

Impaired Glucose Tolerance and Reduced Plasma Insulin Precede Decreased AKT Phosphorylation and GLUT3 Translocation in the Hippocampus of Old 3xTg-AD Mice

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Accepted 16 January 2019

Abstract. Several studies have demonstrated that mouse models of Alzheimer's disease (AD) can exhibit impaired peripheral glucose tolerance. Further, in the APP/PS1 mouse model, this is observed prior to the appearance of AD-related neuropathology (e.g., amyloid- β plaques; A β) or cognitive impairment. In the current study, we examined whether impaired glucose tolerance also preceded AD-like changes in the triple transgenic model of AD (3xTg-AD). Glucose tolerance testing (GTT), insulin ELISAs, and insulin tolerance testing (ITT) were performed at ages prior to (1–3 months and 6–8 months old) and post-pathology (16–18 months old). Additionally, we examined for altered insulin signaling in the hippocampus. Western blots were used to evaluate the two-primary insulin signaling pathways: PI3K/AKT and MAPK/ERK. Since the PI3K/AKT pathway affects several downstream targets associated with metabolism (e.g., GSK3, glucose transporters), western blots were used to examine possible alterations in the expression, translocation, or activation of these targets. We found that 3xTg-AD mice display impaired glucose tolerance as early as 1 month of age, concomitant with a decrease in plasma insulin levels well prior to the detection of plaques (~14 months old), aggregates of hyperphosphorylated tau (~18 months old), and cognitive decline (\geq 18 months old). These alterations in peripheral metabolism were seen at all time points examined. In comparison, PI3K/AKT, but not MAPK/ERK, signaling was altered in the hippocampus only in 18–20-month-old 3xTg-AD mice, a time point at which there was a reduction in GLUT3 translocation to the plasma membrane. Taken together, our results provide further evidence that disruptions in energy metabolism may represent a foundational step in the development of AD.

Keywords: 3xTg-AD, AKT, Alzheimer's disease, diabetes, glucose, GLUT, hippocampus, insulin, metabolism

INTRODUCTION

Alzheimer's disease (AD) is a neuropathological disorder characterized by amyloid- β plaques, neurofibrillary tangles, neuronal synapse and cell

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loss, and profound memory impairment that eventually results in dementia. Two important risk factors for developing AD are aging and diabetes, both conditions associated with peripheral metabolic alterations. Humans with diabetes are more likely to have cognitive impairment [1–6] and although animal models of diabetes do not develop the characteristic plaques and tangles, they have been shown to exhibit AD-like changes such as increased amyloid- β (A β) protein levels and tau phosphorylation [7–10]. Further, pro-diabetic dietary or experimental manipulations (e.g., high fat diet or peripheral streptozotocin administration) can worsen AD-related neuropathology and/or cognitive performance in mouse models of AD [7, 10–16].

Peripheral metabolic alterations such as increased or decreased fasting insulin levels, decreased insulin response to glucose challenge, insulin resistance, or hyperglycemia that are not the result of a diagnosis of diabetes also positively correlate with cognitive decline and AD-related pathology in humans [16–20]. Recent studies have demonstrated that mouse models of AD can also exhibit reduced peripheral glucose tolerance [21–26] and that, at least in the APP/PS1 mouse model, this impairment occurs prior to AD-related neuropathology or cognitive decline [22]. Taken together, these data suggest that insulin and peripheral glucose dysregulation may play a role in AD pathogenesis.

In the current study we examined the relationship between alterations in peripheral glucose tolerance and the appearance of AD-like neuropathology and cognitive deficits in the 3xTg-AD mouse model. Glucose tolerance testing (GTT), insulin ELISAs, and insulin tolerance testing (ITT) were performed at ages prior to (1–3 months and 8–10 months old) and after (16–18 months old) neuropathology was detected. Furthermore, we evaluated whether there was an age-related change in insulin signaling in the hippocampus, a brain structure that plays a key role in explicit learning and memory (e.g., spatial learning and memory). Western blots were used to examine the two-primary insulin signaling pathways, PI3K/AKT and MAPK/ERK, at multiple time points. Finally, since several of the downstream players in the PI3K/AKT pathway are associated with metabolism (e.g., GSK3, glucose transporters), western blots were also used to assess whether, and when, alterations in the expression, translocation or activation of these targets could be occurring and thus contribute to AD-related pathogenesis and cognitive decline.

MATERIALS AND METHODS

Animals

Male 3xTg-AD mice and age-matched wild type controls on a C57BL/6J-129S1/SvImJ background were used for all experiments. With the exception of some of the metabolic studies (described below), separate groups of animals were used for each component (total animal number: 3xTg-AD = 192, wild type = 191; Neuroanatomy: 3xTg-AD = 25, wild type = 25; Behavior: 3xTg-AD = 79, wild type = 75; Metabolism: 3xTg-AD = 50, wild type = 51; Pancreas anatomy: 3xTg-AD = 10, wild type = 10; Westerns: 3xTg-AD = 28, wild type = 30). The 3xTg-AD mouse was created using a Thy1.2 promoter to express human mutated APP and hyperphosphorylated tau primarily in the CNS. These mice were then mated to a PS1 mutant line to create the triple mutant model of AD [27]. Animals were bred and housed in the Southern Illinois University Carbondale (SIUC) vivarium on a 12-h/12-h light dark cycle and were provided Purina rodent chow (fat: 13.5%, protein: 28.5%, carbohydrates: 58%) and water *ad libitum*. All experiments were approved by SIUC's Institutional Animal Care and Use Committee and comply with the guidelines set forth by the National Institutes of Health.

Neuroanatomy

Immunohistochemistry (IHC) was used to examine A β accumulation and tau hyperphosphorylation. Briefly, mice ($n = 5$ /age/genotype: 1–2, 4–6, 8–10, 14, 18 months; $n = 25$ 3xTg-AD and 25 wild type) were anesthetized with an intraperitoneal (ip) injection of pentobarbital (100 mg/kg) and then intracardially perfused with 4% paraformaldehyde. Following perfusion, brains were extracted, post-fixed overnight and cryoprotected in 30% sucrose. Coronal sections were cut at 35- μ m thickness using a cryostat. To quench endogenous peroxidase activity, sections were treated with 1% H₂O₂ in 10 mM phosphate-buffered saline (PBS, pH 7.4) for 30 min. For A β labeling, sections underwent antigen retrieval in 50% formic acid in PBS at room temperature 30 min prior to quenching of the endogenous peroxidase activity. Sections were then blocked in 5% normal goat or horse serum in PBS with 0.3% Triton X-100 for 1 h, after which they were incubated with primary antibodies (see Table 1) in blocking serum overnight (4°C). The next day, sections were rinsed and reacted

Table 1
Antibodies used in this study

Antibody	Source	Dilution
For Immunohistochemistry:		
6E10 (anti-A β)	Signet, Dedham, MA	1:3000
Ter42 (anti-A β 37-42)	Chemicon, Temecula, CA	1:2000
Phospho-Tau (PHF) (Ser202/Thr205)	ThermoFisher Scientific, Waltham, MA	1:3000
Insulin	Sigma-Aldrich, St. Louis, MO	1:200
For Western Blotting:		
p44/42 MAPK	Cell Signaling Technology, Danvers, MA	1:1000
Phospho-p44/42 MAPK (Thr202/Tyr204)	Cell Signaling Technology, Danvers, MA	1:1000
IRS-1	Abcam, Cambridge, MA	1:500
Phospho-IRS-1 (Ser307)	Cell Signaling Technology, Danvers, MA	1:1000
AKT	Rockland, Gilbertsville, PA	1:2500
Phospho-AKT (Ser473)	Cell Signaling Technology, Danvers, MA	1:2000
GSK3 α / β	Cell Signaling Technology, Danvers, MA	1:1000
Phospho-GSK3 α / β (Ser21/9)	Cell Signaling Technology, Danvers, MA	1:1000
Phospho-Tau PHF (Ser202/Thr205)	ThermoFisher Scientific, Waltham, MA	1:500
Phospho-Tau (Ser396)	Cell Signaling Technology, Danvers, MA	1:1000
GLUT3	Alpha Diagnostic, San Antonio, TX	1:2500
GLUT 4	Dr. Lawrence Reagan	1:500
β -Actin	Sigma-Aldrich, St. Louis, MO	1:10,000
GAPDH	Genetex, Irvine, CA	1:5000

with biotinylated goat anti-rabbit or horse anti-mouse IgGs for 2 h (1:400) followed by the Vectastain elite ABC kit (Vector Laboratories; Burlingame, CA) for another hour. Immunoreactive product was visualized using 0.003% H₂O₂, 0.05% DAB, with or without enhancement (0.025% NiCl₂ or 0.025% CoCl₂). Three 10-min washes with PBS with 1% Triton-X100 were performed between all incubations. Sections were mounted on microscope slides, air-dried, delipidated in a series of ethanol and xylene and then cover slipped.

Behavioral testing: Morris water maze

Cognitive function was evaluated in 3xTg-AD and wild type mice using the Morris water maze (6–10 months $n = 23$ 3xTg-AD, 16 wild type; 14–16 months $n = 25$ 3xTg-AD, 25 wild type; ≥ 18 months $n = 31$ 3xTg-AD, 34 wild type). The pool consisted of a circular tank (1.35 m diameter) painted white and filled with water made opaque by the addition of non-toxic white tempera paint. Water temperature was maintained at approximately 21.5°C. For the hidden platform task, a square hidden platform (10 × 10 cm) was located in the “center” of one quadrant of the maze and submerged approximately 0.5 cm below the surface of the water. For the visible platform task, an extension was added to the hidden platform so that the location of the platform was clearly visible above the water level. The four walls of the testing room

were decorated with distinct visual cues to clearly differentiate between them. The protocol involved first testing the mice for 3 days (3 trials/day, different starting position for each trial, 30-min inter-trial interval) in the visible platform task to ensure that all animals used were comparable in vision, anxiety and motivation. Outliers from the visible platform task were excluded from further training. Next, animals were tested using the hidden platform task with a 15 trial over 5-day protocol (three trials/day with 30 min inter-trial intervals; 90 s maximum trial duration). The latency to find the hidden platform was measured using an overhead camera with digital tracking software (AnyMaze, San Diego Instruments; San Diego, CA). One day following the hidden platform training, the mice were given a probe trial. This consisted of a single 60-s trial with the platform removed from the pool. The latency to first crossing of the place where the platform had been located and the total number of crossings during the entire probe trial were compared between groups at each age point examined.

Intraperitoneal Glucose Tolerance Test (ipGTT)

Peripheral metabolic profile was assessed in 3xTg-AD and wild type controls using ipGTTs and ipITTs ($n = 50$ 3xTg-AD mice total; 51 wild type total). Prior to the ipGTT the animals were fasted for 12 hours. Subsequently, mice were given an ip glucose injection (20% D-glucose in PBS at 1.5 g/kg

body weight). Plasma glucose readings were taken in duplicate at 0, 15, 30, 45, 60, and 120 min post-glucose injection by obtaining a blood sample from a tail prick (1.0–1.5 μ l). A human OTC glucometer (TRUEtrack, Nipro Diagnostics, Fort Lauderdale, FL) was used to measure blood glucose levels. About 500 μ l of blood was also collected at baseline (time 0) and 15 min post-glucose injection to examine plasma insulin levels. To measure insulin concentrations, an Ultra-Sensitive Rat Insulin ELISA kit (Chrysal Chem, Downer's Grove, IL) was used following the instructions provided by the supplier. Blood samples contaminated with lysed red blood cells were excluded from analysis. Insulin ELISA readings were obtained using a Multiskan Plus plate reader (Thermo Fisher Scientific; Grand Island, NY) with filters set at 450 nm and 620 nm wavelengths.

Intraperitoneal Insulin Tolerance Test (ipITT)

When possible, separate groups of mice were used for ipGTTs and ipITTs. When the same mice were used for both ipGTTs and ipITTs, 1–2 weeks were allotted between the ipGTT and the ipITT. This was primarily done for the eldest age group examined (17–18 months old). For ipITTs, mice were assessed for changes in insulin sensitivity using an ip injection of insulin (0.25 U/kg body weight, Humulin-R; Lilly Research Labs, Indianapolis, IN). Blood samples were taken in duplicate at time point 0 (pre-injection) and post-injection time points 15, 30, 45, and 60 min. For these experiments, the mice were fasted for 5 h prior to insulin injection.

Pancreatic analysis

3xTg-AD mice and wild type controls at 2–3 and 8–10 months of age were used to assess whether islet size or insulin immunoreactivity differed between groups ($n=5$ mice/genotype/age). Histochemical staining with hematoxylin and eosin (H&E) was used to examine islet size, while IHC was used to assess insulin staining within islets. Following a 5-h fast, animals were terminally anesthetized using sodium pentobarbital (100 mg/kg body weight, ip) and pancreatic tissue was dissected out and placed in Bouin's fixative overnight. The tissue was then transferred to a 70% ethanol solution and kept at 4°C until paraffin embedding. Sections were cut at 5 microns and mounted onto microscope slides.

