



The use of mini-invasive surgical techniques to treat refractory exit-site and tunnel infections in peritoneal dialysis patients: a clinical approach

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Abstract

Peritoneal dialysis—(PD) related infections continue to be a major cause of morbidity and mortality in patients on PD. Although great advances have been made in the prevention and treatment of infectious complications over the past two decades, catheter-related infections represent a significant cause of technical failure in PD. Recent studies support the role of exit-site/tunnel infections in causing peritonitis. Peritonitis secondary to tunnel infection led to catheter loss in most cases. Thus, removing the catheter when exit-site/tunnel infection is refractory to medical therapy has been recommended. This approach requires interrupting PD and, after the placement of a central venous catheter, and transferring the patient to haemodialysis. In order to continue PD, simultaneous catheter removal and replacement of the PD catheter has been suggested. Although simultaneous catheter removal and replacement avoids temporary haemodialysis, it implies the removal/reinsertion of the catheter and the immediate initiation of PD with the risk of mechanical complications, such as leakage and malfunction. Hence, several mini-invasive surgical techniques, such as curettage, cuff-shaving, removal of the superficial cuff, and partial reimplantation of the catheter, have been proposed as rescue treatments. These procedures may allow the rescue of the catheter with a success rate of 70–100%. Therefore, in case of refractory exit-site/tunnel infection, a mini-invasive surgical revision should be considered before removing the catheter.

Keywords Peritoneal dialysis · Exit-site infection · Tunnel infection · Peritonitis · Cuff-shaving · Cuff-removal · Partial reimplantation · Ultrasound

Introduction

Peritoneal dialysis—(PD) related infections remain the main cause of morbidity and PD discontinuation, and are responsible for 35–55% of technique failure [1–3].

Recent studies seem to confirm the theory that ascribes a direct role to exit-site and tunnel infections (ESIs/TIs) in causing peritonitis [4, 5]. It has been hypothesized that

microorganisms are able to migrate from the exit-site along the tunnel to the peritoneal cavity [6]. During this migration the microorganisms can colonize the Dacron superficial cuff and form a biofilm that facilitates their proliferation [7, 8]. The creation of this layer around the superficial cuff makes these infections unresponsive to medical therapy [9, 10]. In cases of ESI/TI refractory to medical therapy (no response after 3 weeks of appropriate antibiotic treatment), removing the catheter and continuing antibiotic therapy for at least 2–4 weeks has been suggested. This approach implies the interruption of PD and the transition to haemodialysis (HD) via the placement of a temporary central venous catheter, which is associated with a greater probability of infection, thrombosis, stenosis of the central vessels and increased mortality [11–14]. In order to spare the patient the change of dialysis modality, several authors have proposed the simultaneous removal and reinsertion of the PD catheter (SCR). When this procedure was used to treat ESI/TI without secondary peritonitis, it showed a success rate between 75 and

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100%, but it required the removal of the catheter and the immediate resumption of peritoneal exchanges with a high risk of early leakage and catheter malfunction [15–19].

