

# Increasing Cu bioavailability inhibits A $\beta$ oligomers and tau phosphorylation

Peter J. Crouch<sup>a,b,c,1</sup>, Lin Wai Hung<sup>a,c,d,1</sup>, Paul A. Adlard<sup>c</sup>, Mikhalina Cortes<sup>c</sup>, Varsha Lal<sup>c</sup>, Gulay Filiz<sup>a,b,c</sup>, Keyla A. Perez<sup>a,c,d</sup>, Milawaty Nurjono<sup>c</sup>, Aphrodite Caragounis<sup>a,b,c</sup>, Tai Du<sup>a,b,c</sup>, Katrina Laughton<sup>a,c</sup>, Irene Volitakis<sup>a,c</sup>, Ashley I. Bush<sup>c</sup>, Qiao-Xin Li<sup>a,b,c</sup>, Colin L. Masters<sup>c</sup>, Roberto Cappai<sup>a,c,d</sup>, Robert A. Cherny<sup>c</sup>, Paul S. Donnelly<sup>d,e</sup>, Anthony R. White<sup>a,b,c,2,3</sup>, and Kevin J. Barnham<sup>a,c,d,2,4</sup>

<sup>a</sup>Department of Pathology, <sup>b</sup>Centre for Neuroscience, <sup>c</sup>School of Chemistry, and <sup>d</sup>Bio21 Molecular Science and Biotechnology Institute, University of Melbourne, Melbourne, Victoria, 3010, Australia; and <sup>e</sup>Mental Health Research Institute of Victoria, Parkville, Victoria 3052, Australia

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**Cognitive decline in Alzheimer's disease (AD) involves pathological accumulation of synaptotoxic amyloid- $\beta$  (A $\beta$ ) oligomers and hyperphosphorylated tau. Because recent evidence indicates that glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ) activity regulates these neurotoxic pathways, we developed an AD therapeutic strategy to target GSK3 $\beta$ . The strategy involves the use of copper-*bis*(thiosemicarbazone) complexes to increase intracellular copper bioavailability and inhibit GSK3 $\beta$  through activation of an Akt signaling pathway. Our lead compound Cu<sup>II</sup>(gtsm) significantly inhibited GSK3 $\beta$  in the brains of APP/PS1 transgenic AD model mice. Cu<sup>II</sup>(gtsm) also decreased the abundance of A $\beta$  trimers and phosphorylated tau, and restored performance of AD mice in the Y-maze test to levels expected for cognitively normal animals. Improvement in the Y-maze correlated directly with decreased A $\beta$  trimer levels. This study demonstrates that increasing intracellular copper bioavailability can restore cognitive function by inhibiting the accumulation of neurotoxic A $\beta$  trimers and phosphorylated tau.**

Alzheimer's disease | bioinorganic chemistry | glycogen synthase kinase | therapeutic | animal model

Alzheimer's disease (AD) is a neurodegenerative disorder characterized clinically by impaired cognitive performance and pathologically by cerebral deposition of extracellular amyloid plaques and intracellular neurofibrillary tangles. Amyloid plaques in AD contain aggregated forms of the 39- to 43-aa amyloid- $\beta$  peptide (A $\beta$ ) and A $\beta$  is strongly implicated as a causative agent responsible for cognitive failure in AD. A diverse range of mechanisms for A $\beta$  toxicity has been reported (1). A $\beta$  is produced from the amyloid precursor protein (APP) (2–5) and readily aggregates to form insoluble, high-molecular-mass amyloid structures. Intermediates on the A $\beta$  aggregation pathway, primarily low-molecular-mass oligomers such as dimers and trimers, exhibit the greatest neurotoxicity (6–8). In addition to A $\beta$  oligomers, aberrantly phosphorylated microtubule-associated protein tau is also associated with cognitive decline in AD (9). Intracellular neurofibrillary tangles in the AD brain contain hyperphosphorylated tau, and A $\beta$  induced cognitive deficits characteristic of AD transgenic mice are attenuated by decreasing levels of endogenous tau (10).

It is now widely recognized that a truly effective therapeutic compound for treating AD needs to attenuate both the A $\beta$ - and tau-mediated pathologies. Recent positive outcomes for PBT2 in clinical and preclinical trials are therefore pertinent. Lannfelt *et al.* (11) demonstrated in phase IIa clinical trials that PBT2 lowers plasma A $\beta$  levels and attenuates cognitive decline, and Adlard *et al.* (12) have shown that PBT2 decreases interstitial A $\beta$  and phosphorylated tau in the brains of AD model mice. PBT2 is a second-generation 8-OH quinoline, which, unlike its predecessor clioquinol, lacks iodine and was selected for clinical development because of its easier chemical synthesis, higher solubility, and increased

