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Abstract. Monitoring of human activities from a distance without actively interacting with the subjects to make a decision is a fascinating research domain given the associated challenges and prospects of building more robust artificial intelligence systems. In recent years, with the advancement of deep learning and high-performance computing systems, contactless human activity monitoring systems are becoming more and more realizable every day. However, when looked at closely, the basic building blocks for any such system is still strongly relying on the fundamentals of various signal processing techniques. The choices of a signal processing method depends on the type of signal, formulation of the problem and the choices of higher level machine learning components. In this chapter, a comprehensive review of the most popular signal processing methods used for contactless monitoring are provided highlighting their use across different activity signals and tasks.

Keywords: Signal processing; contactless monitoring; activity signals

1 Introduction

In recent times, contactless human monitoring has gain a lot of traction. Application areas of such systems include monitoring breathing pattern, respiratory rate and other vital signs [1–3], event recognition [4], human motion classification [5] and analysing crowded scenes [6].

The vast proliferation of contactless sensors has enabled contactless activity monitoring with different activity signals. Among these, audio-based, lightbased, and radio-frequency based sensors are most widely used. Different types of sensors has different strengths and weaknesses. For example, radio frequency and proximity sensors provide cheap contactless monitoring but suffers from low accuracy and high environmental inferences. Light based sensors such as camera, depth sensors, and LIDARs has accuracy and resolution but also expensive and requires high computational power for processing. Table 1 lists different aspects of most popular signal sources for contactless monitoring.

Signal processing is one of the most important and fundamental block of contactless monitoring. From sensing the physical world to making a decision e.g. recognizing, modeling, understanding etc. - signal processing techniques are used in every step in between.

Sensor	Advantages/Disadvantages	Notable Use-Cases
Audio-based – Speech – Acoustic – Ultrasound	Advantages - Moderate to High accuracy - Moderate to low cost - Ultrasound is precise for determining distances highly sensitive to motion and has Long oper ating range	 Intelligent personal assistants (IPAs) [7] Audio-based context/scene recognition [8, 9] Human activity recognition [10] Heart and respiration rate monitoring [2] Office and indoor activity analysis [11, 12] Rehabilitation support [13]
	 Disadvantages Easily influenced by other audio signal/noise Prone to false detection Range limited Privacy issues Ultrasound is unidirectional, sensitive to tem perature and angle of target and performance drops at very close proximity 	- e
Radio Frequency-based – RF – WiFi	Advantages – Low cost – Simple computation Disadvantages – Environmental Inference	 Measuring vital signs [3] Indoor/outdoor localization and tracking
Light-based – Infrared Sensors – Thermal Imaging Sensors – 2D Cameras – Depth Sensors and Hybrid Sensors	Advantages – High Accuracy Disadvantages – High cost – Privacy issues – Influenced by illumination, pose, occlusion and noise	 Activity recognition from thermal videos [14] Facial expression analysis Action recognition for robotics and HCI Crowded scene analysis, anomaly detection Pose prediction Pedestrian detection for autonomous driving Technology for assisted living such as fall detection 3D body shape, face and hand modeling for augmented and virtual reality applications Precise tracking of face and eye for autonomous driving scenarios Liveliness detection for anti-spoofing of authentication systems
Other Sensors – Passive Infrared Sensors (PIR) – Proximity Sensor	Advantages - Low cost - Simple computation Disadvantages - Low Accuracy - Limited usability	 Activity recognition and tracking [15] Collision avoidance technology for blind people and wheelchairs Motion-based automatic control of switches for smart home systems

Table 1. Different aspects of most popular signal sources for contactless monitoring.

Figure 1 shows typical lifetime of a signal in contactless monitoring that starts from activity signal acquisition by sensing the world using different contactless sensors such as microphone, camera, Lidar, infra-red, ultrasonic sensors etc. Different sampling and windowing techniques are used to acquire discrete signals from the continuous real world. The signal then goes through different pre-processing steps such as denoising and other filtering methods to enhance its quality. Features are then extracted from the signals to be used by different activity analysis algorithms. This chapter briefly discusses the signal processing steps and their applications.

The chapter is organized as follows: Section gives an overview of different sampling and windowing techniques. Section 3 discusses time and frequency



Fig. 1. Any contactless human activity analysis system usually follows this pipeline from left to right.

domain processing techniques and their applications. In section 4, some widely used feature descriptor and their extraction techniques have been described. Different dimensionality reduction methods and their applications have been discussed in Section 5. Conclusions are drawn in Section 6. Activity analysis algorithms are beyond the scope of this chapter and therefore, not discussed.

2 Activity Signals Sampling and Windowing Techniques

Signal sampling and windowing are two important steps of signal processing that is applied during or right after signal acquisition and plays an important role in the performance of the system. This section discusses applications of signal sampling and windowing methods and the impact of windowing in activity analysis.