Prior to staining the slides were placed in an oven at 60–80°C to melt the paraffin, then placed in HistoClear for 2 min (agitating the slide rack for the first 10 s) and subsequently transferred to two additional solutions of HistoClear for 2 min each to remove the paraffin. After this, the tissue was washed three times in 100% ethanol (2 min/wash) followed by a wash in 95% ethanol for 2 min. The slides were then transferred to distilled water. For H&E staining, sections were first placed in hematoxylin for 4 min, rinsed in distilled water and decolorized in 2 rinses of acid alcohol until they appeared brick red, and then rinsed again. The slides were subsequently placed in lithium carbonate (1 min) followed by distilled water for an additional minute. Next, the slides were transferred to the eosin stain and agitated for 5–15 s followed by a rinse with distilled water. The tissue was then dehydrated in three changes of 100% isopropyl alcohol, cleared and coverslipped using Clearium mounting medium (Leica Biosystems).

For IHC, sections were blocked in normal horse serum at 23°C for 1 h. Next, sections were incubated in the anti-insulin primary antibody overnight at 4°C. Sections were then washed twice with Tris buffer (pH 7.2; 5 min/wash) and reacted with mouse-anti-mouse IgG secondary antibody (1:400; Vector Laboratories, Burlingame, CA) for 30 min, followed by another two washes with Tris buffer. Lastly, sections were incubated in ABC complex and prepared for viewing as has been previously described.

Analysis of islet area in 3xTg-AD versus wild type control mice was performed using Image J software (NIH) with 3 slides used per animal (approximately 300 microns between each examined slide to make sure that the same islet was not analyzed twice). Each slide had sections containing the head, body and tail regions of the pancreas. For each slide, 10 islet photographs were obtained by randomly scanning through the entire slide and taking a picture of the first islet that came into view. After the first islet was found, the field of view was moved between 300 and 500 microns. If an islet was not present, scanning would continue until an islet was found. Images were then imported into Image J where the entire islet was outlined and an area measurement was obtained.

Analysis of the optical density (OD) of islet insulin-immunoreactivity was also performed using Image J analysis using a similar randomized procedure. Images were imported into Adobe Photoshop, converted into grey scale pictures and imported into Image J. Each collected islet was analyzed for insulin

immunoreactivity by determining the OD of insulin in the islet itself. Background OD was subtracted from islet OD to normalize staining across images.

Western blots

Mice were overdosed with pentobarbital (100 mg/kg, ip) and their brains were extracted ($n=28$ 3xTg-AD mice, 30 wild type mice total). Hippocampi were collected, frozen on dry ice, and then stored at -80°C until use. Samples were prepared using a modified version of a protocol described by Reagan and colleagues [28, 29]. Briefly, samples were homogenized in 700 μl of cold homogenization buffer (0.32 M sucrose, 2 mM EDTA, 2 mM EGTA, 20 mM HEPES, and protease and phosphatase inhibitors) and centrifuged at $800\times g$ for 10 min. The supernatant was saved and used to examine levels of insulin signaling proteins as well as the total levels of the glucose transporters GLUT3 and GLUT4. A portion of this fraction was further centrifuged at $16,000\times g$ for 30 min at 4°C . The resulting pellet, which contained the plasma membrane fraction, was re-suspended in PBS with protease and phosphatase inhibitors to assess GLUT translocation. Protein concentrations were determined using a bicinchoninic assay kit (Pierce, Thermo Fisher Scientific; Grand Island, NY). Prior to gel loading, total fraction samples were heated at 95°C for 5 min; samples used to evaluate plasma membrane proteins were not heated. Protein was loaded and resolved onto 7.5% or 10% SDS-PAGE gels, transferred to polyvinylidene fluoride (PVDF) membranes and then probed with primary antibody. (See Table 1 for antibody information.) For total samples, β -actin was used as the loading control. For glucose transporter experiments, GAPDH was used as the control protein to normalize total samples and verify successful isolation of the plasma membrane fraction. Plasma membrane samples were normalized to total samples. Appropriate fluorescent secondary antibodies (1:10,000; goat anti-mouse 700 and goat anti-rabbit 800; Rockland Immunochemicals Inc., Limerick, PA) were used for densitometric quantification of protein bands using the Odyssey LI-COR system (LI-COR Biotechnology; Lincoln, NE).

Microscopy

All tissue sections were analyzed by light microscopy using a Zeiss Axioimager (Zeiss;

Oberkochen, Germany). Images from wild type and 3xTg-AD sections were taken at the same exposure.

Statistical analysis

All data are presented as mean \pm SEM. Repeated measures ANOVA (RM ANOVA; Graph Pad Prism, Version 5) was used to analyze behavioral data (i.e., visible and hidden platform trials) with Bonferroni *post-hoc* analysis where appropriate. Probe data were compared between groups using Student's *t*-tests. Differences in glucose tolerance and insulin sensitivity between 3xTg-AD mice and controls were also compared using RM ANOVA with Bonferroni *post-hoc* tests used to assess significance at specific time-points on the ipGTT and ipITT curves. Trapezoidal analysis was used to calculate the area under the curve (AUC) for ipGTTs; these values were subsequently compared between groups using a Student's *t*-test. Student's *t*-tests were used to compare insulin levels at baseline and 15 min post-glucose bolus between groups at each age examined. Average pancreatic islet area and average insulin intensity were analyzed using a Student's *t*-test for each age group. Differences between means for the western blot experiments were analyzed using Student's *t*-tests using Welch's correction for groups with unequal variance. For all experiments, statistical significance was defined as $p < 0.05$.

RESULTS

Neuroanatomy

The development of A β and tau pathologies in 3xTg-AD mice has been described in previous studies [27]. In general, labeling of neuronal somata by selected domain and p-Tau antibodies are detectable in the cerebral cortex and hippocampus as early as 3 weeks of age [30] while extracellular amyloid-containing plaques in the forebrain appear around 12–14 months of age [31]. Overall, the progression of this pathology in the mice in our colony is consistent with existing literature, as illustrated using three different antibodies: 6E10 (A β_{40} , A β_{42} , and A β_{PP}), Ter 42 (A β_{1-42}) and Phospho-Tau PHF (Ser202/Thr205) (Fig. 1). In mice from our colony it appears that, at 1–2 months of age, 3xTg-AD mice show intraneuronal 6E10 staining in pyramidal neurons in cortical layer V, the subiculum, and hippocampal region CA1 (Fig. 1A). However, extracellular 6E10 or A β_{1-42}

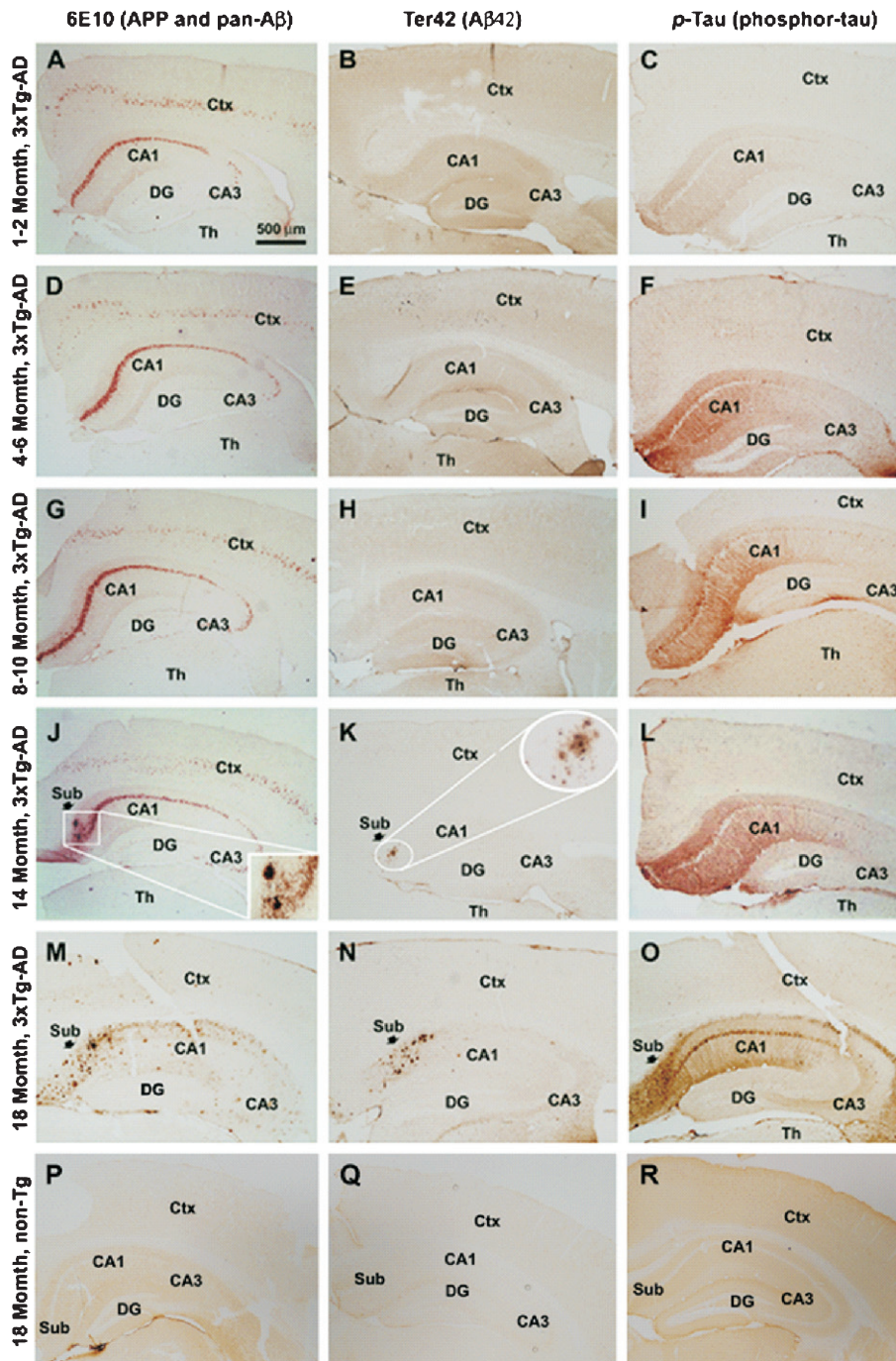


Fig. 1. Human amyloid precursor protein (APP), amyloid- β peptide 1–42 ($A\beta$), and human hyper-phosphorylated tau (p-Tau) immunoreactivities in the forebrain of 3xTg-AD mice at 1–2, 4–6, 8–10, 14, and 18 months of age. In wild type control mice, no immunoreactivity for any of these epitopes was detected at any age group examined. (P–R show examples from a representative 18-month-old wild type mouse). In comparison, 3xTg-AD mice exhibited intraneuronal 6E10 and p-Tau staining in pyramidal neurons in the subiculum, and hippocampal region CA1 in 1–2-month-old mice (A, C) that further increased with age. However, extracellular 6E10 or $A\beta_{1-42}$ immunoreactivity (plaque-like deposits) was not observed until 14 months of age (J, K). Insets in J and K show plaques at higher magnification. By 18 months of age, 3xTg-AD mice exhibited extracellular plaques with 6E10 and $A\beta_{1-42}$ immunohistochemistry (M, N). P-tau immunoreactivity was also highly visible in the principal neurons of the subiculum and CA1 in 18-month-old 3xTg-AD mice (O). Scale bar in A applies to all other images. Ctx, neocortex; DG, dentate gyrus; Sub, subiculum; Th, thalamus.

immunoreactivity were not observed (Fig. 1A and B, respectively; age of animal shown = 2 months). In addition, very little p-Tau immunoreactivity was seen in the somata or processes of pyramidal neurons in hippocampal region CA1 (Fig. 1C). Identical sections from age-matched wild type controls exhibited no staining for any of these antibodies (data not shown). Similar patterns of 6E10 and Ter42 were observed at 4–6 (Fig. 1D, E; age of animal shown = 6 months) and 8–10 months of age (Fig. 1G, H; age of animal shown = 10 months), although p-Tau immunoreactivity was increased in these age groups (Fig. 1F, I). By 14 months of age, 3xTg-AD mice exhibited extracellular plaques with 6E10 (Fig. 1J) and Ter42 (Fig. 1K). Labeled plaques were increased, particularly in the subiculum, in 18-month-old 3xTg-AD mice (Fig. 1M, N). Additionally, by 18 months of age p-Tau immunoreactivity was highly visible in the principal neurons of the subiculum and CA1 (Fig. 1O). In contrast, sections from 18-month-old wild type controls exhibited no staining for any of these antibodies (Fig. 1P-R).

Behavioral testing: Morris water maze

Learning and memory were evaluated using the Morris water maze. Prior to hidden platform training, mice were evaluated using the visual platform test to rule out possible differences in visual acuity, swimming ability and motivation. Both wild type and 3xTg-AD mice at 6–10 and 14–16 months of age performed similarly on the visible platform task suggesting that blindness, swimming ability and motivation were not potential confounds (6–10 months: 3xTg-AD $n=23$; wild type $n=16$; 14–16 months: 3xTg-AD $n=25$; wild type $n=25$; data not shown). However, amongst the oldest age group examined (≥ 18 months: 3xTg-AD $n=31$; wild type $n=34$) some animals failed the visual platform (3xTg-AD = 9 mice, wild type = 3 mice) and were thus excluded from further testing. This failure on the visual platform could reflect an aging-related decline in visual acuity in both genotypes, potentially compounded by amyloid deposition in the retina of the transgenic mice [32, 33].

