

Common and different genetic background for rheumatoid arthritis and coeliac disease

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Recent genome-wide association studies (GWAS) have revealed genetic risk factors in autoimmune and inflammatory disorders. Several of the associated genes and underlying pathways are shared by various autoimmune diseases. Rheumatoid arthritis (RA) and coeliac disease (CD) are two autoimmune disorders which have commonalities in their pathogenesis. We aimed to replicate known RA loci in a Dutch RA population, and to investigate whether the effect of known RA and CD risk factors generalize across the two diseases. We selected all loci associated to either RA or CD in a GWAS and confirmed in an independent cohort, with a combined P -value cut-off $P < 5 \times 10^{-6}$. We genotyped 11 RA and 11 CD loci in 1368 RA patients, 795 CD patients and 1683 Dutch controls. We combined our results in a meta-analysis with UK GWAS on RA (1860 cases; 2938 controls) and CD (767 cases; 1422 controls). In the Dutch RA cohort, the *PTPN22* and *IL2/IL21* variants showed convincing association ($P = 3.4 \times 10^{-12}$ and $P = 2.8 \times 10^{-4}$, respectively). Association of RA with the known CD risk variant in the *SH2B3* was also observed, predominantly in the subgroup of rheumatoid factor-positive RA patients ($P = 0.0055$). In a meta-analysis of Dutch and UK data sets, shared association with six loci (*TNFAIP3*, *IL2/IL21*, *SH2B3*, *LPP*, *MEL1/TNFRSF14* and *PFKFB3/PRKCQ*) was observed in both RA and CD cohorts. We confirmed two known loci and identified four novel ones for shared CD–RA genetic risk. Most of the shared loci further emphasize a role for adaptive and innate immunity in these diseases.

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INTRODUCTION

Rheumatoid arthritis (RA) is a chronic inflammatory disorder affecting ~1% of the adult population. The disease is characterized by inflammation of the synovial tissue of multiple joints leading to pain, deformities and a reduced quality of life. The aetiology of RA is complex and largely unknown; however, epidemiologic data support a polygenic susceptibility model (1). Besides this, environmental factors may also play a role in the pathogenesis of RA (2).

RA shares common pathogenic mechanisms with other autoimmune disorders. This is reflected by the co-occurrence of several autoimmune disorders in some patients and families, and the shared genetic background of autoimmune diseases (3,4). One of the autoimmune disorders showing similar pathogenic mechanisms to those seen in RA is coeliac disease (CD). This is a chronic intestinal inflammatory disorder which develops through an intolerance to gluten—the major dietary protein in wheat—and related proteins from barley and rye (5). Although the diseases are clearly distinct in their phenotype, common features in RA and CD include the association of the HLA molecules with the diseases, T-cell infiltration in the target organs, the development of disease-specific auto-antibodies and the role of enzymes involved in post-translational modifications in the pathogenesis of the diseases (6). In addition, several studies show co-occurrence of CD and RA (7–10). However, there are no well-designed studies to assess the true prevalence of RA and CD co-morbidity.

Recently performed genome-wide association studies (GWAS) have identified 11 loci associated with RA and 10 loci associated with CD, in addition to the already known HLA loci (11–21) (Supplementary Material, Table S1). These GWAS showed that, besides HLA, two chromosomal regions are shared between RA and CD: a region on chromosome 4q27 (including the genes *IL2* and *IL21*) and the 6q23.3 locus containing the *OLIG3* and *TNFAIP3* genes (22). Interestingly, the *IL2/IL21* locus has also been associated with psoriatic arthritis, Grave's disease and type 1 diabetes, whereas the *OLIG3/TNFAIP3* locus has also been associated to systemic lupus erythematosus and type 1 diabetes (13,23–27). These results strongly suggest that overlapping genetic mechanisms underlie the development of multiple autoimmune disorders (4). We therefore hypothesize that other susceptibility genes identified for RA might also contribute to the development of CD and vice versa. In this study, we investigated a total of 22 SNPs associated with either RA (11 SNPs) or CD (11 SNPs) by association testing in Dutch RA and CD cohorts and by meta-analyses including well-comparable data sets from two earlier GWAS on RA and CD.

RESULTS

In this study, we performed an association analysis with all SNPs showing replicated association to either RA or CD with a *P*-value cut-off of 5×10^{-6} . In total, 22 SNPs (11 primary CD-related and 11 primary RA-related SNPs) were genotyped or imputed in 1368 Dutch RA cases, 795 Dutch CD cases and 1683 controls. Since the distribution of males and females was substantially different in our cases and

control cohort (frequency female in both case cohorts 60%, whereas only 20% of controls were female, see Supplementary Material, Table S2), we first compared the allele frequency of all the SNPs in males and females in our control cohort. None of the SNPs showed a significant difference (Supplementary Material, Table S4), which we took as evidence for the comparability of the samples.