2.1 Applications of Signal Sampling

Sampling is the process of converting a continuous time signal from the real, analog world to a discrete time signal in the digital domain. The value of the analog signal is measured at certain time intervals to read 'Samples' for the digital domain. Analog signals are continuous in both amplitude and time, while the sampled digital signals are discrete in both. If a continuous signal is sampled at a frequency f_s , the frequency components of the analog signal are repeated at the sample rate resulting in the discrete frequency response repeated at origin, $\pm f_s$, $\pm 2f_s$, and so on. According to Nyquist-Shannon sampling theory [16], Sampling needs to be at least at Nyquist rate (2 x the maximum frequency of a signal f_{max}) or more for exact reproduction. Sampling below Nyquist rate (f_{Ny}) causes information loss and aliasing. Unwanted components are introduced in the reconstructed signals during aliasing when signal frequencies overlap due to low sampling rate, while some frequencies of the original signal gets lost in the process. Results of sampling a simple sine wave at different rates are shown in Fig. 2. In many real-life applications, noises represent the highest frequency component of a signal and aliasing of those frequencies are undesired. Hence, low pass filtering is performed before sampling to prevent aliasing of the noise components.

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Fig. 2. Effect of sampling frequency. A 240Hz sine wave is sampled using sampling frequencies of 2400Hz, 1600Hz, 800Hz, 400Hz, 200Hz and 100Hz (From top-left to bottom-right image). The aliasing cases are shown in the bottom row where $f_s < 2 \times f_{max}$. Clearly the sampled signals in the bottom figures has unwanted components due to aliasing

While "temporal aliasing" occurs in signals sampled in the time domain (such as audio signals), it can also occurs for spatially sampled signals, such as an image - a phenomenon referred to as "spatial aliasing". Spatial sampling can cause jaggies on the edges as commonly seen on low resolution versions of an image (example shown in Fig. 3). Other artifacts of aliasing includes wagon wheel effect¹ for temporal sampling, temporal strobing when sampling in space-time, Moiré effect [17] when sampling texture coordinates and sparkling highlights.



Fig. 3. (a) Original 1365×1365 pixel image obtained and modified from the Open Image Dataset V6 [18]. (b) Image down-sampled to 64×64 pixels by sampling every fourth sample and applying a box filter. The jagged patterns and high dimensional noise introduced by aliasing and the box filtering are clearly visible. (c) Down-sampled to 64×64 pixels using an anti-aliasing Lanczos filter [19].

¹ https://michaelbach.de/ot/mot-wagonWheel/index.html

For spatio-temporal data like videos collected for surveillance, the temporal sampling rate needs to be high to prevent strobing effect as well as to ensure no critical information is lost due to lower sampling rate, which will otherwise defeat the purpose of a surveillance system. In Fig. 4 the histograms for average frame per second rate of video surveillance systems for two different years are shown². According to IPVM statistics ³ the average frame for video surveillance systems increased from 6-8fps in 2011 to ≈ 10 fps in 2016 statistics and then to 15fps in 2019. It is understandable that commercial video surveillance systems are inclining towards higher frame rates to ensure high-quality seamless video streams for the customers. While a increased frame rate can lead to higher bandwidth requirements for such a system, depending on the compression methods used, bandwidth does not increase linearly with frame rate⁴.



Fig. 4. Histogram of average FPS for video surveillance. There is a clear trend of increasing FPS over the years.

Table 2 lists the specifications of some cameras used in the industry. As listed in the table, it can be seen that the newer models have more spatio-temporal sampling rate. Table 3 lists the specifications of LIDAR sensors.

2.2 Impact of Signal Windowing on Activity Analysis

Windowing plays vital role in the activity analysis performance. Given the type of signal and application, the method and duration of windowing can vary widely. For example, in [20], the authors demonstrated that the size of the window plays

² Based on https://ipvm.com/reports/frame-rate-surveillance-guide

³ https://ipvm.com/reports/avg-frame-rate-2019

⁴ https://ipvm.com/reports/frame-rate-surveillance-guide

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Model	Release	Resolution	FPS
Axis M3004	2012	1.0 MP	30
Sony SNC-EM600	2013	1.3 MP	30
Reolink RLC-423	2015	5 MP	25
Reolink RLC-410	2017	5 MP	25
Hanwha (Samsung) PNO-9080R	2016	12 MP	20

Table 2. Specifications of some surveillance cameras used in the industry

Table 3. Specifications of some LIDER sensors used in the industry

Model	Release	Range	Resolution	Scan rate	Accuracy	Weight
Velodyne HDL 64	2007	120m	0.08/0.4	2.2M	2cm	12.7 kg
Velodyne Puck Ultra	2016	200m	0.1/0.33	1.2M	$3 \mathrm{cm}$	$0.925~\mathrm{kg}$
Quanergy M8	2016	150	0.03	1.26M	3cm	$0.900~\mathrm{kg}$

a significant role in determining speech intelligibility and the optimum hamming window duration for speech reconstruction from short-term magnitude spectrum is 15-32 ms. When choosing a window for a 1-D signal, the following factors can be considered:

- width of the main lobe,
- spectral leakage from the attenuation of the side lobes, and
- $-\,$ rate of attenuation of the side-lobes.