As shown in Fig. 2A, 6-10-month-old 3xTg-AD mice and wild type controls exhibited comparable reductions in the latency to find the platform during the five days of hidden platform training (RM ANOVA: time $p < 0.0001$; genotype $p > 0.2$; interaction $p > 0.25$). To test memory retention, a probe trial was performed one day after the last hidden

platform test. No statistically significant differences were found between 3xTg-AD mice and controls in the number of platform location crossings (3xTg-AD = 4.7 ± 0.9 ; WT = 4.3 ± 0.92 ; $p > 0.7$, t -test) or the latency to the first platform location crossing (3xTg-AD = 9 ± 3.16 s; WT = 19.8 ± 5.25 s; $p > 0.07$, t -test) (Fig. 2A, right). Taken together, these data show that young adult 3xTg-AD mice and controls can both learn and remember the location of the hidden platform in the water maze task.

However, by 14–16 months of age a difference was detectable between 3xTg-AD mice and their age matched wild type controls. Specifically, as shown in Fig. 2B, 3xTg-AD mice exhibited a slower rate of learning compared to controls during the five days of MWM training, although by day five both groups showed a comparable reduction in the latency to find the hidden platform (RM ANOVA: time $p < 0.0001$; genotype $p < 0.01$; interaction $p > 0.14$). In addition, probe testing revealed no statistically significant differences between groups in the number of platform crossings (3xTg-AD = 4.3 ± 0.5 ; WT = 4.5 ± 0.5 ; $p > 0.7$) or the latency to the first platform crossing (3xTg-AD = 12.9 ± 3.1 s; WT = 11.4 ± 2.4 s; $p = 0.7$) (Fig. 2B, right), indicating that memory retention was preserved in 14-16-month-old 3xTg-AD mice.

In contrast to mice at younger ages, 3xTg-AD mice ≥ 18 months of age showed clear impairment compared to their wild type counterparts. Specifically, while both groups exhibited a reduction in the latency to the hidden platform during the five days of training (RM ANOVA: time $p < 0.0001$), 3xTg-AD mice were not as efficient in finding the platform on the last two days (RM ANOVA: genotype $p < 0.006$; interaction $p < 0.004$; Fig. 2C). Further, during the probe test, aged 3xTg-AD mice made significantly fewer platform location crosses (3xTg-AD = 2.3 ± 0.7 ; WT = 4.25 ± 0.6 ; $p < 0.04$) and had a significantly longer latency to the first platform location cross (3xTg-AD = 30.29 ± 6.6 s; WT = 12.63 ± 2.33 s; $p < 0.007$) (Fig. 2C, right). Taken together, these data suggest that by 18 months of age, 3xTg-AD mice have impaired spatial learning and memory compared to age-matched wild type controls.

Glucose tolerance test

After establishing the time course of pathogenesis and cognitive decline in our 3xTg-AD mice, we examined the potential relationship of changes in glucose regulation to these processes.

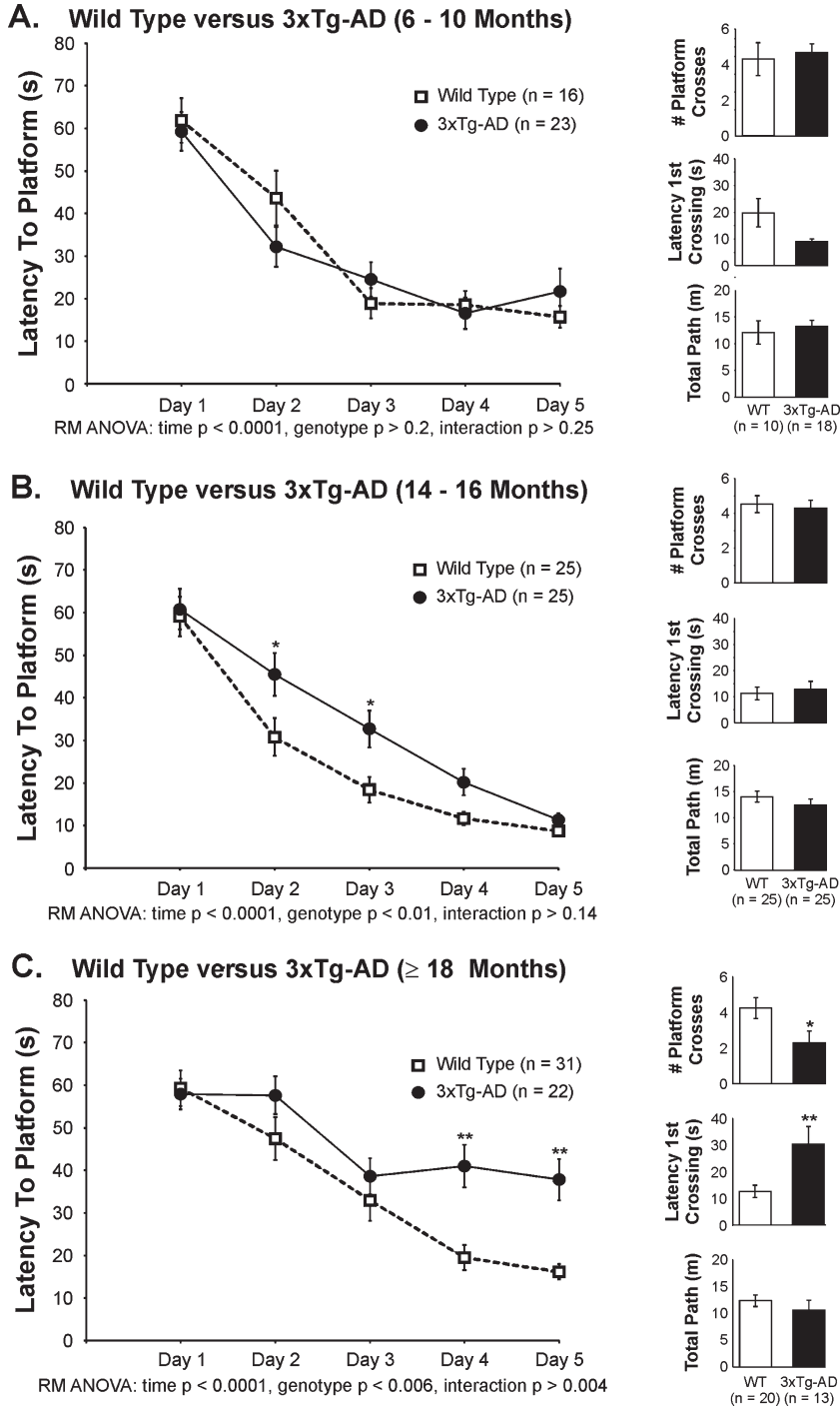


Fig. 2. Morris water maze data from 6–10 (A), 14–16 (B), and ≥ 18 -month-old (C) 3xTg-AD and wild type control mice. Left - Latency to find the hidden platform over the 5-day training period. No difference was observed in 6-10-month-old 3xTg-AD mice compared to controls. By 14–16 months of age, a difference rate of learning was noted, although by the 5th day of training similar latencies to the hidden platform were observed in both groups. In contrast, the latency to find the hidden platform was significantly increased on days 4 and 5 in 3xTg-AD mice ≥ 18 months of age. Right: Probe data revealed a significant decrease in the number of platform location crosses and an increased latency to the first probe crossing in 3xTg-AD mice at ≥ 18 months of age compared to controls, but not earlier. * $p < 0.05$; ** $p < 0.01$ versus wild type values.

Blood glucose levels were measured following an overnight fast and mice were subsequently subjected to an ipGTT. At 1–3 months of age 3xTg-AD mice exhibited elevated fasting glucose levels compared to controls (86.92 ± 3.92 mg/dL versus 76.23 ± 3.19 mg/dL; $p = 0.04$) and impaired glucose tolerance after an ip bolus of glucose (Fig. 3A; RM ANOVA: time $p < 0.0001$; genotype $p < 0.0001$; interaction: $p < 0.0001$). Further, the area under the curve measurement (AUC) calculated for the GTTs was significantly greater in 3xTg-AD mice (3xTg-AD $19,278 \pm 1,525$, WT $11,196 \pm 899.3$; $p < 0.0001$). At later ages (8–10 and 17–18 months old) no significant difference in fasting blood glucose levels between 3xTg-AD and wild type mice was observed (8–10 months: 3xTg-AD 117.19 ± 9.56 mg/dL, WT 98 ± 7.9 mg/dL, $p = 0.14$; 17–18 months: 3xTg-AD 98.61 ± 7.95 mg/dL, WT 87.9 ± 9 , $p = 0.39$), although a similar disruption in glucose tolerance following a glucose challenge was found in 3xTg-AD mice at both 8–10 months (Fig. 3B; time $p < 0.0001$, genotype $p = 0.0039$, interaction: $p = 0.046$) and 17–18 months of age (Fig. 3C; time $p < 0.0001$, genotype $p < 0.005$, interaction $p < 0.0001$). In addition, the calculated AUC was greater in 3xTg-AD mice than in wild type controls at both time points (8–10 months: 3xTg-AD $24,497 \pm 2,871$, WT $16,965 \pm 1,845$, $p < 0.04$; 17–18 months: 3xTg-AD $11,722 \pm 768$, WT $6,335 \pm 1,024$, $p < 0.001$). Taken together, these data reveal that glucose tolerance, but not necessarily fasting blood glucose levels, was impaired in 3xTg-AD mice relative to wild type controls at all ages examined, thus demonstrating a lifelong dysfunction in glucose regulation in 3xTg-AD mice. In particular, glucose tolerance was impaired in 3xTg-AD mice at 1–3 months of age, well prior to A β plaque deposition, hyperphosphorylated tau accumulation or cognitive decline.

Plasma insulin levels and insulin sensitivity

To assess whether changes in insulin levels or secretion could contribute to the disruption of glucose tolerance in 3xTg-AD mice, blood plasma was collected during the ipGTTs prior to the glucose bolus at time point 0 (baseline) and at 15 min following the bolus. A significant decrease in fasting insulin levels was observed in 3xTg-AD mice, compared to wild type controls, at all ages examined (1–3 mo: 3xTg-AD 0.23 ± 0.04 ng/ml versus WT 0.35 ± 0.03 ng/ml, $p < 0.02$, Fig. 4A; 8–10 mo: 3xTg-AD 0.37 ± 0.07 ng/ml versus WT 1.05 ± 0.19 ng/ml, $p < 0.005$,

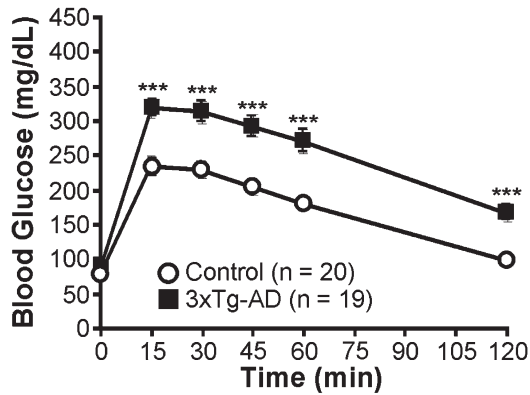
Fig. 4B; 17–18 mo: 3xTg-AD 0.32 ± 0.06 ng/ml versus WT 1.20 ± 0.25 ng/ml, $p < 0.01$, Fig. 4C). Further, 3xTg-AD mice also showed significantly lower plasma insulin levels 15 min following the glucose bolus (1–3 mo: 3xTg-AD 0.28 ± 0.01 ng/ml versus WT 0.58 ± 0.03 ng/ml, $p < 0.00001$, Fig. 4A; 8–10 mo: 3xTg-AD 0.46 ± 0.03 ng/ml versus WT 1.64 ± 0.24 ng/ml, $p < 0.0003$, Fig. 4B; 17–18 mo: 3xTg-AD 0.87 ± 0.13 ng/ml versus WT 2.35 ± 0.25 ng/ml, $p < 0.0002$, Fig. 4C). Statistical analysis of the change in insulin levels over time (i.e., baseline versus 15 min post-glucose bolus) was not performed for the youngest age group since different animals were used for the two time points because we felt that the animals were too small to permit repeated collection of 500 μ l samples. However, RM ANOVAs in the older mice showed that while both 3xTg-AD and control mice exhibited an increase in plasma insulin following the glucose bolus (Time: 8–10 mo, $p = 0.018$; 17–18 mo, $p < 0.0001$), the increase was significantly smaller in 3xTg-AD mice (genotype: 8–10 mo, $p = 0.0001$; 17–18 mo, $p = 0.0006$). Taken together, these data suggest that plasma insulin levels were decreased in 3xTg-AD mice and insulin secretion was diminished. These changes in glucose tolerance and plasma insulin levels in 3xTg-AD mice were not associated with a difference in weight, weight gain, or food intake in 3xTg-AD mice relative to controls (Table 2).

To assess whether the altered glucose tolerance observed in 3xTg-AD mice could also be the result of compromised insulin sensitivity, ipITTs were performed following 5 hours of fasting. Both 3xTg-AD and control mice exhibited a reduction in plasma glucose levels following an ip insulin bolus at all ages examined (Fig. 4D–F: Time: 1–3 mo $p < 0.0001$; 8–10 mo $p = 0.0012$; 17–18 mo $p = 0.008$; RM ANOVA), with no significant difference observed between groups (Genotype: $p > 0.05$ at all ages). These data suggest that insulin sensitivity appeared to be preserved in both 3xTg-AD and control mice.

