

In vitro Macrophage Activity: Biphasic Effect of Prolactin and Indirect Evidence of Dopaminergic Modulation

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Key Words

In vitro · Flow cytometry · Domperidone

Abstract

Objective: Prolactin (PRL), a peptide hormone produced by the pituitary gland, is involved in the interaction between the neuroendocrine and immune system. Since dopamine receptor antagonists increase serum levels of PRL, both PRL and dopamine receptors might be involved in the modulation of macrophage activity, providing means of communication between the nervous and immune systems. This study evaluated the effects of PRL and the dopamine antagonist domperidone (DOMP) on macrophage activity of female rats. **Methods:** Oxidative burst and phagocytosis of peritoneal macrophages were evaluated by flow cytometry. Samples of peritoneal liquid from female rats were first incubated with PRL (10 and 100 nM) for different periods. The same procedure was repeated to evaluate the effects of DOMP (10 and 100 nM). **Results:** In vitro incubation of macrophages with 10 nM DOMP decreased oxidative burst, after 30 min, whereas the PMA-induced burst was decreased by DOMP 10 nM after 2 and 4 h. Treatment with PRL (10 and 100 nM) for 30 min decreased oxidative burst and rate of phagocytosis (10 nM). After 2 h of incubation, 10 nM PRL decreased oxidative burst and phagocytosis intensity, but increased the rate of phagocytosis. On the other hand, after 4 h, PRL 10

and 100 nM increased oxidative burst and the rate of phagocytosis, but decreased intensity of phagocytosis. **Conclusions:** These observations suggest that macrophage functions are regulated by an endogenous dopaminergic tone. Our data also suggest that both PRL and dopamine exert their action by acting directly on the peritoneal macrophage.

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Introduction

Prolactin (PRL), a polypeptide hormone secreted by the acidophilic cells of the anterior pituitary gland, produces pronounced physiological effects on growth, reproduction and osmoregulation. The physiological control of PRL secretion is mainly inhibitory, and the activation of pituitary dopamine D2 receptors seems to be the most important inhibitory mechanism controlling the synthesis and release of PRL. Consistently, blockade of dopamine D2 receptors increases serum PRL levels [1–8].

Evidence indicates the participation of PRL in the regulation of humoral and cell-mediated immune responses [9–12]. The field of neuroimmunomodulation was advanced by the discovery that certain pituitary hormones might also be regarded as cytokines, since they can also

be released within the immune system, thus regulating its function. Indeed, data taken from human immune system studies have convincingly demonstrated that PRL, in addition to exerting its endocrine control over the immune system, also acts as a cytokine. As a cytokine, PRL is released within the immune system and regulates the lymphocyte responses by paracrine and autocrine mechanisms [13].

In this context, studies suggest an immunoregulatory role for PRL in rodents. In animals, hypophysectomy results in decreased antibody titers against sheep red blood cells as well as depressed delayed hypersensitivity reaction to chlorodinitrobenzene and the development of adjuvant arthritis after treatment with Freund's complete adjuvant [14]. Bromocryptine-induced hypoprolactinemia in mice injected with *Listeria monocytogenes* is associated with impaired lymphocyte proliferation and decreased production of macrophage-activating factors by T lymphocytes resulting in increased mortality [15]. Furthermore, a PRL-like molecule is secreted following Con A stimulation of murine lymphocytes [16]. Both a PRL-like mRNA and its product have been detected in human B lymphoblastoid cell lines [17, 18]. Moreover, it has been demonstrated that a PRL-like protein was secreted by peripheral blood mononuclear cells, suggesting that it binds to PRL receptors and migrates to the nucleus acting as a comitogen and autocrine regulator of cell growth [19]. These findings support the concept that locally generated neuropeptides can modulate immune function.

It is known that the immune system is regulated, to a great extent, by the central as well as the peripheral sympathetic nervous system [20]. This is primarily achieved by several neurotransmitters, neuropeptides, hormones and cytokines which interact with different immune effector cells and thereby ultimately regulate the homeostatic response of an individual to disease and other environmental stressors [21]. Recently, it has been reported that among these neural mediators, catecholamines, particularly central and peripheral dopamine, play a significant role in immune regulation [22]. The functional influence of dopamine on the immune system is further strengthened by the presence of (1) its receptors in immune cells [23, 24], (2) a specific endogenous dopamine transport system in leukocytes [23, 25] and (3) endogenous synthesis of this monoamine in leukocytes [26, 27]. The latter feature justifies designing experiments using in vitro blockade of dopamine receptors of immune cells.

