

THE SPANISH VERSION OF THE YP-CORE (YOUNG PERSON'S CLINICAL OUTCOMES IN ROUTINE EVALUATION)

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Introduction



Mental health problems in children and adolescents are around 20%

- Need to apply **effective and efficient** interventions
→ TRACKING THE PROCESS
- Need to use **pantheoretical** measures
→ COMPARING ACCROSS THEARPIES AND DIAGNOSES

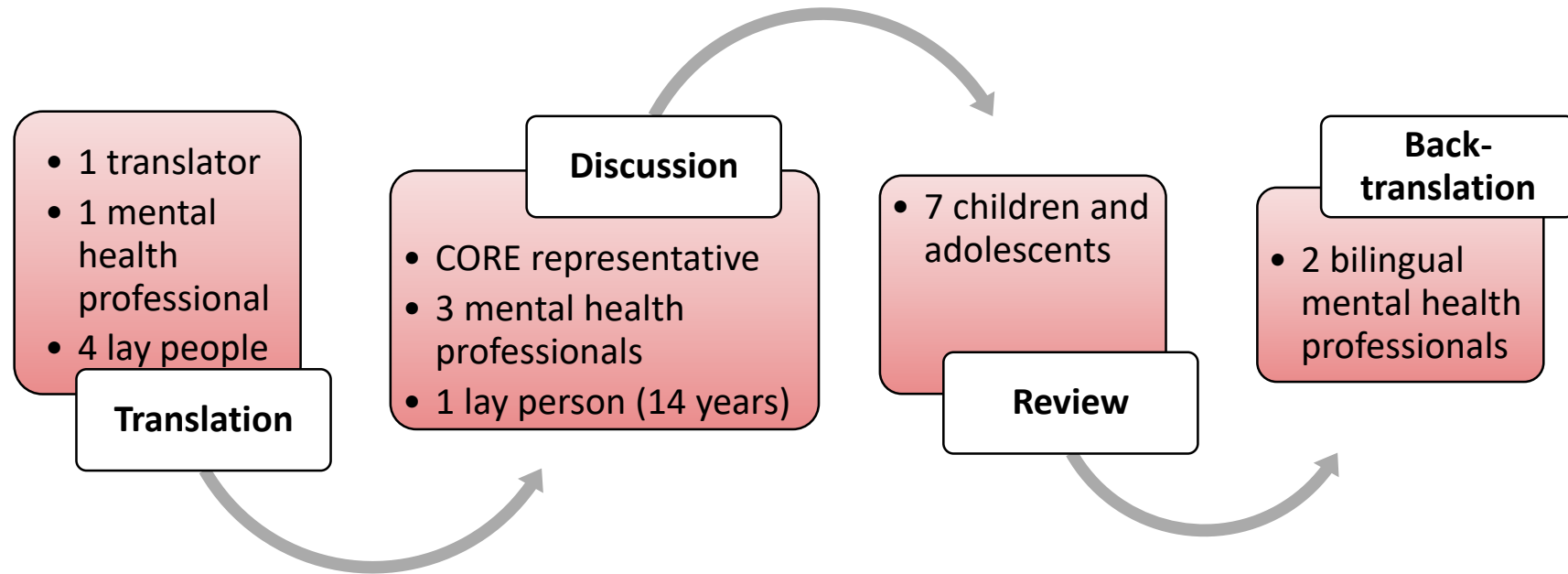
YP-CORE: Young Person's Clinical Outcomes in Routine Evaluation

The image shows a YP-CORE assessment form. At the top left is the YP-CORE logo, which consists of three green curved lines and a blue circle. The form includes several sections for demographic and clinical information:

- Demographics:** Código del centro, Código del chico/chica, Código del terapeuta, Subcódigos, Fecha de la administración (with a grid for day, month, and year), Sexo (M/F), Edad, Fase actual (with options: 3 Criterio, 4 Evaluación, 7 Primera sesión de terapia, 8 Previa a la terapia (no evaluado), 9 Última sesión de terapia, 0 Documento 1, 1 Documento 2), and Episodio.
- Assessment:** A section titled "Estas preguntas son sobre cómo te has sentido EN LA ÚLTIMA SEMANA. Por favor, lee cada pregunta con atención. Piensa cuántas veces te has sentido así en la última semana y a continuación marca claramente con una cruz la casilla que creas que encaja mejor." Below this is a list of 10 statements with a 5-point Likert scale (0-4) for each. The statements are:
 1. Me he sentido inquieto/a o nervioso/a
 2. No me ha apetecido hablar con nadie
 3. Me he sentido capaz de enfrentarme a las cosas cuando iban mal
 4. He pensado en hacerme daño a mí mismo/a
 5. Ha habido alguien a quien he sentido que podría pedir ayuda
 6. Mis pensamientos y sentimientos me han alterado
 7. Mis problemas han sido demasiado para mí
 8. He tenido problemas para dormir o para dormir toda la noche
 9. Me he sentido feliz
 10. He hecho todo lo que me había propuesto
- Footer:** "Gracias por responder estas preguntas" and a small copyright notice: "© CORE System Trust. <http://www.core-system-trust.org.uk/ypcore.pdf>"

