

Defining an optimal referral strategy for patients with a suspicion of axial spondyloarthritis: what is really important? Response to: 'Evaluating the ASAS recommendations for early referral of axial spondyloarthritis in patients with chronic low back pain; is one parameter present sufficient for primary care practice?' by van Hoesen *et al*

We thank van Hoesen *et al*¹ for their interest in our work² and for their critical remarks.

The Assessment of SpondyloArthritis international Society (ASAS) referral recommendation³ has been developed as a flexible tool aimed at improving early diagnosis of axial spondyloarthritis (axSpA), which implies that—dependent on the local conditions—parameters from the list shown in box 1 of the original publication could/should be selected. For instance, it does not make sense to ask for human leukocyte antigen (HLA)-B27 positivity in primary care if primary care physicians do not perform this test for whatever reason.

Although the referral strategy should be applied on the level of primary care physician, the recommendation is, in fact, addressed to rheumatologists who should offer the referral tool to their referring physicians and to decide which referral parameters are of relevance for their practice. We absolutely agree that the proposed referral tool should be tested in a prospective study, optimally with the active participation of primary care physicians. However, at this stage, the project was indeed confined to ASAS members.

We would like to comment on the importance of the positive predictive value (PPV). Van Hoesen *et al*¹ use a reference for a diagnostic test to substantiate their point. However, referral recommendations are used in a different context than diagnostic testing. The aim of the ASAS referral recommendations was to have all patients with axSpA referred (highest sensitivity) and not to miss patients. However, diagnostic testing implies a diagnosis that needs to be confirmed or rejected, and here, a pretest probability is playing a more important role, having direct effects on the PPV, and the false-positive and false-negative results of the test are important. Indeed, PPV needs to be reasonably high, and on the basis of the literature review, this was assured by the use of one referral parameter. We disagree with the statement that referral of 80% of the patients without having axSpA is undesirable: this also depends on the healthcare setting.

In contrast to the statement by van Hoesen *et al*,¹ the recommendations were also based on a careful review of the literature in addition to using a Delphi exercise and a final voting among the ASAS members. As it has been shown in the prospective MASTER and RADAR referral studies performed in primary care settings,^{4 5} requiring two positive parameters did not improve the performance of the strategy, probably because of difficulties with application of the strategy by referring physicians due to an increased number of tests or clinical parameters, which have to be evaluated on the primary care level.

The fact that the presence of two parameters resulted in a better PPV than the presence of just one parameter in the retrospective analysis of the CAsE Finding Axial SPondyloArthritis

(CaFaSpA) population⁶ is a confirmation of the retrospective analysis of one of the first referral studies.⁷ However, as discussed above, prospective referral studies investigating this specifically could not confirm these data.^{4 5} Nonetheless, further studies should investigate whether other potentially suitable combinations of referral parameters have similar performances and whether the PPV can be improved by increasing the referral parameters while keeping 100% sensitivity. If so, this should certainly be implemented.

Denis Poddubnyy,¹ Astrid van Tubergen,² Robert Landewé,³ Joachim Sieper,¹ Désirée van der Heijde⁴

¹Campus Benjamin Franklin, Med. Department I, Rheumatology, Charité Universitätsmedizin Berlin, Berlin, Germany

²Division of Rheumatology, Department of Medicine, Maastricht University Medical Center, Maastricht, The Netherlands

³Department of Rheumatology and Clinical Immunology, Amsterdam Rheumatology Center, Amsterdam, The Netherlands

⁴Department of Rheumatology, Leiden University Medical Center, Leiden, The Netherlands

Correspondence to Dr Denis Poddubnyy, Campus Benjamin Franklin, Med. Department I, Rheumatology, Charité Universitätsmedizin Berlin, Hindenburgdamm 30, Berlin 12203, Germany; Denis.Poddubnyy@charite.de

Competing interests None declared.

Provenance and peer review Commissioned; internally peer reviewed.



CrossMark

To cite Poddubnyy D, van Tubergen A, Landewé R, *et al*. *Ann Rheum Dis* 2015;**74**:e69.

Received 22 September 2015

Accepted 26 September 2015

Published Online First 19 October 2015



► <http://dx.doi.org/10.1136/annrheumdis-2015-208547>

Ann Rheum Dis 2015;**74**:e69. doi:10.1136/annrheumdis-2015-208553

REFERENCES

- van Hoesen L, Koes BW, Hazes JMW, *et al*. Evaluating the ASAS recommendations for early referral of axial spondyloarthritis in patients with chronic low back pain; is one parameter present sufficient for primary care practice? *Ann Rheum Dis* 2015;**74**:e68.
- Poddubnyy D, van Tubergen A, Landewé R, *et al*. Assessment of SpondyloArthritis international Society (ASAS). Development of an ASAS-endorsed recommendation for the early referral of patients with a suspicion of axial spondyloarthritis. *Ann Rheum Dis* 2015;**74**:1483–7.
- Poddubnyy D, van Tubergen A, Landewé R, *et al*. Assessment of SpondyloArthritis international S. Development of an ASAS-endorsed recommendation for the early referral of patients with a suspicion of axial spondyloarthritis. *Ann Rheum Dis* 2015;**74**:1483–7.
- Poddubnyy D, Vahldiek J, Spiller I, *et al*. Evaluation of 2 screening strategies for early identification of patients with axial spondyloarthritis in primary care. *J Rheumatol* 2011;**38**:2452–60.
- Sieper J, Srinivasan S, Zamani O, *et al*. Comparison of two referral strategies for diagnosis of axial spondyloarthritis: the Recognising and Diagnosing Ankylosing Spondylitis Reliably (RADAR) study. *Ann Rheum Dis* 2013;**72**:1621–7.
- van Hoesen L, Vergouwe Y, de Buck PD, *et al*. External validation of a referral rule for axial spondyloarthritis in primary care patients with chronic low back pain. *PLoS ONE* 2015;**10**:e0131963.
- Brandt HC, Spiller I, Song IH, *et al*. Performance of referral recommendations in patients with chronic back pain and suspected axial spondyloarthritis. *Ann Rheum Dis* 2007;**66**:1479–84.



Defining an optimal referral strategy for patients with a suspicion of axial spondyloarthritis: what is really important? Response to: 'Evaluating the ASAS recommendations for early referral of axial spondyloarthritis in patients with chronic low back pain; is one parameter present sufficient for primary care practice?' by van Hoesen *et al*

Denis Poddubnyy, Astrid van Tubergen, Robert Landewé, Joachim Sieper and Désirée van der Heijde

Ann Rheum Dis 2015 74: 1 originally published online October 19, 2015
doi: 10.1136/annrheumdis-2015-208553

Updated information and services can be found at:
<http://ard.bmj.com/content/74/12/1>

These include:

References

This article cites 7 articles, 6 of which you can access for free at:
<http://ard.bmj.com/content/74/12/1#BIBL>

Email alerting service

Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

Topic Collections

Articles on similar topics can be found in the following collections

[Immunology \(including allergy\)](#) (4797)
[Pain \(neurology\)](#) (841)
[Clinical diagnostic tests](#) (1212)

Notes

To request permissions go to:
<http://group.bmj.com/group/rights-licensing/permissions>

To order reprints go to:
<http://journals.bmj.com/cgi/reprintform>

To subscribe to BMJ go to:
<http://group.bmj.com/subscribe/>