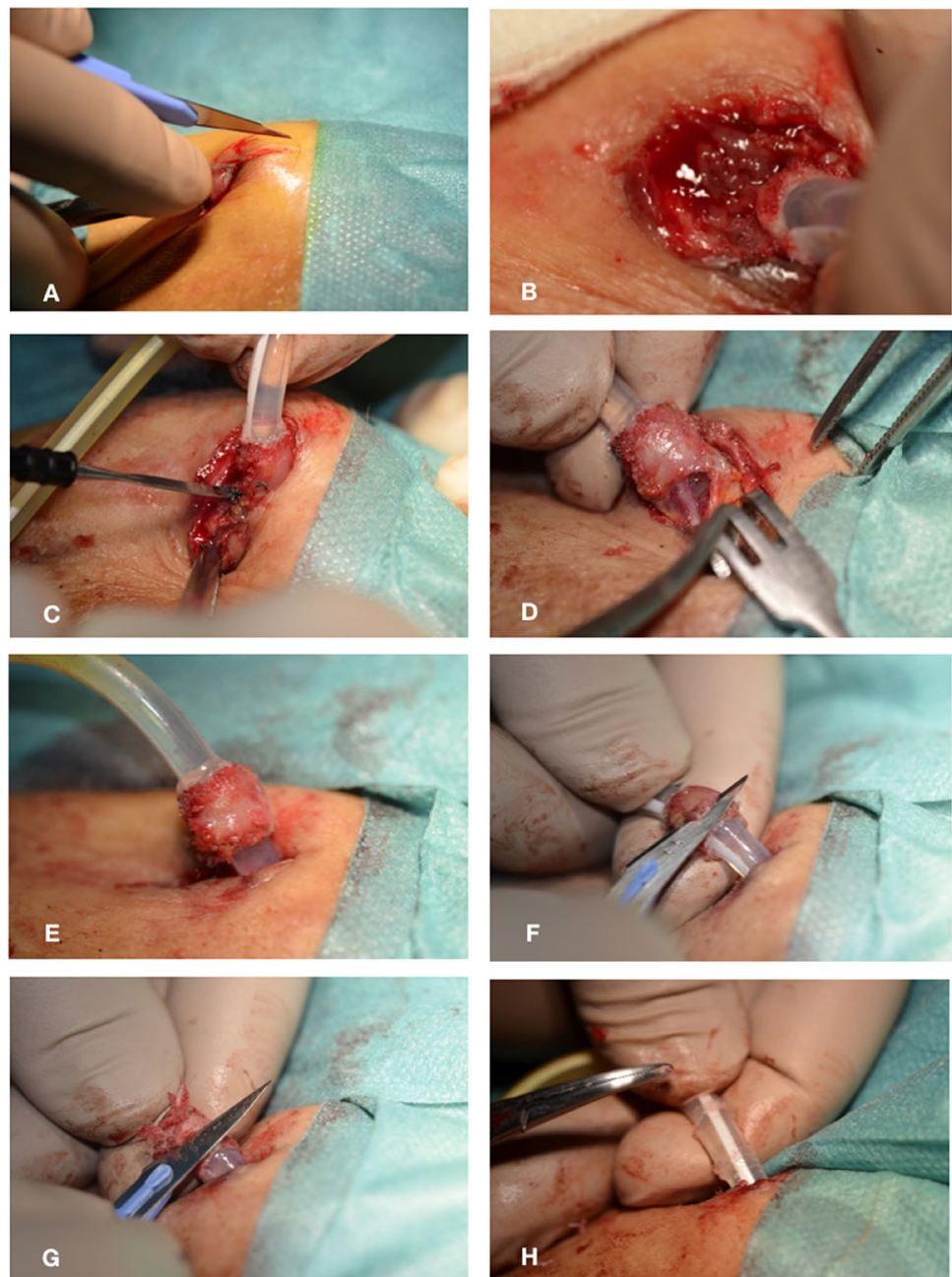
The optimal therapeutic approach should allow continuation of PD with an uninfected catheter. Thus, several non-invasive surgical techniques, such as curettage, cuff-shaving, partial reimplantation of the PD catheter and removal of the superficial cuff have been proposed [20–24].

Mini-invasive surgical techniques

Curettage

The curettage technique proposed by Ziauddin consists in removing the infected peri-catheter tissue by means of a bone curette with a sharp edge, tiny enough to enter the exit site sinus. In patients without infection of the superficial cuff, the manoeuvre was effective in 83% of cases [20].

Fig. 1 A–H cuff-shaving: **A** skin incision of about 3–4 cm at the level of the exit-site in the direction of the superficial cuff; **B** localization of the superficial cuff by blunt dissection; **C**, **D** isolation of the superficial cuff from the adipose and scar tissue; **E** complete isolation of the superficial cuff from the scar tissue; **F**, **G** careful shaving of the cuff using a scalpel; **H** only the shadow of the superficial cuff remains at the end of the procedure



