Genetic Variation Of The β_2 Adrenergic **E**ceptor Is Associated With Differences In Lung Fluid Accumulation In Humans.

Eric M. Snyder¹, Kenneth C. Beck¹, Stephen T. Turner¹, Eric A. Hoffman³, Michael J. Joyner², and Bruce D. Johnson¹.

Departments of Internal Medicine¹, and Anesthesiology², Mayo Clinic, Rochester, MN and the Division of Physiological Imaging³, University of Iowa, Iowa City, IA.

Running Head: Genetics and Lung Water

For submission to: The Journal of Applied Physiology

Manuscript word count: 3968

Abstract word count: 249

References: 51

Correspondence to:

Eric M. Snyder, Ph.D. Division of Cardiovascular Diseases Mayo Clinic College of Medicine 200 1st Street, SW Rochester, MN 55905 E-mail: <u>snyder.eric@mayo.edu</u> Phone: (507) 255-0060 Fax: (507) 255-4861

Abstract

The beta-2 adrenergic receptors ($\beta_2 AR$)play an important role in lung fluid regulation. Previous research has suggested that subjects homozygous for Arginine at amino acid 16 of the β_2 AR (Arg16) may have attenuated receptor function relative to subjects homozygous for Glycine at the same amino acid (Gly16). We sought to determine if the Arg16Gly polymorphism of the β_2 AR influenced lung fluid balance in response to rapid saline infusion. We hypothesized that subjects homozygous for Arg at amino acid 16 (n=14) would have greater lung fluid accumulation compared to those homozygous for Gly (n=15) following a rapid intravenous infusion of isotonic saline (30mls/kg over 17 minutes). Changes in lung fluid were determined using measures of lung density and tissue volume (CT imaging) and measures of pulmonary capillary blood volume (Vc) and alveolar-capillary conductance (D_M , determined from the simultaneous assessment of the diffusing capacities of the lungs for carbon monoxide and nitric oxide). The saline infusion resulted in elevated catecholamines in both genotype groups (Arg16= 283±117% vs. Gly16= 252±118%, p>0.05). The Arg16 group had a larger decrease in D_M and increase in lung tissue volume and lung water post saline infusion relative to the Gly16 group (D_M -13±14 vs $0\pm 26\%$, p<0.05, lung tissue volume=13±11 vs 3±11%, lung water +90±66 vs $+48\pm144$ ml, p=0.10, p<0.05, for Arg vs. Gly16, respectively, mean \pm SD). These data suggest that subjects homozygous for Arg at amino acid 16 of the β_2 AR have a greater susceptibility for lung fluid accumulation relative to subjects homozygous for Gly at this position.

Key Words: Genetics, Pulmonary Edema, Lung Water

Introduction

There is a constant fluid flux in the lungs between the pulmonary capillaries, interstitial space, pulmonary lymphatics, and the alveoli with anestimated 3.8ml s/kg of total lung water in the normal human lung(49). Although there appears to be a constant exchange of small amounts of fluid across the alveoli, the alveolar airspace must remain relatively free of fluid in order for adequate gas exchange to occur(18). There are multiple clinical and environmental conditions that may cause alterations in normal lung fluid balance. These include conditions such as congestive heart failure (CHF), where there is evidence that a low-level sub-clinical pulmonary edema may exist, even in stable, well managed patients(1, 17) Pulmonary edema may also occur at high altitude where the onset of edema often becomes clinically significant after approximately 24 hours of exposure(14, 39). With time, conditions such as CHF and exposure to altitude are contributory to changes in lung fluid balance; however, not all patients with CHF nor all sojourners to altitude develop pulmonary edema. This heterogeneity may be related to variability in genes involved in lung fluid regulation.

Fluid flux between the pulmonary capillaries, interstitial space, and lymphatics follow the forces described by Starlin(#46) . If the hydrostatic pressure of the pulmonary capillaries is greater than the hydrostatic pressure of the interstitium, there will be an increased fluid transfer into the interstitial space. Lymph flow acts to remove fluid from the interstitial space which reduces the interstitial hydrostatic pressure and, therefore, plays an important role in preventing excessive alveolar fluid accumulation(22). Fluid in the alveoli can increase if interstitial fluid accumulation

Page 4 of 32

becomes greater than interstitial removal. In addition to these factors regulating lung water, epithelial sodium channels (ENaC) on the apical portion of type II alveolar cells serve to actively clear fluid from the alveoli(13, 27, 32). Patients with pseudohypoaldosteronism, a loss of function mutation of ENaCs, have been shown to have greater levels of lung water when compared to normal subjects, highlighting the importance of these channels in lung fluid clearance even in individuals without CHF and at sea-level(18).