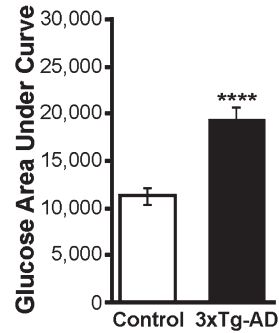
Pancreatic analysis

To assess whether the reduction in insulin levels and secretion observed in 3xTg-AD mice could be a consequence of altered pancreatic morphology or biochemistry, stereological analysis of islet area and the intensity of insulin immunoreactivity (IR) was performed. As shown in Fig. 5, 3xTg-AD mice and wild type controls had similar distributions of islet area and average islet size at the two ages exam-

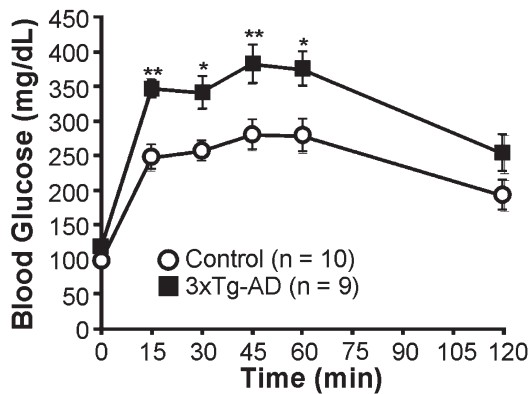
A. 1 - 3 Month of Age



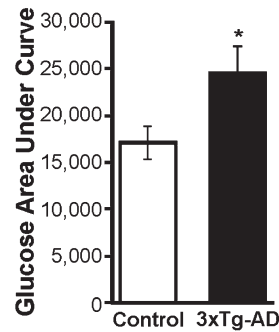
$p < 0.0001$ ANOVA with Repeated Measures



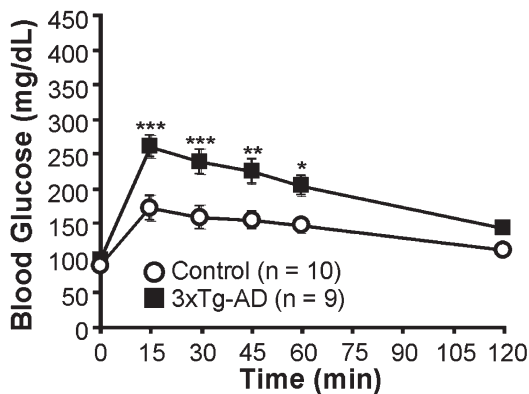
B. 8 - 10 Months of Age



$p = 0.0039$ ANOVA with Repeated Measures



C. 17 - 18 Months of Age



$p = 0.0048$ ANOVA with Repeated Measures

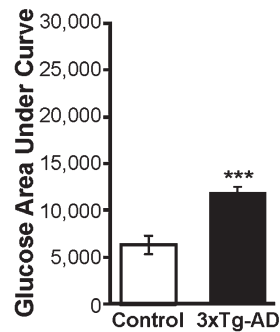


Fig. 3. 3xTg-AD mice exhibited impaired glucose regulation following an ip bolus of glucose at all ages examined: A) 1–3 months old; B) 8–10 months old; C) 17–18 months old. For each age group, the GTT time course is shown on the left and the integrated area under the curve (AUC) result is shown on the right. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$, versus control. See text for details of the statistical analysis.

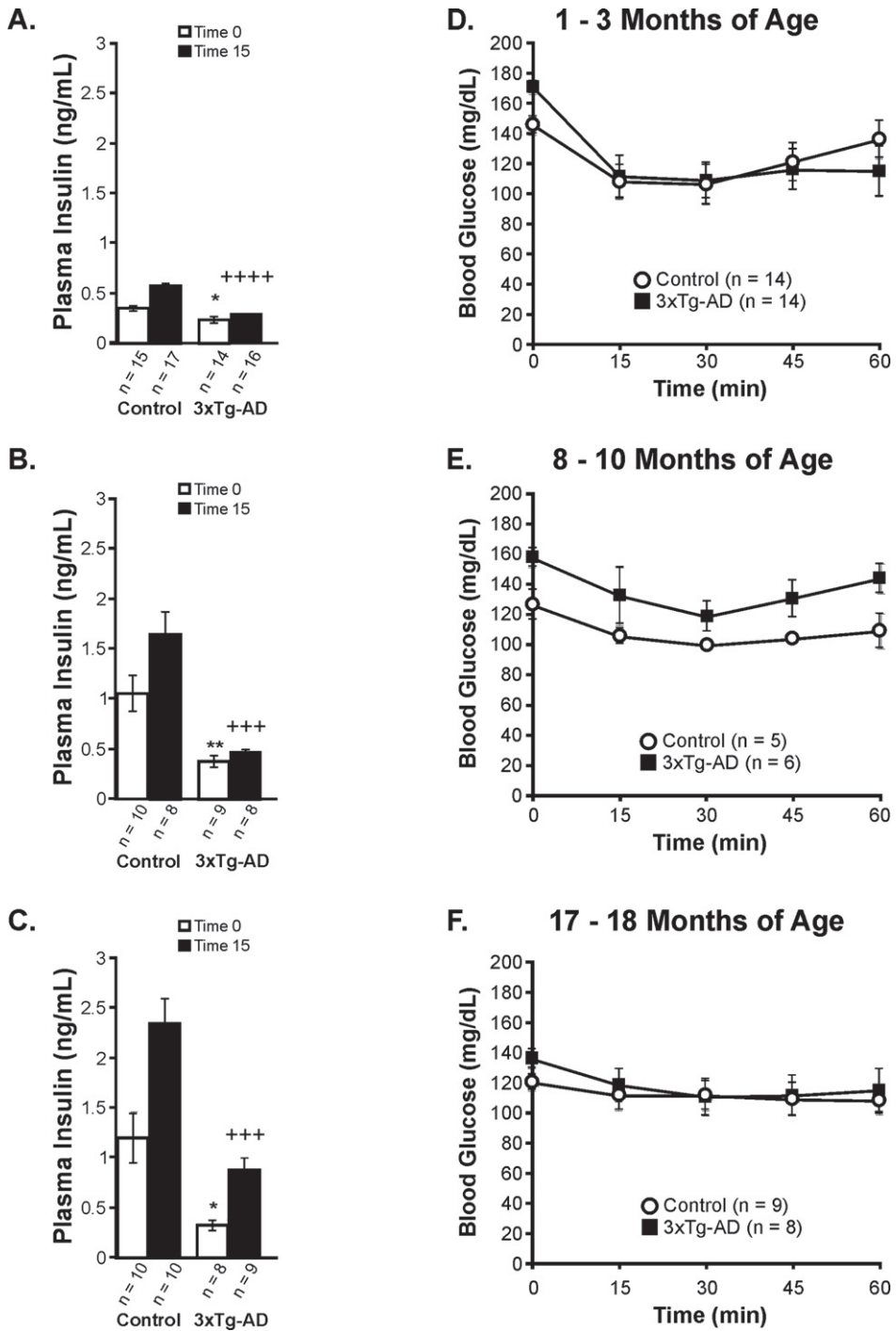


Fig. 4. A-C) Fasting insulin levels and post-glucose bolus insulin levels were decreased in the 3xTg-AD mice compared to controls suggesting alterations in insulin production and potentially secretion. Taken together these data suggest that glucose tolerance in impaired in 3xTg-AD mice may be due to a disruption in insulin production and secretion. * $p < 0.05$, ** $p < 0.01$ 3xTg-AD versus control at Time 0; +++ $p < 0.001$, ++++ $p < 0.0001$ versus control at Time 15. D-F) Following a bolus of ip insulin, both 3xTg-AD mice and age-matched wild type controls exhibited similar declines in plasma glucose levels at all ages examined. These results indicate that insulin sensitivity is not altered in 3xTg-AD mice relative to controls. See text for detailed statistical analysis.

Table 2
Body weight and food intake for the mice used in this study

	Average body weight over one week (grams)		Average food intake/day over one week (grams)	
	Wild Type	3xTg	Wild Type	3xTg
2-3 Months	22.55 ± 0.36	23.46 ± 0.45	4.21 ± 0.16	4.18 ± 0.15
4-6 Months	34.40 ± 0.83	35.36 ± 1.07	4.53 ± 0.30	4.21 ± 0.11
8-10 Months	37.42 ± 1.97	36.73 ± 0.89	4.37 ± 0.25	3.89 ± 0.13
17 Months	43.88 ± 1.82	42.05 ± 1.80	6.12 ± 0.45	5.19 ± 0.68

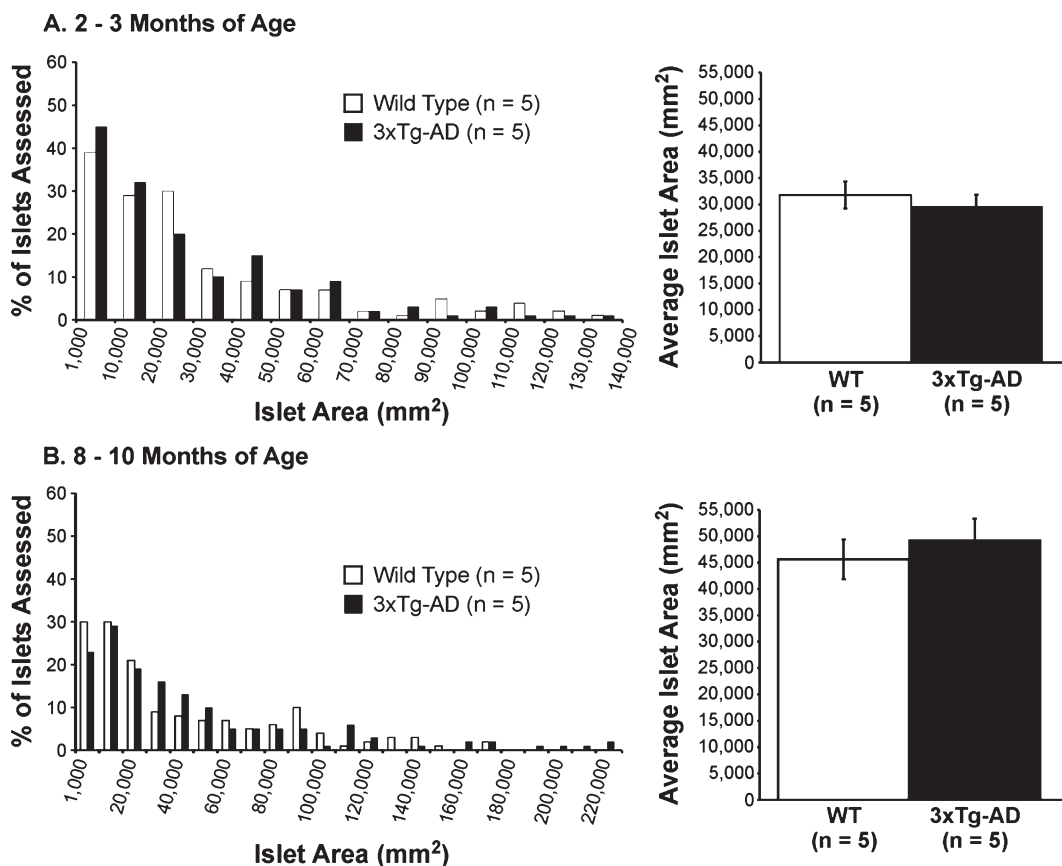


Fig. 5. Histogram illustrating pancreatic islet area measurements (graphs on left) and average islet area (graphs on right) for (A) 2-3-month-old and (B) 8-10-month-old 3xTg-AD and wild type control mice. Average islet area data is expressed as mean ± SEM and analyzed using a Student's *t*-test. There was no significant difference between genotypes in average islet area.

ined (2-3 months: 3xTg-AD $29,563 \pm 2291 \mu\text{m}^2$, WT $31,797 \pm 2551 \mu\text{m}^2$; 8-10 months 3xTg-AD $49,297 \pm 4,033 \mu\text{m}^2$, WT $45,630 \pm 3,757 \mu\text{m}^2$). In both wild type and 3xTg-AD mice there were comparable increases in islet area with age (compare upper and lower bar graphs in Fig. 5, right). In contrast to pancreatic islet number, the intensity of islet insulin immunoreactivity was significantly decreased in 3xTg-AD mice compared to wild type controls at both ages examined (2-3 months: 3xTg-AD 168.38 ± 1.91 OD, WT 177.12 ± 1.81 OD, $p = 0.002$;

8-10 months: 3xTg-AD 178.14 ± 2.12 OD, WT 189.12 ± 1.51 OD; $p < 0.0001$). Intensity histograms, bar graphs of mean values, and images of islet staining are shown in Fig. 6.