Cuff-shaving

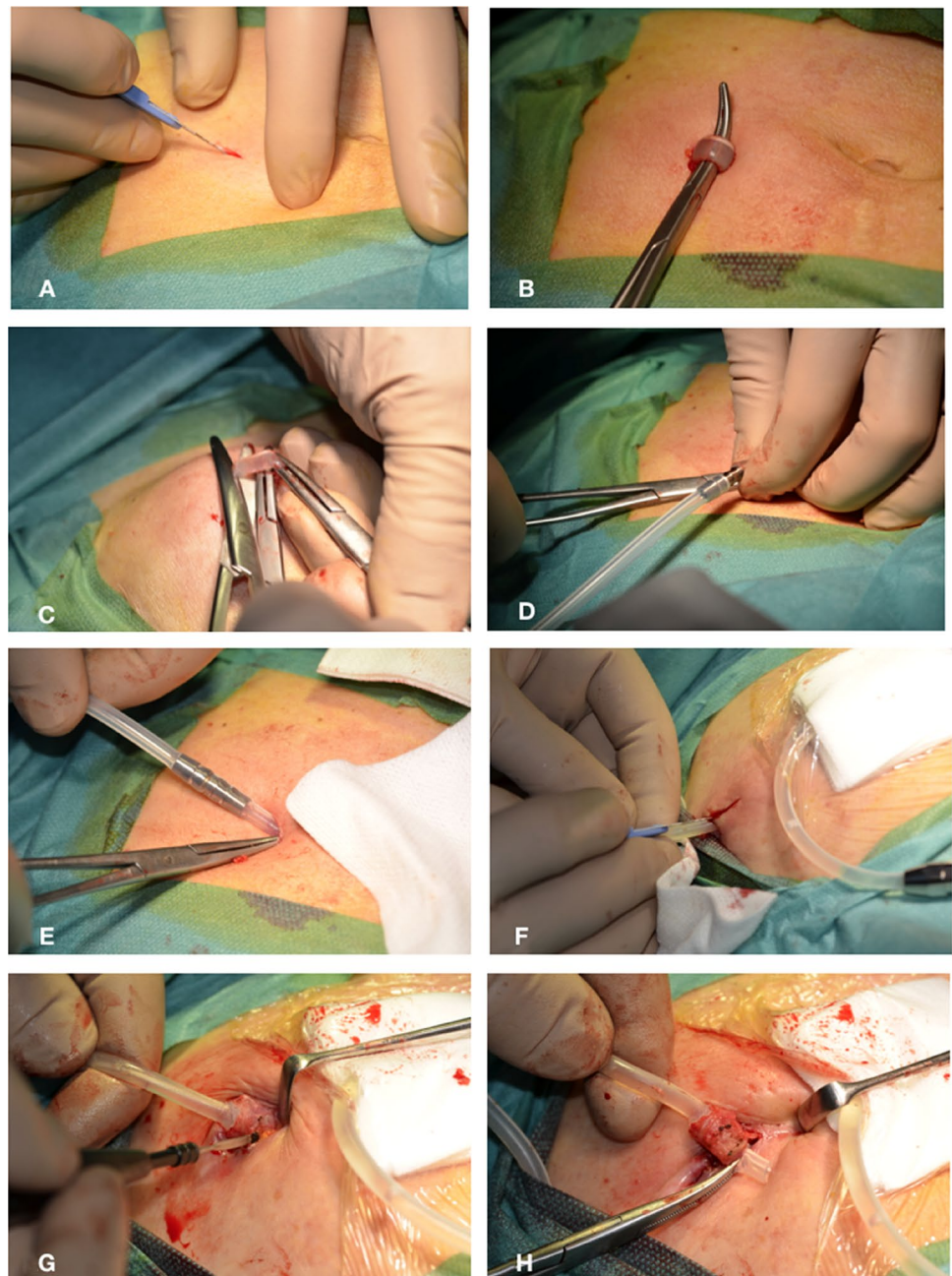
The cuff-shaving technique consists in making an incision from the sinus to the proximal edge of the superficial cuff, followed by the progressive shaving of the cuff and excision of the surrounding necrotic tissue (Fig. 1A–H).

This procedure was first proposed by Nichols and Nolph [21], and was subsequently used in 21 cases by Piraino et al. who reported a failure rate of 76% [25]. Our experience, based on 41 interventions, showed a satisfactory outcome in approximately 50% of cases [26].

In 13 patients without clinical signs of superficial cuff infections, Crabtree et al. obtained a success rate of 100% [27], while several Asian studies documented a success rate between 75 and 100% [28–32]. A study conducted by Cho et al. involving 13 patients who refused surgical treatment, reported that none were resolved by medical therapy and all of them ultimately required catheter removal [30]. A modified cuff-shaving procedure with a new exit-site relocation was performed in 27 refractory ESIs by Kirmizis et al. in the UK, obtaining a satisfactory outcome in 75% of cases [33].