In Fig. 5, the five time domain window functions, namely, rectangle, bartlett, hamming, hanning and blackman [21, 22], with their respective frequency domain responses are shown. The values of the window functions at the *n*-th sample for a window length of N where $0 \le n \le N$ are defined as follows:

Rectangular,
$$w[n] = 1$$
, (1)

Bartlett,
$$w[n] = 1 - \frac{n - N/2}{N/2}$$
, (2)

Hamming,
$$w[n] = 0.54 - 0.46\cos(\frac{2\pi n}{N}),$$
 (3)

Hanning,
$$w[n] = 0.5 - 0.5cos(\frac{2\pi n}{N}),$$
 (4)

Blackman,
$$w[n] = 0.42 - 0.5cos(\frac{2\pi n}{N}) + 0.08cos(\frac{4\pi n}{N}).$$
 (5)

As can be seen in Fig. 5, the rectangle window has the narrowest main lobe but higher side lobe strength, while the other windows have wider main lobe but lower side lobes. Hence, a rectangular window would be a better choice to separate two signals with similar frequency and strength but worse choice for identifying two signals with different frequencies and strength due to the spectral leakage and lower rate of attenuation of the side lobes [23, 22]. The 1-D signal windowing techniques are extended to 2-D spatial windows, also known as kernels. The choice of a kernel depends on the type of the image processing task. A simple example would be Gaussian kernels that are widely used for image smoothing and de-noising [24]. An isotropic 2D Gaussian kernel of unit magnitude has the following form:

$$G(x,y) = \frac{1}{2\pi\sigma^2} e^{-\frac{x^2 + y^2}{2\sigma^2}}$$
(6)

where, x and y are the pixel indexes from the center and σ is the standard deviation.



Fig. 5. Time (left) and Frequency (right) domain responses of five different window functions.

Temporal windowing, a.k.a temporal segmentation is an integral part of action recognition systems for real-time applications. Sliding windows are the most common windowing techniques for such scenarios[25]. However, based on specific use-cases the length of the temporal window might or might not change dynamically. Also, the temporal overlap between consecutive windows are considered. Also, the size of the windows can be dynamically expanded or shrunk based on activity inference in some system[25]. In a macro-level view, the design choices are as follows:

- 1. Fixed-length window
 - Non-overlapping windows
 - No dynamic shrinking and/or expansion
 - Dynamic shrinking and/or expansion
 - Overlapping windows
 - No dynamic shrinking and/or expansion
 - Dynamic shrinking and/or expansion
- 2. Dynamic-length window
 - Non-overlapping windows
 - No dynamic shrinking and/or expansion
 - Dynamic shrinking and/or expansion

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 - Overlapping windows
 - No dynamic shrinking and/or expansion
 - Dynamic shrinking and/or expansion

When training machine learning systems, windowing plays an implicit yet vital role for most application when creating mini-batches. In a recent work, the authors proposed a framework that uses a sliding-window data scheduler to achieve state-of-the-art performance for instance classification task [26]. More examples use cases of windowing associated with deep learning include object localization [27, 28], autonomous navigation [29], window slicing and pooling techniques in deep neural networks [30] and modeling temporal patterns [31].

Now that we have established the importance of signal sampling and windowing techniques on acquiring the sensor data in a convenient way for digital processing, we move forward to discuss how time and frequency domain signal processing approaches are being utilized to extract or meaningful information from those data in the next section.

3 Time and Frequency Domain Processing for Contactless Monitoring

Time and frequency domain techniques are applied to activity signals to analyze and enhance the signal. Different frequency domain transform techniques are frequently used in activity analysis. Time and frequency domain filtering is another important and widely used technique used for signal enhancement. This section first discusses the applications of frequency domain transforms. The latter part of the section provides a brief introduction to filtering and some notable use cases.

3.1 Applications of Frequency Domain Transforms

Frequency domain transforms are commonly applied to activity signals to analyze and leverage the periodicity information for decision making purposes. A very practical use-case is Remote photoplethysmography (rPPG) for monitoring heart-rate from surveillance videos [32, 33]. For example, in [34] the authors extracted the pixels of interest from the face images in consecutive video frames, took the average pixel values for each of the RGB channels, filtered-out lowfrequency components and investigated the frequency-domain representation to find the frequency with maximum power which is a close approximation of the heart-rate. The most popular frequency domain representation for such applications is the power spectral density (PSD) which is a measure of signal power at different frequencies. For speech analysis, such concentration of acoustic energy around a particular frequency, known as formants, have been used for a wide range of applications including automatic speech recognition [35], voice activity detection [36] and speech enhancement [37].