The β_2 ARs are found throughout the lung, in the airways, the pulmonary vasculature, and thepulmonary lymphatics and have been shown to play a key role in lung fluid balance(28). Stimulation of the β_2 AR causes an increase in 3', 5' adenosine monophosphate (cAMP) and protein kinase A (PKA) which lead to an increase in the number of ENaCs on the apical portion of type-II alveolar cells, and the probability of an open ENaC(50). It is also likely that β_2 AR stimulation results in an increase in Na⁺K⁺ATPase activity on the basolateral portion of type-II alveolar cells through an increase in PKA(2, 27) In addition, β_2 AR stimulation leads to smooth muscle relaxation of the pulmonary lymphatics, which also play a key role in lung fluid balance, particularly in preventing excessive interstitial fluid accumulation. Therefore, the stimulation of the β_2 ARs can prevent excessive accumulation of fluid in the lungs through several key pathways: (1) relaxation of the pulmonary lymphatics, reducing the hydrostatic pressure of the interstitium, (2) increasing the number and activity of the ENaCs on the apical portion of alveolar cells, and (3) enhancing the activity of Na⁺K⁺ ATPase on basolateral portion of these same cells. Highlighting the importance of these mechanisms, in-vivo work has demonstrated that over-

expression of the β_2 AR induces fluid clearance from the in mice (7, 9). In addition, beta-agonists (including circulating catecholamines) increase lung fluid clearance in animals and reduce clinical symptoms of high altitude pulmonary edema (HAPE) in humans(20, 36).

The gene encoding the β_2 AR has been sequenced and common polymorphisms have been described, including a glycine (Gly) substitution for arginine (Arg) at amino acid 16. Although th e most functional variant is an isoleucine substitution for threonine at amino acid 164, this occurs in only a small percentage of the population(23). Several previous studies have examined variation at amino acid 16 because of the frequency and functional importance of this polymorphism. Subjects homozygous for arginine of the β_2 AR at amino acid 16 (Arg16) have been shown to have reduced receptor function when compared to subjects homozygous for Gly at this amino acid (Gly16), even in the presence of basal levels of circulating catecholamines, suggesting that differences in receptor density, rather than differences in desensitization may be driving this effect(4, 5, 8, 12, 40, 43, 45). It is likely, therefore, that genetic variation of this receptor at amino acid 16 might influence lung fluid clearance, particularly under conditions that cause elevations in catecholamines.

In the present study, we sought to determine if the Arg16Gly polymorphism of the β_2 AR differentially influenced lung fluid balance in response to a rapid infusion of isotonic saline. Rapid intravenous saline infusion has previously been shown to reduce exercise capacity, challenge the ability of the lungs to regulate fluid , and result in airflow obstruction and increased airway responsiveness (19, 29, 31). We

hypothesized that subjects homozygous for Arg atamino acid 16 would have greater lung fluid accumulation when compared to subjects homozygous for Glyat this amino acid.

Methods

Protocol

The protocol was reviewed and approved by the Mayo Clinic Institutional Review Board, all participants provided written informed consent prior to study, and all aspects of the study were performed according to the declaration of Helsinki. Twenty-nine non-smoking healthy subjects agreed to participate in the study and had no exclusion criteria (cardiopulmonary abnormalities, pregnancy, inability to exercise). Before performing the main protocol, subjects underwent screening tests which included an incremental cycle ergometry test to exhaustion (to rule out cardiovascular abnormalities), a pulmonary function test to rule out pulmonary disease, a complete blood count (CBC, to rule out anemia) and, in women, a pregnancy test.

In addition to the screening visit, the study involved one separate visit to our laboratory for a rapid infusion of isotonic saline.

Saline Infusion

A rapid intravenous saline infusion was used to chalen ge the ability of the lungs to handle fluid(19). The subjects were required to report to our laboratory in a fasting state and all infusions were performed between 0700 and 0900. An 18-guage venous catheter was inserted into a prominent antecubital vein for the infusion and for blood sampling. Baseline measures of pulmonary capillary blood volume, Vc,

alveolar-capillary conductance, D_M, and CT-based lung density and tissue volume were obtained prior to the infusion. Saline was then infused intravenously (30 ml's/kg over ~15 minutes) while the subject was on the CT bed to optimize timing for post-saline CT measures. During the saline infusion oxygen saturation (SaO₂), blood pressure, heart rate (HR), and physical symptoms were continuously monitored and recorded every two minutes. Catecholamines (adrenaline and noradrenaline) were sampled pre and immediately post-saline from the venous catheter. Following the infusion, repeat assessment of Vc, D_M, lung density, and tissue volume were performed.

Data Collection

<u>Beta-2 AR genotyping</u> was PCR based according to methods of Bray(3). Buffy coat, obtained from whole blood collected on EDTA, was extracted using the Gentra Pure gene[®] DNA Isolation kit. Following extraction, DNA was treated with a Proteinase K solution in preparation for PCR. The PCR reaction was conducted according to standard methods, using the following primer sequences (for Arg16Gly): (forward) 5'-AGC CAG TGC GCT TAC CTG CCA GAC-3' (at -32) and (reverse) 3'-CA TGG GTA CGC GGC CTG GTG CAG TGC –5', resulting in a PCR product 107 base pairs in length. The Arg16 subjects are represented by a single 107 bp band and the Gly16 subjects by 82 and 25bp bands. For Gln27Glu: (forward) 5'- CCC AGC CAG TGC CAG TGC GCT TAC CT-3' and (reverse) 3'- CCG TCT GCA GAC GCT CGA AC –5', resulting in PCR products 178 and 56 base pairs in length

Page 8 of 32

<u>Catecholamines</u>. Venous catecholamines (Adrenaline and noradrenaline) were assessed in the Mayo Clinic GCRC immunochemical core laboratory according to the methods of Sealey(38).