blood–brain barrier permeability. Its clinical application was developed based on the potential to inhibit A $\beta$  toxicity through modulation of A $\beta$ –metal interactions (13–16), but the in vivo mechanism of action for PBT2 still requires elucidation. Cell culture studies have provided mechanism of action data to show that membrane-permeable compounds with the potential to form metal complexes, such as PBT2, can inhibit A $\beta$  toxicity by increasing cellular metal ion bioavailability and activating neuroprotective cell signaling pathways (17–20). Central to these pathways is inhibition of glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ). Inhibition of this kinase in vitro increases expression of A $\beta$ -degrading proteases (20), and GSK3 $\beta$  is a kinase capable of phosphorylating tau (21, 22). In this study, we tested the hypothesis that accumulation of A $\beta$  and phosphorylated tau could be prevented in vivo by inhibiting GSK3 $\beta$  with an agent that increases intracellular bioavailability of copper. To do this we used the *bis*(thiosemicarbazone) compounds Cu<sup>II</sup>(gtsm) and Cu<sup>II</sup>(atms) (Fig. 1). We were able to demonstrate that inhibition of GSK3 $\beta$  activity with Cu<sup>II</sup>(gtsm), but not the control compound Cu<sup>II</sup>(atms), decreased abundance of A $\beta$  trimers and phosphorylated tau in vivo. Importantly, treatment with Cu<sup>I</sup>(gtsm) reversed cognitive deficits in APP/PS1 transgenic AD mice.

## Results

**Cu<sup>II</sup>(gtsm) Inhibits GSK3 $\beta$  and Decreases Tau Phosphorylation in Vitro.** SH-SY5Y cells were treated with Cu<sup>II</sup>(gtsm) or Cu<sup>II</sup>(atms) (Fig. 1) or the vehicle control dimethyl sulfoxide (DMSO). These metal complexes were used because both compounds are cell permeable and deliver Cu into the cell. Importantly, once Cu<sup>II</sup>(gtsm) is exposed to the intracellular reducing environment, Cu<sup>II</sup> is reduced to Cu<sup>I</sup>, causing it to dissociate from the ligand and to increase Cu bioavailability. The negative control Cu<sup>II</sup>(atms) does not reduce and dissociate under normal intracellular conditions, and therefore does not increase Cu bioavailability (18, 23–26). We found both metal complexes increased cellular Cu levels several hundredfold

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<sup>1</sup>P.J.C. and L.W.H. contributed equally to this work.

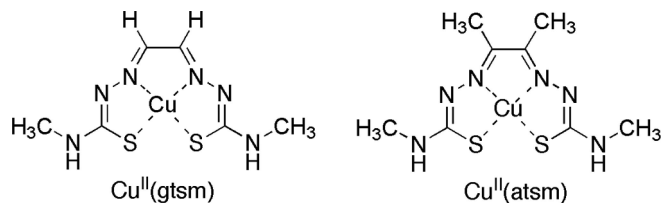
<sup>2</sup>A.R.W. and K.J.B. contributed equally to this work.

<sup>3</sup>To whom correspondence may be addressed at: Level 2, Alan Gilbert Building, 161 Barry Street, University of Melbourne, Victoria 3010, Australia. E-mail: arwhite@unimelb.edu.au.

<sup>4</sup>To whom correspondence may be addressed at: Level 4, Bio21 Institute, University of Melbourne, 30 Flemington Road, Parkville, Victoria 3010, Australia. E-mail: kbarnham@unimelb.edu.au.

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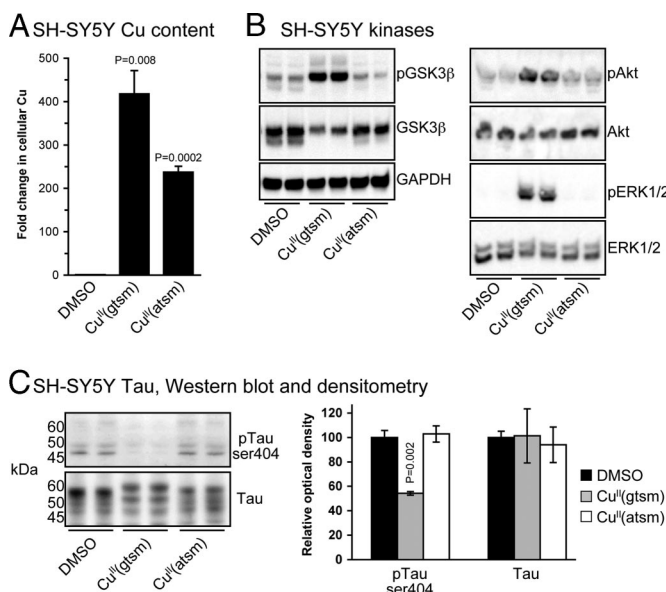
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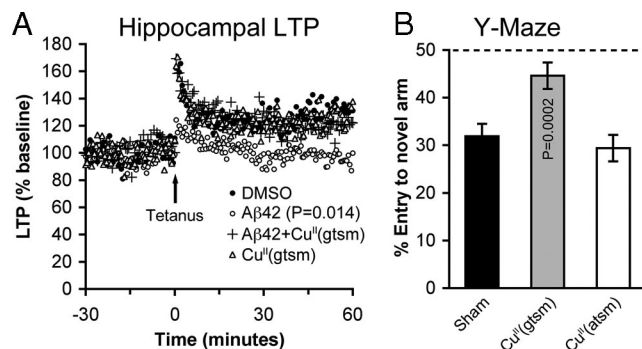
**Fig. 1.** Structures of  $\text{Cu}^{\text{II}}(\text{gtsm})$  [glyoxalbis(*N*(4)-methylthiosemicarbazona-to) $\text{Cu}^{\text{II}}$ ] and  $\text{Cu}^{\text{II}}(\text{atsm})$  [diacetylbis(*N*(4)-methyl-3-thiosemicarbazona-to) $\text{Cu}^{\text{II}}$ ].

