Tumor Necrosis Factor Production and Accumulation of Inflammatory Cells in the Corpus Luteum of Pseudopregnancy and Pregnancy in Rabbits¹

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ABSTRACT

The potential involvement of macrophages, T lymphocytes, and the cytokine tumor necrosis factor (TNF) in regression of the corpus luteum was investigated at different stages of pseudopregnancy and pregnancy by use of immunocytochemical methods and a TNF bioassay. Few macrophages (11 ± 6 per high power field of 8-µm frozen sections of corpus luteum, Day 10 of pseudopregnancy) were observed until the very end of pseudopregnancy, when the number of macrophages increased greatly (176 ± 42 per high power field, Day 19 of pseudopregnancy). Pregnancy, of 32 days duration, delayed large-scale macrophage accumulation until 3 days after parturition (154 ± 30 per high power field). Low TNF activity (-1.0 U/mg protein) was detected in incubations of luteal tissue at all stages; in response to lipopolysaccharide, TNF values in medium increased 10- to 30-fold at times of luteal regression and macrophage accumulation (1 day postpartum and Day 19 of pseudopregnancy). Class II-positive T lymphocytes were observed in luteal tissue, but unlike macrophages, the number of lymphocytes did not increase at the time of regression of the corpus luteum. These data are consistent with the hypothesis that involution of the corpus luteum is promoted through the interactions of inflammatory cells and action of TNF, although the action of TNF has not been determined in this luteal tissue. Through unknown mechanisms, pregnancy postpones the accumulation of macrophages in the corpus luteum, in association with the prolongation of luteal function until the time of parturition.

INTRODUCTION

A unique characteristic of the mammalian corpus luteum is the inherent capacity for the loss of progesterone secretion and for self-destruction, which signal the end of the luteal phase of the nonfertile menstrual or estrous cycle and permit the beginning of a new cycle. In some large domestic species, the loss of progesterone secretion at the end of the luteal phase is attributed to the action of prostaglandin $F_{2\alpha}$ produced by the uterus (McCracken et al., 1981; Thatcher et al., 1986). In other species, such as rabbits (Hilliard et al., 1974; Miller and Keyes, 1976), humans (Beling et al., 1970), and monkeys (Neill et al., 1969), the signal responsible for termination of progesterone secretion is unknown, since the presence of the uterus is not mandatory for termination of the luteal phase. Because prostaglandin $F_{2\alpha}$ has often been associated with the loss of progesterone secretion, it has been called the luteolytic hormone in certain species. But this is a simplification, since involution of the corpus luteum invariably occurs, which must involve an array of mechanisms for tissue disposal.

Little is known about the biology of the involution of the corpus luteum. Macrophages have been identified in corpora lutea of guinea pigs (Paavola, 1979), mice (Kirsch et al., 1981; Hume et al., 1984), rats (Bulmer, 1964), humans (Adams and Hertig, 1969), and cattle (Lobel and Levy, 1968). Lymphocytes have also been observed in the cow corpus luteum (Lobel and Levy, 1968). Recently, we reported that macrophages and T lymphocytes are present in the regressing corpus luteum of the rabbit, and tumor necrosis factor-alpha (TNF- α) a monokine of macrophage origin, is also present (Bagavandoss et al., 1988). The immune system may play an important role in ovarian function. Autoimmune diseases are often associated with premature ovarian failure (Anderson et al., 1968; Moraes Ruehsen

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et al., 1972) and this has been related to the increased expression of major histocompatibility antigens on leukocytes (Walfish et al., 1983). Neonatal thymectomy results in dysgenesis of ovarian follicular development (Sakakura and Nishizuka, 1972; Lintern-Moore, 1977), and treatment of adult rats with antithymocyte serum results in anovulation and persistence of existing corpora lutea (Bukovsky et al., 1977), leading to the proposal that the immune system may participate in the termination of the lifespan of the corpus luteum (Bukovsky and Presl, 1981).

We have proposed that regression of the corpus luteum might be mediated through the activities and interrelations of macrophages, lymphocytes, and their cytokine products (Bagavandoss et al., 1988). Here we have examined this concept more strictly by determining the chronology of T lymphocyte and macrophage infiltration and associated TNF activity in regressing and nonregressing corpora lutea of the same ages, i.e., in the corpora lutea of pseudopregnancy and pregnancy, respectively.