It is also known that dopaminergic agents have immunoregulatory actions. For instance, the dopamine antag-

onist chlorpromazine inhibits delayed-type hypersensitivity responses [28] and prevents lethal endotoxemia in mice [29]. It was observed that verapride, a dopamine antagonist, inhibits macrophage Fc γ receptor expression [30].

Administration of the dopamine antagonist metoclopramide after trauma-hemorrhage restored the depressed cell-mediated immune functions [31]. However, these results suggest that the beneficial immunomodulatory effects of metoclopramide treatment after trauma-hemorrhage are mediated via upregulation of PRL. Since metoclopramide increases plasma levels of the PRL, the authors suggest that this drug should be considered a safe and useful adjunct for treating immunodepression in trauma victims [31]. Moreover, a positive correlation was recently observed between serum levels of PRL and the intensity of oxidative burst by peritoneal macrophage of female rats treated with domperidone (DOMP), an antagonist of dopamine D2 receptors. DOMP-treated animals showed increased serum levels of PRL and simultaneous increase in peritoneal macrophage oxidative burst, suggesting an indirect participation of hyperprolactinemia, induced by this treatment in peritoneal macrophage activity of female rats [8].

Hence, the in vivo effects of a dopamine receptor antagonist on macrophage activity might be due to the blockade of dopamine receptors on the macrophage surface, to the effects of the drug on the synthesis and release of PRL or to the combination of both effects. The present study was undertaken to investigate separately the in vitro effects of PRL and the dopamine receptor antagonism on the oxidative burst and phagocytosis by peritoneal macrophages of rats.

Materials and Methods

Animals

All in vitro procedures were performed with the peritoneal liquid harvested from virgin Wistar female rats, 90–120 days old. These animals from our own colony were randomly housed in polypropylene cages in groups of 5 animals per cage under a 12/12 h light-dark cycle (lights on at 6.00 h) and in temperature-controlled (23–25°C) rooms. Food and water were available ad libitum throughout the experiment. The animals were housed and used in accordance with the guidelines of the Committee on Care and Use of Animal Resources of the School of Veterinary Medicine, University of São Paulo; these guidelines are similar to those of the United States National Research Council. We attempted to minimize the number of rats used, and every effort was made to ensure that no rat suffered unnecessarily.

Flow Cytometry

Macrophages were obtained by peritoneal lavage using 10.0 ml of phosphate-buffered saline (PBS, pH 7.2–7.4). The peritoneal fluid was collected into plastic tubes, and kept in an ice bath. Macrophages were subsequently counted using a Neubauer chamber and Trypan blue dye. The number of cells was adjusted to 2.0×10^6 cells/ml; only cell suspensions with 90% or more viability were used.

A flow cytometer (FACSCalibur; Becton Dickinson Immunocytometry Systems, San Jose, Calif., USA) interfaced with a Macintosh G4 computer was used [32]. Data from 10,000 events were collected in list mode and analyzed in Cell Quest Pro software (Becton Dickinson Immunocytometry Systems). Cell populations were identified based on their properties on forward scatter versus side scatter plots, mechanically sorted and evaluated through light microscopy after staining with Giemsa dye. Data from peritoneal macrophage were collected applying gates that sorted out lymphocyte and monocyte clusters. Fluorescence data were collected on log scale. Green fluorescence from 2',7'-dichlorofluorescein diacetate (DCFH-DA; Molecular Probes, Eugene, Oreg., USA) and DCFH + phorbol myristate acetate (PMA; Sigma, St. Louis, Mo., USA) were measured at 530 ± 30 nm (FL1 detector); red fluorescence from propidium iodide-labeled *Staphylococcus aureus* (PI-*S. aureus*; Sigma) was measured at 585 ± 42 nm (FL2 detector). PI-*S. aureus* and DCFH-DA fluorescence were analyzed after compensation to correct for any signal crossover.