When dealing with 1D temporal signals such as speech or ultrasound, one of the most popular analysis tools is the short-time Fourier Transfrom (STFT) which is frame-level frequency domain representation [38–40]. A visual extension of STFT is a Spectrogram (also known as sonographs/voicegrams/voiceprints), which is commonly plotted as a frequency vs time series 2D image where the pixel intensities represent the magnitude of the frequency component [41]. Spectrograms are calculated for short-time, overlapped, sliding windows of T time samples $\mathbf{x} = (x_1, x_2, ..., x_T)$ where the temporal duration of the window is chosen to be small(typically 25 to 35 ms) to ensure that the speech within that frame will be stationary. The value of the Spectrogram at the k'th frequency bin is defined as

$$\operatorname{Spec}_{k}(x) = |\sum_{t=1}^{T} e^{ikt} x_{t}|^{2} = (\sum_{t=1}^{T} \cos(kt) x_{t})^{2} + (\sum_{t=1}^{T} \sin(kt) x_{t})^{2}.$$
 (7)

Spectrograms are convenient for visualizing the effects of speech enhancement as an be seen in Fig.6 obtained with permission from [42]. In [42], the authors addressed the problem of acoustic echo cancellation from speech under noisy condition. Apart from the spectrogram to visualize the results, the authors also applied spectral subtraction [43] for noise reduction which involves transforming the noisy signal into frequency domain using Fast Fourier Transform (FFT) [44] on the short-term windows of the discretized speech signal and subtracting frequency-domain estimate of noise spectrum (usually obtained and updated from speech pauses) before reverting the signal to time domain samples using inverse FFT (IFFT).



Fig. 6. Spectrogram for (a) original, (b) echo and noise corrupted, and (c) enhance signal - reproduced with permission from [42].

Typically, spectrograms uses linear frequency scaling. Mel-frequency scales are developed inspired by the properties of human auditory system to follow

a quasi-logarithmic spacing. Mel-frequency filters are non-uniformly spaced in frequency domain with more filters in the low frequency region compared to higher frequency regions. Cepstral coefficients obtained for Mel-spectrum are popularly known as MFCC (Mel-frequency Cepstral Coefficients) features, which can be considered as "biologically inspired" speech features [45–47].

Following are notable use-cases of different variations of frequency-domain transforms in the contact-less human activity analysis domain:

- Wavelet transform [48]: Data compression such as JPEG2000 image compression standard [49]; video-based human activity recognition [50, 51]; Doppler range control radar sensor-based fall detection [52]; WiFi signal-based human activity recognition [53]; audio compression [54].
- Discrete Cosine Transform[55]: 3D motion analysis [56]; audio compression [54];
- Laplace Transform[57–59]: Non-articulatory sound recognition [60];
- Z-transform[57, 58]: Speech recognition[61]; Speech modeling and analysis [62]; Pole-zero representation for linear physical system for analysis and filter design [63].

3.2 Time and Frequency Domain Filtering

A filter is a function or operator that modifies a signal by performing mathematical operations to enhance or reduce certain aspects of the signal. If ndimensional signal is represented as an n-dimensional function, then mathematically, a linearly-filtered 2D-signal can be represented as

$$g(x,y) = \sum_{m,n}^{W} f(x+m,y+n)h(m,n).$$
 (8)

Here, h is known as the filter kernel and $h(\boldsymbol{m},\boldsymbol{n})$ is known as a kernel weight or filter coefficients.



Fig. 7. Left - original image, middle - 5x5 box filter kernel, right - filtered image.

A simple filter kernel is the moving average or box filter that computes the average over a neighborhood or window. Fig. 7 shows an example application of such box filter which is also a form of low-pass/blurring filter. Applications of

signal filtering include enhancement such as denoising and resizing, information extraction such as texture and edge extraction, pattern detection such as template matching etc. Fig. 8 shows such examples where filtering is used to extract vertical and horizontal edges.



Fig. 8. Left - original image. Middle:top - kernel that emphasizes vertical edges, bottom - kernel that emphasizes horizontal edges. Right - output feature map corresponding to the kernel on the left.

An extension to the basic filters are adaptive filters whose coefficients change based on an objective or cost function (eqn. 8). These filters are used to modify input signals such a way so that its output is a good estimate of a desired signal. Examples include Least Mean Square (LMS) adaptive filters, Recursive Least Square (RLS) adaptive filters, adaptive Wiener filters, adaptive anisotropic filters etc. Adaptive filtering has applications active noise control [64–66], echo cancellation [67], biomedical signal enhancement [68], tracking [69], equalization of communications channels etc.

Some notable use cases of filtering such as contrast stretching and histogram equalization, denoising, and convolutional filters are briefly discussed next.