MATERIALS AND METHODS

Animals

Sexually mature New Zealand White rabbits weighing 3.5-4 kg were maintained at 22°C with 12L:12D, and fed 3.8 oz (106.4 g) rabbit chow daily (Lab Chows, Purina Mills, Inc., St. Louis, MO).

Estrous female rabbits were mated either with a vasectomized male to induce pseudopregnancy or with a fertile male; the day of mating was designated Day 0. On selected days of pseudopregnancy and pregnancy, and on Days 1 and 3 postpartum, the rabbits (5 rabbits each day; total of 60 animals) were anesthetized with sodium pentobarbital (165 mg/2.5 ml) and the corpora lutea were removed aseptically for incubation (see below). Pseudopregnancy lasts about 19 days; i.e. serum progesterone values have returned to estrous levels by Day 19 postovulation (Browning et al., 1980; Keyes et al., 1983). Parturition occurs on Day 32 or 33 postovulation (Keyes et al., 1983).

Immunofluorescence and Immunocytochemistry

Ovaries were removed and either frozen in O.C.T. Compound (Lab-Tek Products, Naperville, IL) for cryostat sections or fixed in 1% paraformaldehyde for 4 h at 4°C, processed as described previously (Bagavandoss et al., 1988; Beckstead, 1985), and embedded in paraffin.

For immunofluorescence, cryostat sections (8 µm) were fixed in acetone for 15 min at 25°C, rinsed in phosphate-buffered saline (PBS) containing bovine serum albumin (BSA, 0.1%) for 5 min, and incubated with normal goat serum (10%) for 30 min at 25°C. After blotting excess serum, the sections were incubated with specific monoclonal antibodies against rabbit T lymphocytes (Wilkinson et al., 1984), macrophages (Tsukada et al., 1986), or class II antigen (Lobel and Knight, 1984) for 30 min at 25°C. The RAM 11 anti-macrophage antibody was a generous gift of Dr. A. Gown, University of Washington, Seattle, WA. Subsequently, the sections were rinsed in PBS-BSA, and incubated with either rhodamine or fluorescein-conjugated goat anti-mouse IgG (Cappel, Malvern, PA) as above, then rinsed in PBS-BSA, and mounted for viewing. Nonspecific binding was determined in the absence of primary antibody or in the presence of monoclonal antibodies raised against other antigens or in the presence of nonimmune gamma globulin. For quantification, all samples were randomly coded and the cells were enumerated in five random fields in each of 1 to 4 corpora lutea per rabbit with a 40× objective and expressed as number of cells per high power field. The mean number of cells per high power field obtained from the corpora lutea of one rabbit represents n = 1.

For double labeling of T lymphocytes, the cells were labeled with two different monoclonal antibodies by the following procedures. After incubation with first primary antibody (against T cell antigen), sections were incubated with rhodamine-conjugated goat anti-mouse antibody, rinsed in PBS-BSA, and then incubated with excess of unlabeled goat anti-mouse IgG for 30 min at 25°C to block all the unbound sites on the first primary antibody. The sections were then rinsed in PBS-BSA and exposed to the second primary antibody (against class II antigen), rinsed, incubated with fluoresceinconjugated goat anti-mouse IgG, rinsed again and mounted as described above. Specificity of the double labeling was determined in the absence of second primary antibody.

For immunocytochemistry, sections were incubated with goat serum and primary antibody or nonspecific antibodies as described above. Subsequently, the sections were rinsed in PBS-BSA and stained with avidinbiotin-peroxidase complex according to the manufacturer's instructions (Vector, Burlingame, CA; DAKO Corp., Santa Barbara, CA).

Preparation of Corpus Luteum-Conditioned Medium

Corpus luteum-conditioned medium was prepared as described previously (Bagavandoss et al., 1988). Briefly, the interstitial tissue was dissected off the corpora lutea under a dissecting microscope and the corpora lutea were then sliced in 1 ml of serum-free medium 199 (GIBCO, Grand Island, NY) containing gentamicin (50 μ g/ml) and N-2-hydroxyethylpiperazine-N'-2ethanesulfonic acid (HEPES, 10 mM) and incubated for 30 min in sterile tubes at 37°C in an atmosphere of 95% air:5% CO₂ in the absence or in the presence of lipopolysaccharide (LPS, 10 µg/ml; Sigma Chemical Co., St. Louis, MO). The tubes were tightly capped, transferred to a water bath, and incubated at 37°C with gentle shaking for an additional 4 h. After incubation, the tubes were centrifuged $(800 \times g)$ and the supernatants (conditioned medium) were aspirated and filtered through 0.22-µm filters (Millipore, Bedford, MA) and were kept frozen at -70° C.