Oxidative Burst and Phagocytosis

The substances used for triggering the oxidative burst were PMA (100 ng) and *S. aureus* (2.4×10^9 bacteria/ml). Quantification of oxidative burst and phagocytosis was estimated as suggested elsewhere [33] by mean DCFH-DA and PI-*S. aureus* fluorescence cells, respectively. Briefly, 100 μ l of peritoneal macrophage (2.0×10^5 cells/100 μ l) was mixed with 200 μ l of DCFH-DA (0.3 mM), 100 μ l of PI-*S. aureus* or PMA in different polypropylene tubes, according to table 1. Samples were incubated with different reagents under agitation at 37°C for 30 min, 2 or 4 h (table 1). Reactions were stopped by adding 2.0 ml of cold EDTA solution (3 mM) in order to terminate phagocytosis. Samples were then centrifuged (250 g for 10 min) and the cell pellets resuspended in 0.5 ml of cold PBS for flow cytometry. Direct measurements of mean fluorescence in green and red channels were recorded as oxidative burst and phagocytosis, respectively, as proposed elsewhere [33]. Quantification of phagocytosis and oxidative burst were estimated by mean PI-*S. aureus* and DCFH-DA fluorescence/cell, respectively. Data on intensity of fluorescence for both macrophage oxidative burst and phagocytosis were expressed as means of their respective controls.

In vitro Effects of PRL or DOMP

A total of 6 experiments were made to study the in vitro effects of PRL and DOMP for different periods of incubation on macrophage activity, and in each experiment 7 animals were used. In order to investigate the in vitro effects of PRL 10 and 100 nM after 30 min, the animals were euthanized and resident peritoneal macrophages were harvested by a lavage with PBS solution (pH 7.2–7.4). A pool of cells was made and then adjusted to 2.0×10^6 cells/ml. These cells were distributed into 3 groups, control, PRL 10 nM and PRL 100 nM, and then incubated with the reagents, according to table 1. The same procedure was repeated to test in

Table 1. Reagents used in flow cytometry technique

Reagents/tubes	A	B	C	D	E
PBS, μ l	900	700	600	600	800
DCFH-DA, μ l	–	200	200	200	–
PMA, μ l	–	–	100	–	–
PI- <i>S. aureus</i> , μ l	–	–	–	100	100

2.0×10^5 cells/100 μ l were incubated, during 30 min, 2 or 4 h, at 37°C. Tubes of control groups: A = basal cell fluorescence; B = spontaneous oxidative burst; C = PMA-induced oxidative burst; D = phagocytosis-induced oxidative burst; E = percent and intensity of phagocytosis.

vitro effects of PRL 10 and 100 nM after 2 and 4 h of incubation on macrophage activity, and to test in vitro effects of DOMP 10 and 100 nM after 30 min, 2 and 4 h. According to table 1, total volume in each tube was always adjusted to 1,000 μ l by adding 100 μ l of PBS (control groups) or PRL or DOMP in order to obtain their final experimental concentrations. Oxidative burst and phagocytosis were evaluated by flow cytometry, as described above.

Statistical Analysis

Bartlett's test was previously performed to evaluate whether data should be analyzed by parametric or nonparametric tests. All data were parametric, thus they were analyzed by ANOVA followed by the Tukey test. $p < 0.05$ was considered to show significant differences for all comparisons made. Results are presented as means + SD and are expressed as a percentage of control.

Results

In vitro Effects of PRL (10 and 100 nM) on Macrophage Activity

After 30 min, in vitro incubation of macrophage with PRL in both tested concentrations decreased spontaneous oxidative burst (fig. 1). Concerning phagocytosis of labeled *S. aureus*, when macrophages were incubated with PRL 10 nM, the rate of phagocytosis decreased compared with the control group. After 2 h of in vitro incubation with PRL, there were no modifications regarding spontaneous oxidative burst. Nevertheless, PMA-induced oxidative burst was reduced after macrophage incubation with PRL 10 nM, compared with control and PRL 100 nM groups. Macrophages incubated with PRL 10 nM for 2 h showed increased percent of phagocytosis of labeled *S. aureus*, but simultaneously decreased intensity of phagocytosis.

After 4 h of in vitro incubation with PRL, there were no modifications regarding spontaneous oxidative burst.