Contrast Stretching and Histogram Equalization In a poorly contrasted image, a large number of pixels occupy only a small portion of the available range of intensities. The problem can efficiently be handled by histogram modification and thereby reassigning each pixel with a new intensity value so that the dynamic

range of gray levels is increased Contrast Stretching and Histogram Equalization are such two contrast enhancement technique.

The idea behind contrast stretching is to increase the dynamic range of the gray levels in the image being processed [24]. Contrast stretching is a simple image enhancement technique that attempts to improve the contrast in an image by 'stretching' the range of intensity values it contains to span a desired range of values, e.g. the the full range of pixel values that the image type concerned allows.

Histogram Equalization is a method that increases the contrast of an image by increasing the dynamic range of intensity given to pixels with the most probable intensity values. The histogram equalization is a basic procedure that allow to obtain a processed image with a specified intensity distribution. Sometimes, the distribution of the intensities of a scene is known to be not uniform. The goal of histogram equalization is to map the luminance of each pixel to a new value such that the output image has approximately uniform distribution of gray levels. In order to find the appropriate mapping, the cumulative distribution function (CDF) of the pixel values of the original image is matched with a uniform CDF [70].



Fig. 9. Top: left - original image, middle - image enhanced by contrast stretching, right - enhanced by histogram equalisation. Bottom: histogram of pixel values for the corresponding top row image.

Denoising Denoising is the process of removing noise from a signal. Noise reduction techniques exist for both 1D signals such as speech and 2D signals such as images. Denoising is generally a pre-processing step used before extracting features from a signal. If we have a signal \mathbf{x} that is corrupted with noise η as

$$f(x,y) = f(x,y) + \eta(x,y)$$

then a denoising filter h is a filter designed to estimate f such that

$$f(x,y) = \sum_{m,n}^{W} \bar{f}(x+m,y+n)h(m,n)$$
(9)

For example, median filter is a denoising filter that perform very well on images containing binary noise such as salt and pepper noise. The median filter considers each pixel in the image in turn and looks at its nearby neighbors to make sure that it is representative of its surroundings by replacing it with the median of those values. It is a non-linear filter and its output is the following-

$$f(x,y) = \text{median}\left(\bar{f}(x+m,y+n), (m,n) \in W\right)$$
(10)

In general, the median filter allows a great deal of high spatial frequency detail to pass while remaining very effective at removing noise on images where less than half of the pixels in a smoothing neighborhood have been effected. One of the major problems with the median filter is that it is relatively expensive and slow to compute since finding the median requires sorting all the values in the neighborhood into numerical order. A common enhancement technique is to utilize the relative sorting information from the previous neighborhood window to the next.



Fig. 10. Left to right: Median filter of sizes 3×3 , 5×5 and 7×7 , respectively, are applied on a noisy image (left-most) for denoising.

Convolutional Filters Another application where this kind of filtering is central is the convolutional neural network or CNN [71]. Convolutional neural networks use multiple filters in parallel where each kernel extracts specific feature

of the input. The convolutional layers are not only applied to the input, but they are also applied to the output of other layers. The output of these layers are called feature maps as they contain valuable information extracted from the input that helps the network perform its task. Unlike traditional computer vision, where the kernels are generally hand-crafted, CNN learns the weight of the kernels during the training of the network. For example, in [72] a wonderful demo for visualizing the output of each convolution layer for a convolutional neural network trained to perform handwritten digit classification is presented. The input (a handwritten digit '4'), intermediate convolutional and fully connected layer output features as well as final predicted class for a convolutional neural network trained on the MNIST dataset [73] is shown in Fig. 11. The network used is the famous LeNet-5 proposed in [74].



Fig. 11. Input, intermediate features and classification output (bottom to top) of a CNN produced using the web tool provided by [72]

It can be observed that the output of the lower level convolution layers (second and third rows from bottom) are visually interpretable such as edges and corners of the input image, whereas the visual information are abstracted out in the higher level features producted by the fully connected layers (third and second rows from the top) in an effort to compress and convert the data in the output classification domain.

The time and frequency domain filtering techniques discussed in this section are heavily utilized for signal pre-processing as well as meaningful feature extraction. In the next two sections, we discuss the low and high level feature feature extraction methods that are direct application of different signal processing methods.

4 Feature Extraction

A feature vector or descriptor encodes a signal such a way that allows it to be compared with another signal. A local descriptor describes or encodes a path within the signal. Multiple local descriptors are used to encode or compare signals. Local descriptors are used in application like activity recognition. A global descriptor describes the whole image. Global descriptors are generally used for applications like activity detection, and classification etc.

4.1 Local Descriptors

Local descriptors describe a feature on the basis of unique patterns present in the neighborhood of the feature location. Some feature descriptor algorithm has its own feature detector. However, individual detectors can also paired with different descriptors. For convenience, this section is organized in two subsections. Section 4.1 discusses the time/spatial domain features and Section 4.1 discusses the frequency domain features.