MAPK/ERK signaling is not changed in the 3xTg-AD mouse hippocampus

To determine whether changes in plasma insulin levels could translate into altered CNS insulin

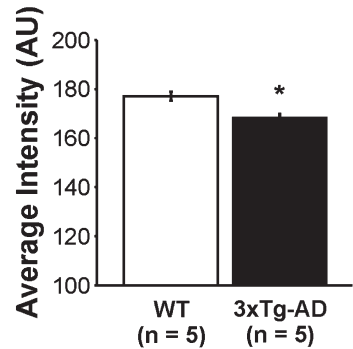
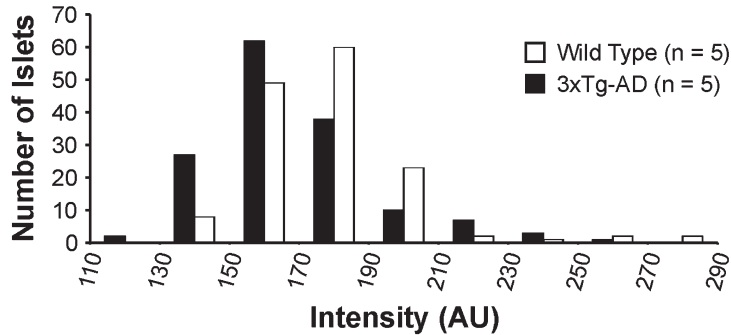
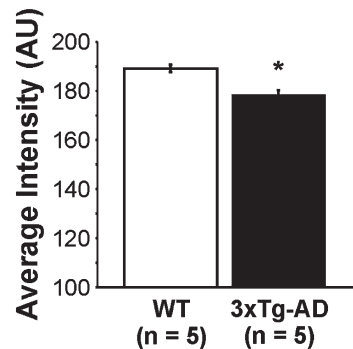
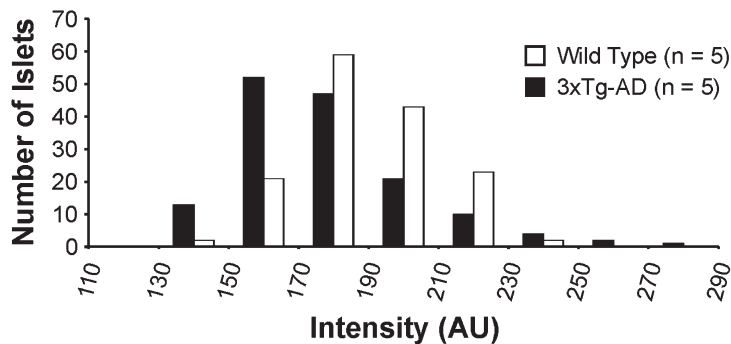
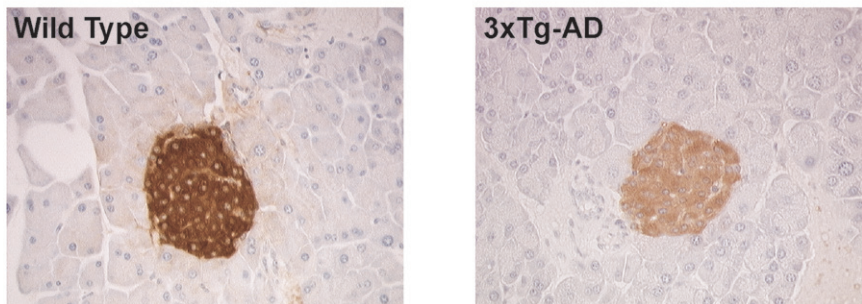
A. 2 - 3 Months of Age**B. 8 - 10 Months of Age****C. Insulin-IR Control and 3xTg-AD 8 - 10 mo**

Fig. 6. Insulin immunoreactivity in pancreatic islet cells. The number of pancreatic islets displaying each given intensity of insulin immunoreactivity is shown in the graphs on left; the average intensity of islet insulin immunoreactivity in 3xTg-AD and control mice is shown on the right. Evaluation of the insulin immunoreactivity in 2-3-month-old (A) and 8-10-month-old (B) groups revealed a significant reduction in islet insulin immunoreactivity in 3xTg-AD compared to wild type control mice at both age groups examined; * $p < 0.05$ versus control. C) Examples of insulin-immunoreactivity in 8-10-month-old wild type control (left) and 3xTg-AD mice (right). Note the decreased insulin immunoreactivity in the 3xTg-AD pancreas.

signaling, we first examined the MAPK/ERK pathway by western blotting. Total and phosphorylated levels of MAPK/ERK p42 and p44 (threonine 202 and tyrosine 204, respectively) were measured in the hippocampus of 3xTg-AD mice at 6-8 months and 18-20 months of age. As shown in Fig. 7, no signif-

icant change in basal or phosphorylated (activated) MAPK/ERK subunits was observed in either group of 3xTg-AD mice compared to controls (Fig. 7; 18-20-month-old group, pMAPK/ERK $p = 0.14$). These data suggest that the MAPK/ERK signaling pathway is not altered in 3xTg-AD mice.

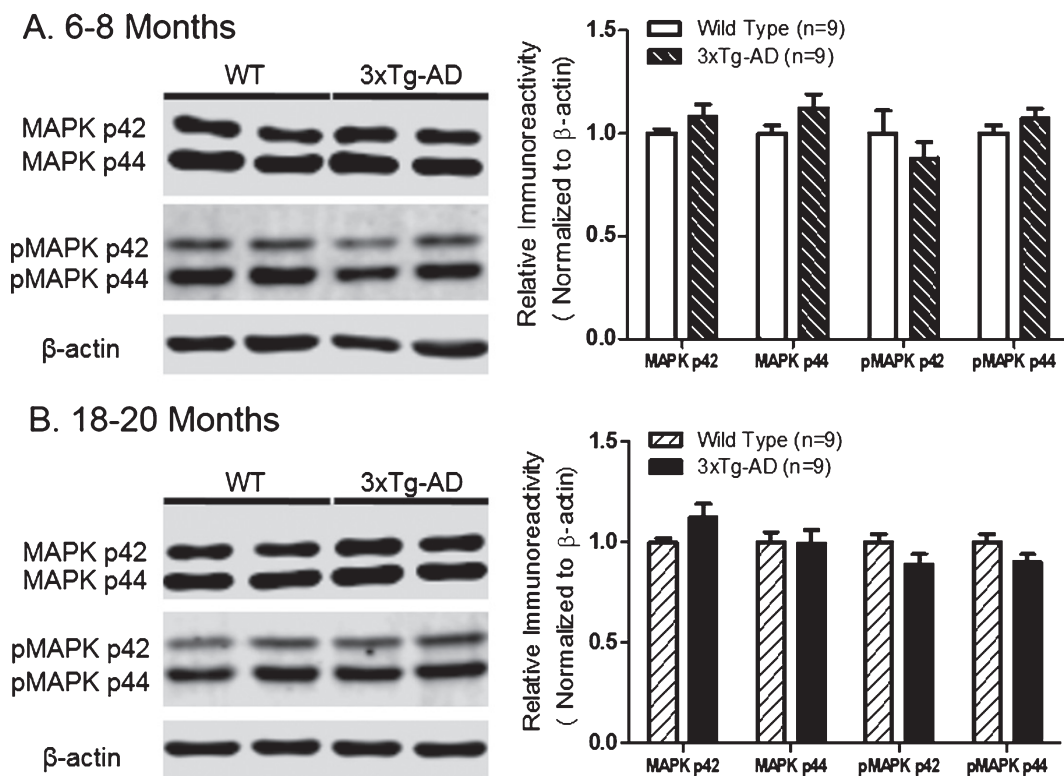


Fig. 7. MAPK/ERK signaling in the 3xTg-AD mouse hippocampus was not altered compared to wild type mice. A) Representative immunoblot (left) and normalized densitometric quantification of MAPK p42 and p44 and their phosphorylation states at Thr202 and Tyr204 (right) from 6-8-month-old wild type and 3xTg-AD mice. B) Representative immunoblot (left) and normalized densitometric quantification of MAPK p42 and p44 and their phosphorylation at Thr202 and Tyr204 (right) in 18-20-month-old wild type and 3xTg-AD mice. No significance differences in any of the components of the MAPK/ERK pathway was found between wild type and 3xTg-AD mice in either age group.

IRS1 and AKT phosphorylation is decreased in the hippocampus of old, but not young, 3xTg-AD mice

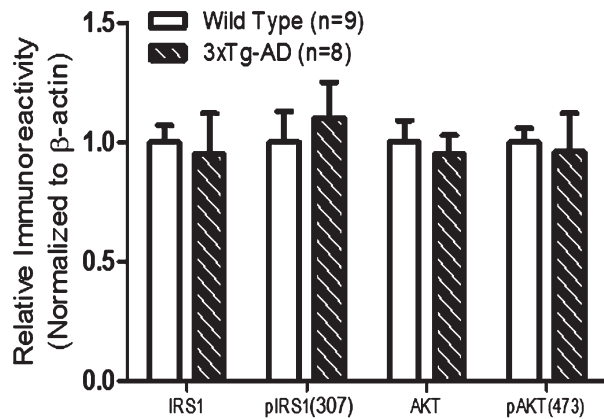
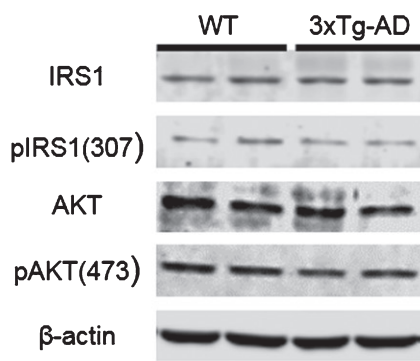
We also examined the PI3K/AKT insulin signaling pathway in the hippocampus of 3xTg-AD and wild type control mice (6-8, 16-18, and 18-20 months old) using western blots to assess IRS-1, phosphorylated IRS-1 (ser307), AKT and phosphorylated AKT (ser473). No significant changes were detected in the basal levels of IRS-1 or AKT in any age group. In contrast, we saw a significant decrease in phosphorylated IRS-1 and phosphorylated AKT in 18-20-month-old 3xTg-AD mice (Fig. 8C; pIRS-1, $p=0.02$; pAKT, $p<0.0001$); a difference not observed in younger transgenic mice. This suggests that insulin signaling through PI3K/AKT is likely to be somehow altered in aged 3xTg-AD mice. The appearance of decreased IRS1 and AKT phosphorylation appears to correlate with the detection of cognitive impairment in 3xTg-

AD mice, but occurs well after the appearance of the classical neuropathological hallmarks of AD.

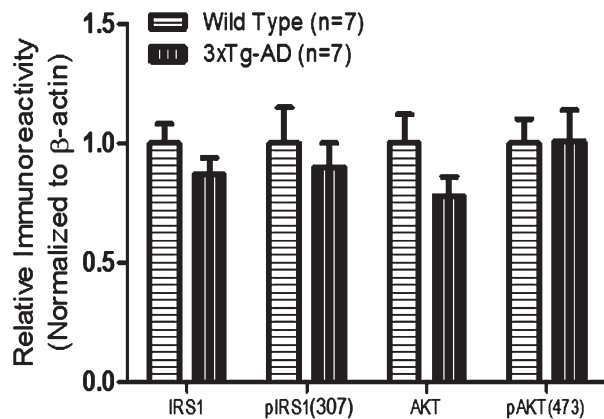
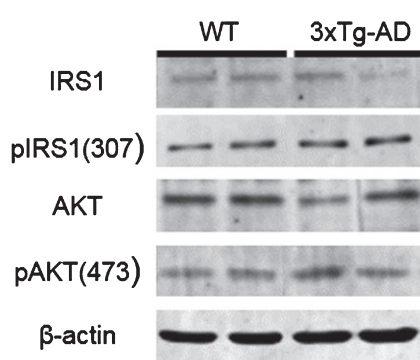
Decreased pGSK3 and increased p-Tau in the hippocampus of 3xTg-AD mice

To begin to examine downstream changes associated with altered PI3K/AKT signaling, western blots were used to assess GSK3 α and β and their phosphorylation at ser21 and 9, respectively, in the hippocampus of 6-8, 16-18, and 18-20-month-old 3xTg-AD and control mice. No changes were seen in either basal or phosphorylated levels in 3xTg-AD mice compared to wild type controls at either 6-8 months (Fig. 9A) or 16-18 months (Fig. 9B) of age. Basal levels of GSK3 α or GSK3 β , or phosphorylated GSK3 α , were also not altered in 18-20-month-old 3xTg-AD mice (Fig. 9C). However, a significant decrease in the phosphorylation of GSK3 β was observed (Fig. 9C; $p=0.001$).