<u>Measures of Pulmonary Capillary Blood Volume and Alveolar-Capillary Conductance:</u> Measurement of Vc and D_M has previously required the use of at least two, but preferably three oxygen tensions. Recently Tamhane et al. have found that measuring the disappearance of nitric oxide (NO) in concert with carbon monoxide (CO) provides an accurate assessment of Vc and D_M using just one oxygen tension(47). Triplicate maneuvers of the diffusing capacity of the lungs for carbon monoxide (DLCO) and nitric oxide (DLNO) were performed pre-saline and postsaline.

Diffusing capacities of the lungs for carbon monoxide and nitric oxide were assessed using the rebreathing technique with gases sampled on a mass spectrometer (Perkin-Elmer, 1100) and NO analyzer (Sievers Instruments, Boulder, CO) using custom analysis software. A 5-liter rebreathe bag was filled with 0.3% carbon monoxide ($C^{18}O$), 40 PPM NO (diluted immediately before the test in the bag from an 800 PPM gas mixture), and O₂. C¹⁸O was used instead of the more common C¹⁶O as the test gas because the mass spectrometer cannot distinguish C¹⁶O from N₂ (because of similar molecular weights). The volume of gas used to fill the rebreathe bag was determined by the tidal volume of the subject. Consistent bag volumes were assured using a timed switching circuit which, given a consistent flow rate from the tank, resulted in the desired volume(16). The switching circuit and tank were checked prior to each test for accurate volumes. At the end of a normal

expiration (end-expiratory lung volume, EELV) the subjects were switched into the rebreathe bag and instructed to nearly empty the bag with each breath for 10 consecutive breaths. The respiratory rate during the rebreathe maneuver was controlled at 32 breaths/minute with a metronome. Following each diffusing capacity maneuver, the rebreathe bag was emptied with a suction device and refilled immediately prior to the next maneuver. For our lab, the coefficients of variation are 4.1% for the DLC@neasure , 8.3% for the DLN@neasures , 7.2% for D_M, and 6.4% for Vc.

<u>Measures of CT-based Lung Tissue Volume and Density</u>: All CT scans were performed on the same scanner (GE LiteSpeed spiral CT scanner, GE Healthcare). Initial slices were obtained for all scans which were 2.5mm thick with a 1.2mm overlap and then reconstructed to 1.25mm with a 0.6mm overlap. Prior to the baseline scan a scout scan was performed to determine the location and size of the lungs. Marks were placed on the skin of the subject to indicate the anatomical location of the start of the scan and the table height was recorded to insure consistency with post-scans. The number of slices of the baseline scans was recorded in order to have consistent scans throughout the study.

Normalization of Lung Volumes During Scanning

Subjects were asked to breathe on a mouthpiece connected to a pneumotachometer which was integrated with a portable computer with custom analysis software in order to provide accurate lung volumes during the scans. During the scans, the investigators observed the breathing pattern of each subject with the

Page 10 of 32

pneumotachometer and instructed the subjects to the desired lung volume for the breath-hold for imaging. The system was calibrated using a 3-liter syringe prior to each CT visit. For the baseline scans, subjects were asked to hold their breath at two lung volumes, total lung capacity (TLC) and EELV. The post-saline scans were performed at end-inspiratory lung volume (EILV). To obtain consistent lung density data while controlling for lung volume, the image data obtained post saline was compared to values obtained by interpolating between the images obtained at TLC and EELV during baseline scanning. This scanning strategy was performed to insure accurate comparisons, because it is impossible to exactly match baseline and post rapid saline infusion lung volumes, while minimizing the number of scans and amount of radiation exposure to the subjects.

Lung Density and Tissue Volume Analysis Using CT

The CT images were submitted for analysis using custom image analysis software (Pulmonary Analysis Software Suite (PASS), Physiological Imaging Laboratory, Univ of Iowa, Iowa City IA). Using all of the slices from a subject's scan, the software first segmented the images to separate lung tissue from surrounding structures and the mediastinum as described previously(42). In each picture element, lung density was assumed to be a linear combination of air (Hounsfield units, HU= - 1000) and lung tissue, which has density of water (HU=0). Thus, HU of -600 and -400 would represent 40% and 60% tissue, respectively. A histogram analysis of picture elements within the lung tissue was performed to obtained mean lung density in HU and tissue volume by summation among all elements in the lung fields. Lung tissue

volume and lung density data obtained from baseline images were plotted against lung volume to be used for linear interpolation to obtain data against which other images were compared.

Estimation of Lung Water

Tissue volume as assessed by CT includes lung tissue, blood, and water. Saline infusion likely causes changes in lung blood volume and water volume, but will minimally affect the volume of lung tissue. By combining our measures of tissue volume and Vc obtained from the lung diffusing capacity tests, we were able to estimate changes in lung water from baseline to post-saline using the following equation:

Lung Water = (Pst TV-VcPst)-(IP TV-VcIP)

Where Pst TV is the given tissue volume from the CT scan post-intervention (in mls), IP TV is the interpolated tissue volume at the post-intervention lung volume (in mls) from baseline CT scans, and Vc is the pulmonary capillary blood volume in mls at each time point, Pst is post intervention, IP is baseline.