Time/Spatial Domain Features. Time or spatial domain features are the features that extracted from the time or spatial domain representation of the signal. Some of the widely used low-level features and their applications is briefly discussed next. They are generally easy to define and extract and has weaker requirements for invariant extraction [75]. Latter part of the section discusses some of the widely used high level local feature decriptors.

Zero Crossing Rate (ZCR) is a time domain feature that measures the noisiness of the a signal. It is the rate of sign-changes of the signal. For the i - thframe of lengh N with samples $x_i(n)$ where $n = 0, 1, \ldots, (N - 1)$, the ZCR is defined as

$$Z_{i} = \frac{1}{2N} \sum_{n=1}^{N-1} |sgn[x(n)] - sgn[x(n-1)]|, \qquad (11)$$

where, sgn[x] is the sign function defined as

$$sgn[x] = \begin{cases} -1 & \text{if } x \le 0\\ 1 & \text{if } x > 0. \end{cases}$$
(12)

Kim et al. in [76] proposed a new model for speech recognition in noisy environments that uses ZCR. It is also used in speech-music discrimination [77], music genre classification [78], and several other applications.

The signal envelope of an oscillating signal is the smooth curve outlining its extremes. Speech signal envelope and its change are used in speech recognition applications [79].

The short term energy of a signal is another simple time domain feature. If a signal window contains N samples, then the short-term power is computed according to the equation:

$$E = \frac{1}{N} \sum_{n=1}^{N} |x_i(n)|^2 \tag{13}$$

The short-term power exhibit high variation over successive speech window i.e. power envelope rapidly alternates between high and low power states. Therefore, an alternative statistic, which is independent of the signal intensity, is the standard deviation by mean value ratio is also used. Signal power based features are used in speech activity detection applications [80].

Edge is an important feature used computer vision. An edge in an image is a local change in the image intensity. Edges in an image are associated with discontinuity in the image intensity which generally corresponds to discontinuities in depth, variations in material properties or scene illumination etc. Canny, Sobel, Prewitt are some examples of edge detectors.



Fig. 12. Example of edge features (Canny).

Corner features are frequently used in motion detection, video tracking, and object recognition. A corner is defined as the intersection of two edges. In the region around a corner, image gradient has two or more dominant directions. Corners are easily recognizable in an image when looking through a small window and shifting the window in any direction give a large change in intensity. The Shi-Tomasi detector[81] and the Harris detector [82] are examples of two popular corner detectors

Among the high level local descriptors, Scale Invariant Feature Transform (SIFT)[83] is one of the most popular feature descriptor for images. SIFT has scale in-variance property. The feature extracted by the SIFT algorithm is called feature descriptor which consists of a normalized 128-dimensional vector and it describes a feature point in terms of location, scale, orientation. SIFT feature is used in activity analysis such behaviour detection [84], activity recognition [85] etc.



Fig. 13. Example of Haris corner features.

Another edge/gradient-based feature detector inspired by the SIFT is speeded up robust features (SURF) [86]. The main interest of the SURF approach lies in its fast computation of operators using box filters, thus enabling real-time applications such as tracking and object recognition [87–90].

Despite their good performance, both SIFT and SURF are quite memory intensive (512 bytes and 256 bytes respectively per feature point) which makes them infeasible for resource-constrained applications. Binary Robust Independent Elementary Features (BRIEF) provides a shortcut to find binary string from the floating point feature descriptors [91]. One important point is that BRIEF is a feature descriptor, it doesn't provide any method to find the features, so a feature detector like SIFT, SURF, or FAST[92] has to be used to locate the keypoints. Gunduz et al. extracted crowd dynamics using BRIEF features in [93].

An efficient alternative to SIFT and SURF that provides better performance than BRIEF is Oriented FAST and Rotated BRIEF (ORB) descriptor. BRIEF performs poorly with rotation, so ORB steers BRIEF and according to the orientation of keypoints. ORB features has been used in activity forecasting [94] and motion detection [95] applications.

Binary Robust Invariant Scalable Keypoints (BRISK) [96], Fast Retina Keypoint (FREAK) [97], KAZE [98], and Accelerated-KAZE (AKAZE) [99], are some other widely used feature descriptors. Fig. 14 shows the performance of different low level feature detectors.

Frequency Domain Features The spectral centroid and the spectral spread are two measures of spectral position and shape of a signal. The spectral centroid is the center of gravity of the spectrum and the spectral spread is the second central moment of the spectrum. These features are useful in audio analysis tasks such as audio brightness prediction [100], audio timbre measurement [101] etc.