(Fig. 2A,  $P = 0.008$  and  $P = 0.0002$ ). The data in Fig. 2A are consistent with intracellular accumulation of  $\text{Cu}^{\text{I}}$  when cells are treated with  $\text{Cu}^{\text{II}}(\text{gtsm})$  and an intracellular accumulation of intact  $\text{Cu}^{\text{II}}(\text{atsm})$  when treated with  $\text{Cu}^{\text{II}}(\text{atsm})$ . Western blot analyses revealed  $\text{Cu}^{\text{II}}(\text{gtsm})$ , but not  $\text{Cu}^{\text{II}}(\text{atsm})$ , induced GSK3 $\beta$  phosphorylation at serine-9 (ser9) via its upstream kinase, protein kinase B (Akt), and that phosphorylation of the associated extracellular signal-related kinase 1/2 (ERK1/2) was also increased (Fig. 2B). These data demonstrate that increased bioavailability of intracellular Cu rather than elevated cellular Cu per se is required to induce cellular pathways that lead to increased GSK3 $\beta$  phosphorylation at ser9 (i.e., GSK3 $\beta$  inhibition). We have shown previously that induction of these cellular pathways using metal complexes leads to decreased levels of A $\beta$  in cell cultures because of increased expression of A $\beta$ -degrading proteases (17, 18, 20).

To determine whether  $\text{Cu}^{\text{II}}(\text{gtsm})$ -mediated inhibition of GSK3 $\beta$  in SH-SY5Y cells inhibited activity of the kinase toward its substrate tau, we determined levels of tau phosphorylation by Western blot analysis. Tau phosphorylation at ser404 was decreased in  $\text{Cu}^{\text{II}}(\text{gtsm})$ -treated cells by 64% (Fig. 2C,  $P = 0.002$ ), but unaltered in  $\text{Cu}^{\text{II}}(\text{atsm})$ -treated cells ( $P = 0.376$ ). Phosphorylation of tau at ser396 was also decreased by treating with



**Fig. 2.**  $\text{Cu}^{\text{II}}(\text{gtsm})$  modulates GSK3 $\beta$  signaling pathways and inhibits tau phosphorylation in SH-SY5Y cells. (A) ICP-MS data showing  $\text{Cu}^{\text{II}}(\text{gtsm})$  and  $\text{Cu}^{\text{II}}(\text{atsm})$  both dramatically increase cellular levels of Cu in SH-SY5Y cells. Cu content of DMSO treated cells was 34 nmol of Cu per milligram of protein. (B) Western blot analyses reveal that  $\text{Cu}^{\text{II}}(\text{gtsm})$ , but not  $\text{Cu}^{\text{II}}(\text{atsm})$ , induced phosphorylation of GSK3 $\beta$ , Akt, and ERK1/2. (C) Western blot analysis showing that  $\text{Cu}^{\text{II}}(\text{gtsm})$  inhibits tau phosphorylation at ser404 without affecting abundance of total tau. *P* values shown indicate that treatments induced significant effects compared with the DMSO control. Data in A and densitometry data in C are mean values  $\pm$  SEM.