Data Analysis

All statistical comparisons were made using the SPSS statistical software package (Chicago, IL). Group demographics were compared using an independent samples t-test with an alpha level of 0.05 to determine significance. The changes in the physiological parameters, pulmonary function, catecholamines, DLCO, D_M, Vc, tissue volume and lung water in response to saline infusion were compared using a repeated measures ANOVA with an alpha level of 0.05 to determine significance. The differences in the physiological parameters, pulmonary function, catecholamines,

Page 12 of 32

DLCO, D_M , Vc, tissue volume and lung water between the genotype groups at baseline and post-saline were compared using an independent samples t-test with an alpha level of 0.05 to determine significance. A Levene's test was performed before each comparison to determine equality of variance. Values are mean±SD.

Results

Subject Characteristics

Twenty-nine subjects (Arg16 n=14, 4 females; Gly16 n=15, 3 females) who had no exclusion criteria (cardiopulmonary abnormalities, inability to exercise, use of cardiovascular or pulmonary medications) participated in the study. There were no differences between genotype groups in age, weight, body mass index (BMI), or peak oxygen uptake (peak VO₂) (age=30±7 vs. 30±8 years, weight=76±15 vs. 82±11kg, BMI=25±4 vs. 25±4kg/m², VO₂ peak= 37±7 vs. 40±7ml/kg/min (103±15 vs. 105±11 % predicted), for Arg16 vs. Gly16), but the Gly16 group was taller than the Arg16 group (174±7 vs. 181±8cm for Arg16 and Gly16, respectively).

Saline Infusion

On average, 2210 mls of salinewas infused in the Arg16 group while 2380 mls was infused in the Gly16 group (over 17 minutes for both groups). The most common symptom reported during the saline infusion was a chest tightness that averaged 1.7 on a scale of 0 to 4. Saline infusion caused a similar increase in HR in both groups (Arg16= 25 ± 7 , Gly16= 18 ± 5 % change from baseline, p>0.05), but there were no changes in SaO₂. There were increases from baseline in adrenaline and noradrenaline, with no differences between genotype groups (adrenaline= 283 ± 117 % vs. 252 ± 118 %; noradrenaline= 129 ± 137 % vs. 99 ± 123 %, for the Arg16 and Gly16

groups, respectively)(figure 1). The Arg16 group had greater decreases in D_M compared to the Gly16 group (figure 2). Alveolar-capillary conductance corrected for Vc fell more in the Arg16 group compared to the Gly16 group (figure 3). This condition also resulted in increases in lung tissue volume, density, and estimates of lung water in both groups, with the greatest increase in lung water in the Arg16 group (lung water=90±66mls vs. 48±144mls, p<0.05)(table 2).

Discussion

This study suggests that subjects homozygous for the Arg allele at amino acid 16 of the β_2 AR have an increase in lung fluid accumulation relative to subjects homozygous for Gly at this position during an intervention that has previously been shown to challenge the ability of the lungs toregulate fluid. This is evident since the Arg16 subjects had lower conductance of the alveolar-capillary membrane, and higher lung tissue volume and estimates of lung water following saline infusion relative to the Gly16 subjects.

Lung Fluid Balance

While it is established that certain clinical and environmental conditions can cause alterations in lung fluid balance and lead to alveolar fluid accumulation, less is clear about the amount of alveolar fluid in the healthy normal lun(g1, 14, 17, 39) . Evidence of lung fluid flux into the alveoli even in healthy subjects has been demonstrated by Karem et al. who reported that subjects with pseudohypoaldosteronism (a loss of function mutation of the ENaCs) have more lung fluid than those without this mutation(18). Because the ENaCs influence lung fluid clearance from the airspace, this study suggests that fluid must transfer into the

Page 14 of 32

airspace in humans even with normal pulmonary vascular resistance and pulmonary capillary integrity. The ENaCs have been localized to type-II alveolar cells and play a key role in alveolar fluid clearance allowing for Na⁺ and water transfer from the alveolar space into the cell and are primarily regulated by the β_2 ARs(13, 32).

β₂ARs and Lung Fluid clearance

Several studies have shown the importance of the β_2ARs in lung fluid regulation(7, 11, 26, 30). Immediately following birth, stimulation of the β_2ARs clear amniotic fluid from the lungs, stimulated by circulating epinephrine(10). Additionally, the β_2ARs clear fluid from the lung following acute lung injury and sepsis, and have been shown to reduce the clinical and radiographic signs of high-altitude pulmonary edema in adults(11, 36, 37, 48). Animal models have suggested that stimulation of the β_2ARs in the lung stimulates lung fluid clearance even in healthy animals(7, 34) The β_2ARs have been localized to lymphatic smooth muscle tissue and stimulation of these receptors on the pulmonary lymphatics leads to smooth muscle relaxation, dilation of the lymphatic vessels, and movement of water away from lung¢15, 24, 51). It is possible, therefore, that the observed differences between the genotype groups in lung fluid accumulation in the present study were a result of dilation of the pulmonary lymphatics and a concurrent increase in lung lymph flow, reducing the hydrostatic pressure of the interstitium.

