased in a dose-dependent manner by the induction of PA, which shows that the higher the PA concentrations, the greater the reduction in cell viability. The protective role of melatonin on PA-induced cell death in SH-SY5Y has also been emphasized with morphological alterations. In the present study, we found that pretreatment of melatonin was able to protect PA-induced reduction in viability of SH-SY5Y cells. A prior study also demonstrated that PA reduces cell viability in rat hippocampal astrocytes [15]. The protective effect of melatonin was further confirmed by the LDH assay. The assay is based on the principle that there is an increase in the leakage of cytosolic LDH with increasing

number of dead cells [40]. The release of LDH reflects loss of plasma membrane integrity, and extracellular LDH activity has been used for decades as a simple and reliable indicator of cell death [41]. In the present study, treatment with PA induced elevation in the LDH leakage in the medium of SH-SY5Y. Pretreatment of SH-SY5Y cells with melatonin showed lower LDH release compared to the PA-exposed cell group demonstrating its protective effect against PA-induced cytotoxicity.

Oxidative stress has been implicated in the pathophysiology of neurodegenerative diseases. Thus, the ability to determine ROS can provide important clues about the physiological status of the cell [42]. In our study, we observed the effects of PA on the level of ROS production. The level of ROS production was enhanced by the treatment of PA in SH-SY5Y cells. Increased ROS production can overwhelm endogenous antioxidant defenses and attack biological macromolecules such as lipids, proteins, and DNA leading to cell death [43]. Pretreatment of melatonin significantly attenuated increased production of ROS induced by PA in SH-SY5Y cells. Inhibition of ROS production by melatonin may be an effective strategy to ameliorate against oxidative stress-induced cell death [44]. In our study, it has been proposed that PA can exert neuronal toxicity through higher production of not only ROS but also reactive nitrogen species (RNS) such as NO and peroxynitrite which also promotes oxidative stress.

In addition, we studied the effects of PA on the level of NO by measuring its oxidation product. NO is one of the highly reactive free radical which causes cell damage due to higher production of RNS. NO is produced from L-arginine by the enzyme nitric oxide synthase (NOS) and forms peroxynitrite anion by reacting with oxygen radicals and can easily oxidize proteins, lipids, and DNA [45]. In the present study, we observed that PA induction caused a significant increase in the level of NO in SH-SY5Y cells, which was effectively restored by the pretreatment of melatonin, thereby suggesting that antioxidative effects of melatonin directly contribute to scavenge peroxynitrite [46]. Various studies have also demonstrated that melatonin decreases NO by inhibition of its synthesizing NOS enzyme [23, 47]. Elevated level of NO can therefore impair the mitochondrial respiratory chain and eventually lead to apoptosis in cells [48]. In our study, PA-induced neurotoxicity might be associated with oxidative stress-induced mitochondrial dysfunction which contributed toward neuronal cell death, as many apoptotic molecules are released from the mitochondria during the apoptotic process [49]. Additionally, our study also highlighted the effects of PA exposure on antiapoptotic and proapoptotic proteins in SH-SY5Y cells.

The Bcl-2 family proteins such as Bax and Bcl-2 are important regulators of apoptosis through mitochondrial pathways [50]. The proapoptotic protein Bax destabilizes mitochondrial membrane potential and facilitates cytochrome-c release while the antiapoptotic protein Bcl-2 stabilizes the mitochondrial membrane barrier and inhibits the cytochrome c

release [51]. In our findings, we found that PA treatment caused an induction in the expression of Bax protein and inhibition in the expression of Bcl-2 protein. Further, supplementation of melatonin prior to PA, restored the levels of these proteins in SH-SY5Y cells which indicate that melatonin has shown antiapoptotic effect on the neuronal cells and consequently reduced the apoptosis rate induced by PA treatment.