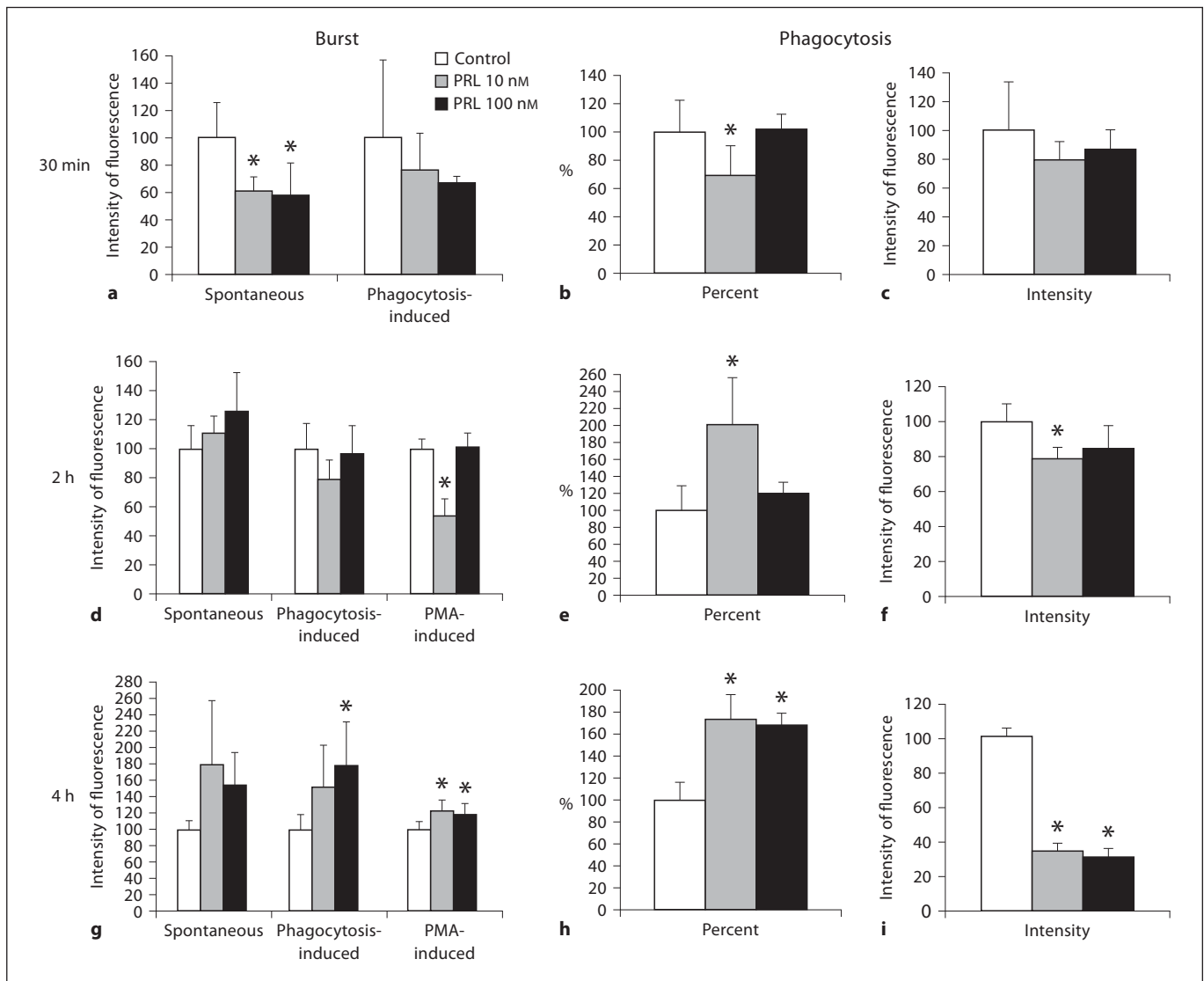


Fig. 1. Effects of PRL in vitro (10 or 100 nM) upon macrophage activity: oxidative burst (a), percent of phagocytosis (b) and intensity of phagocytosis (c) after 30 min of incubation; oxidative burst (d), percent of phagocytosis (e) and intensity of phagocytosis (f) after 2 h of incubation; oxidative burst (g), percent of phagocytosis (h) and intensity of phagocytosis (i) after 4 h. Values are means + SD and are expressed as a percentage of the PBS control. * $p < 0.05$, ANOVA, Tukey test.

Nevertheless, PMA-induced oxidative burst was increased after macrophage incubation with PRL 10 and 100 nM, compared with the control group. Phagocytosis-induced oxidative burst was increased in macrophages of the PRL 100 nM group, compared with the control group. Macrophages incubated with both concentrations of PRL for 4 h showed increased percent of phagocytosis of labeled *S. aureus*, but simultaneously decreased intensity of phagocytosis.