Replication of RA loci in Dutch RA cohort

A replication of known RA variants in a Dutch RA cohort has not been performed previously. From a total of 11 RA loci, only the well-established risk variant in *PTPN22* (rs2476601) showed a clear association with RA in our cohort ($P = 3.43 \times 10^{-12}$; OR = 1.70 (95% confidence interval (CI): 1.46–1.98)). Three other RA SNPs (rs3890745, rs4810485 and rs3218253 located in the *MME11/TNFRSF14*, *CD40* and the *IL2RB* gene regions, respectively) were nominally replicated in Dutch RA samples ($P < 0.05$). The remaining RA loci were not associated in our RA data set (Table 1).

Association of CD loci in Dutch CD cohort

All previously confirmed coeliac variants, except the *LPP* SNP rs1464510, showed association to CD in the Dutch cohort. This is not surprising since we used 508 of the 795 cases, and 833 of the 1683 controls as part of the multinational cohorts in our previous studies to establish the association of the CD loci (14,20,21).

Cross-disease association study in the Dutch cohorts

Three out of 11 primary CD-related SNPs were associated with RA in the Dutch cohort. The *IL2/IL21* variant rs13151961 showed the strongest association to RA [$P = 0.0003$; OR = 0.78 (95% CI: 0.68–0.89)]. This association was reported previously in a subset of our cohort (22). We now confirmed the association of *IL2/21* variants in an extended group of RA and CD cases. The other two variants, *SH2B3* rs3184504 and *LPP* rs1464510, showed a moderate association with RA [$P = 0.024$; OR = 1.12 (95% CI: 1.02–1.25) and $P = 0.012$; OR = 1.14 (95% CI: 1.03–1.26), respectively]. Opposing allelic association for RA and CD was observed for the *LPP* variant: the frequency of *LPP* rs1464510*C allele was increased in RA compared with controls, whereas the rs1464510*A allele was more frequent in CD patients than controls.

From the RA-specific variants, only rs3890745 from the *MME11/TNFRSF14* locus showed a trend for association to CD [$P = 0.04$, OR = 0.87 (95% CI: 0.77–0.99)]. The rs10499194 variant in the *TNFAIP3* locus, previously reported only in RA samples, also showed moderate association to CD [$P = 0.018$; OR = 0.84 (95% CI: 0.73–0.97)] (Table 1).

Stratification of RA samples for rheumatoid factor

As the association of several known RA genetic risk variants has been shown to be different in auto-antibody positive and negative cases (28), we performed a separate association

Both genes show association with several other immune-related diseases: *IL2/IL21* with inflammatory bowel disease (29–31), type 1 diabetes (22,24) and psoriasis (23), and *TNFAIP3* with systemic lupus erythematosus (26), type 1 diabetes (25) and psoriasis (32). This points to a general role for these genes in the development of autoimmunity.

The association of IL2-IL21 locus to several immune-related diseases is especially interesting, although strong LD in this locus makes it difficult to locate the true associated gene. Both IL2 and IL21 are important in T-regulatory and Th17 cells, respectively. Both CD and RA show high levels of Th17 in affected tissues (33,34). Interestingly, IL21 is produced by Th17 cells and is important for maintaining Th17 cells (35). High levels of IL21 have been found in the intestine of patients with CD (21), whereas IL21 receptor is overexpressed in synovial tissues of RA patients (36). Blockading the IL21/IL21R pathway ameliorates disease in a murine model of RA (37).

The association of SH2B3 with both RA and CD has not been reported previously. The SH2B3 rs3184504 variant is a non-synonymous SNP R262W located in exon 3 of the gene, and has previously been associated with CD, type 1 diabetes and myocardial infarction (14,24,38). It encodes the T-cell adapter protein LNK, which regulates T-cell receptor-, growth factor- and cytokine receptor-mediated signalling, and is therefore an attractive candidate gene for shared autoimmune susceptibility (39).