Limitations

A potential limitation to studying alterations in lung fluid balance in humans is the difficulty assessing small changes in lung water. We have used state of the art methods combining CT imaging at controlled lung volumes (anatomical assessment)

and measures of gas transfer (DLCO and DLNO, physiological assessment) to estimate changes in lung water in healthy humans. Both of these independent measures demonstrated consistent findings; that rapid saline infusion resulted in lung fluid accumulation characterized by an increase in lung density and a widening of the alveolar-capillary membrane, even when corrected for changes in pulmonary capillary blood volume. A limitation of CT scanning is the inability to separate blood from tissue and water (because of similar Hounsfield units). Therefore, in the present study, we calculated the estimated changes in lung water by combining tissue volume from CT scanning with Vc measured from the DLCO/DLNO technique. Because Vc only measures the amount of blood that is in contact with the alveoli, it is possible that this is not a true representation of the amount of blood in the entire lung. We did simultaneously measure cardiac output (reported in (45)) and found that the Gly16 subjects had a higher cardiac output both before and following the saline infusion. Because essentially all of the blood from the heart goes to the lungs, and because we found a lower tissue volume and lung density in the Gly16 group, it is possible that we underestimated the difference in lung water between the genotype groups.

In the present study, we sought to determine differences in lung fluid balance based on genetic variation of the β_2 AR at amino acid 16. Although the interest in the phenotypic effects of single-nucleotide polymorphisms is considered by some to have less of an impact than haplotype analysis, genetic variation of the β_2 AR at amino acid 16 appears to have powerful physiologic and clinical implications (8, 12, 21, 40, 41, 43-45). Another polymorphism of this protein that is frequently studied and

suggested to have an effect on receptor function is amino acid 27. There is significant linkage disequilibrium between amino acids 16 and 27, therefore, when the two polymorphisms are combined they important predictors of the variation along the rest of the β_2AR gene(6). Based on this, we provide data on several of our indices of lung water according to variation at amino acids 16 and 27 (table 1). Although not powered for statistical analysis f amino acid 27 , there appears to be aprimary effect at amino acid 16, with a secondary effect at position 27. Although it will be important in future studies to consider variation at multiple sites with larger groups, smaller mechanistic studies are essential to understanding mechanisms behind larger, population based, less mechanistic studies(21).

It is not possible from the current study design to determine the contribution of lung fluid accumulation versus active fluid clearance to the observed genotyperelated differences in lung water. To determine if there are differences between the genotype groups in active fluid clearance, a minimum of two separate time points measuring differences in lung water would have been necessary. Previous work has demonstrated that basal alveolar fluid clearance is around 8-12% over 4 hours in humans and increases to 14-28% in the presence of terbutaline or catecholamines (33, 35). In the present study, the infusion time averaged 17 minutes, the final CT scan was taken at minute 21 and the DLCO/DLNO measures were taken at minute 30 (given the transit time to the physiological core laboratory). In addition, there was a significant elevation invenous epinephrine which likely accelerated alveolar fluid clearance (25). We feel, therefore, that the genotype-related differences in lung water

are most likely explained primarily by β_2 -mediated changes in the lymph flow from the lung and active fluid clearance from the alveolar airspace.

Implications and Conclusions

Lung fluid regulation is challenged in a number of clinical and environmental conditions. Patients with heart failure and individuals who travel to high-altitude may be particularly susceptible to pulmonary edema; however, not all patients with heart failure nor all sojourners to high-altitude develop pulmonary edema despite similar clinical or environmental conditions. This would suggest that genetic variation in the regulatory proteins important in lung fluid balance may influence the susceptibility to pulmonary edema. Although the pulmonary edema that occurs in heart failure and with exposure to high altitude develops over a longer time period than that which was used in the present study, it is likely that similar mechanisms involved in regulating lung fluid are challenged in these conditions. The results of the present study suggest that subjects homozygous for Arg at amino acid 16 of the β_2 AR demonstrate greater lung fluid accumulation compared to subjects homozygous for Gly following rapid fluid loading. Future, larger studies are needed in patients with heart failure or in sojourners to high altitude where prolonged elevations in catecholamines may accentuate the differences between genotype groups due to a proposed enhanced susceptibility to receptor desensitization in the Arg16 subjects.

Acknowledgments

This work was supported by NIH Grants HL71478 and HL63328, as well as AHA Grant 56051Z. We would like to thank Kathy O'Malley, Angela Heydman, and Minelle Hulsebus for their help with data collection, Jodie Van De Rostyne and Pamela Hammond for their help with genotyping and sample management, and Renee Blumers for her help with manuscript preparation, as well as the efforts of the study participants. We would also like to thank the staff of the General Clinical Research Center (GCRC) for their assistance throughout this study. The Mayo Clinic GCRC is supported by US Public Health Service grant M01-RR00585.

References

1. Agostoni P, Marenzi G, Lauri G, Perego G, Schianni M, Sganzerla P, and Guazzi M. Sustained improvement in functional capacity after removal of blody fluid with isolated ultrafiltration in chronic insufficiency: Failure of Furosemide to provide the same result. *American Journal of Medicine* 96: 191-199, 1994.