In vitro Effects of DOMP (10 and 100 nM) on Macrophage Activity

After 30 min, macrophages incubated with DOMP 10 nM showed reduction in spontaneous oxidative burst (fig. 2). After 2 and 4 h, macrophages incubated with DOMP 10 nM showed reduction in PMA-induced oxidative burst. On the other hand, parameters related with phagocytosis of labeled *S. aureus* were not altered after 30 min, 2 or 4 h of in vitro incubation with DOMP.

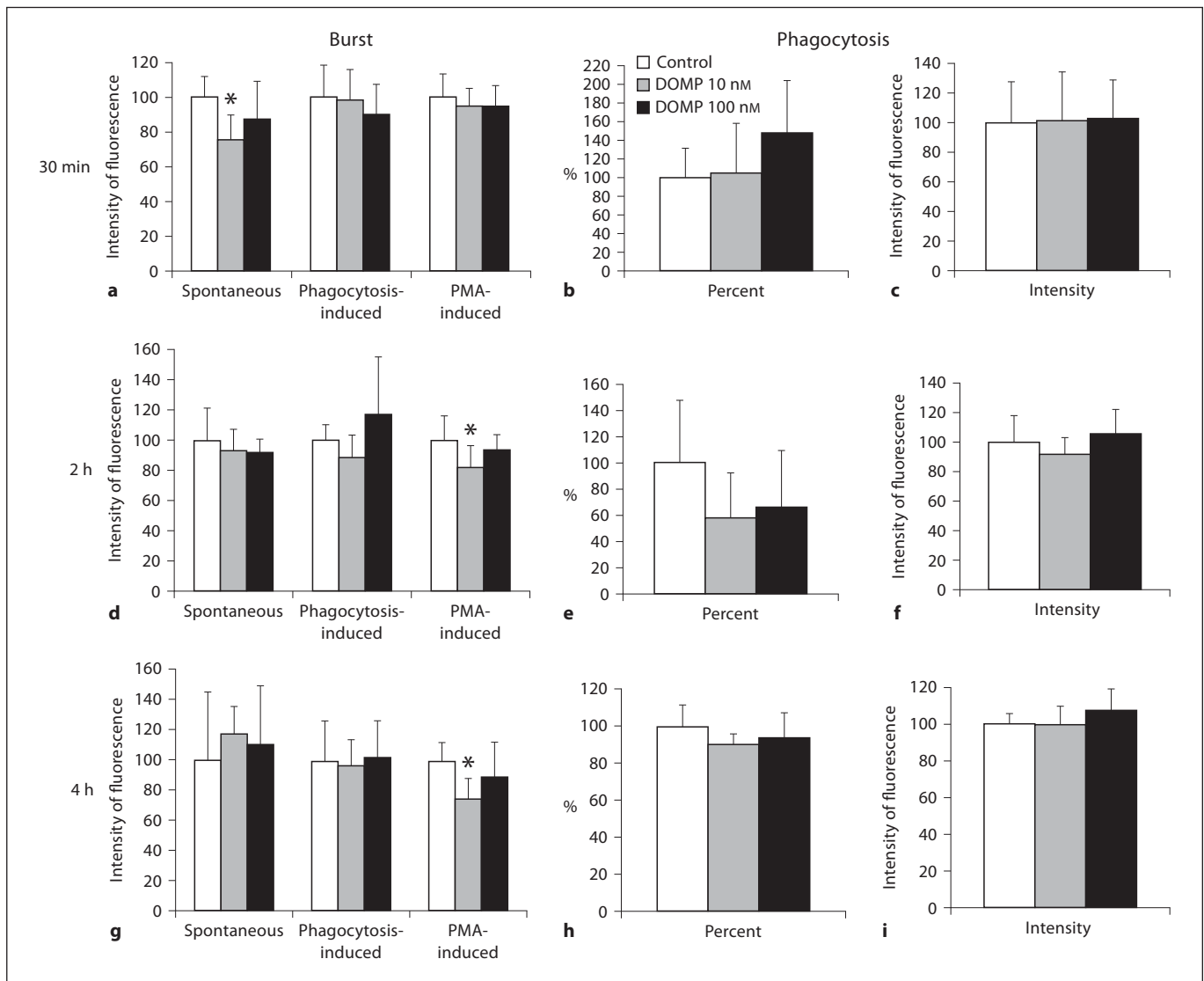


Fig. 2. Effects of DOMP in vitro (10 or 100 nM) upon macrophage activity: oxidative burst (a), percent of phagocytosis (b) and intensity of phagocytosis (c) after 30 min of incubation; oxidative burst (d), percent of phagocytosis (e) and intensity of phagocytosis (f) after 2 h of incubation; oxidative burst (g), percent of phagocytosis (h) and intensity of phagocytosis (i) after 4 h. Values are means + SD and are expressed as a percentage of the PBS control. * $p < 0.05$, ANOVA, Tukey test.

Discussion

The immune system is regulated, to a great extent, by the central nervous system as well as by the peripheral sympathetic nervous system [20]. This is primarily achieved by several hormones, cytokines and neurotransmitters which interact with different immune effector cells, ultimately regulating the response of an individual to disease and other environmental stressors [21]. PRL

has multiple physiological functions, playing a role in lactation, reproduction, growth and development, water and electrolyte balance, as well as immunoregulation [34–37]. This peptide hormone has been shown to stimulate T and B cells, natural killer cells, macrophages, neutrophils, CD34+ hematopoietic cells and antigen-presenting dendritic cells [38–41].

Among the neural mediators, controlling synthesis and release of PRL, dopamine plays a significant role.

Thus, dopamine receptor antagonists induce increases in PRL serum levels as a consequence of this mechanism of action. It has been consistently shown that dopamine antagonists modulate immune responses [8, 31, 42–44] and the catecholaminergic tone modulates macrophage activity in vitro [45, 46]. Importantly, the culture of resident peritoneal cells includes lymphocytes, which can release both PRL [16] and dopamine [26, 27]. The latter feature justifies designing experiments using in vitro blockade of DA receptors of immune cells.