The tissue pellets were homogenized and protein was measured with a commercial kit (Pierce Chemical, Rockford, IL) as described previously (Redinbaugh and Turley, 1986).

TNF Assay

A highly TNF-sensitive mouse fibrosarcoma cell line (WEHI 164 clone 13) was obtained from Dr. A. Waage, University of Trondheim, Norway. Using these cells, we measured the activity of TNF- α in conditioned media according to procedures of Espevik and Nissen-Meyer (1986). Briefly, the WEHI 164 cells were cultured in RPMI 1640 medium (GIBCO, Grand Island, NY) containing 10% fetal bovine serum, 1 mM Lglutamine, and 20 µg/ml gentamicin (Sigma Chemical Co) at 37°C in an atmosphere of 95% air:5% CO₂.

For bioassay, the cells were aliquoted into microtiter plates (50,000 cells/100 μ l/well) in the RPMI 1640 medium containing gentamicin, glutamine, actinomycin D (0.1 μ g/ml), and 1% fetal bovine serum. Serial dilutions of human recombinant TNF standards (1 × 10⁷ U/mg; kindly provided by Dr. Leo Lin, Cetus Corp, Emeryville, CA) and corpora lutea-conditioned medium (100 μ l/well) were added to the wells and incubated as above for 20 h. Subsequently, the cytotoxicity of TNF on WEHI cells was indirectly visualized by the addition of 3-[4, 5-dimethylthiazol-2-yl]-2, 5-diphenyltetrazolium bromide (MTT, Sigma Chemical Co.), as described by Mossman (1983). The tetrazolium ring in MTT is cleaved in active mitochondria, thus, blue formazan granules are found only in living cells. MTT (20 μ l; 5 mg/ml PBS) was added to each well and the cells were incubated for an additional 4 h. Subsequently, 100 μ l of the medium was aspirated and 100 μ l of warm (37°C) isopropanol containing 0.04 N hydrochloric acid was added to the wells to dissolve the blue formazan crystals. The plates were kept at 25°C overnight and read on a multiwell spectrophotometer at 550 nm. The assay was sensitive to 0.01 units of recombinant human TNF- α .

Neutralization of TNF Activity with Antibody

To evaluate the specificity of the bioassay for TNF, 300 μ l of corpus luteum-conditioned medium was mixed with either 100 μ l of goat antibody against human recombinant TNF- α or 100 μ l of nonimmune goat globulin, incubated for 1 h at 37°C, and subsequently assayed. This antibody neutralizes rabbit TNF (Mathison et al., 1988) and was provided by Dr. J. C. Mathison of Scripps Clinic, La Jolla, CA.

Statistical Analysis

The data were analyzed by analysis of variance (ANOVA), and significant differences between groups were subsequently established by Scheffe's test: a p value of <0.05 was taken as the significance level. Significance between TNF-activity in the presence or absence of LPS was determined by paired *t*-test. All values represent the mean \pm SEM of determinations from five rabbits.

RESULTS

Qualitative Distribution of Lymphocytes and Macrophages

By immunofluorescence and immunocytochemistry, T lymphocytes and macrophages were observed in the rabbit ovary. The T lymphocytes were present at all stages of pseudopregnancy, pregnancy, and the postpartum periods and were localized primarily within the corpus luteum. They were distributed near blood vessels and in intercellular spaces of the corpora lutea. Although T lymphocytes were observed mostly in aggregates, they were also distributed individually (Fig. 1). To determine if these T lymphocytes were activated (Greaves et al., 1979: Brown et al., 1984), we doublelabeled the cells with antibodies against both T cell and



FIG. 1. Immunohistochemical localization of T lymphocytes in a section of a corpus luteum (C) from a Day 5 pseudopregnant rabbit. The T lymphocytes (arrowheads) are distributed individually and in clusters among the luteal cells (arrows), along the vessels (V), and along the capsule (ca) of the corpus luteum (×188).

class II antigens. Class II antigen on the T lymphocytes was detected as early as Day 5 postovulation (Fig. 2).