Favourable results with the use of the cuff-shaving technique have also been described in paediatric populations

Fig. 2 A–H removal of the superficial cuff and creation of a new exit-site: **A** skin incision of approximately 5 mm, 1–2 cm from the inner edge of the superficial cuff; **B, C** the peritoneal catheter is retrieved through the tiny incision and cut as close as possible to the superficial cuff; **D** once outside the subcutaneous layer, the catheter is extended and a piece of new catheter is connected using a titanium adapter; **E** the adapter employed to extend the catheter remains outside the new exit-site so as not to hinder its maturation; **F** skin incision of about 1–2 cm at the level of the old exit-site sinus; **G** removal of the adipose and scar tissue attached to the infected superficial cuff; **H** removal of the infected superficial cuff connected to the distal part of the old catheter



[34, 35]. Yoshino et al. reported a success rate of 87.5% (28 cases out of 32) similar to the outcomes observed in a control group of 29 patients who were treated by catheter removal [35].

Partial reimplantation of the catheter

The partial catheter reimplantation technique consists in isolating the portion of the catheter between the two cuffs and splicing it in proximity of the deep cuff. Thereafter, the device is extended via the distal portion of another catheter and tunnelled subcutaneously in the contralateral hemi-abdomen with the creation of a new exit-site. The procedure of partial reimplantation (also known as “splicing technique”) was first described by Roman et al. [22]. The main complication reported by the Authors consisted in the disconnection of the two ends at the connector level in approximately 15% of cases. Cheung et al. used this procedure for the treatment of 23 ESIs reporting a favourable outcome in approximately 50% of episodes [36], while Oki et al. successfully treated more than 85% (35 out of 40) of TIs without signs of infection beyond the superficial cuff [37]. Further encouraging data came from the studies by Chao and Sakurada who obtained a success rate between 90 and 100% [38, 39]. The technique was also used in Europe. Cloutre et al. performed 7 partial reimplantations for the treatment of 5 ESIs/TIs sustained by *Staphylococcus aureus* and 2 by *P. aeruginosa*. The procedure was successful in 6 out of 7 cases (86%): the only failure was caused by early leakage due to the disconnection of the extension [40]. Similar results (95% success rate) were also achieved by Fukasawa et al. who performed 22 partial reimplantations, but only in patients with no signs of abscess beyond the superficial cuff [41]. Furthermore, Muraoka et al. demonstrated the superiority of partial reimplantation over prolongation

of antibiotic therapy (100% vs 60% success rate) in a series of 17 interventions [42].

Cuff removal

In order to overcome the disadvantages associated with cuff shaving, we introduced a new surgical technique. The procedure consists in isolating a portion of the catheter proximal to the superficial cuff, cutting the catheter at the level of the cuff, and extending the portion of the catheter using a new piece connected by a titanium extender; lastly, the infected cuff is removed through the old exit-site (Fig. 2A–H). This technique showed a success rate above 70% (15 out of 21 cases) in both Gram-positive (12 out of 17 cases) and Gram-negative infections (3 out of 4 cases) [23].

Prognostic value of ultrasound in tunnel infections

The position of the abscess along the catheter tunnel identified by ultrasound examination (US) possesses a well-defined prognostic value [43]. Examining almost 100 single-cuff, catheter-related infections, Vychytil et al. divided these episodes into 3 categories according to US: isolated exit-site infection, superficial tunnel infection (absence of cuff involvement) and deep tunnel infection (ultrasonographic signs of deep cuff involvement). The Authors observed that all cases of exit-site and superficial tunnel infections were efficaciously resolved by antibiotic treatment, while 40% of the deep tunnel infections were refractory to medical therapy, thus requiring catheter removal [44]. In patients with a double cuff catheter, the identification of deep cuff infection was strongly associated (> 90% of cases) with recurrence

Fig. 3 Advantages and disadvantages of the different mini-invasive surgical procedures that can be performed to treat exit-site and tunnel infections unresponsive to medical therapy