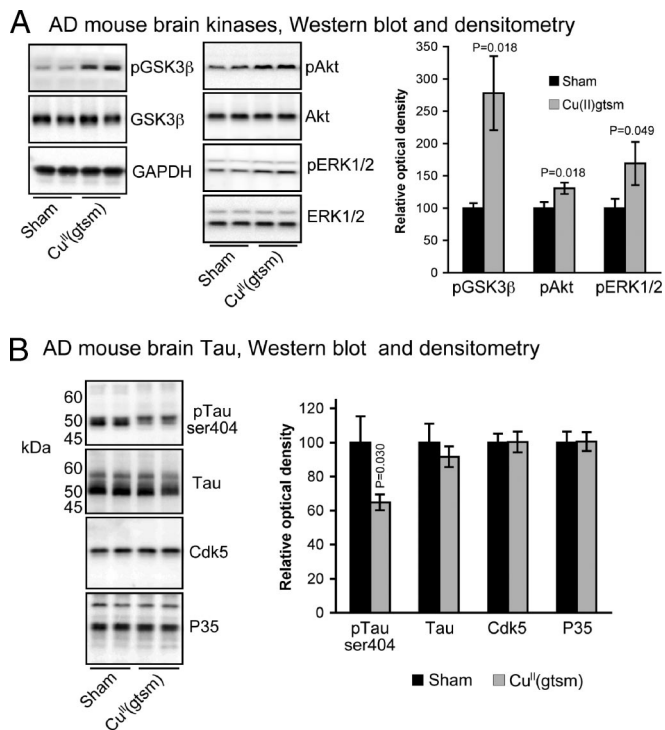


**Fig. 3.**  $\text{Cu}^{\text{II}}(\text{gtsm})$  rescues A $\beta$ -mediated inhibition of hippocampal long-term potentiation and restores cognitive performance of AD mice. (A) LTP field potential recordings demonstrate that compared with DMSO control, synthetic A $\beta$ 42 inhibits LTP by 28%, but that the inhibitory potential of A $\beta$  is prevented when hippocampal slices are cotreated with 2  $\mu\text{M}$   $\text{Cu}^{\text{II}}(\text{gtsm})$ . (B) Y-maze test for spatial learning and memory shows that untreated AD mice exhibit impaired cognitive performance compared with levels expected for cognitively normal mice (dashed line), and that  $\text{Cu}^{\text{II}}(\text{gtsm})$  restores cognition of AD mice.  $\text{Cu}^{\text{II}}(\text{atsm})$ , which unlike  $\text{Cu}^{\text{II}}(\text{gtsm})$  does not increase cellular Cu bioavailability, did not improve cognitive performance of AD mice. *P* values shown indicate that treatments induced significant effects compared with the relevant control. Data in B are mean values  $\pm$  SEM.

$\text{Cu}^{\text{II}}(\text{gtsm})$  [supporting information (SI) Fig. S1. The abundance of total tau was unchanged for all treatments (Fig. 2C).

**$\text{Cu}^{\text{II}}(\text{gtsm})$  Rescues A $\beta$ -Induced Inhibition of LTP.** A $\beta$  has strong inhibitory potential toward hippocampal long-term potentiation (LTP) (7, 27), and metal complex-mediated activation of neuroprotective pathways can decrease A $\beta$  levels in vitro (17, 18, 20). Therefore, we determined whether  $\text{Cu}^{\text{II}}(\text{gtsm})$  was able to rescue A $\beta$ -induced inhibition of LTP. When included in the artificial cerebrospinal fluid (ACSF) at 2  $\mu\text{M}$ , synthetic A $\beta$ 42 inhibited LTP in hippocampal slices from wild-type C57/bl6 mice by 28% (DMSO treatment fEPSP = 130.4%, A $\beta$  treatment fEPSP = 94.5%, Fig. 3A,  $P = 0.01$ ). Including 1  $\mu\text{M}$   $\text{Cu}^{\text{II}}(\text{gtsm})$  in the ACSF prevented A $\beta$  toxicity and returned LTP to levels that were not significantly different to controls (A $\beta$  +  $\text{Cu}^{\text{II}}(\text{gtsm})$  treatment fEPSP = 121.4%,  $P = 0.308$ ).  $\text{Cu}^{\text{II}}(\text{gtsm})$  alone had no effect on LTP ( $\text{Cu}^{\text{II}}(\text{gtsm})$  treatment fEPSP = 127.6%, Fig. 3A,  $P = 0.4557$ ).

**$\text{Cu}^{\text{II}}(\text{gtsm})$  Improves Cognitive Performance of AD Mice in Y-Maze.** Based on our in vitro data showing that  $\text{Cu}^{\text{II}}(\text{gtsm})$  activates potentially neuroprotective cell signaling pathways (Fig. 2) and prevents A $\beta$ -mediated inhibition of LTP (Fig. 3A) we treated APP/PS1 transgenic AD mice with  $\text{Cu}^{\text{II}}(\text{gtsm})$  at 10 mg/kg of body weight ( $n = 15$ ) or vehicle control (sham treatment) ( $n = 14$ ) by daily gavage. Sham- and  $\text{Cu}^{\text{II}}(\text{gtsm})$ -treated AD mice were analyzed for cognitive performance by using a 3-arm radial maze (Y-maze) for spatial working memory and learning (28). Sham-treated AD mice exhibited poor recognition of the Y-maze novel arm (33% entry to novel arm, Fig. 3B), demonstrating impaired cognitive performance consistent with previous studies (29, 30). By contrast, the  $\text{Cu}^{\text{II}}(\text{gtsm})$ -treated mice showed significantly improved cognitive performance with 48% entry to the novel arm (Fig. 3B,  $P = 0.0002$ ). These Y-maze data indicate  $\text{Cu}^{\text{II}}(\text{gtsm})$  restored cognitive performance of the AD mice to levels expected for healthy, cognitively normal mice. In contrast to  $\text{Cu}^{\text{II}}(\text{gtsm})$ , and consistent with our hypothesis that the therapeutic effects of  $\text{Cu}^{\text{II}}(\text{gtsm})$  are based on the compound's capacity to increase intracellular Cu bioavailability, treating the AD mice with  $\text{Cu}^{\text{II}}(\text{atsm})$  did not affect cognitive performance in the Y-maze test, even at an elevated dose of 100 mg/kg of body weight (Fig. 3B,  $P = 0.280$ ).