The distribution of macrophages was similar to that of T lymphocytes in that macrophages were localized predominantly within the corpus luteum. However, the temporal pattern was not the same. Macrophages were most evident in the regressing corpus luteum, whereas the T lymphocytes were present in the corpus luteum at all stages examined. Thus, corpora lutea of Day 5 pseudopregnancy and pregnancy and Day 19 pregnancy had very few macrophages (Fig. 3A), whereas the regressing corpora lutea of Day 19 pseudopregnancy and Day 3 postpartum had strikingly large numbers of macrophages (Fig. 4B). In addition, T lymphocytes and macrophages were also present in atretic follicles of the ovary (not shown).

Quantitative Distribution of T Lymphocytes and Macrophages

Using immunoflourescence, we counted T lymphocytes and macrophages. The number of T lymphocytes did not vary significantly among different days of pseudopregnancy, pregnancy, and postpartum (Fig. 4). Although macrophages were observed in the corpus luteum at all stages, relatively few were observed until the time of regression. In pseudopregnancy, the numbers of macrophages remained relatively low through Days 10-15 (11 ± 6 per high power field) and increased significantly by Day 19 (176 ± 42 ; Fig. 4A). In pregnant rabbits, a significant increase in the number of macrophages was not observed until Day 3 postpartum (154 ± 30 ; Fig. 4B).

TNF Production by the Corpus Luteum

In the absence of lipopolysaccharide, low TNF activity (~1.0 U/mg protein) was detectable in medium of incubated corpora lutea from all stages of pseudopregnancy and pregnancy (Fig. 5). In the presence of lipopolysaccharide, TNF accumulation in medium was greatest on Day 19 of pseudopregnancy at a time when the number of macrophages were high (Fig. 5). In corpora lutea of Day 5 pregnancy, Day 5 pseudopregnancy, and Day 19 pregnancy, TNF production was enhanced 2- to 4-fold in response to lipopolysaccharide. By contrast, in the corpora lutea of Day 1 postpartum and in the regressing corpora lutea of Day 19 pseudo-



FIG. 2. Immunofluorescence of lymphocytes double-labeled with antibodies against T cell (rhodamine label) and class II (fluorescein label) antigens in a section of a corpus luteum from a Day 5 pregnant rabbit. The section was first photographed with a rhodamine filter (arrows); subsequently, the section was slightly moved and reexposed with a fluorescein filter (arrowheads) on the same frame to demonstrate the antigens on the same cells. Note that some T lymphocytes (short arrows) are not class II-positive (×400).

pregnancy, TNF production was stimulated respectively 10- and 30-fold by lipopolysaccharide (Fig. 5). Unconditioned medium (no cells) \pm LPS had no activity in the bioassay.

The specificity of the bioassay for TNF was confirmed by incubating corpus luteum-conditioned media with either an antibody raised against human TNF or with nonimmune goat globulin. TNF activity was reduced by 95% in the presence of TNF antibody, both in LPS-stimulated samples and in samples without LPS (Table 1).

DISCUSSION

The chronology of macrophage and T lymphocyte infiltration into the corpus luteum reveals that both types of cells are present throughout the luteal phase, although the numbers of macrophages increase greatly at the end of pseudopregnancy and after parturition. The presence of T lymphocytes, which are class IIpositive, suggests that these cells are activated (Winchester and Kunkel, 1979) and therefore capable of activating macrophages (Pels et al., 1984). Thus, the potential exists for interactions between macrophages and T lymphocytes, mediated by monokines and lymphokines (Pels et al., 1984). Also the potential exists for these cells, via production of cytokines, to influence various functions of the differentiating corpus luteum, such as angiogenesis (Polverini and Leibovich, 1984; Kaminski and Auerbach, 1988), or progesterone secretion as reported in granulosa cells, follicles, or corpora lutea (Kirsch et al., 1981; Halme et al., 1985; Emoto and Baird, 1988; Fukuoka et al., 1988, 1989; Roby and

TABLE 1. Neutralization of TNF activity^a in corpus luteum-conditioned medium by goat anti-human recombinant TNF- α antibody.[•]

	Plus LPS ^b	No LPS
Goat anti-human TNF antibody	4ª	<0.01
Goat non-immune globulin	87	0.07

^aTNF units per mg of luteal tissue protein (see text for details of TNF bioassay).