2. **Blanco G, Sanchez G, and Mercer RW.** Differential regulation of Na,K-ATPase isozymes by protein kinases and arachidonic acid. *Arch Biochem Biophys* 359: 139-150, 1998.

3. **Bray MS, Krushkal J, Li L, Ferrell R, Kardia S, Sing CF, Turner ST, and Boerwinkle E.** Positional genomic analysis identifies the beta(2)-adrenergic receptor gene as a susceptibility locus for human hypertension. *Circulation* 101: 2877-2882, 2000.

4. Cockcroft JR, Gazis AG, Cross DJ, Wheatley A, Dewar J, Hall IP, and Noon JP. Beta(2)-adrenoceptor polymorphism determines vascular reactivity in humans. *Hypertension* 36: 371-375, 2000.

 Dishy V, Sofowora GG, Xie HG, Kim RB, Byrne DW, Stein CM, and Wood
 AJ. The effect of common polymorphisms of the beta2-adrenergic receptor on agonist-mediated vascular desensitization. *N Engl J Med* 345: 1030-1035, 2001.

6. Drysdale CM, McGraw DW, Stack CB, Stephens JC, Judson RS,

Nandabalan K, Arnold K, Ruano G, and Liggett SB. Complex promoter and coding region beta 2-adrenergic receptor haplotypes alter receptor expression and predict in vivo responsiveness. *Proc Natl Acad Sci U S A* 97: 10483-10488, 2000.

7. Dumasius V, Sznajder JI, Azzam ZS, Boja J, Mutlu GM, Maron MB, and Factor P. {beta}2-Adrenergic Receptor Overexpression Increases Alveolar Fluid Clearance and Responsiveness to Endogenous Catecholamines in Rats. *Circ Res* 89: 907-914, 2001.

8. Eisenach JH, Barnes SA, Pike TL, Sokolnicki LA, Masuki S, Dietz NM, Rehfeldt KH, Turner ST, and Joyner MJ. The Arg16/Gly {beta}2-adrenergic receptor polymorphism alters the cardiac output response to isometric exercise. *J Appl Physiol*, 2005.

9. Factor P, Adir Y, Mutlu GM, Burhop J, and Dumasius V. Effects of [beta]2adrenergic receptor overexpression on alveolar epithelial active transport. *Journal of Allergy and Clinical Immunology* 110: S242-S246, 2002.

10. **Folkesson HG, Norlin A, and Baines DL.** Salt and water transport across the alveolar epithelium in the developing lung: Correlations between function and recent molecular biology advances (Review). *Int J Mol Med* 2: 515-531, 1998.

11. **Frank JA, Wang Y, Osorio O, and Matthay MA.** Beta-adrenergic agonist therapy accelerates the resolution of hydrostatic pulmonary edema in sheep and rats. *Journal of Applied Physiology* 89: 1255-1265, 2000.

12. **Garovic VD, Joyner MJ, Dietz NM, Boerwinkle E, and Turner ST.**Beta(2) - adrenergic receptor polymorphism and nitric oxide-dependent forearm blood flow responses to isoproterenol in humans. *J Physiol* 546: 583-589, 2003.

13. **Garty H and Palmer LG.** Epithelial sodium channels: function, structure, and regulation. *Physiol Rev* 77: 359-396, 1997.

14. Hultgren HN, Honigman B, Theis K, and Nicholas D. High altitude pulmonary edema in a ski resort. *Western Journal of Medicine* 164: 222-227, 1996.

15. **Ikomi F, Kawai Y, and Ohhashi T.** Beta-1 and beta-2 adrenoceptors mediate smooth muscle relaxation in bovine isolated mesenteric lymphatics. *J Pharmacol Exp Ther* 259: 365-370, 1991.

16. **Johnson BD, Saupe KW, and Dempsey JA.** Mechanical constraints on exercise hyperpnea in endurance athletes. *Journal of Applied Physiology* 73: 874-886, 1992.

17. **Kato S, Nakamoto T, and Iizuka M.** Early diagnosis and estimation of pulmonary congestion and edema in patients with left-sided heart diseases from histogram of pulmonary CT number. *Chest* 109: 1439-1445, 1996.

Kerem E, Bistritzer T, Hanukoglu A, Hofmann T, Zhou Z, Bennett W,
 MacLaughlin E, Barker P, Nash M, Quittell L, Boucher R, and Knowles MR.
 Pulmonary epithelial sodium-channel dysfunction and excess airway liquid in
 pseudohypoaldosteronism. N Engl J Med 341: 156-162, 1999.

19. **King LS, Nielsen S, Agre P, and Brown RH.** Decreased pulmonary vascular permeability in aquaporin-1-null humans. *Proceedings of the National Academy of Sciences of the United States of America* 99: 1059-1063, 2002.

20. Lane SM, Maender KC, Awender NE, and Maron MB. Adrenal epinephrine increases alveolar liquid clearance in a canine model of neurogenic pulmonary edema. *Am J Respir Crit Care Med* 158: 760-768, 1998.