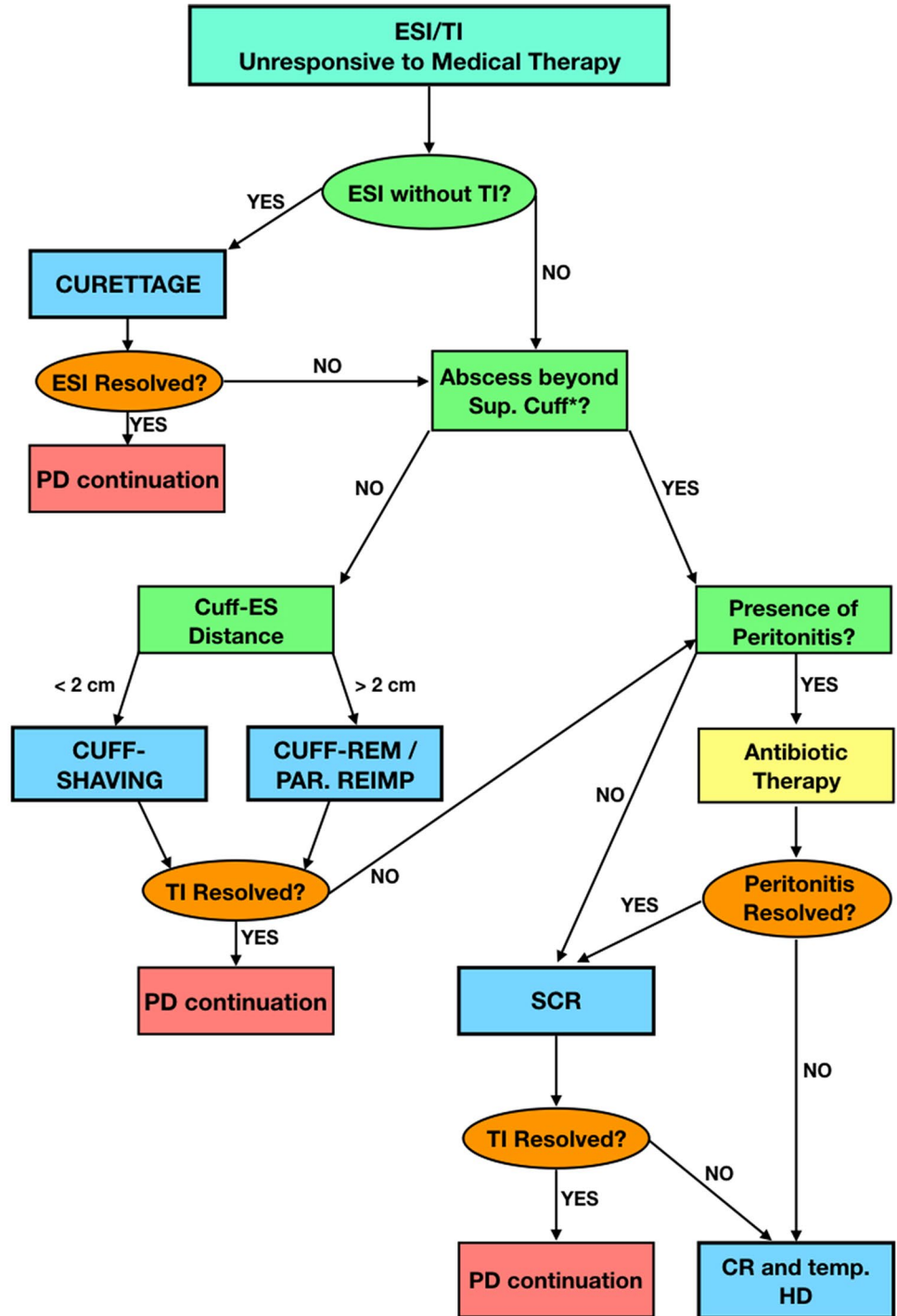
	ADVANTAGES	DISADVANTAGES
CURETTAGE	-Minimally invasive -Easy procedure	-Not effective in tunnel infection -Limited evidence
CUFF SHAVING	-No extra material needed -No catheter restructuring	-Large surgical incision -Short distance exit-site/cuff -Long wound healing time
CUFF REMOVAL	-Tiny surgical incision -No subcutaneous extension	-Short distance exit-site/cuff -Catheter restructuring
PARTIAL REIMPLANTATION	-Long distance exit-site/cuff -Exit-site far from infection -Restoration of catheter anatomy	-Large surgical incision -Catheter restructuring -Subcutaneous extension

[45]. Similarly, Plum et al. observed that the presence of a positive US in the segment between the two cuffs predicted the occurrence of secondary peritonitis in 62.5% of cases [46]. Thus, the available evidence shows that tunnel infections with involvement of the cuffs are unlikely to respond to antibiotic therapy, thereby requiring the removal of the catheter in most cases.