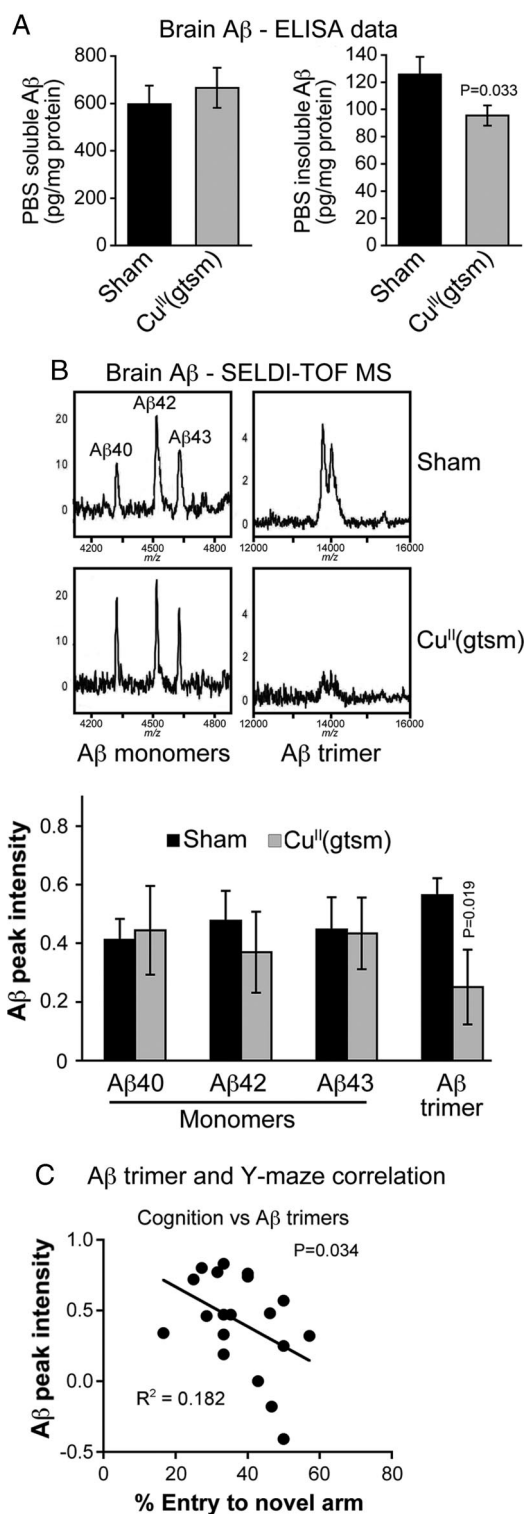


**Fig. 4.** Cu<sup>II</sup>(gtsm) modulates GSK3 $\beta$  signaling pathways and inhibits tau phosphorylation in the brains of AD mice. (A) Western blot and densitometry analyses showing Cu<sup>II</sup>(gtsm) increases phosphorylation of GSK3 $\beta$ , Akt and ERK1/2 in brains of AD mice. ERK1/2 could not be detected in PBS extracts of mouse brains and data for ERK1/2 was therefore obtained by using cell lysis buffer as described in the methods. Data for all other proteins was obtained by using PBS extracts. (B) Western blot and densitometry analysis of brain samples shows tau phosphorylation at ser404 is decreased after treatment with Cu<sup>II</sup>(gtsm) in the absence of effects on total tau, cdk5, or P35. All Western blot densitometry data are normalized for the loading control GAPDH. *P* values shown indicate that treatments induced significant effects compared with the sham control. Densitometry data in A and B are mean values  $\pm$  SEM.

**Cu<sup>II</sup>(gtsm) Inhibits GSK3 $\beta$  in Vivo.** Biochemical examination of brain tissue from sham- and Cu<sup>II</sup>(gtsm)-treated AD mice revealed strong consistency with data from experiments using SH-SY5Y cells. Cu<sup>II</sup>(gtsm) induced increased ser9 phosphorylation of GSK3 $\beta$  via its upstream kinase Akt, induced phosphorylation of ERK1/2 (Fig. 4A, *P* = 0.018, 0.018, and 0.049, respectively). Concomitant with the Cu<sup>II</sup>(gtsm)-mediated inhibition of GSK3 $\beta$  was a decrease in detectable levels of phosphorylated tau (Fig. 4B, *P* = 0.030). Abundance of total tau was not altered in the Cu<sup>II</sup>(gtsm)-treated mice (Fig. 4B, *P* = 0.2248).

In addition to GSK3 $\beta$ , cyclin-dependent kinase 5 (cdk5) with its regulatory cofactor P35 can also phosphorylate tau (31). We therefore examined whether decreased phosphorylation of tau in AD mice involved decreased cdk5/P35. Neither cdk5 nor P35 levels were altered in the brains of AD mice after treatment with Cu<sup>II</sup>(gtsm) (Fig. 4B, *P* = 0.49 and 0.47, respectively), indicating that decreased tau phosphorylation in vivo is more likely the result of GSK3 $\beta$  inhibition.

