

EDITORIAL

Cognitive Behaviour Therapy in Full Flight

It has been almost three years since we switched our name from *Scandinavian Journal of Behaviour Therapy* to *Cognitive Behaviour Therapy*. We stated at the outset of that change that we were marking a new era for a journal with a 30-year history and very impressive series of previous editors-in-chief – lofty goals and big shoes for us to fill. We promised several things in our inaugural editorial. These included more articles on a broad scope of issues, contributors from a wide range of international locations, and timely editorial feedback and publication. In 2003 we further promised the publication of special issues dealing with focused topics relevant to cognitive behaviour therapists and researchers and, unbeknownst to readers, kept a major goal to ourselves.

So, how are we doing? Well, the simple answer is that looking back over the past three years brings us a sense of pride. We have now published 11 issues of *Cognitive Behaviour Therapy*, with 59 scholarly articles from clinicians and researchers from around the globe, two issues on special topics, and 19 book reviews. You may have also noticed that several issues are longer, at 64 pages rather than the regular 48. This longer format will continue from this point forward, allowing us to publish a greater number of high quality papers. It is also noteworthy that, despite having an increase in the volume of submissions to consider, we have been able to keep most initial feedback editorial decisions on manuscripts to about 6 weeks. The downside of an increased submission rate is an increased rejection rate. While this is unfortunate, we are confident that our editorial board and reviewers are giving us feedback that allows us to provide you with the highest quality articles possible.

We are now pleased to let you in on that goal

we had been keeping to ourselves. Realizing this goal – something accomplished in the spring of 2004 – validates the pride we feel in helping produce this journal for you. So what is it? Unless you read the inside front cover you may have missed that in addition to Psychological Abstracts/PsychINFO and several other databases listed under *Indexed/abstracted*, *Cognitive Behaviour Therapy* is now also referenced in Index Medicus/MEDLINE. This referencing includes all articles published since our inaugural issue in 2002. This means several things for our journal. Articles will likely be sought by a broader readership and, in turn, will be referenced more often in related literature. This will increase the likelihood that the work published in *Cognitive Behaviour Therapy* will have a far reaching impact on subsequent research and practice and, ultimately, this is what motivates us to do what we do.

While we never expect to fill the shoes of our editorial predecessors, we do hope to contribute to their legacy. To this end, we renew the promises set forth in our first editorial. In addition, we add to those promises the pledge that we will work toward increasing the impact that our journal has on the field. We have now taken full flight and hope we continue to serve you well.

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