Page 22 of 32

21. Lanfear DE, Jones PG, Marsh S, Cresci S, McLeod HL, and Spertus JA. Beta2-adrenergic receptor genotype and survival among patients receiving betablocker therapy after an acute coronary syndrome. *Jama* 294: 1526-1533, 2005.

22. **Lauweryns JM and Baert JH.** Alveolar clearance and the role of the pulmonary lymphatics. *Am Rev Respir Dis* 115: 625-683, 1977.

23. Liggett SB, Wagoner LE, Craft LL, Hornung RW, Hoit BD, McIntosh TC, and Walsh RA. The lle 164 beta2-adrenergic receptor polymorphism adversely affects the outcome of congestive heart failure. *Journal of Clinical Investigation* 102: 1534-1539, 1998.

24. **Mahe L, Chapelain B, Gargouil YM, and Neliat G.** Characterization of betaadrenoceptor subtypes and indications for two cell populations in isolated bovine mesenteric lymphatic vessels. *Eur J Pharmacol* 199: 19-25, 1991.

 Maron MB. Dose-response relationship between plasma epinephrine concentration and alveolar liquid clearance in dogs. *J Appl Physiol*85: 1702 -1707, 1998.

26. **Matalon S, Lazrak A, Jain L, and Eaton DC.** Lung Edema Clearance: 20 Years of Progress: Invited Review: Biophysical properties of sodium channels in lung alveolar epithelial cells. *J Appl Physiol*93: 1852 -1859, 2002.

27. **Matthay MA, Folkesson HG, and Clerici C.** Lung epithelial fluid transport and the resolution of pulmonary edema. *Physiol Rev* 82: 569-600, 2002.

28. **Mutlu GM, Koch WJ, and Factor P.**Alveolar epithelial beta 2 -adrenergic receptors: their role in regulation of alveolar active sodium transport. *Am J Respir Crit Care Med* 170: 1270-1275, 2004.

29. Pellegrino R, Dellaca R, Macklem PT, Aliverti A, Bertini S, Lotti P,

Agostoni P, Locatelli A, and Brusasco V. Effects of rapid saline infusion on lung mechanics and airway responsiveness in humans. *J Appl Physiol*95: 728 -734, 2003.

30. Planes C, Blot-Chabaud M, Matthay MA, Couette S, Uchida T, and Clerici
C. Hypoxia and beta 2-Agonists Regulate Cell Surface Expression of the Epithelial
Sodium Channel in Native Alveolar Epithelial Cells. *J Biol Cher*<u>277</u>: 47318 -47324,
2002.

31. Robertson HT, Pellegrino R, Pini D, Oreglia J, DeVita S, Brusasco V, and Agostoni P. Exercise response after rapid intravenous infusion of saline in healthy humans. *J Appl Physiol* 97: 697-703, 2004.

32. **Rossier BC, Canessa CM, Schild L, and Horisberger JD.** Epithelial sodium channels. *Curr Opin Nephrol Hypertens* 3: 487-496, 1994.

33. Sakuma T, Gu X, Wang Z, Maeda S, Sugita M, Sagawa M, Osanai K, Toga H, Ware LB, Folkesson G, and Matthay MA. Stimulation of alveolar epithelial fluid clearance in human lungs by exogenous epinephrine. *Crit Care Med* 34: 676-681, 2006.

34. Sakuma T, Hida M, Nambu Y, Osanai K, Toga H, Takahashi K, Ohya N, Inoue M, and Watanabe Y. Effects of hypoxia on alveolar fluid transport capacity in rat lungs. *J Appl Physiol* 91: 1766-1774, 2001.

35. Sakuma T, Okaniwa G, Nakada T, Nishimura T, Fujimura S, and Matthay MA. Alveolar fluid clearance in the resected human lung. *Am J Respir Crit Care Med* 150: 305-310, 1994.

36. Sartori C, Allemann Y, Duplain H, Lepori M, Egli M, Lipp E, Hutter D,

Turini P, Hugli O, Cook S, Nicod P, and Scherrer U. Salmeterol for the prevention of high-altitude pulmonary edema. *New England Journal of Medicine* 346: 1631-1636, 2002.

37. Sartori C, Fang X, McGraw DW, Koch P, Snider ME, Folkesson HG, and Matthay MA. Lung edema clearance: 20 years of progress Selected contribution: long-term effects of B2 adrenergic receptor stimulation on alveolar fluid clerance in mice. *Journal of Applied Physiology* 93, 2002.

38. Sealey JE. Plasma renin activity and plasma prorenin assays. *Clin Chem* 37: 1811-1819, 1991.

39. Singh I, Kapila C, Khanna P, Nanda R, and Rao B.High altitude pulmonary edema. *Lancet*: 229-234, 1965.

40. Snyder EM, Beck KC, Dietz NM, Eisenach JH, Joyner MJ, Turner ST, and Johnson BD. Arg16Gly polymorphism of the {beta}2-adrenergic receptor is associated with differences in cardiovascular function at rest and during exercise in humans. *J Physiol* 571: 121-130, 2006.

41. **Snyder EM, Beck KC, Dietz NM, Joyner MJ, Turner ST, and Johnson BD.** Influence of {beta}2-Adrenergic Receptor Genotype on Airway Function During Exercise in Healthy Adults. *Chest* 129: 762-770, 2006.