**Cu<sup>II</sup>(gtsm) Decreases Brain A $\beta$  Trimer Levels in AD Mice.** Because increasing cellular metal ion bioavailability prevents A $\beta$  accumulation in vitro through inhibition of GSK3 $\beta$  (20), we examined whether Cu<sup>II</sup>(gtsm)-mediated inhibition of GSK3 $\beta$  in vivo (Fig. 4A) affected A $\beta$  levels in the brains of AD mice. ELISA analyses demonstrated that A $\beta$  in the PBS soluble fraction of the brain from Cu<sup>II</sup>(gtsm)-treated mice was unaltered, but that A $\beta$  in the PBS-insoluble fraction was decreased by 24% (Fig. 5A, *P* = 0.033). More



**Fig. 5.** Cu<sup>II</sup>(gtsm) inhibits accumulation of PBS insoluble A $\beta$  trimers in the brains of AD mice. (A) ELISA data showing that overall levels of PBS insoluble A $\beta$ , but not PBS soluble A $\beta$ , are decreased in the brains of Cu<sup>II</sup>(gtsm)-treated AD mice. (B) SELDI-TOF MS analysis showing A $\beta$  trimers are decreased in the PBS-insoluble fraction of Cu<sup>II</sup>(gtsm)-treated mice, but monomer levels are unaffected. All SELDI-TOF MS data are normalized for total brain protein and are expressed as A $\beta$  peak intensity per milligram of protein. (C) Correlation analysis showing cognitive performance in Y-maze testing of AD mice improves with decreasing A $\beta$  trimer levels in the PBS-insoluble fraction of the brain. *P* values shown indicate that treatments induced significant effects compared with the sham control. Data in A and A $\beta$  peak intensity data in B are mean values  $\pm$  SEM.

rigorous examination of PBS-insoluble brain samples using surface enhanced laser desorption ionization time-of-flight (SELDI-TOF) mass spectrometry (MS) was performed to establish whether the ELISA data were due to an overall decrease in total brain A $\beta$  or due to decreased abundance of specific A $\beta$  species. The SELDI-TOF MS data show that although monomeric forms of A $\beta$ 40, A $\beta$ 42, and A $\beta$ 43 resolved discretely with accurate molecular masses, their levels were not altered by Cu<sup>II</sup>(gtsm) ( $P = 0.43, 0.28$  and  $0.47$ , respectively). By contrast, a readily detectable A $\beta$  species with a molecular mass of 13,801 Da, equivalent to an A $\beta$  trimer, was significantly decreased in Cu<sup>II</sup>(gtsm)-treated mice (Fig. 5B,  $P = 0.02$ ). A mass spectrometry technique has not previously supported the existence of an A $\beta$  trimer in vivo. The second peak shown in Fig. 5B at 14,018 Da is consistent with the A $\beta$  trimer containing a sinapinic acid adduct; sinapinic acid is part of the SELDI-TOF matrix. Other A $\beta$  oligomer species such as dimers, tetramers, and A $\beta$ 56\* were not detected when using SELDI-TOF MS. Similarly, trimers containing A $\beta$ 40 were not detected. Examination via immunohistochemistry revealed treatment with Cu<sup>II</sup>(gtsm) did not affect A $\beta$  plaque deposition in the brains of AD mice (Fig. S2,  $P = 0.39$ ).

Although numerous studies demonstrate the neurotoxic potential of A $\beta$  trimers (32) there is little in vivo evidence to show specific reduction of their abundance in the brain correlates directly with improved cognitive performance. To address this, we performed correlation analyses of brain A $\beta$  trimer levels and performance of mice in the Y-maze test. These analyses revealed that mice with lower levels of trimeric A $\beta$  in the brain performed better in the Y-maze test ( $R^2 = 0.18, P = 0.034$ ) (Fig. 5C). These data, therefore, provide in vivo evidence for the role of A $\beta$  trimers in impaired cognitive performance in AD mice and indicate that therapeutic inhibition of A $\beta$  trimer accumulation by increasing cellular metal ion bioavailability can rescue impaired cognition.

