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## THE EFFECT OF PROPRANOLOL ON THE INTESTINAL TRANSPORT OF GLUCOSE IN THYROIDECTOMISED AND THYROXINE-TREATED RATS.

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**ABSTRACT:** The effect of propranolol on the transport of glucose in thyroidectomised and thyroxine-treated rats was studied using the everted sac method in the small intestine. Twenty-four male albino rats weighing between 123 - 224g were divided into three groups of eight rats each. Group A served as control (C); Group B thyroidectomised (Tx) and Group C rats were given 6 - 8 µg/100g body weight/day of thyroxine for thirty-five days. Four rats in each of the three groups were treated with normal saline prior to incubation while the remaining four rats were treated with propranolol (0.05%).

Propranolol significantly ( $P < 0.05$ ) increased mucosal glucose transfer and gut glucose uptake in the control (56.6% and 22.84% respectively). It also caused a greater transport in thyroid-deficient animals than in hyperthyroid animals. The results suggest that thyroidectomy significantly ( $P < 0.05$ ) increased mucosal glucose transfer and gut glucose uptake (54.72% and 15.3% respectively) while chronic thyroxine treatment had no significant effect ( $P < 0.05$ ). Also, there is a reduced beta-adrenergic response of the intestine to glucose absorption in thyroid deficiency.

**Key Words:** Glucose transport; Beta-Blockers; Propranolol; Thyroxine; Thyroid gland.

## INTRODUCTION

The thyroid hormones have been shown to have significant effects on a number of systems in the body such as cardiovascular (Levin, 1969), haemopoietic (Adeniyi and Olowookorun, 1988), respiratory (Ganon, 1987) among others. Deficiency of thyroid hormones results in cretinism in the young and myxoedema in adults which are characterised by reduced basal metabolic rate, cold intolerance, decreased red cell volume, decreased gastrointestinal motility resulting in constipation, etc.

Thyroid hormones also influence glucose membrane transport and metabolism. This is probably through the effect of the hormones on oxygen consumption and hence basal metabolic rate (Rosenburg and Batomsky, 1965).

However, information from animal studies on the influence of thyroid hormones on the process of sugar (glucose) transport vary with species. Whereas Pfleger *et al.* (1958) reported that guinea pigs given thyroxine treatment had normal glucose transfer, Levin (1969) later showed that rats similarly treated had increased glucose absorption.

Recently, Adeniyi and Olowookorun (1987) observed increased mucosal and serosal transfer of glucose and its metabolism in thyroxine-treated rats while Ajise (1992) also observed a high blood sugar in thyroxine treated rats. There is still a dearth of information on the mechanism of the relationship between the thyroid hormones and intestinal glucose transport. This study was undertaken to further clarify the effect of thyroid hormones on intestinal glucose transport and the mechanism of such effect by studying the role of the  $\beta$ -adrenergic receptors in the transport process.

## MATERIALS AND METHODS

Twenty-four male albino rats weighing between 123 - 224g obtained from the Animal House of the Department of Biochemistry, University of Ilorin, were used. They were given water and feed *ad libitum*. The animals were divided into 3 groups of 8 animals each. Each of the groups was further subdivided into 2 groups of 4 animals. One of the subgroups was treated with normal saline while the other subgroup was treated with propranolol.

Thyroxine tablets (A. H. Cox and Co. Ltd., Barnstaple, England), propranolol tablet (Elicee Pharmaceuticals, England) were the main drugs used. All other chemicals used were of high quality analytical grade.

The animals were grouped as follows:

- A<sub>1</sub> - Control
- A<sub>2</sub> - Control rats treated with propranolol (C + Pr).
- B<sub>1</sub> - Thyroidectomised rats (Tx).
- B<sub>2</sub> - Thyroidectomised, propranolol treated rats (Tx + Pr).
- C<sub>1</sub> - Thyroxine treated rats (T<sub>4</sub>).
- C<sub>2</sub> - Thyroxine and propranolol treated rats (T<sub>4</sub> + Pr).

Group B animals were thyroidectomised while the other groups were sham operated. After the surgical operations, the animals were weighed twice weekly for 5 weeks and thyroxine (6 - 8 µg/100g body wt/day) was administered using a stomach tube (Group C) for thirty-five days. After this, glucose absorption studies were carried out using the everted sac technique of Wilson and Wiseman (1954). For groups A<sub>1</sub>, B<sub>1</sub> and C<sub>1</sub>, each 10cm long sac was filled with 1 ml Krebs solution, it was then incubated in a Petri dish containing 20 ml of Krebs solution for 30 minutes at 37°C in a shaker bath. For groups A<sub>2</sub>, B<sub>2</sub> and C<sub>2</sub>, each sac was filled with 1 ml Krebs solution and incubated in a beaker containing 20 ml of 0.05% propranolol in Krebs solution for 30 minutes at 37°C in a shaker bath. The method of Adeniyi and Olowookorun (1987) was used to determine the glucose transport (gut glucose uptake is the difference between the mucosal and the serosal glucose transfer) while the glucose oxidase method (Trinder, 1969) was used for the estimation of glucose.