A. 6-8 Months



B. 16-18 Months



C. 18-20 Months

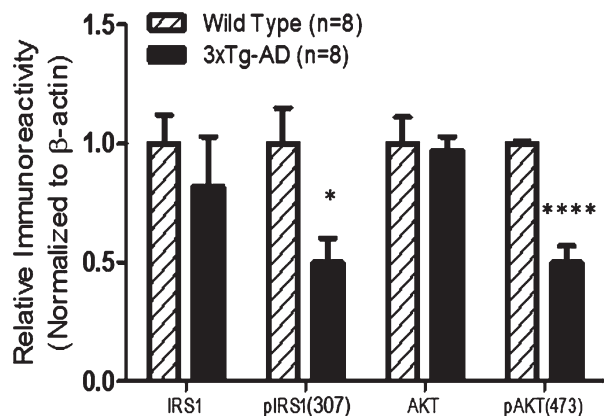
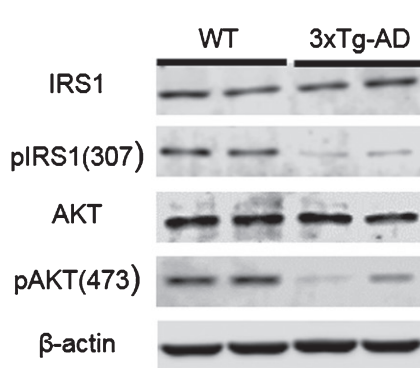


Fig. 8. PI3K/AKT signaling was significantly decreased in the hippocampus only in 18-20-month-old 3xTg-AD compared to wild type mice. A) Representative immunoblot (left) and normalized densitometric quantification (right) of IRS-1, pIRS-1 (ser307), AKT and pAKT (ser473) in the hippocampus of 6-8-month-old wild type and 3xTg-AD mice. B) Representative immunoblot (left) and normalized densitometric quantification (right) of IRS-1, pIRS-1 (ser307), AKT, and pAKT (ser473) in the hippocampus of 16-18-month-old wild type and 3xTg-AD mice. C) Representative immunoblot (left) and normalized densitometric quantification (right) of IRS-1, pIRS-1 (ser307), AKT, and pAKT (ser473) in the hippocampus of 18-20-month-old wild type and 3xTg-AD mice. No significant change in total or phosphorylated levels of IRS-1 and AKT were observed in 6-8- or 16-18-month-old 3xTg-AD mice compared to controls, but in 18-20-month-old 3xTg-AD mice, there was a significant decrease in the phosphorylation of both IRS-1 and AKT, although total IRS-1 and AKT levels were not different. * $p < 0.05$, **** $p < 0.0001$.

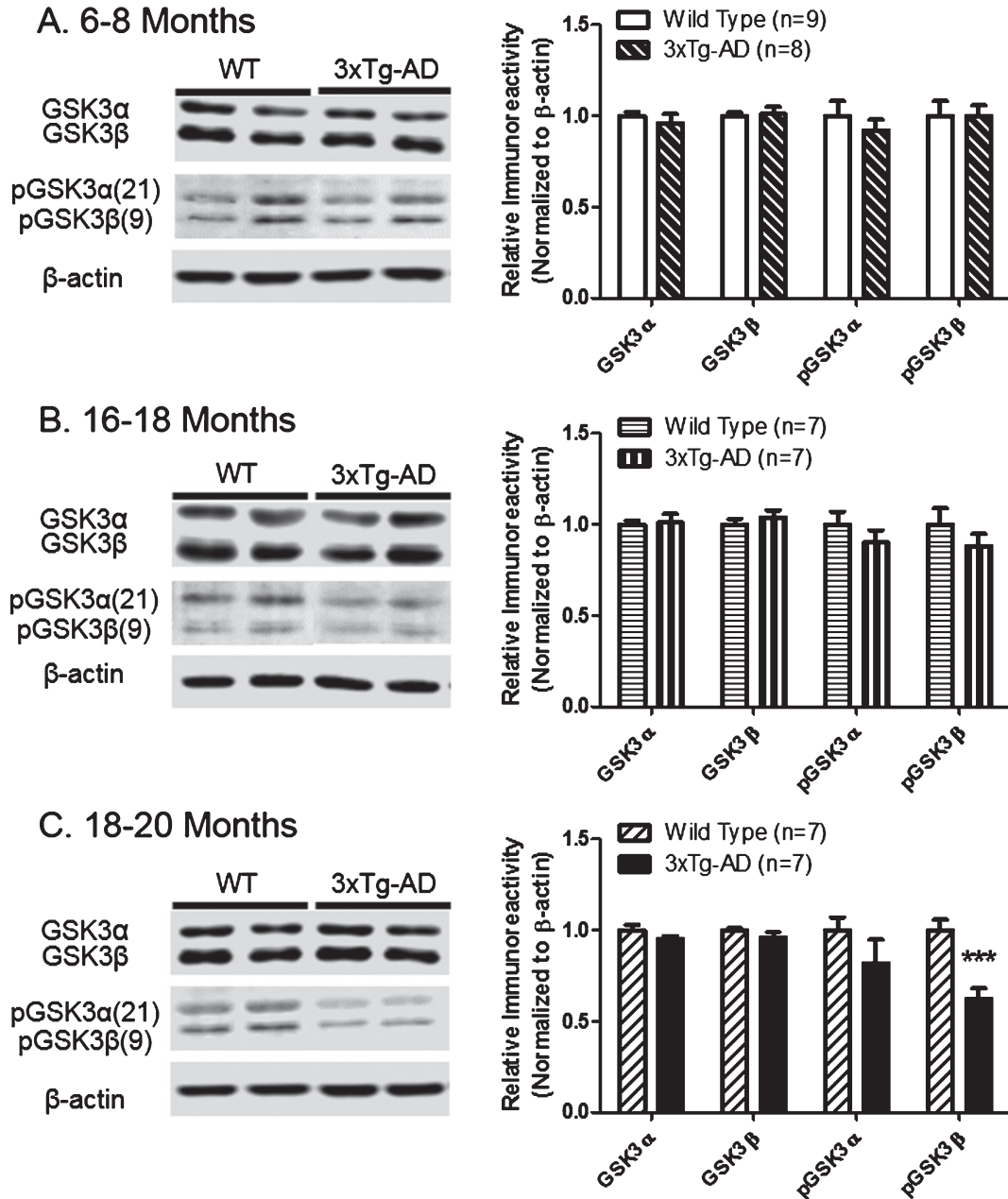


Fig. 9. pGSK3 β was decreased in the hippocampus of 18-20-month-old 3xTg-AD mice. Representative immunoblot and normalized densitometric quantification of GSK3 α , GSK3 β , pGSK3 α (Ser21), and pGSK3 β (Ser9) in the hippocampus of 6-8-month-old (A), 16-18-month-old (B), and 18-20-month-old (C) 3xTg-AD mice compared to wild type controls. These experiments revealed no significant difference in GSK3 α / β or pGSK3 α / β in the hippocampus of younger 3xTg-AD mice compared to controls. In contrast, in the hippocampus of 18-20-month-old 3xTg-AD mice, there was a significant decrease in pGSK3 β but no change in GSK3 α / β or pGSK3 α . *** $p < 0.001$.

This decrease in pGSK3 β in 3xTg-AD mice was only seen at an age in which pAKT was also decreased. This suggests that decreased pGSK3 β is a consequence of decreased AKT phosphorylation, since AKT is known to phosphorylate GSK3. Because GSK3 regulates tau phosphorylation, we

examined the latter using western blots and antibodies directed towards tau phosphorylation (Ser396 and Ser202/Thr205), both of which are known to contribute to the paired helical filament formation associated with neurofibrillary tangles [34]. A significant increase in tau phosphorylation was observed

in 3xTg-AD mice compared to wild type controls at all ages examined [6-8 month old mice: pTau (Ser396), $p=0.03$; pTau (Ser202/Thr205), $p<0.001$; 16-18 month old mice: pTau (Ser396), $p=0.04$; pTau (Ser202/Thr205), $p<0.001$; 18-20 month mice: pTau (Ser396), $p=0.03$; pTau (Ser202/Thr205), $p<0.001$]. These data are shown in Fig. 10, right. When all age groups were considered, increases in

pTau did not parallel the changes in GSK3 β phosphorylation. However, while increased hippocampal pTau was detectable well before the appearance of spatial learning and memory impairments and changes in GSK3 β phosphorylation, it is interesting to note that by 18 months of age immunoreactivity for p-Tau was highly concentrated in the principal neurons of the subiculum and CA1 (Fig. 10).

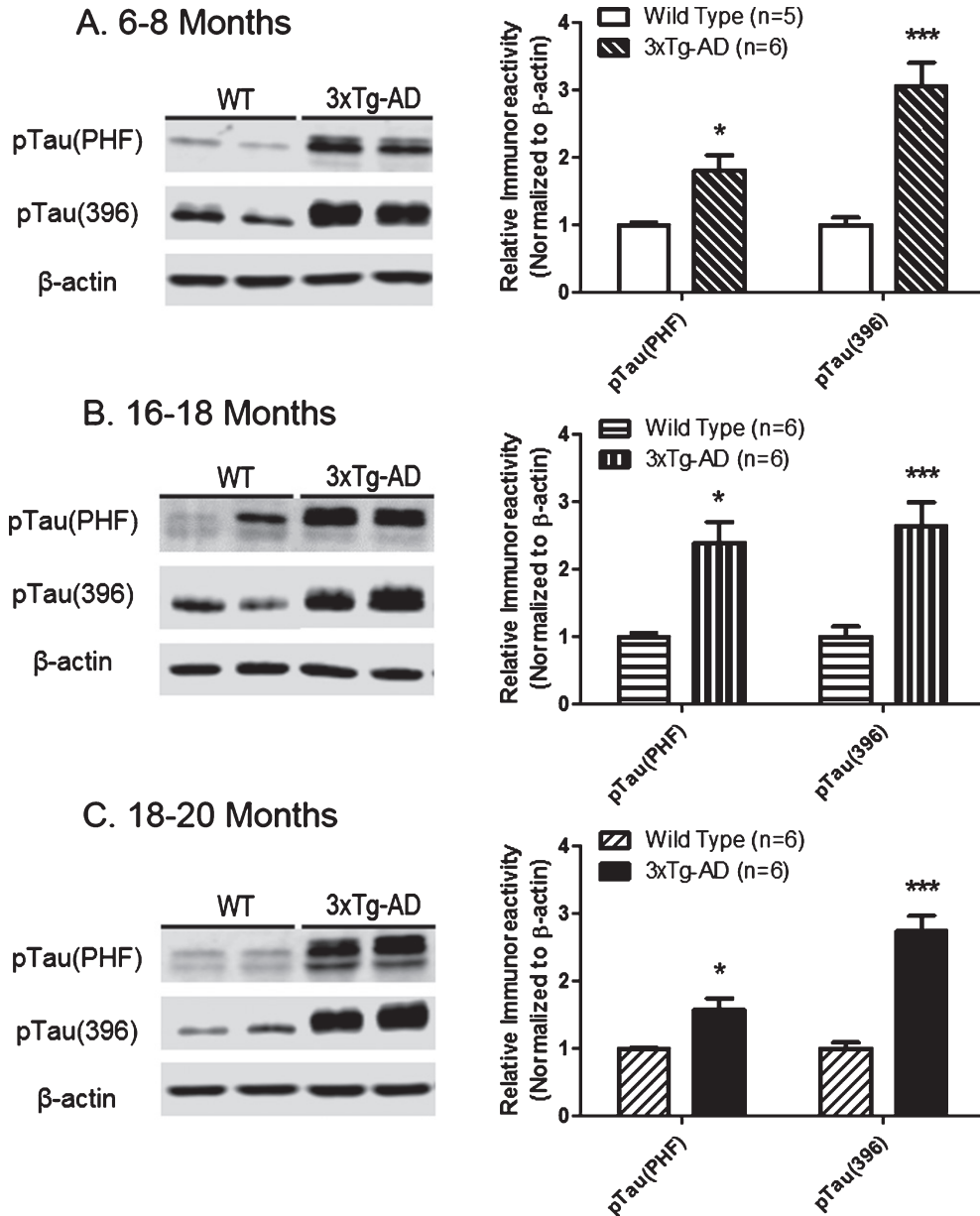


Fig. 10. pTau was significantly elevated in 3xTg-AD compared to wild type mice at all ages examined. Representative immunoblot and normalized densitometric quantification of pTau (Ser396) and pTau (Ser202/Thr205; PHF) in the hippocampus of 6-8-month-old (A), 16-18-month-old (B), and 18-20-month-old (C) 3xTg-AD mice compared to wild type controls. These experiments revealed that pTau (Ser 396) and pTau (Ser 202/Thr205; PHF) were significantly increased in the hippocampus of all age groups of 3xTg-AD mice. * $p<0.05$, *** $p<0.001$.

Decreased plasma membrane GLUT3 in the hippocampus of Old 3xTg-AD mice

Insulin has recently been shown to regulate the translocation of glucose transporters into neuronal membranes in a PI3K/AKT-dependent manner. Consequently, we also examined whether the decrease in PI3K/AKT activation seen in aged 3xTg-AD mice resulted in a decrease in glucose transporter translocation. Plasma membrane and total levels of GLUT3 and GLUT4 were examined in 6-8, 16-18, and 18-20-month-old 3xTg-AD and wild type control mice using western blotting (Fig. 11). Total levels of GLUT3 or GLUT4 were not significantly altered in any age group. Additionally, there were no significant changes in the plasma membrane levels of GLUT3 or GLUT4 in the two younger age groups, or in GLUT4 plasma membrane levels in the 18-20-month-old transgenic mice. However, there was a significant reduction in plasma membrane GLUT3 (Fig. 11C; $p < 0.0001$) in 18-20-month-old 3xTg-AD mice compared to controls, suggesting that translocation of GLUT3 was decreased. Since this change was observed only in the oldest age group and correlated with alterations in the PI3K/AKT signaling pathway, it is plausible that this decrease in GLUT3 translocation is a consequence of decreased AKT phosphorylation and likely an alteration in insulin signaling.