## Discussion

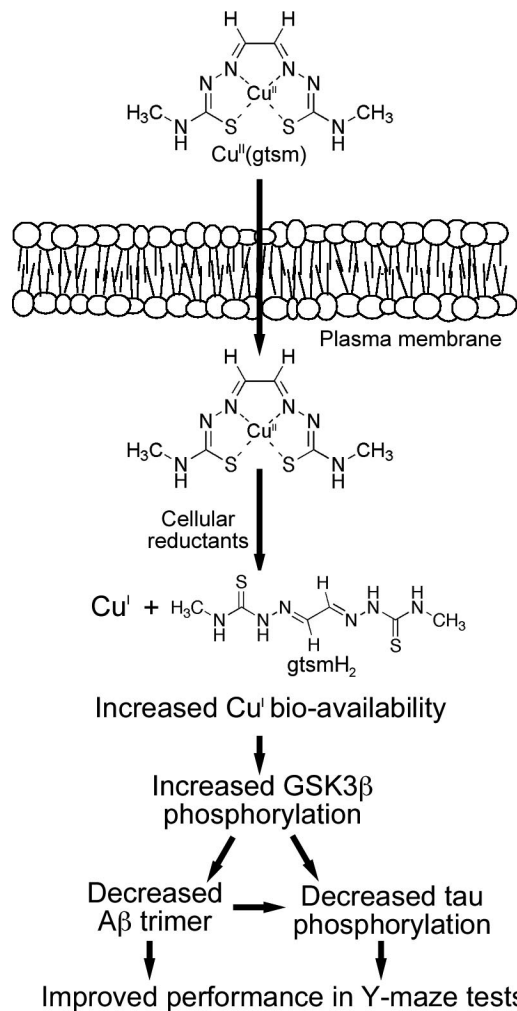
Therapeutic inhibition of A $\beta$  accumulation and tau phosphorylation in the brain is a primary target in AD research because aberrant A $\beta$  accumulation and tau phosphorylation are now widely recognized as the main contributors to the disease-associated cognitive decline. Recently a therapeutic compound, PBT2, successfully completed phase IIa clinical trials, and was also shown to decrease A $\beta$  levels in cerebrospinal fluid and attenuate cognitive decline in AD patients (11). Importantly, a preclinical study of PBT2 demonstrated that the compound decreased interstitial A $\beta$  as well as phosphorylated tau in the brains of AD model mice, leading to their improved cognitive performance (12). Based on previous cell culture studies (18, 20) it was speculated that the mechanism of action for PBT2 involves sequestration of Cu and Zn from extracellular A $\beta$  aggregates and subsequent PBT2-mediated delivery of the metal ions intracellularly (12). Data to show the mechanism of action through which a PBT2-mediated increase in cellular metal ions can inhibit accumulation of A $\beta$  and phosphorylated tau are yet to be presented. We used the btsc metal complexes Cu<sup>II</sup>(gtsm) and Cu<sup>II</sup>(atms) because these complexes can cross the blood-brain barrier (33), and as described above, they exhibit remarkably different chemical properties that are determined by the substituents attached to the diimine backbone of the ligand and enable controlled regulation of cellular metal ion bioavailability.

The possibility that metal complexes with the capacity to increase intracellular metal bioavailability can activate neuroprotective cell signaling pathways pertinent to AD is based on cell culture studies using a range of metal complexes. In particular, treating cell cultures with specific Cu complexes can activate a cell signaling pathway that leads to increased expression of A $\beta$ -degrading proteases and, therefore, decreased A $\beta$

levels (18, 20). The signaling pathway involves phosphorylation of ERK1/2, JNK, and GSK3 $\beta$ , and metal complex-mediated phosphorylation of PI3K/Akt because of activation of the epidermal growth factor receptor is an important upstream event (17–20, 34). In vivo support for targeting A $\beta$  and tau in the AD by modulating metal bioavailability comes from a small number of studies. When administered to AD model mice that develop cognitive deficits, clioquinol and PBT2 both decreased the brain A $\beta$  burden and improved cognitive performance (12, 14). Furthermore, PBT2 and clioquinol both provided promising cognition outcomes in clinical trials (11, 16). In a related study, AD mice were treated for 7 months with the metal-ligating compound pyrrolidine dithiocarbamate (PDTC), and the treatment was shown to induce phosphorylation of Akt and GSK3 $\beta$ , decrease tau phosphorylation, and improve cognitive performance of the mice (35). Surprisingly, however, PDTC did not change A $\beta$  levels as determined by ELISA. Common to the beneficial effects of clioquinol, PBT2, and PDTC is that the compounds were all administered without metal ions already bound to the ligand. Therefore, if their capacity to inhibit tau phosphorylation and A $\beta$  accumulation involved the formation of a metal complex, the activity relied on the compounds interacting with metal ions adventitiously in vivo. Such strategies therefore do not rule out the possibility of nonspecific sequestration of metal ions. We believe this is central to our observed effects for Cu<sup>II</sup>(gtsm) on both A $\beta$  trimers (Fig. 5) and phosphorylated tau (Fig. 4) in the brains of AD mice, because our cell culture work shows metal-free compounds that rely on adventitious binding of metal ions are considerably less potent than metal complexes where the compound is already loaded with Cu (18, 20).