42. Snyder EM, Beck KC, Hulsebus ML, Breen JF, Hoffman EA, and Johnson BD. Short-term hypoxic exposure at rest and during exercise reduces lung water in healthy humans. *J Appl Physiol* 101: 1623-1632, 2006.

43. Snyder EM, Hulsebus ML, Turner ST, Joyner MJ, and Johnson BD.

Genotype Related Differences in beta2 Adrenergic Receptor Density and Cardiac Function. *Med Sci Sports Exerc* 38: 882-886, 2006.

44. **Snyder EM, Turner ST, and Johnson BD.** {beta}2-Adrenergic Receptor Genotype and Pulmonary Function in Patients With Heart Failure. *Chest* 130: 1527-1534, 2006.

45. **Snyder EM, Turner ST, Joyner MJ, Eisenach JH, and Johnson BD.** The Arg16Gly polymorphism of the {beta}2-adrenergic receptor and the natriuretic response to rapid saline infusion in humans. *J Physiol* 574: 947-954, 2006.

46. **Starling E.** On the absorption of fluids from the convective tissue spaces. *Journal of Physiology (London)* 19: 312-326, 1896.

47. **Tamhane RM, Johnson RL, Jr., and Hsia CC.** Pulmonary membrane diffusing capacity and capillary blood volume measured during exercise from nitric oxide uptake. *Chest* 120: 1850-1856, 2001.

48. **Tibayan FA, Chesnutt AN, Folkesson HG, Eandi J, and Matthay MA.** Dobutamine increases alveolar liquid clearance in ventilated rats by beta-2 receptor stimulation. *American Journal of Respiratory & Critical Care Medicine* 156: 438-444, 1997.

49. **Wallin CJ and Leksell LG.** Estimation of extravascular lung water in humans with use of 2H2O: effect of blood flow and central blood volume. *J Appl Physiol* 76: 1868-1875, 1994.

50. Xi-Juan C, Eaton DC, and Jain L.Alveolar epithelial ion and fluid transport B -

Adrenergic regulation of amiloride-sensitive lung sodium channels. American Journal

of Physiology - Lung Cellular & Molecular Physiology 282: L609-L620, 2002.

51. Zocchi L, Raffaini A, and Agostoni E. Effect of adrenaline and alpha-

agonists on net rate of liquid absorption from the pleural space of rabbits. *Exp Physiol* 82: 507-520, 1997.

Table 1. Changes in Lung Diffusing Capacity, Density and Tissue Volume with Rapid Saline Infusion According to Genetic Variation at Amino Acids 16 and 27.

	Pre Saline				Post Saline			
	Arg16		Gly16		Arg16		Gly16	
	GIn27GIn	GIn27GIn	Gln27Glu	Glu27Glu	GIn27GIn	GIn27GIn	GIn27Glu	Glu27Glu
n	14	5	5	5	14	5	5	5
DLCO (ml/min/mmHg)	23±3	29±4	28±2	32±7	22±7	27±2	28±3	34±10
DM (ml/min/mmHg)	29±6	34±6	42±4	37±3	24±6	33±8	41±7	37±14
DM/Vc	0.45±0.24	0.44±0.30	0.77±0.40	0.40±0.23	0.28±0.17	0.42±0.44	0.74±0.37	0.33±0.25
Lung Density (HU)	-796±25	-798±4	-814±32	-784±24	-738±24	-749±12	-763±25	-748±19
Lung Tissue Volume (mls)	772±130	950±47	854±150	1041±180	873±133	1007±51	902±176	1070±158

Values are mean \pm SD. DLCO= Diffusing Capacity of the Lungs for Carbon Monoxide, D_M= Alveolar-Capillary Conductance, DM/Vc= Alveolar Capillary Conductance Corrected for Pulmonary Capillary Blood Volume, HU= Hounesfield Units.

Table 2. Changes in Lung Tissue Volume (from Computed Tomography) andEstimated Lung Water Following Saline Infusion According to Genotype.

	Arg16	Gly16
Lung Tissue Volume (%change)	13±3	3±3*
Estimated Lung Water (%change)	15±3	4±4*

Values are mean±SEM. *p<0.05 Arg16 vs. Gly16.

Figure Legend

Figure 1. Changes in catecholamines following saline infusion according to genotype. The top graph represents adrenaline while the bottom graph represents noradrenaline. The grey bars (**■**) represent the Arg16 group, while the black bars (**■**) represent the Gly16 group. [†]p<0.05 compared to baseline.

Figure 2. Change in DLCO and components following saline infusion according to genotype. The grey bars (**■**) represent the Arg16 group, while the black bars (**■**) represent the Gly16 group. *p<0.05 Arg16 vs. Gly16

Figure 3. Change in alveolar-capillary conductance corrected for pulmonary capillary blood volume in response to saline infusion. The dashed line with open diamonds represents the Arg16 group, while solid line with filled squares represents the Gly16 group. *p<0.05 Arg16 vs. Gly16.





Figure 2. Change in DLCO and Components following Saline Infusion According to Genotype.



Figure 3. Change in Alveolar-Capillary Conductance Corrected for Pulmonary Capillary Blood Volume in Response to Saline Infusion.