All data were subjected to Student's 't' test (Steele and Torrie, 1980).

## RESULTS

The results of mucosal glucose transfer (MGT), serosal glucose transfer (SGT) and gut glucose uptake (GGU) in normal, thyroidectomised and thyroxine-treated rats are shown in Table 1, while those of propranolol-treated animals are shown in Table 2.

When compared with control, the mucosal glucose transfer in thyroidectomised rats was significantly ( $P < 0.05$ ) higher while that of the thyroxine-treated rats was not significantly different ( $P < 0.05$ ). In Table 2, propranolol significantly increased ( $P < 0.05$ ) the mucosal glucose transfer (56.6%), gut glucose uptake (22.84%) and serosal glucose uptake by 0.99% in control animals but in thyroidectomised rats it was 7.32%, 4.68% and 6.08% for MGT, SGT and GGU respectively, while in thyroxine-treated rats it increased the MGT and GGU by 18.43 and 1.08% respectively but decreased the SGT by 13.03%.

## DISCUSSION

The results presented here show that thyroidectomy significantly increased the uptake of glucose in the small intestine in rats whereas thyroxine treatment had no significant effect on intestinal glucose uptake. This is in agreement with the report of Gelb and Gerson (1969) who reported increased intestinal transport of glucose in thyroidectomised animals and Pflieger *et al.* (1958) who showed that thyroxine treatment had no significant effect on glucose transport. However, it did not agree with the findings of Adeniyi and Olowookorun (1987) who observed increased glucose transfer in the intestine of rats on thyroxine

Table 1: EFFECT OF THYROIDECTOMY AND THYROXINE ON GLUCOSE TRANSFER.

GROUP	Mucosal Glucose Transfer		Serosal Glucose Transfer		Gut Glucose Uptake	
	Concentration	% change	Concentration	% change	Concentration	% change
A (Control)	2.65 ± 0.35		-4.04 ± 0.34		6.7 ± 0.35	
B1 (Tx)	4.10 ± 0.08	54.72*↑	-3.63 ± 0.37	10.15↓	7.73 ± 0.18	15.37*↑
C1 (4)	2.93 ± 0.54	10.57↑	-3.53 ± 0.44	12.62↓	6.46 ± 0.23	3.58↓

Unit = nMol/1/10cm sac/30 min.

Values are means of ≥ 5 determinations ± SEM.

\*Significantly different at  $P < 0.05$ .

Table 2: EFFECT OF PROPRANOLOL ON GLUCOSE TRANSFER AND UPTAKE.

GROUP	Mucosal Glucose Transfer		Serosal Glucose Transfer		Gut Glucose Uptake	
	Concentration	% change	Concentration	% change	Concentration	% change
A1	2.65 ± 0.43		-4.04 ± 0.34		6.7 ± 0.35	
A2 (C+Pr)	4.15 ± 0.43	56.6*↑	-4.08 ± 0.17	0.99↑	8.23 ± 0.53	22.84*↑
B1	4.10 ± 0.05		-3.63 ± 0.37		7.73 ± 0.18	
B2 (Tx+Pr)	4.4 ± 0.55	7.32↑	-3.8 ± 0.26	4.68↑	8.2 ± 0.79	6.08↑
C1	2.93 ± 0.54		-3.53 ± 0.44		6.46 ± 0.23	
C2 (T4+Pr)	3.47 ± 0.7	18.43↑	-3.07 ± 0.42	13.03↓	6.54 ± 0.54	1.08↑

Unit = nMol/1/10cm sac/30 min.

Values are means of ≥ 5 determinations ± SEM.

\*Significantly different at P < 0.05.

treatment and reduced glucose transfer on thyroidectomy, and Smyth (1980) who reported decreased glucose absorption in hyperthyroid rats.

The effect of propranolol on normal untreated animals is consistent with the work of Oyebola and Durosaiye (1988) who reported that propranolol caused an almost three-fold increase in glucose uptake in normal untreated dogs though there was an accompanying relative net rise in glucose transfer in thyroidectomised rats on propranolol administration. Beta-receptor population had been shown to increase in hyperthyroidism (William and Lefkowitz, 1977) and low in hypothyroidism (Malbon *et al.*, 1982) but glucose transfer increases more notably in euthyroid and hypothyroid rats when given propranolol. This suggests, from the results of the present work, that beta-receptors probably have an inhibitory effect on glucose transfer.

This study concludes that thyroid status affects beta-adrenergic response of the intestine to glucose absorption such that the response is more reduced in hypothyroid state than in hyperthyroid state. It also shows that glucose absorption in the small intestine is probably inhibited by beta-adrenergic receptors in altered thyroid status.

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