



# A DECADE OF AMERICAN MUSLIM YOUTH: WHAT DOES THE RESEARCH SAY?

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# American Muslim Youth

- American Muslims
- American Society
- Significance: Research, Educate, Empower

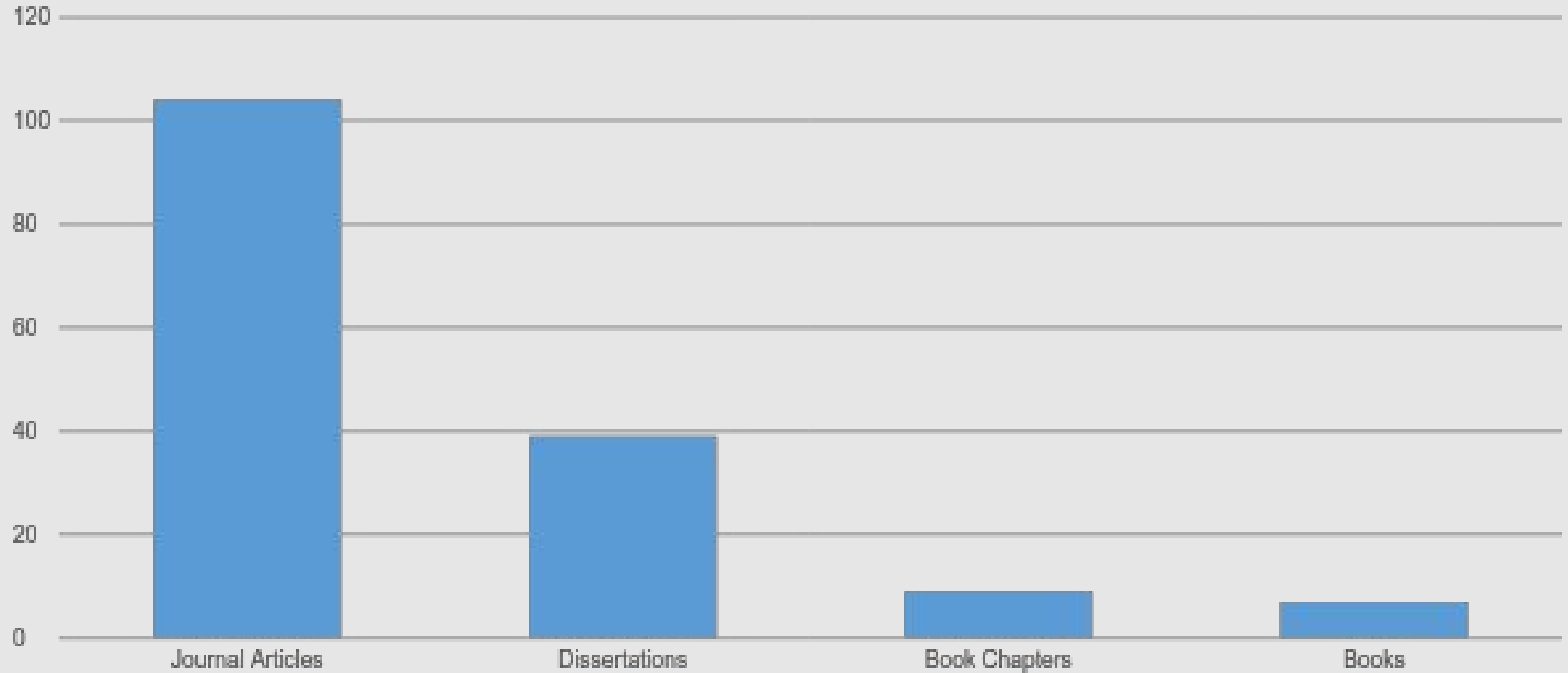


# Methods

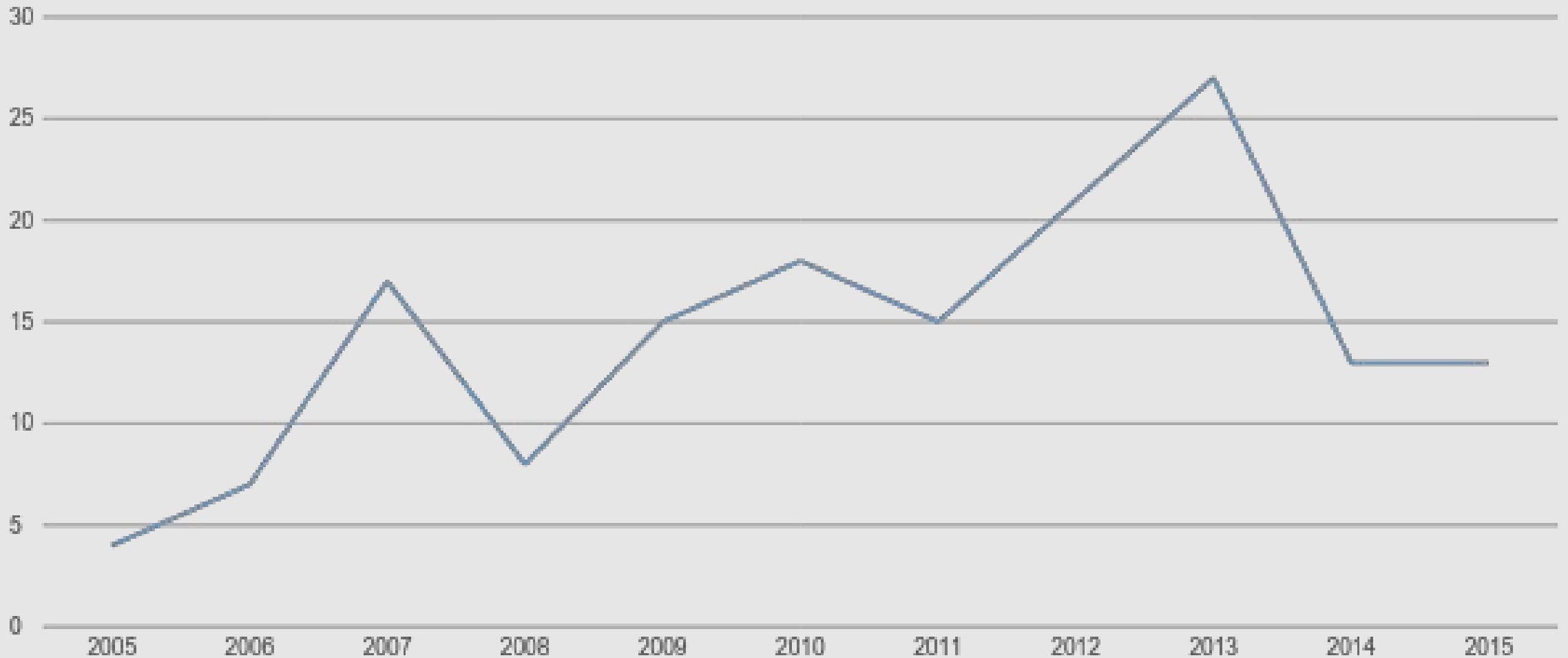
- Keyword “Muslim”
- PsychINFO and PsychARTICLES
- Between 2005 and 2015
- Inclusion factors: U.S. Adolescents and Emerging Adults
- Exclusion factors
- Final sample (N=159)