Next, the signaling proteins of mitochondrial cell death cascades were studied to determine key molecules involved in PA-induced neuronal cell death in SH-SY5Y cells. Caspases are a family of proteins that execute terminal steps of apoptosis and regulate upstream induction of cell destruction [52]. Among the caspases, caspase-3 plays an important role in mitochondrial dysfunction after the release of cytochrome-c. Activated caspase-3 catalyzes intracellular protein degradation, including that of PARP-1. PARP-1 is an intracellular nuclear protein important for DNA repair, cell proliferation, and apoptosis [53]. However, in our study, PA treatment failed to induce activation of cleaved caspase-3 and fragmentation of PARP-1 in SH-SY5Y cells. These findings of our study were similar to previous report in which it has been shown that BCFA did not induce apoptosis via caspase cascade [4]. Conclusively, in our study, activation of caspase cascade was not responsible for the programmed cell death caused by BCFA such as PA in SH-SY5Y.

To further determine the involvement of PA in inflammatory reactions, we also examined the inflammatory action of PA on the expression of NF- κ B in SH-SY5Y cells. NF- κ B is an important transcription factor which plays a prominent role in stress, immune responses, inflammation, and apoptosis [54]. In neuroinflammatory process, redox-sensitive transcription factor such as NF- κ B may be initiated by the increased ROS production or through the activation of inflammatory cytokines [55]. Treatment of SH-SY5Y cells with PA caused an increase phosphorylation of NF- κ B. On the other hand, melatonin treatment has shown anti-inflammatory action by reducing the increased activation of NF- κ B or production of inflammatory cytokine in SH-SY5Y cells. In several studies, it has been demonstrated that NF- κ B activation is associated with upregulation of NOS enzyme activity and induction of apoptosis [56]. To further corroborate this study, we investigated whether or not PA was capable of inducing apoptosis mediated by iNOS, because in our study, PA treatment was not able to cause apoptosis through caspase-dependent pathway in SH-SY5Y cells. Induction of iNOS expression was increased as a consequence of PA treatment in SH-SY5Y cells. The induction of iNOS was obliterated by the pretreatment of melatonin to the cells. Further, we were able to show that stimulation of iNOS expression is a necessary step during PA-induced cell death. In support of our results, a previous study has also shown that PA induced apoptosis in vascular smooth muscle cells through upregulation of iNOS [4]. So far, it is not entirely clear, however, whether or not iNOS induction was sufficient to induce apoptosis in SH-SY5Y cells. We can speculate

that the production of ROS and RNS, alteration in apoptotic proteins, and activation of NF- κ B expression may also be involved in PA-induced cell death. Several groups have also observed that the expression of iNOS gene is tightly regulated by NF- κ B with several responsive elements being found in the promoter region of the iNOS gene [57, 58]. Accordingly, we have observed a significant activation of NF- κ B in SH-SY5Y neuronal cells. We postulate that the beneficial effects of melatonin seen in our study may be mediated by similar mechanisms, thereby ameliorating PA-induced neurotoxicity, which in turn results in the protection against neuronal dysfunction in SH-SY5Y cells induced by PA.

In the present study, we investigated the potential neurotoxic effects of BCFA such as PA in SH-SY5Y cells as an *in vitro* model. Taking an overview of the results obtained from our study and prior findings reported by similar studies, we can conclude that PA has various mechanisms to induce neurotoxicity such as by oxidative stress, cell death, and inflammation. The findings of the present study suggest that PA treatment induces oxidative damage in SH-SY5Y cells objectified by a decrease in cell viability and higher production of ROS and RNS. In the present study, we also confirmed that treatment of PA induced cell death by the altering apoptotic proteins. However, we found that melatonin pretreatment controlled cell death. Our results clearly demonstrated that melatonin has the propensity to ameliorate PA-induced neurotoxicity by enhancing antioxidant capacity, thereby attenuating free radical-induced damage. In addition, melatonin has shown itself to have antioxidative, antiapoptotic, and anti-inflammatory properties by modulating oxidative stress, apoptotic proteins, and mitigating inflammatory responses under PA-induced neurotoxic conditions.

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Compliance with Ethical Standards

Conflict of Interest The authors declare that they have no conflict of interest.

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