Mini-invasive surgical interventions: technical considerations

Curettage is the simplest and least invasive approach, while cuff-shaving involves a surgical incision that varies depending on the distance between the exit-site and the superficial cuff. In addition, removal of the fibrous tissue and the infected subcutaneous fat is responsible for bleeding and pain at the

Fig. 4 Flowchart regarding the management of exit-site and tunnel infections unresponsive to medical therapy. *ESI* exit-site infection, *TI* tunnel infection, *PD* peritoneal dialysis, *ES* exit-site, *sup. Cuff* superficial cuff, *CUFF-REM* removal of the superficial cuff and creation of a new exit-site, *PAR. REIMP* partial reimplantation of the peritoneal catheter, *SCR* simultaneous peritoneal catheter removal and reinsertion, *CR* peritoneal catheter removal, *temp. HD* temporary haemodialysis. *The degree of the infectious episode should be assessed by physical examination (searching for erythema, edema, induration, or tenderness over the exit-site or subcutaneous pathway) and by ultrasonographic evaluation (detection of hypoechogenic areas between the tube/cuff of the catheter and the surrounding tissues with a diameter > 1 mm)



wound site. Compared to other procedures, cuff-shaving does not require extra material, and preserves the continuity of the peritoneal catheter. On the other hand, partial reimplantation requires making a large incision, cutting the catheter close to the deep cuff and extending the catheter into the subcutis using a titanium adapter which will then be left in place with the risk of subcutaneous leakage in case of disconnection. Removing the cuff is less traumatic and is performed through a small incision that will then become the new exit-site. The procedure does not require the removal of the fat around the infected cuff, and it avoids bleeding and wound pain. The extension of the catheter by the titanium extender takes place outside the new exit-site allowing prompt diagnosis and resolution in case of detachment (Fig. 3).

Therapeutic algorithm in refractory exit-site and tunnel infections

In light of the available evidence, we propose the following therapeutic algorithm (Fig. 4). In case of ESI refractory to medical therapy without clinical/ultrasonographic signs of TI, the curettage technique is recommended. When ESI is not responsive to curettage, or in the presence of clinical/ultrasonographic signs of TI limited to the superficial cuff, and in the absence of secondary peritonitis, the distance between the exit-site and the superficial cuff should be evaluated. If this distance is less than 2 cm, cuff-shaving should be proposed; otherwise (distance > 2 cm) removal of the superficial cuff or partial reimplantation can be adopted.

Though completely safe in cases of mechanical complications [47], SCR should be performed in the absence of active peritonitis (effluent white cell count < 100/μL for 4 consecutive days) when employed to treat TI unresponsive to cuff-shaving/partial reimplantation/removal of the superficial cuff [48]. In cases of persistent TI after SCR and in TI associated with peritonitis refractory to medical therapy, it is necessary to remove the peritoneal catheter and temporarily switch the patient to HD.

It must be underlined that in order to carry out these procedures safely, the interventionalist needs to familiarize him/herself with catheter insertion and long-term catheter management, since only a strong background in this field allows to choose the most suitable intervention for the patient at the right time.

Conclusion

Mini-invasive surgical revision represents a valid therapeutic option in case of ESI/TI that is unresponsive to medical therapy. In fact, when adopted in the appropriate clinical context, these techniques allow to resolve catheter-related infections in 70–100% of cases, thus significantly increasing

PD survival. Therefore, in nephrology units where expert operators are available, mini-invasive surgical procedures should be considered in the presence of refractory ESI/TI before proceeding with the removal of the peritoneal catheter.

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Data availability Data sharing not applicable to this article as no datasets were generated or analysed during the current study.

Declarations

Conflict of interest We have read and understood Journal of Nephrology's reports policy on disclosing conflicts of interest and declare that we have none.

Ethical approval No required.

Informed consent to participate No required.

Informed consent to publish No doubt that anonymity can be maintained.

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