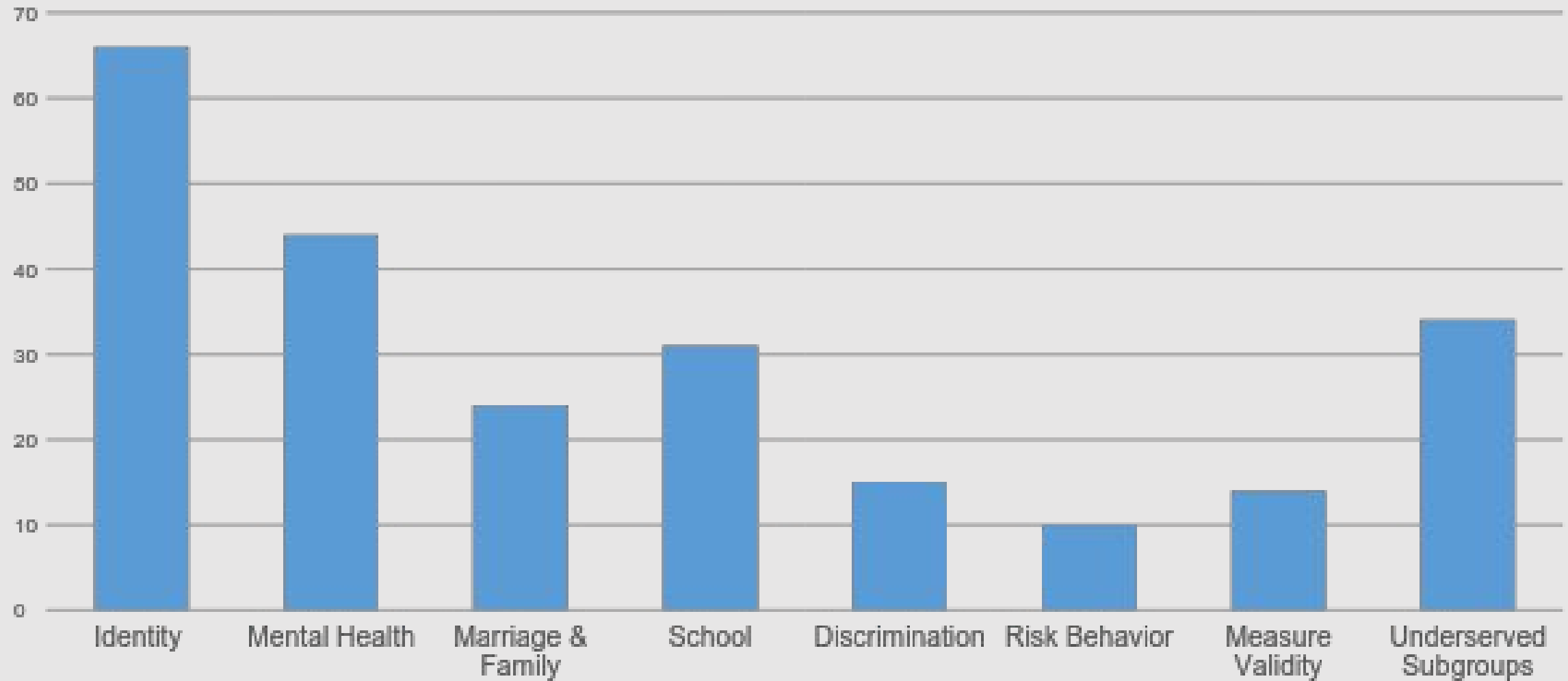
# Publications By Type



# Publications By Year

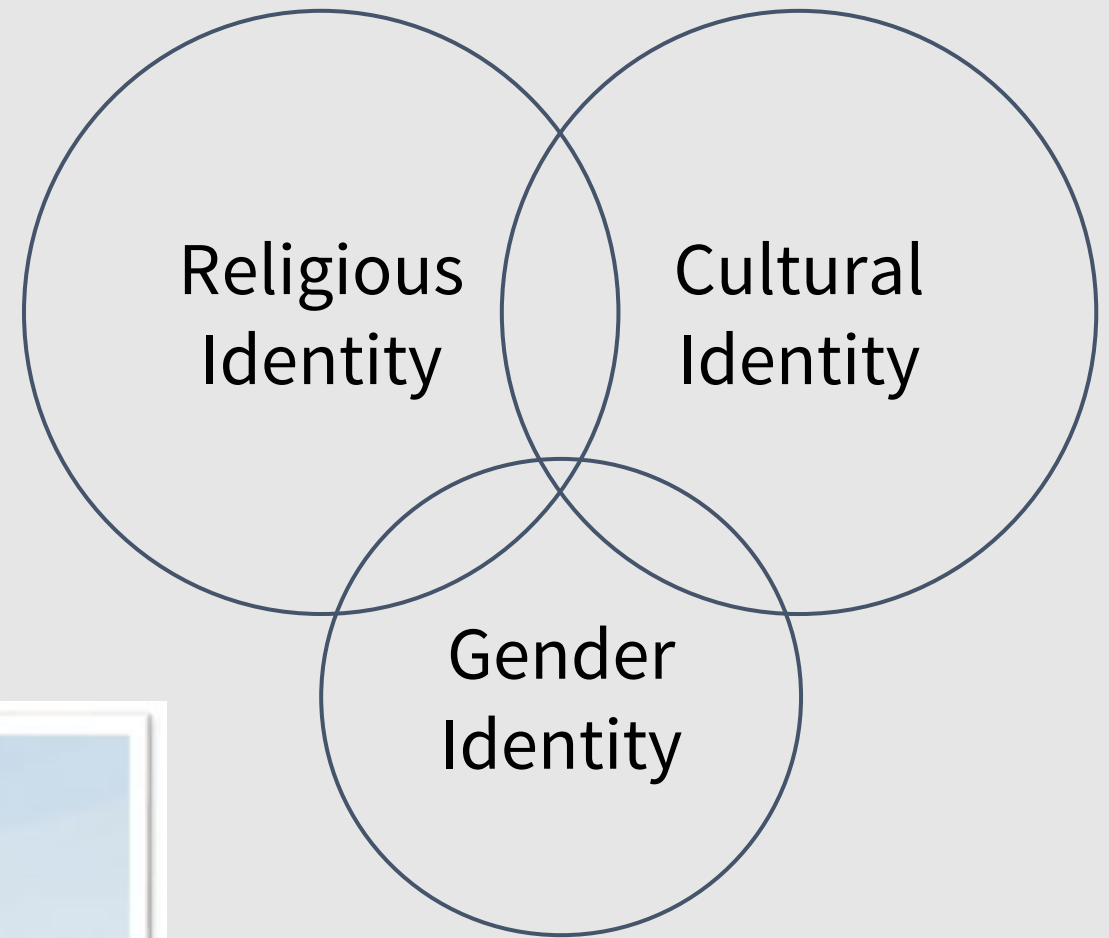


# Themes



# Identity

- Navigating Identities
- Acculturation
- Gaps





# Mental Health

- Mental health illnesses and symptoms
  - *Anxiety, PTSD, Schizoaffective disorder*
  - *Depression and Anxiety Symptoms*
- Mental health as a correlate
  - *Discrimination, Acculturation, Family Dynamics*
- Positive well-being
  - *Religiosity, Spirituality*
- Counseling AMY
  - *Build Rapport*
  - *Be Comfortable with Religion and Culture*
  - *Group Therapy*
  -
- Gaps



# Marriage & Family Dynamics



## ■ Marriage

- *Interracial and Interreligious marriage*

## ■ Parenting

- *Parent-child dyads*
- *Communication*
- *Religion and Religiosity*

## ■ Family Context

- *Domestic Violence*
- *Cultural Identity Formation*
- *Religious Socialization*
- *Muslim Families in Treatment*

## ■ Gaps



# Educational Environment

- Interventions and Programs
  - *Staff intervention*
  - *Policies*
  - *Campus accommodations*
- Education and Academic Success
  - *Discrimination, Acculturation, Religiosity*
- Experiences in School as an AMY
- Gaps