DISCUSSION

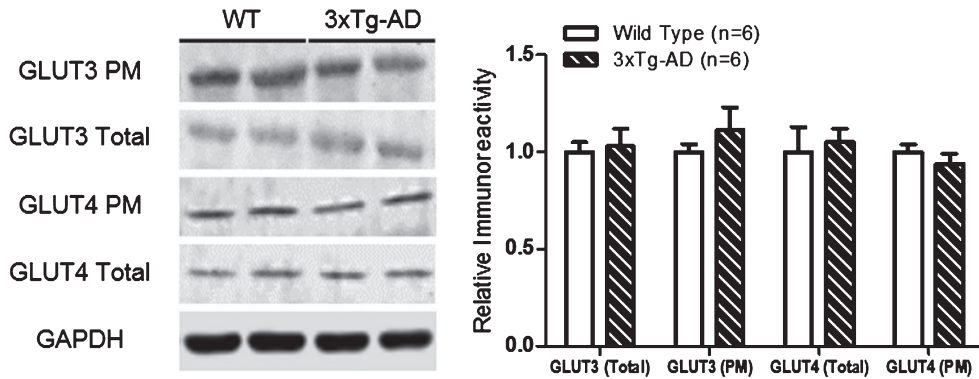
Emerging clinical data reveal a strong link between impaired peripheral glucose regulation, insulin signaling/sensitivity and aging/AD. These data include: 1) diabetes dramatically increases the risk of cognitive decline and dementia, especially AD [1–6, 35, 36]; 2) AD patients often exhibit altered peripheral glucose regulation, characterized by either hyperinsulinemia and insulin resistance [18, 36–39], hypoinsulinemia [18], or impaired insulin secretion [19]; 3) alterations in insulin signaling are seen in postmortem AD brain tissue [40–45]; and 4) insulin acts as a cognitive enhancer in healthy aged individuals and AD patients with mild to moderate cognitive decline [46]. Further, AD mouse models have recently been shown to exhibit impaired peripheral glucose tolerance when presented with a glucose challenge [21–26]. However, findings from animal model studies have been inconsistent, possibly due to differences in background strain used (the same

model can exist on different backgrounds) and/or the stage of estrus of female rodents when they are used; both factors are known to affect peripheral metabolic phenotype [47–50]. In the current study, male 3xTg-AD mice on a C57BL/6J-129S1/SvImJ background were used to examine the relationship of peripheral metabolic phenotype to the development of AD-pathology and cognitive impairment. Further, we sought to assess whether there was an association between impaired peripheral metabolism (i.e. altered insulin levels/signaling) and the two primary hippocampal insulin signaling pathways (i.e., MAPK/ERK and PI3K/AKT). We hypothesized that hippocampal insulin signaling would be altered in 3xTg-AD mice subsequent to altered peripheral insulin levels/sensitivity since the periphery is the primary source of CNS insulin [51].

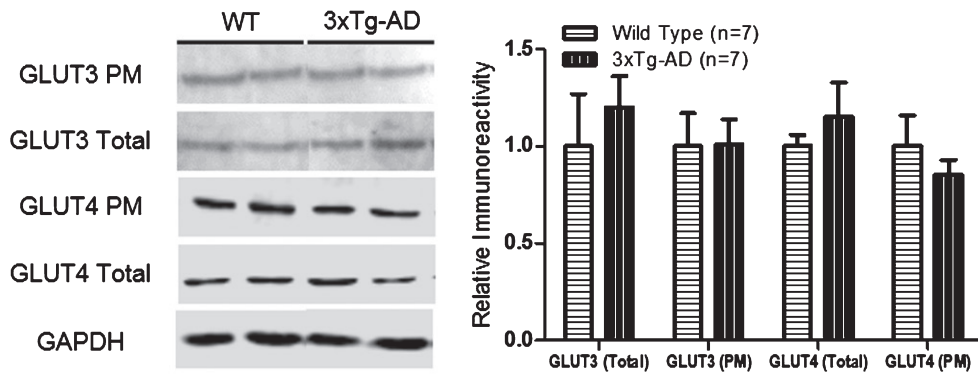
The main findings from the current study were: 1) peripheral glucose tolerance was impaired as early as 1–3 months in 3xTg-AD mice, a time point prior to the detection of neuropathological or cognitive changes; 2) impaired glucose tolerance in 3xTg-AD mice was associated with a decrease in fasting plasma insulin levels and insulin secretion following a glucose bolus, but peripheral insulin sensitivity did not appear to be altered; 3) the decrease in fasting plasma insulin and insulin secretion correlated with a decrease in insulin immunoreactivity in pancreatic islets in 3xTg-AD mice; 4) phosphorylation (activation sites) of the PI3K/AKT, but not MAPK/ERK signaling pathway, was decreased in 3xTg-AD mice concurrent with the detection of cognitive impairment; 5) the downstream target of PI3K/AKT, pGSK3 β , was decreased in cognitively impaired 18-20-month-old 3xTg-AD mice; and 6) hippocampal GLUT3, but not GLUT4, translocation was decreased in 18-20-month-old 3xTg-AD mice, but not at earlier time points, and coincided with the decrease in AKT phosphorylation.

Thus, 3xTg-AD mice exhibit impaired peripheral glucose regulation early in life. However, alterations in one of the two primary insulin signaling pathways was not seen until much later (18–20 months of age) when cognitive impairment was present. These data raise the possibility that decreased AKT phosphorylation and altered CNS insulin signaling could contribute to AD-related cognitive decline. These alterations may potentially be independent of peripheral insulin levels, or may require a long-term compromise in peripheral metabolic phenotype coupled with the presence of other factors associated with AD pathogenesis (e.g., increased A β levels).

A. 6-8 Months



B. 16-18 Months



C. 18-20 Months

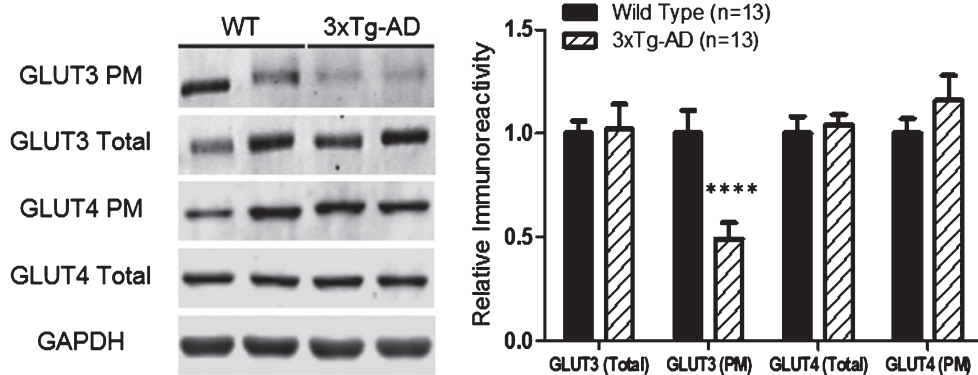


Fig. 11. Translocation of GLUT3 was significantly reduced in 18-20-month-old 3xTg-AD mice. Representative immunoblot and normalized densitometric quantification from 6-8-month-old (A), 16-18-month-old (B), and 18-20-month-old wild type and 3xTg-AD mice are shown. Total levels of hippocampal GLUT3 and GLUT4 were not different at any age. Further, no significant differences were noted in plasma membrane levels of GLUT4 in 6-8, 16-18, or 18-20-month-old 3xTg-AD hippocampus, or in plasma membrane levels of GLUT3 in 6-8 or 16-18-month-old 3xTg-AD hippocampi, compared to controls. In contrast, a significant reduction in plasma membrane GLUT3 was observed in 18-20-month-old 3xTg-AD hippocampi, suggesting that translocation of GLUT3 is decreased in 3xTg-AD mice at this later age. **** $p < 0.0001$.

Neuropathology and cognitive decline

Published reports indicate that the age at which AD-like changes in brain morphology and function occurs in 3xTg-AD mice varies between laboratories, presumably due to differences in background strain, housing, diet, and/or penetrance in mice when a mixed background is used. Thus, we first needed to establish the time course of A β deposition, tau hyperphosphorylation, and cognitive decline in our colony. While Oddo et al. [27] originally reported that extracellular A β -containing plaques were present as early as 6 months of age, and that by 12 months neurofibrillary tangles appeared, we did not see plaque formation until 14 months of age and a dramatic increase in hyperphosphorylated tau in principal neurons until 18 months of age. Our results are consistent with other recent studies reporting A β plaque formation at around 12–15 months and neurofibrillary tangles at 18 months [31, 52]. While some groups have reported cognitive changes as early as 4 months of age [53], we did not observe consistent decline in Morris water maze performance until much later: an altered learning curve was noted at 14–16 months and impaired learning and memory was seen in 3xTg-AD mice \geq 18 months of age.

It is important to note that the mechanisms underlying AD-related cognitive decline are still unclear. For example, while numerous investigators have suggested that A β (plaques and, more recently, oligomers) and/or tau phosphorylation/tangle formation are responsible for AD-related cognitive decline, emerging data from clinical trials suggest that this may not be entirely so. To date, no late stage (phase III) clinical trials targeting A β [54–56] or tau [57, 58] have been successful. Further, clinical data reveal that subjects can exhibit AD-related neuropathology (plaques and tangles) yet remain cognitively intact and, conversely, that subjects can exhibit AD-related dementia yet have little to no neuropathology [59–64]. These confounding observations have led to the propositions that: 1) a more detailed description of the biological and cognitive characteristics of AD is required; and 2) that other factors such as vascular changes, metabolic changes, neuroinflammation, cholinergic loss, or neuronal/synapse loss may also contribute to AD-related cognitive decline and thus co-therapeutic approaches are needed. Our study suggests a novel mechanism that could also contribute to AD-related cognitive decline, namely a decrease in glucose transporter translocation due to compromised insulin signaling (see below).

Glucose tolerance

Our experiments revealed that glucose tolerance, as assessed with an ipGTT, was impaired beginning as early as 1–3 months of age in our male 3xTg-AD mice. Fasting glucose levels were elevated in 3xTg-AD mice compared to controls at 1–3 months of age, but not at later time points. These data suggest that while 3xTg-AD mice do not exhibit a “diabetic” phenotype (i.e., elevated fasting glucose), peripheral glucose dysregulation can be revealed by a metabolic challenge with an exogenous glucose bolus. It has been suggested that screening for a pre-diabetic phenotype (impaired glucose tolerance; altered insulin response) versus a true diabetic phenotype (i.e., altered fasting glucose levels) could be an important biomarker for assessing the risk for developing AD [19, 65].

It is unclear why or how peripheral metabolic alterations arise in AD mouse models. Prominent possibilities include intrinsic alterations in peripheral organs, or subpathological changes within the CNS that affect the periphery (e.g., A β oligomers modifying hypothalamic or brainstem function). While the brainstem is not typically assessed for plaques in murine AD models due to histological preparation of the brain for sectioning (i.e., cerebellum and brainstem are cut off), we did not see any hypothalamic A β plaques in our 18-month-old 3xTg-AD mice (data not shown) as was previously reported by Do et al. [66] and human studies suggest that A β pathology within these brain regions only occurs at much later stages of AD pathogenesis [67]. Regardless, data suggest that peripheral metabolic alterations and AD-related pathogenesis are likely to affect each other, thereby creating a dangerous feedback loop. For example, pre-diabetic alterations such as hyperglycemia can affect A β production. Indeed, acute hyperglycemia raises interstitial fluid A β levels [68] and experimentally induced diabetes increases A β plaque load in AD mouse models [13, 69]. In turn, A β can have neurotoxic effects [70], inhibit synaptic plasticity/signaling [71, 72], and can negatively affect insulin signaling by decreasing insulin receptor density/number on dendritic spines [73].

Plasma insulin

A compromise in glucose tolerance could occur due to either a decrease in peripheral insulin levels, a decrease in insulin receptor sensitivity due to hyperinsulinemia, or as a secondary consequence

of obesity and increased food intake. While no difference in body weight or food intake was seen in 3xTg-AD mice, compared to controls, significant decreases in fasting plasma insulin levels and 15 min following a glucose bolus were seen in 3xTg-AD mice as early as 1–3 months of age and persisted throughout their life. No difference in insulin sensitivity was observed between groups at any time point examined. Thus, reduced insulin levels, and not a decrease in insulin receptor sensitivity, are likely to contribute to the disrupted glucose tolerance in 3xTg-AD mice. It is interesting to note that one of the largest population-based longitudinal studies suggests that decreased insulin following an oral glucose challenge, not insulin receptor sensitivity, poses the greater risk for developing AD [19]. Nekrep et al. [74] reported that neural crest derived cells are present in the pancreas and contribute to pancreatic beta cell development and insulin production and/or secretion. Given the common ancestry of neural crest cells and neuroectoderm, it is possible that Thy1.2-regulated genes are expressed in both cell populations and subsequently could underlie the reduced pancreatic insulin staining we observed in 3xTg-AD mice. Due to technical problems we were unable to determine whether A β or plaques were present in the pancreas of our 3xTg-AD mice. However, Vandal et al. [24] reported that human A β PP was found in the 3xTg-AD pancreas. Thus, it is possible that pancreatic A β could have played a role in the reduced insulin production we observed in the 3xTg-AD mice, although definitive studies are necessary. Further, this result does not rule out the possibility that other metabolic alterations (e.g., potential alterations in glucagon, leptin, GLP1) could also be contributing to the impairment in peripheral glucose tolerance in 3xTg-AD mice.