The aim of this work was to directly and separately evaluate the effects of PRL and dopamine antagonism on macrophage activity. Thus, in vitro incubation of both PRL and the dopamine antagonist DOMP were tested in different concentrations and after different times of incubation.

Concerning the 30-min in vitro incubation period with PRL 10 and 100 nM, macrophage activity generally tended to decrease. Peritoneal macrophage incubated with 10 nM PRL for 2 h showed decreased PMA-induced oxidative bursts, increased percent of phagocytosis and decreased intensity of phagocytosis. When the period of incubation with PRL in both tested concentrations was 4 h, there were increased PMA-induced oxidative bursts, phagocytosis-induced oxidative bursts (PRL 100 nM), as well as increased percent of phagocytosis and decreased intensity of phagocytosis. Therefore, in vitro effects of PRL depend on the concentration and the period of incubation in macrophage activity. These PRL effects are consistent with its in vivo actions [36].

PRL acts through its receptors (PRL-R), which have been shown to be present in immunocompetent cells in the mouse [47–49]. Other reports using ligand-binding methods have indicated that PRL-R is present in peripheral blood lymphocytes, spleen and thymus cells [49, 50] as well as in large granular lymphocytes [51]. Isolated peritoneal macrophages constitutively express high-intensity PRL-R, suggesting that cells from the immune system may respond to either pituitary PRL or PRL-like molecules [48].

In this context, the role of PRL as a mediator of physical activity-induced stimulation of macrophage phagocytosis was investigated. Thus, peritoneal macrophages from BALB/c mice were incubated for 30 min with 1.1 ng/ml (basal concentration in these animals), 2.2 ng/ml (the concentration observed in plasma after swimming until exhaustion), 8, 16 and 22,000 ng/ml of PRL. Incubation of peritoneal macrophages with a concentration of PRL similar to that observed in plasma immediately after physical activity stress stimulates phagocytic capacity.

This stimulation was also observed after incubation of macrophages with the higher concentrations of PRL. Therefore, these findings indicate that PRL acts as a mediator of macrophage phagocytosis after 30 min of incubation [52], as it was found in the present work.