^bLPS: lipopolysaccharide. Luteal tissue was incubated with or without LPS (see text for details of incubation).

*Data are from a single experiment.

Terranova, 1988; Adashi et al., 1989), ultimately delimiting the lifespan of the corpus luteum through cytocidal activity and phagocytosis (Paavola, 1979).

The major increase in the number of macrophages occurs only in corpora lutea entering terminal stages of

regression, either at the end of pseudopregnancy or several days after parturition. This increase may be due to either proliferation of existing macrophages or infiltration of monocytes or both. At these stages, progesterone secretion has either declined markedly as in pseu-



FIG. 3. Immunohistochemical localization of macrophages in a section of corpus luteum, C, from Day 19 pregnant and Day 19 pseudopregnant rabbits. (A) In the pregnant rabbit, only a few scattered macrophages (arrows) were observed within the corpus luteum (\times 38). With the exception of Days 1 and 3 postpartum and Day 19 of pseudopregnancy, a similar distribution of macrophages was observed at other stages of pregnancy and pseudopregnancy (not shown). (B) In the Day 19 pseudopregnant rabbit, the corpus luteum, C, is heavily infiltrated with macrophages (black deposits). Note that the interstitium, i, is devoid of macrophages. (\times 51). Although not shown here, a similar distribution of macrophages was observed in corpora lutea 3 days postpartum.



FIG. 4. Quantification of macrophages and T lymphocytes in the corpora lutea of pseudopregnancy (A) and pregnancy (B). T lymphocytes were present as early as Day 5 of pseudopregnancy and pregnancy, with no detectable significant changes in numbers of these cells at other stages of pseudopregnancy or pregnancy. In contrast, during involution of the corpus luteum, the numbers of macrophages increased dramatically as observed on Day 19 of pseudopregnancy (p<0.01) and Day 3 postpartum (p<0.01). Mean \pm SEM; n = 5 rabbits at each stage of pseudopregnancy and pregnancy (total of 60 animals).

dopregnancy or essentially ceased as in the postpartum period (Keyes et al., 1983). Thus, it is tempting to speculate that as a result of diminished rates of steroidogenesis and through the production of chemotactic signals, monocytes infiltrate into the luteal tissue where they become activated macrophages. Progesterone has biphasic effects on the macrophage (Polan et al., 1988b): at low concentration, it stimulates interleukin-1 production, whereas at high concentrations, which would prevail in the luteal tissue, progesterone can inhibit the production of interleukin-1 at the level of transcription (Polan et al., 1988a). Progesterone also inhibits other metabolic activities of monocytes, macrophages, and T lymphocytes (Siiteri and Stites, 1982; Stites and Silteri, 1983; Schreiber et al., 1988). As luteal progesterone secretion decreases, the circulating monocytes may become more responsive to chemotactic signals, and the corpus luteum-associated macrophages and lymphocytes may secrete, respectively, in-



FIG. 5. TNF production by luteal tissue incubated with or without lipopolysaccharide (LPS). Corpora lutea were removed from pseudopregnant (PSP), pregnant (PREG), and postpartum (PP) rabbits. In the absence of LPS, low but detectable TNF activity was observed (*bottom panel*). Upon stimulation with LPS, the nonregressing corpora lutea on Day 5 of pseudopregnancy and on Days 5 and 19 of pregnancy produced only 2- to 4-fold TNF (*top panel*). However, a 10- to 30-fold increase in activity was observed respectively in the regressing corpora lutea on Day 1 postpartum and Day 19 pseudopregnancy (p<0.05). Mean ± SEM; n = 5 rabbits each day; tissues in *top* (+LPS) and *bottom* (- LPS) *panels* are from same animals.

creasing concentrations of monokines such as interleukin-1 and TNF, and lymphokine, such as gamma interferon.