Spectral Entropy is another frequency domain feature. To compute spectral entropy, first the signal spectrum is divided into L sub-bands, the energy e_l of each sub-band is then normalized by the total spectral energy, and the entropy is finally computed as

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Fig. 14. Low level feature detection, from top left to bottom right, original, Shi-Tomasi, SIFT, SURF, FAST, and ORB.

$$H = -\sum_{l=0}^{L-1} \frac{e_l}{\sum_{l=0}^{L-1} e_l} \log\left(\frac{e_l}{\sum_{l=0}^{L-1} e_l}\right)$$
(14)

Standard deviation of sequences of spectral entropy is used to classify sound classes [102, ?]. Other applications include music fingerprinting [103], encoding [104], signal monitoring [105] etc. A variant of spectral entropy called chromatic entropy has been also used in order to efficiently discriminate between speech and music.

Other examples of 1-D low level features include spectral flux [106], spectral rollof, etc. Frequency domain techniques can be used in images in the same way as one dimensional speech signals. However, images do not have their information

encoded in frequency domain, which makes this techniques much less useful to understand information encoded in images [107].

4.2 Global Descriptors

Among different available global descriptors, Motion History Image (MHI) and its variants are very widely explored for various human action recognition and applications for a longer period [108–111]. MHI template or image can incorporate the entire motion information of a motion sequence or video in a compact manner [110]. It has been a very useful template, especially when a single person's action or motion information is needed to extract. So, from a video of many frames, finally we can create just a single image called MHI. A binarized image from MHI or based on MHI is called Motion Energy Image (MEI) [110]. The MEI retains the entire motion area or locations where there were any motion information in the entire video sequence.

Figure 15's (top row) depicts five Motion History Images for an action for for the first 10 frames (as shown in the 1st column), until 15 frames, until 34 frames, until 36 frames, and until the end of 46 frames from the beginning [108]. The respective Motion Energy Images are demonstrated in Figure 15 (bottom row) for the same action. These are computed from a gesture from the Kaggle Gesture Challenge 'ChaLearn' Database.

The MHI and MEI pairs have been explored for many action recognition and analysis. The MHI provides the *history* of the motion information and direction or flow of the motion. On the other hand, the MEI retains the motion region or area – thereby, it provides the *energy* or the points of motion areas. The MHI is a grayscale image, whereas the MEI is a binary image. However, smarter silhouette sequence can allow us to get better MHI template. The MHI also provides the temporal changes and directions of the motion. For example, if a video has sitting to standing sequences, the produced MHI can give a final image where past or initial motion information becomes less-brighter than the later or final motion regions with brighter pixel values. From these, we can assume that



Fig. 15. Examples of the computation of the MHI (top row) and the MEI (bottom row) images for a gesture at different temporal states from the beginning of the action [108].

the motion has lower to upper direction. The MHI representation is less sensitive to shadows, silhouette noises or minor missing parts.

The MHI can be used for Action recognition and analysis, Gait recognition, Gesture recognition, Video analysis, Surveillance, Face-based depressive symptomatology [112] analysis, Fall detection [113], Visualization of the hypoperfusion (decreased blood flow) in a mouse brain [114], Depth image-based action recognition and removal of self-occlussion [115], Body movement trajectory recognition [116], Biospeckle assessment of growing bacteria [117], and Emotion recognition [118].

It has been also explored for gaming and other interactive applications and in real-time, as the computational cost is really minimal.

There have been a number of variants at the top of the MHI. For example, Average Motion Energy (AME) [119], Mean Motion Shape (MMS) [119], Motionshape Model, modified-MHI, Silhouette History Image (SHI) [120], Silhouette Energy Image (SEI) [120], Hierarchical Motion History Histogram (HMHH) [121], Directional Motion History Image (DMHI) [122, 123], Multi-level Motion History Image (MMHI) [124], Edge MHI [125], Hierarchical Filtered Motion (HFM) [126], Landmark MHI [127], Gabor MHI [112], Enhanced-MHI [113], Local Enhanced MHI (LEMHI) [118, 128], etc. are exploited for human action recognition.

For gait recognition with the MHI/MEI, Dominant Energy Image (DEI) [129], Motion Energy Histogram (MEH) [130], Gait Moment Energy Image (GMI) [131], Moment Deviation Image (MDI) [131] are explored along with the most-widely explored approach for gait recognition called Gait Energy Image (GEI) [132]. Till-to-date, the GEI becomes the unparalleled leader for gait recognition methods. Motion Color Image (MCI) [133], Volume Motion Template (VMT) [134], Silhouette History Image (SHI), Silhouette Energy Image (SEI), etc. are exploited for gesture recognition. Motion History Volume (MHV) [135, 136] and Motion Energy Volume (MEV) are explored to detect unusual behavior for the application of video surveillance. Volumetric Motion History Image (VMHI) [137, 138] is another model similar to the VMT [134], or the MHV [136] as 3D model of the MHI template for other applications.