Another shared gene identified in this study, *LPP* (LIM domain containing preferred translocation partner in lipoma), is involved in cell adhesion, cytoskeletal remodelling and maintaining cell shape and motility (40,41). Chromosomal aberrations including the *LPP* region have been observed in leukaemia, indicating a potential role for this chromosomal region in regulating the immune system (42). The exact function of *LPP* in autoimmunity has not yet been defined. Interestingly, in our study, *LPP* shows a differential association for RA and CD. The effect of *LPP* rs1464510*A allele confers protection in RA, and susceptibility in CD. The reason for the opposing allelic associations could be the presence of distinct RA- and CD-causing variants, located on different haplotypes and tagged by the opposite alleles of the same SNP. Another possibility is that the same variant confers truly susceptibility to one disease and protection from another, similar to the *PTPN22* functional variant Arg620Trp, which confers susceptibility to several autoimmune diseases, but protection from Crohn's disease (43,44). Sequencing of the whole associated block in both diseases is required to define the RA and CD causal variants and explain the exact nature of this observation. Association of opposite alleles to different autoimmunities has been also observed for *IL18RAP* and *TAGAP* variants in CD and type 1 diabetes (45).

Two loci showed moderate association to both diseases—the *PFKFB3/PRKCQ* and *MMEL1-TNFRSF14* ($P < 0.05$). The *PFKFB3/PRKCQ* variant was originally reported in a meta-analysis including RA patients (17). In addition, the same locus has recently been associated with type 1 diabetes in a meta-analysis (46). Thus, our findings, although only moderately significant, provide additional support for this locus being a shared autoimmune gene. *PRKCQ* is involved

in regulating and controlling T-cell-mediated signalling and is therefore a plausible candidate for autoimmune traits (47). The *MMEL1/TNFRSF14* locus includes the *TNFRSF14* (*HVEM*, herpes virus entry mediator) gene, which functions as a co-stimulatory molecule during T-cell activation (48), and enhances the bactericidal activities of human monocytes and neutrophils (49). In antiviral responses, *TNFRSF14* is involved in NF- κ B activation.

Overall, from six shared CD-RA loci, five contain genes directly involved in immune function. Association to the *SH2B3*, *PRKCQ*, *IL2/21* and *TNFRSF14* genes points to the role of T-cell-mediated signalling, whereas both the *TNFAIP3* and *TNFRSF14* genes are linked to NF- κ B signalling, innate immunity and the response to pathogens. The association of innate molecules to RA and CD may now explain the link of mucosal immunity state and infections in predisposition to both diseases (50–52).

Our study extends the knowledge on genes that are shared between RA and CD. Most of the shared genes fit with the current hypotheses on the pathogenesis of these diseases, involving both innate and adaptive immunity. Several of the shared genes also contribute to the susceptibility to additional autoimmune diseases. Creating genetic profiles for autoimmunity may help understand the basic mechanisms of pathogenesis and predict common immune-related risk factors/phenotypes. Furthermore, it will open up possibilities for the development of new drug targets for a better treatment of autoimmune diseases.

MATERIALS AND METHODS

Study population

Rheumatoid arthritis cohorts. We combined two independent Dutch RA inception cohorts: from Nijmegen ($n = 960$) and Groningen ($n = 408$). Both cohorts have been described elsewhere (22,53,54). All patients were diagnosed according to the American College of Rheumatology (ACR) criteria for RA (55). Due to the lack of whole genome data, we ascertained subjects were of Dutch descent based on their surname.

Coeliac disease cohorts. Our study analysed 795 unrelated Dutch individuals with CD. All affected individuals were diagnosed according to the revised ESPGAN criteria (56). The cohort encompassed individuals that showed a Marsh II or Marsh III lesion in the initial diagnostic small-bowel biopsy specimens upon re-evaluation by one of two experienced pathologists, or presented with dermatitis herpetiformis and were HLA-DQ2 positive.

Control cohort. The control cohort comprised unrelated blood bank donors ($n = 833$) and NELSON controls ($n = 850$). The blood bank control cohort was described earlier (14,20). Other controls were included from the NELSON project—an ongoing population-based, randomized multi-centre lung cancer screening trial, studying male smokers (57). These controls were collected from the north and centre of the Netherlands (Groningen, Utrecht and Drenthe, The Netherlands). All the control subjects were heavy smokers or ex-smokers (a minimum of 16 cigarettes/day for 25 years or 11 cigarettes/day

for 30 years), but did not develop airway obstruction or emphysema suggesting chronic obstructive pulmonary disease (COPD) until the end of a 4 year observation period.

The current study was approved by the local ethics committees and all the patients and controls gave their written informed consent. Information on male/female ratio of the cohorts is shown in Supplementary Material, Table S2.

SNP selection and genotyping

We selected SNPs with confirmed association to either RA or CD with $P < 5 \times 10^{-6}$ from existing literature. Information on the original studies and the associated SNPs is given in Supplementary Material, Table S1. In total, we tested 22 SNPs from 20 loci, 11 known for association to CD and 11 primarily associated to RA, with two of the genes known to be associated to diseases.