Although no increase in basal TNF production was observed in incubated corpora lutea of late pseudopregnancy, the possibility exists that the TNF might be in the membrane-bound form (Kriegler et al., 1988), which escaped detection by the assay. The 10- to 30-fold increase in TNF production in response to lipopolysaccharide probably reflects the increased numbers of macrophages in luteal tissue but may also be attributable to the highly activated state of the macrophage in the microenvironment of the regressing corpus luteum. Monokines and lymphokines are chemotactic signals for monocytes (Ming et al., 1987), and TNF also induces the synthesis on granulocyte-macrophage colony-stimulating factor (Munker et al., 1986), which is a potent stimulator of monocyte proliferation and differentiation (Metcalf, 1985). Therefore, the potential exists for multiple mechanisms that promote the accumulation of macrophages in the corpus luteum.

In rabbits, the corpus lutem is the source of progesterone throughout pregnancy (Holt and Ewing, 1974), and is maintained through the combined actions of estradiol and a factor of placental origin (Holt and Ewing, 1974; Gadsby et al., 1983). Associated with extended luteal function in the second half of pregnancy is the absence of overt macrophage infiltration into the corpus luteum. The comparison of the macrophage populations in corpora lutea on Day 19 of pseudopregnancy and pregnancy indicates that their accumulation in the corpus luteum is not determined strictly by the age of the corpus luteum, but rather by other factors. The products of conception might act directly to inhibit the activation of macrophages and/or the entry of the monocytes into the corpus luteum. For example, alphafetoprotein, a protein synthesized by the fetus, is a potent inhibitor of the immune response (Murgita and Tomasi, 1975; Lu et al., 1984). Alternatively, the luteotropic milieu of pregnancy might prevent macrophage accumulation indirectly, by maintaining the corpora lutea that continue to synthesize progesterone.

The mechanism and pathways through which macrophages, T lymphocytes, and their cytokines might destroy the corpus luteum are largely unknown. TNF has a number of effects in different tissues (Beutler and Cerami, 1988). TNF and interkeukin-1 have inhibitory effects on steroidogenesis in cultured granulosa cells without accompanying cytocidal effects (Emoto and Baird, 1988; Fukuoka et al., 1988, 1989; Gottschall et al., 1988; Adashi et al., 1989), suggesting the potential for these cytokines to inhibit luteal steroidogenesis as well. At some doses, TNF has also been reported to stimulate follicular steroidogenesis (Roby and Terranova, 1988); in the presence of macrophages, progesterone production by mouse luteal cells (Kirsch et al., 1981) or human granulosa-luteal cells (Halme et al., 1985) is increased. The monokine, TNF, affects not only tumors (Carswell et al., 1975), but also normal cells such as fibroblasts (Hass et al., 1985) and endothelial cells (Nawroth et al., 1986). TNF has been shown to have both angiogenic (Leibovich et al., 1987) and angiostatic (Sato et al., 1987) effects, suggesting the possibility of differential effects of this monokine early in luteal development when angiogenesis is extensive (Gospodarowicz and Thakral, 1978), and at the time of regression when loss of endothelial cells is predominant (Azmi and O'Shea, 1984). Although major histocompatibility (MHC) antigens can be induced by lymphokines (Fairchild and Pate, 1989a) and TNF (Leeuwenberg et al., 1987), this induction can be inhib-

ited by cyclic adenosine 3', 5'-monophosphate (cAMP) (Frohman et al., 1988). As the corpus luteum ages, cAMP production by luteal cells, in response to luteinizing hormone, significantly decreases (Miller et al., 1986). Thus, although lymphocytes and macrophages are present in the developing and regressing corpus luteum, cytokine-induced expression of the MHC antigens might be greatest late in the luteal phase and during regression (Fairchild and Pate, 1989b). Thus luteal or other cells in the corpus luteum may become susceptible to recognition as "non-self" and then be destroyed through the combined activities of macrophages and T lymphocytes. The ultimate structural involution may be due to phagocytosis by macrophages, which has been observed by electron microscopy (Paavola, 1979).

In summary, these results are consistent with a proposed role for T lymphocytes and macrophages in the involution of the corpus luteum through mechanisms that remain to be elucidated, but that might resemble an immune response. The absence of macrophage infiltration in corpora lutea of pregnancy suggests a direct inhibition of monocyte entry or of their differentiation by factors associated with the conceptus, or an indirect effect by the conceptus to sustain luteal function, thereby preventing macrophage accumulation and activation.

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