MHI and its variants have also seen some applications in deep learning domain. A recent work explored the MHI in deep learning [139] for gesture recognition. They fed the MHI into a 2D CNN based VGGNet, in parallel with 3D DenseNet model to recognize some gestures. Depressive symptomatology are assessed by using a variant of the MHI called Gabor MHI [112] and they explored deep learning in their method. In another approach, the MHI is used with ResNet classifier to detect the early-start intention of cyclists [140]. For emotion recognition, a Local Enhanced MHI (LEMHI) is fed into a CNN network in [118, 128]. However, in the future, the MHI or its variants can be explored more along with deep learning approaches by the researchers. Convolutional Neural Networks (CNN) are also successfully being used to generate global descriptors. Autoencoder networks [141] learns a compact representation/descriptor of the input data which is used in dimensionality reduction [142], clustering [143] etc. Stateof-the-Art classifier models such as ResNet [144], InceptionNet [145], RetinaNet [146] etc. are also used in global descriptor learning [147] and has demonstrated superior performance over traditional embeddings [148].

5 Dimensionality Reduction Methods

Working with data in high-dimensional spaces in not always suitable due to high computational requirement and the sparsity of raw data. Dimensionality reduction is the transformation of data from a high dimensional space to low dimensional space while retaining some of its meaningful properties.

If we have data with dimensionality D lying on the space S that has intrinsic dimesionality d, where d < D and often d << D. Here, intrinsic dimensionality means that the data is lying on or near a manifold with dimensionality d that is embedded in the D-dimensional space without making any assumptions on the structure of this manifold. Dimensionality reduction techniques transform data with dimensionality D into a new data with dimensionality d, while retaining as much information as possible. The problem of dimensionality reduction can then be formalized as follows:

Given sample $\{x\}_{n=1}^{N} \subset S$, find a space T of dimension d, a dimensionality reduction mapping F, and a smooth, non-singular reconstruction mapping f, such that d < D is as small as possible and the reconstruction error of the sample is small [149].

Unsupervised dimensionality reduction techniques can be subdivided into convex and non-convex techniques. Among the convex techniques that perform decomposition of full matrices also known as full spectral techniques, Principal Components Analysis (PCA) is the most popular. It is a linear technique for dimensionality reduction, which means that it performs dimensionality reduction by embedding the data into a linear subspace of lower dimensionality. Fig. 16 shows an application of PCA on a MNIST sample image [150]. Kernel PCA (KPCA) is the reformulation of traditional linear PCA in a high-dimensional space that is constructed using a kernel function. Unfortunately, it is unclear how the kernel function κ should be selected. Maximum Variance Unfolding (MVU) is a technique that attempts to resolve this problem by learning the kernel matrix. Some other full spectral techniques are Diffusion Maps [151, 152], Isomaps [153], etc.

The other type of techniques optimizes a non-convex objective function. One such technique is Sammon mapping that adapts the classical PCA cost function by weighting the contribution of each pair to the cost function by the inverse of their pairwise distance in the high dimensional space. Another technique is Multilayer autoencoders that are feed-forward neural networks that are trained to minimize the mean squared error between the input and the output of the network (ideally, the input and the output are equal). Locally Linear Coordination (LLC) [154] computes a number of locally linear models and subsequently performs a global alignment of the linear models.



Fig. 16. Comparison between dimensionality reduction (top) and downsampling (bottom). Top: Original and reconstructed image after PCA compression. The original image has 784 components (left). The compression is performed by keeping 87, 43, and 26 principle components respectively. Bottom: Original and images down-sampled with same number of components.

Outside of this class of unsupervised dimensionality reduction only techniques, there are techniques that combine dimensionality reduction technique with clustering such as self-organizing maps[155] and their probabilistic extension (GTM). There are techniques of supervised nature such as Linear Discriminant Analysis (LDA) [156], Generalized Discriminant Analysis (GDA) [157], and Neighborhood Components Analysis (NCA) [158], and recently proposed metric learners [159, 160]. Techniques for Independent Component Analysis (ICA) are mainly designed for blind-source separation [161].

6 Conclusion

In this chapter, we shed light on the inherent yet inevitable usage of signal processing techniques in contactless, automatic human activity monitoring frameworks. Since the early days of contactless monitoring till the recent advancements and, in fact, for all future research and developments, signal processing has been and will be an integral part of any such system. The chapter covers a wide range of activity signals and associated application areas - highlighting different signal processing methods that are being utilized for different purposes. Interestingly, it is imperceptible to determine the boundaries between signal processing and machine learning, since the underlying mechanism of most, if not all, machine learning techniques are essentially signal processing approaches. Starting from describing a generic contactless monitoring pipeline, the chapter covers the basic idea, usage areas and trends of numerous signal processing methods that are closely associated with different parts of the pipeline. Hence, we believe that this chapter will provide researchers proper guidance for designing efficient contacless monitoring systems for human activities and to determine task-appropriate signal processing approaches for different components of such system.

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