The activation of rainbow trout (*Oncorhynchus mykiss*) phagocytic cells by PRL was investigated in vitro elsewhere. Those macrophages, incubated with 10–100 ng PRL/ml, showed significantly enhanced production of superoxide anion compared with control macrophages (without hormone). In addition, cells treated with PRL also showed increased phagocytic activity and phagocytic index. These results indicate that PRL stimulates in vitro in the macrophages of this fish, similar to what we found in rat macrophage [53]. Hence, the role of PRL on macrophage activity is important from an evolutionary view and seems to be conserved in fishes and mammals.

It is well known that cells of the monocyte/macrophage lineage play an important role in the host's defense against various microbial infections and tumors [54, 55]. Macrophage-mediated microbe death is manifested by a variety of mechanisms, involving secretion of bioactive molecules, such as nitric oxide (NO), and generation of reactive oxygen intermediates, such as H₂O₂ [56, 57]. Macrophages can be activated by a number of agents, some of which act via signal transduction processes involving the modulation of various second messengers like protein kinase C (PKC) and Ca²⁺ [58, 59].

In this context, the effects of in vitro treatment of murine macrophages with PRL have been reported on the production of regulatory molecules such as nitric oxide (NO) and the modulation of PKC activity in these cells. The production of NO by macrophages was enhanced after simultaneous treatment with PRL and LPS. However, NO production decreased when macrophages were treated with PRL and the Ca²⁺ blocker, nifedipine, suggesting a role of Ca²⁺ in the activation of macrophages with PRL [60].

Therefore, one can suggest that the in vitro effects of PRL described in the present study are due to the activation of PRL-R on the peritoneal macrophage surface; PRL-induced activation of PRL-R ultimately leads to macrophage activity in a time-dependent fashion, by gene transcription activation or through second messenger involvement, such as PKC or Ca²⁺. The biphasic effects of PRL have been described previously in vivo. Short- and long-term treatments with this hormone usually generate opposite behavioral and neurochemical effects [36].

In vitro effects on macrophage activity of different concentrations of DOMP, in different periods of incubation, were also tested. Spontaneous oxidative burst was decreased by DOMP 10 nM after 30 min of incubation. After 2 or 4 h, DOMP 10 nM in vitro was able to reduce PMA-induced oxidative burst.

Indeed, there is evidence of specific dopamine receptors on macrophage surface [23, 26], as well as in other immune cells [22, 61–63]. Norepinephrine and dopamine are neurotransmitters and stress hormones known to affect macrophage functions [64–67]. Importantly, since macrophages accumulate catecholamines into functional pools and lymphocytes themselves produce catecholamines [68, 69], an autocrine or paracrine regulatory loop may exist. This loop would attenuate the functions of macrophages, such as hydrogen peroxide production, according to the conditions and requirements of the inflammatory site [46].

The biphasic effects of dopamine have already been reported. In wall lizards, the 3 catecholamines dopamine, norepinephrine and adrenaline stimulated macrophage phagocytosis at lower concentrations (10^{-11} to 10^{-15} M), whereas they suppressed phagocytic activity at higher concentrations (10^{-7} to 10^{-5} M), suggesting the existence of a concentration-related differential effect of catecholamines on macrophage function [70]. The stimulatory effect of catecholamines on phagocytic activity of peritoneal macrophages has been demonstrated in chickens in which β -adrenergic antagonists and dopamine receptor

antagonists blocked the norepinephrine and dopamine action, respectively [71].

Similarly, intracellular cAMP level by phosphodiesterase activity stimulators, imidazole and phenylimidothiazole, or an inhibitor agent, theophylline, enhanced or reduced the phagocytosis by murine peritoneal macrophages, respectively [72].

Hence, as reported in the present study, both PRL and the blockade of dopamine receptor using DOMP modulate macrophage activity: phagocytosis and oxidative burst. Also, the results showed that shorter and longer periods of incubation, especially with PRL, differently alter macrophage activity. Therefore, it is possible to suggest that both PRL and dopamine can modulate macrophage activity. Consequently, in vivo effects of DOMP may be due to both its direct effects on macrophage, shutting down the dopaminergic tone of the cell culture and its regulatory effects on synthesis and release of pituitary PRL, which can also modulate macrophagic activity.

Acknowledgments

This research was supported by Fundação de Amparo à Pesquisa do Estado de São Paulo (FAPESP) grants awarded to Luciano F. Felício (No. 05/56833-4) and João Palermo-Neto (No. 04/14128-0). Maria I.R. Carvalho-Freitas was supported by a fellowship from Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES).

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