Genotyping of Dutch RA samples. All 22 SNPs were genotyped in the Dutch RA cohort using TaqMan probes and primers developed by Applied Biosystems, on an ABI 7900HT system (Applied Biosystems, Nieuwerkerk a/d IJssel, The Netherlands). Genotyping was performed following the manufacturer's specifications. DNA samples were processed in 384-well plates, each plate contained 8 negative controls and 5 duplicated samples. All duplicates showed consistent results for all SNPs.

Genotyping of Dutch CD samples and controls. Of the 22 SNPs, 15 were present on the Illumina HAP550 platform. The genotyping data of CD cases and controls for these 15 SNPs were extracted from an ongoing GWAS in the Dutch population, performed on the Human670-QuadCustom Illumina BeadChips, which contains the HumanHap550 SNP set (manuscript in preparation). The remaining seven SNPs were not present on the genotyping platforms. In these cases, a 4 MB window around the SNP of interest was imputed using Plink v1.05 (<http://pngu.mgh.harvard.edu/purcell/plink/>) and the phase 2, HapMap CEU samples, release 23a, as the imputation reference panel (58). We included the imputed genotypes only if the imputation quality was above 0.8 (Supplementary Material, Table S3). The SNP rs42041 showed deviation from Hardy–Weinberg equilibrium (HWE) in the Dutch GWAS imputed data set, so this SNP was genotyped by TaqMan in Dutch CD cases and the blood bank control group ($n = 833$). NELSON controls ($n = 850$) were not genotyped for the rs42041. TaqMan genotyping was performed following the manufacturer's specifications. DNA samples were processed in 384-well plates; each plate contained 8 negative controls and 16 genotyping controls [four duplicates of four different samples obtained from the Centre d'Etude du Polymorphisme Humain (CEPH)].

UK data sets. For RA, we used freely available genotype data for 9 SNPs from RA patients from the GWAS performed by the Wellcome Trust Case Control Consortium (WTCCC) in 2007 (13), comprising 1860 UK RA cases and 2938 UK controls. For the remaining 13 SNPs, we used imputed genotypes, all with imputation quality > 0.8 (https://www.wtccc.org.uk/cccl/summary_stats.shtml data access 21 August 2008).

For CD, genotyping results for 15 SNPs were extracted from the UK GWAS study (21). The non-genotyped SNPs were imputed in the UK cases and controls (imputation quality (info) > 0.8 , except for the SNP rs42041, which could not be imputed with sufficient quality and was therefore excluded from the meta-analysis (Supplementary Material, Table S3).

The genotyping method and imputation quality in each cohort is presented in Supplementary Material, Table S3A–C. The frequency of missing genotypes was below 5% for all the SNPs in all the genotyped cohorts.

Population substructure analysis

Multidimensional scaling analysis (implemented in Plink) was applied to all the samples for which genome-wide genotype data were available. The values of the first five components were further plotted against each other. We detected outlying samples only for the first three components. Samples exceeding two standard deviations from the mean for the first three components were excluded, ensuring that only the most homogeneous samples were included in our final analysis and that there was no population stratification.

As a part of the ongoing GWAS in celiac disease, we applied a multidimensional scaling (MDS) analysis to assess whether there was a large population substructure between the UK and Dutch cohorts. Both cohorts created tight clusters and, as expected, the two first components could distinguish between the two populations. However, over 40% of the samples shared a common part in the plot. Both cohorts were also merged with the HapMap2 data and the MDS analysis was repeated. Both cohorts mapped perfectly to the CEU population, any outlying samples that mapped outside the cluster were excluded from further analysis.

Statistical analysis

We calculated HWE for all the genotyped SNPs by comparing the expected and observed genotypes in a 2×3 chi-square table. None of the markers deviated significantly from HWE in cases or controls ($P > 0.01$) in any of the populations. Association analysis was performed using chi-square statistics with two-tailed P -values (implemented in Plink v1.05) (58). In the meta-analysis, we combined the information on allele counts for the Dutch and UK cohorts separately for CD and RA, in the Mantel–Haenszel chi-square association test with two clusters. P -values, odds ratios (ORs) and 95% confidence intervals (95% CIs) were calculated using Plink v1.05.

To estimate the heterogeneity of the association tests between the populations, we performed the Breslow–Day test. All except two SNPs described in this study were negative for this test. Rs4750316 and rs1678542 showed significant results for the Breslow–Day test in the RA cohort and we therefore applied the random-effect model for non-heterogeneous studies (the DerSimonian–Laird method implemented in the *rmeta* package for R; www.r-project.org).

Power calculation

We calculated the power of our sample size to detect significant associations using the Genetic Power Calculator (<http://pngu.mgh.harvard.edu/purcell/gpc/>).