Methods

TRANSLATION



PSYCHOMETRIC VALIDATION

- Non-clinical sample: n = 136 participants (49% males; age quartiles: 12, 13, 14)
- Clinical sample: 112 participants (30% males, age quartiles: 14, 15, 16)
- Instruments: YP-CORE + Youth Self Report

Results

Acceptability

235 (94,8%) totally
 ↗ Non clinical sample (96,3%)
 ↘ Clinical sample (92,9%)

Normality

No normality → Non parametric statistics

Reliability

Alpha values > 0,7
 ↗ Males: 0,83 (IC 95%: 0,71 – 0,91)
 ↘ Females: 0,85 (IC 95%: 0,79 – 0,89)

Stability

Rho Spearman → 0,637 (statistically significant)

Convergent validity

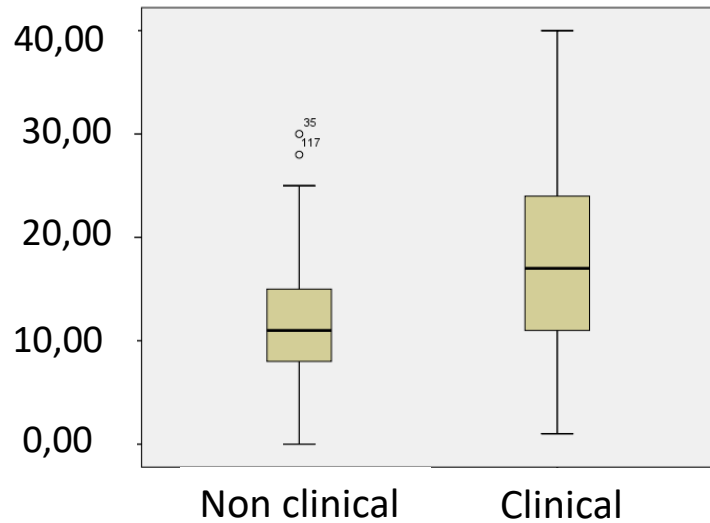
All correlations were statistically significant between YSR and YP-CORE

Highest correlations →
 Between Total scores
 Between YP-CORE Total score and YSR internalizing
 problems, mood and depression

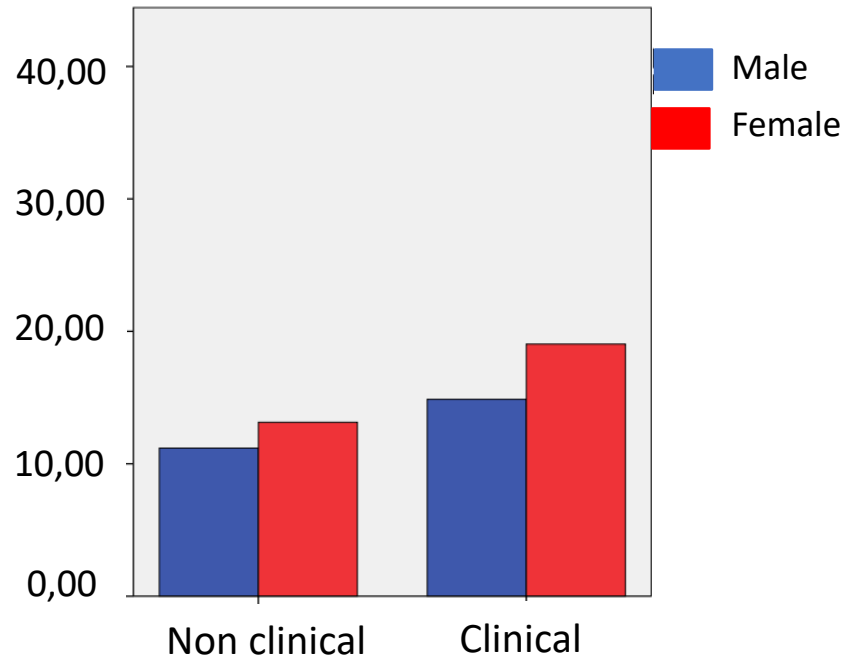


Results

Differences between clinical and non clinical sample



Gender influence



PCA (clinical sample)

Item	Factors	
	1	2
1	0,885	
6	0,847	
9	0,787	
7	0,718	
2	0,643	
8	0,570	
4	0,505	
10		0,838
3		0,708
5		0,673

Cut-off scores	Group	Cut-off scores Total	Cut-off scores Total – Risk
	Males	12,72	13,88
	Females	15,49	16,64
	Total Sample	14,91	16,05





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