Hippocampal insulin signaling in 3xTg-AD mice

Changes in peripheral insulin levels are likely to affect CNS insulin signaling. Insulin, among other signaling molecules, stimulates the MAPK/ERK and PI3K/AKT pathways, and both pathways have been linked with learning and memory [75–82]. In our study, no differences in the MAPK/ERK signaling pathway were observed in 3xTg-AD mice at either 6–8 or 18–20 months of age. While this was somewhat surprising given the lifelong change in peripheral insulin levels, MAPKs are also activated when exposed to an inflammatory environment. The MAPKs are composed of a family of related serine/threonine protein kinases, such as JNK, ERK, and

p38 MAPK, which can be activated in response to cellular stimuli such as stress, inflammatory cytokines (e.g., tumor necrosis factor (TNF)- α and interleukin (IL)-1 β), or G protein coupled receptor agonists [83, 84]. 3xTg-AD mice exhibit increased inflammatory markers, including TNF and reactive astrogliosis [85–88]. Thus MAPK/ERK signaling could be maintained due to increased oxidative stress even if plasma and CNS insulin levels were reduced. Additionally, while some studies have shown that A β can inhibit ERK1/2 [89], others have suggested that A β has no effect on MAPK signaling [90] or can even increase ERK1/2 activity [91]. Thus, despite data linking MAPK/ERK with cognitive function, it is unlikely that a disruption of this pathway played a primary role in the impairments we observed in our 3xTg-AD mice.

PI3K/AKT pathway activity has been shown to be reduced in human AD brain tissue [42, 44], and recent studies suggests that alterations in this pathway can also be seen in 3xTg-AD mice [25, 92]. Our results demonstrated no significant difference in the PI3K/AKT insulin signaling pathway at 6–8 and 16–18 months of age, but at 18–20 months there was a significant reduction in the phosphorylation of AKT at serine 473 and IRS-1 at serine 307. AKT is considered to be the primary regulator of insulin's metabolic effects. Our current results are in contrast to a previously published study suggesting that altered insulin signaling occurred prior to a change in glucose tolerance. Specifically, Velazquez and colleagues [25] showed a decrease in IRS-1 and the phosphorylation of IRS-1 at ser612 at 10 months of age, although no change in the GTT was seen until later. Further, they reported an increase in phosphorylation of AKT at both serine 308 and 473 at 16 months of age when impaired glucose tolerance was observed. The reason for the difference with our current study is unclear, but could be the result of gender differences (female versus male mice). Additionally, their study used a cortex-hippocampus homogenate, while ours was solely hippocampus, potentially producing a dilution effect since not all cortical regions are uniformly affected in AD.

In the presence of insulin, IRS1 becomes phosphorylated at tyrosine residues to cause its activation, while IRS1 serine phosphorylation inhibits its activity. Serine phosphorylation is increased by inflammasomes such as TNF and has been suggested to be linked to insulin resistance [93–95]. Indeed, several studies have reported increased serine phosphorylation of IRS1 in human AD tissue and mouse

models [40, 45, 96]. Thus, in our current study it is surprising to see a decrease in IRS1 serine phosphorylation based on previous studies and the reported increase in neuroinflammation in old 3xTg-AD mice [85–87]. However, IRS1 serine 307 phosphorylation has also been shown to occur via AKT in a negative feedback mechanism. Specifically, an increase in insulin induced serine 307 phosphorylation of IRS1 can be blocked by the PI3K inhibitor LY290042 [95]. Given the observed decrease in AKT phosphorylation concomitant with the decrease in IRS1 serine 307 phosphorylation, it is clear additional research is required to truly understand the dynamics of insulin signaling under “normal” physiological conditions as well as in AD.

Following activation of IRS-1, AKT becomes phosphorylated at ser308 by PI3K and then by mTOR at serine 473 to become fully activated. We have shown that serine 473 phosphorylation is decreased, but only at the latest time point examined (18–20 months of age). While peripheral insulin levels were decreased in 3xTg-AD mice relative to wild type controls as early as 1 month of age, no change in hippocampal insulin signaling was observed until after neuropathology was detected. Although we cannot rule out the possibility that IRS1/AKT phosphorylation is altered in other brain regions prior to neuropathology, this represents a disconnect between peripheral insulin levels and hippocampal insulin signaling. This is fascinating since CNS insulin is believed to be primarily derived from the periphery through a saturable transport mechanism though several lines of evidence suggest that it is also produced in the CNS [97, 98]. What could underlie this disconnect? A β has been shown to reduce responsiveness to insulin in presynaptic terminals [92, 99] and ADDLs can cause a loss of neuronal surface IRs [70]. Thus, a parsimonious explanation for the delayed reduction in CNS insulin signaling in 3xTg-AD mice is that a combination of factors may be required to produce this result. Specifically, it is possible that a decreased supply of peripheral insulin, coupled with an increased A β production, may be required to perturb hippocampal insulin signaling. In addition, insulin and IGF1 have similar structures and can bind both receptors, thus it is possible that a change in IGF1 could result in altered insulin signaling. Indeed, it has been shown that IGF1 receptor is decreased in 3xTg-AD mice [92]. However, they saw no change in the phosphorylation of IGF1 and since insulin has a much higher affinity for insulin recep-

tor it is more likely that insulin is responsible for the decrease in phosphorylation of downstream targets. Another factor that could be leading to altered PI3K/AKT signaling is inflammation induced from A β production and tau hyperphosphorylation. 3xTg-AD mice have been shown to have increased levels of inflammatory markers [85–87] and inflammatory mediators such as TNF, JNK, IKK, and protein kinase C (PKC), which can inhibit insulin action by serine phosphorylation of IRS1. Further, serine/threonine kinases involved in insulin signaling can also be directly activated by reactive oxygen species, and increased reactive oxygen species levels are one of the major co-pathologies in aging and AD [100, 101]. Since this study did not examine inflammation in 3xTg-AD mice, or all phosphorylation sites of IR and IRS1, it is possible that increased inflammation leads to increased inhibitory phosphorylation of these proteins and to decreased PI3K/AKT signaling. Conversely, PI3K/AKT signaling has also been shown to play a major role in inducing inflammation (for review, see [102]) and it has been shown that inhibition of the PI3K/AKT signaling pathway can enhance the activation of inflammatory mediators [103, 104].

Interestingly, the change in PI3K/AKT signaling occurred only at a time point when a decline in cognitive function was present. In some initial studies, intranasal insulin has been shown to improve cognition in patients with mild-moderate AD, patients with mild cognitive impairment, as well as in normal patients [46, 104, 105]. Further, insulin has also been shown to improve spatial memory in 3xTg-AD mice along with increasing AKT activation [98]. Taken together, these results suggest that decreased AKT phosphorylation could contribute to the cognitive decline in 3xTg-AD mice and humans with AD, especially given the apparent role of insulin-AKT signaling in normal cognitive function [73–78], and that supplying insulin directly to the brain via intranasal delivery could help relieve cognitive dysfunction by restoring insulin signaling via the PI3K/AKT pathway.

pGSK3 β is decreased in old 3xTg-AD mice

Glycogen synthase kinase-3 (GSK3 α/β) is a constitutively active, ubiquitous serine/threonine kinase [106], that is critical for neuronal function [107–109]; overexpression has been linked with cell death [110–114] and a reduction in cell proliferation [115, 116]. Since we have shown that AKT phosphorylation is decreased in old 3xTg-AD mice, it is possible that

lation (activation) is decreased in 18-20-month-old 3xTg-AD mice, and since GSK3 inhibition is primarily mediated by PI3K/AKT via serine phosphorylation [110], we also examined GSK3 levels and its phosphorylation. Levels of GSK3 were not altered in 3xTg-AD mice. However, phosphorylation of GSK3 β at serine 9 is decreased in 3xTg-AD mice at 18–20 months of age, but not at earlier time points, suggesting that this is likely to occur subsequent to the decrease in pAKT. This decrease in GSK3 β phosphorylation could lead to GSK3 hyperactivation, increasing A β production and toxicity [117–120] neuroinflammation [121, 122] and tau phosphorylation [123, 124]. Thus, a decrease in GSK3 phosphorylation could further contribute to AD neuropathogenesis and cognitive decline.

Tau phosphorylation occurring prior to the change in pGSK3 β seems paradoxical, but is likely because the human transgene expressed in 3xTg-AD mice produces a mutated version of tau that is highly susceptible to phosphorylation. What is interesting, however, is that the apparent increase in tau hyperphosphorylation and eventual deposition in principal neurons (i.e., 18 months; Fig. 10) only occurred around the same time as the observed decrease in AKT phosphorylation and GSK3 β inhibition. Further experiments are needed to directly test whether this is a cause and effect relationship.

Reduced GLUT3, but not GLUT4, translocation in the hippocampus of old 3xTg-AD mice

Insulin's effects on learning and memory have been suggested to be largely independent of glucose utilization. Whether this assertion is valid is unclear, since recent studies have shown that: 1) insulin can stimulate neural glucose uptake in medial temporal lobe structures involved in learning and memory [125, 126]; 2) subjects with insulin resistance exhibit a regional reduction in glucose metabolism [16] that can be improved with exogenous insulin administration [21]; 3) conditional insulin receptor knock out mice (NIRKO) exhibit decreased glucose uptake in their brain [127]; 4) the expression or translocation of several of the facilitated glucose transporters (i.e., GLUT1, GLUT3, and GLUT4) can be affected by insulin/IGF1 signaling or insulin sensitizing drugs [128, 129]; and 5) studies have shown that a subject's performance on hippocampal-dependent cognitive tasks is dependent on glucose uptake and that increasing the hippocampal glucose

supply can enhance memory performance [130–132]. Taken together, these studies suggest that insulin affects neuronal/network glucose utilization and, subsequently, learning and memory.

Recent data demonstrate that translocation of the primary neuronal glucose transporter, GLUT3, to the plasma membrane is insulin dependent and involves the PI3K/AKT pathway, although neuronal depolarization is also required [129]. In this regard, metabolically challenging the hippocampus (e.g., during a cognitive task) should lead to GLUT3 translocation to allow for the increased demand for glucose. Interestingly, GLUT3 protein levels are decreased in post-mortem tissue from AD patients [133] and in patients with type 2 diabetes [134]. A β can also decrease glucose uptake by inhibiting GLUT3 fusion with the membrane, suggesting that a decrease in translocation, rather than GLUT3 expression, is critical for overall GLUT3 function [135]. We found that decreased GLUT3 translocation correlated with reduced AKT phosphorylation, suggesting that this may be a downstream effect of altered CNS insulin signaling in 3xTg-AD mice. Further, the decrease in GLUT3 translocation corresponded with the first detection of cognitive impairment. This timing could reflect a potential cause and effect relationship between decreased GLUT3 translocation and cognitive decline.

The majority of glucose uptake in peripheral tissues is under the control of insulin via the insulin-sensitive glucose transporter, GLUT4 [136]. Recently it has been suggested that a similar mechanism may occur in the hippocampus since GLUT4 is found there [137–139] and the hippocampus also contains high levels of the insulin receptor [140–143]. Indeed, it has now been shown that GLUT4 translocation is insulin sensitive in the hippocampus and is also PI3K/AKT dependent [128, 144]. Surprisingly, no change in GLUT4 translocation was observed in 3xTg-AD mice in this study despite the decrease in AKT phosphorylation. However, several factors other than insulin can affect GLUT4 translocation including PKC, tumor necrosis factor- α , AMP kinase, endothelin and leptin [144–149]. Additionally, chronic exposure to either leptin or insulin has been shown to decrease GLUT4 at the mRNA and protein levels [144]. Further, insulin may increase GLUT4 translocation in an activity-dependent manner. Thus, a number of simultaneously acting factors could have contributed to the lack of change we observed in GLUT4 translocation in our 3xTg-AD mice.

Summary

In summary, our study provides evidence that impaired peripheral glucose tolerance, likely the consequence of low insulin levels, is present in 3xTg-AD mice prior to any neuropathological changes or cognitive decline. Interestingly, despite low peripheral insulin levels early on, 3xTg-AD mice did not exhibit alterations in the insulin AKT pathway (i.e., decreased phosphorylation) until later time points when cognitive decline was first detected. Therefore, AD-related alterations in CNS insulin signaling is not likely to be simply a reflection of peripheral insulin levels but may require an interaction between these peripheral changes and changes associated with AD pathogenesis (i.e., increased A β production). Further, the decrease in serine phosphorylation of IRS1 concomitant with a decrease in AKT phosphorylation suggests that changes in insulin signaling pathways are likely to be more complex in AD and that additional factors are involved. Regardless, a decrease in GLUT3 translocation may be the direct result of altered insulin signaling. This decrease in GLUT3 at the cellular membrane could result in impaired neuronal glucose uptake, thereby depriving neurons of sufficient glucose during a time of increased metabolic demand (i.e., during the performance of cognitive tasks) and could contribute to the hypometabolic phenotype seen in AD, providing a potential mechanism whereby intranasal insulin exerts its beneficial effects. Finally, the observation that several AD mouse models exhibit a pre-diabetic phenotype (i.e., impaired glucose tolerance) months prior to being able to detect any neuropathology or cognitive decline raises the possibility that this could be a beneficial biomarker for detecting subjects with an increased risk for developing AD.

ACKNOWLEDGMENTS

This research was funded through the support of the Illinois Department of Public Health (PRP), Center for Alzheimer's Disease and Related Disorders CADRD: SIU-SOM; PRP) and Center for Integrated Research in Cognitive and Neural Sciences (GMR; PRP).

Authors' disclosures available online (<https://www.j-alz.com/manuscript-disclosures/18-0707r2>).

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