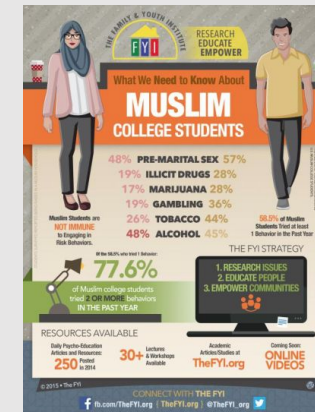
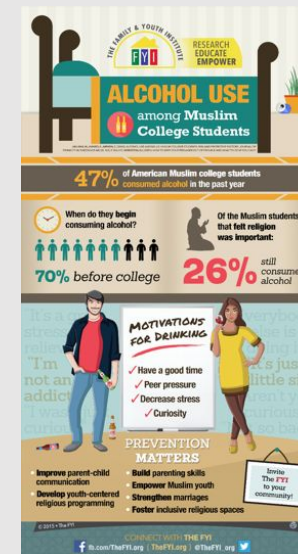
# Discrimination

- Occurrence
  - *Why, when, where, what*
- Gender Differences
- Gaps



# Risk Behaviors

- Role of religion, religiosity, religious involvement
- Types of Risk Behaviors
  - Alcohol/Substance Abuse
  - Pre-marriage Sexual Behaviors
  - General Problem Behavior
- Gaps



# Subgroups

- Muslim youth are a heterogeneous group different identities, cultures, upbringings, and experiences
- Young Muslim women
- Refugee youth
- Convert youth
- Gaps



# Researching American Muslim Youth

- Researching and recruiting AMY
  - *Rapport building*
  - *“Entry marks”*
- Measure validity or creating constructs
  - *Constructs of religiosity, spirituality, & religious commitment*
  - *Measures of religiosity, spirituality, and cumulative trauma*





# Limitations and Conclusion



- Limited to PsychInfo or PsychArticles databases.
- Only works that have been published
  - *Reports & conference presentations not included*
- Most of the papers focus solely on psychological research
  - *Social Work, Education, Ethnic Studies, Anthropology, Sociology may be included*



# The Family and Youth Institute