A $\beta$  potentially inhibits hippocampal LTP (32), an in vitro assay used to determine the cellular mechanisms of memory and learning. Studies on A $\beta$ -mediated inhibition of LTP indicate A $\beta$  trimers as the main toxic A $\beta$  species (7). Here, we have shown that Cu<sup>II</sup>(gtsm) attenuates A $\beta$ -mediated inhibition of LTP. More importantly, we have shown that treatment with Cu<sup>II</sup>(gtsm) decreases the abundance of A $\beta$  trimers in the brains of AD mice and that decreased A $\beta$  trimer levels correlate directly with improved cognitive performance in the Y-maze test. The significance of the data shown in Fig. 5B and C is that mass spectrometry techniques have not previously been used to verify that apparent A $\beta$  oligomer species seen on a Western blot have a molecular mass consistent with the A $\beta$  oligomer. Our SELDI-TOF MS data therefore differentiates between A $\beta$  trimers and APP C-terminal fragments that have the potential to resolve on SDS/PAGE gels in the region expected for A $\beta$  oligomers. Previous studies have reported an apparent correlation between decreased abundance of the A $\beta$  species termed A $\beta$ 56\* and improved cognition based on Western blot methods (36), but we propose that more rigorous A $\beta$  identification techniques are essential before performing correlation analyses (see Table S1).

Cu<sup>II</sup>(gtsm)-mediated inhibition of GSK3 $\beta$  is central to our mechanism of action pathway (Fig. 6) and our observed effects for Cu<sup>II</sup>(gtsm) on A $\beta$  trimers, tau phosphorylation, and cognitive improvement. Originally described for its capacity to phosphorylate glycogen synthase kinase (37), GSK3 $\beta$  is somewhat unique because its capacity to phosphorylate a substrate is inhibited when the kinase itself is phosphorylated at the regulatory site ser9 (38). Phosphorylation of GSK3 $\beta$  therefore inhibits its kinase activity, and the inhibition of GSK3 $\beta$  gained recognition as a potential therapeutic target in AD once tau was identified as a GSK3 $\beta$  substrate (21, 22). Hyperphosphorylated tau is abundant within neurofibrillary tangles of the AD brain, indicating a loss of tau kinase/phosphatase homeostasis. Promoting a substrate-specific increase in phosphatase activity is practically impossible because of relatively poor phosphatase-substrate specificity; therefore targeting tau kinases is more



**Fig. 6.** Schematic overview of proposed mechanism by which Cu<sup>II</sup>(gtsm) decreases A $\beta$  oligomer burden (trimers) and tau phosphorylation in the brains of AD mice. Cell-permeable Cu<sup>II</sup>(gtsm) dissociates in the presence of intracellular reductants to release Cu<sup>I</sup> and increase Cu bioavailability, thereby activating cell signaling pathways that lead to decreased A $\beta$  trimer levels, decreased tau phosphorylation, and improved performance of AD mice in the Y-maze test for spatial learning and memory.

feasible. Here, we have shown that therapeutic inhibition of GSK3 $\beta$  by treating with Cu<sup>II</sup>(gtsm) correlated with decreased tau phosphorylation *in vitro* and *in vivo*. Considered together with our observations for decreased A $\beta$  trimer levels, our data for Cu<sup>II</sup>(gtsm)-mediated decreases in tau phosphorylation raise direct questions regarding whether A $\beta$  trimer levels or aberrantly phosphorylated tau contributes most significantly to effects on cognition. There is conjecture in the literature on this point but growing evidence indicates that although tau is an essential mediator of cognitive decline, A $\beta$  accumulation is a critical upstream event (39, 40). A pertinent study to support this shows that cognitive deficits in an AD mouse model are attenuated by crossing AD mice overexpressing APP with tau<sup>-/-</sup> mice: AD/tau<sup>-/-</sup> mice exhibit unaltered A $\beta$  levels compared with AD/tau<sup>+/+</sup> mice (10). This work demonstrates a critical role for tau in cognitive decline, but also demonstrates that cognitive deficits are only observed in AD mice with elevated A $\beta$  levels. In a more recent study, it was shown that exposure to A $\beta$  induces tau phosphorylation by promoting GSK3 $\beta$  activity (41). These studies therefore demonstrate an intimate relationship between A $\beta$  accumulation and tau phosphorylation in the cognitive

deficits of AD and that GSK3 $\beta$  activity is an important intermediate. In this study, we have shown that inhibition of GSK3 $\beta$  *in vivo* by therapeutically increasing Cu bioavailability decreases A $\beta$  trimer levels and tau phosphorylation in AD mice. Importantly, the Cu<sup>II</sup>(gtsm)-mediated decrease in A $\beta$  trimer levels correlated directly with improved cognitive performance in the Y-maze test, and therefore provides strong support for increasing cellular metal ion bioavailability as a valid therapeutic strategy for treating AD.

## Materials and Methods

The following is a brief summary. Full details are provided in *SI Text*.

**Cu<sup>II</sup>(gtsm) and Cu<sup>II</sup>(atsm).** The btsc compounds Cu<sup>II</sup>(gtsm) and Cu<sup>II</sup>(atsm) were synthesized as described previously (42, 43).

**Cell Culture Experiments.** SH-SY5Y cells at  $\approx$ 80% confluency were treated with 25  $\mu$ M Cu<sup>II</sup>(gtsm), 25  $\mu$ M Cu<sup>II</sup>(atsm) or the vehicle control DMSO in serum-free media for 5 h. Cells collected by centrifugation were resuspended in 50  $\mu$ L of Cytobuster Protein Extraction reagent (Novagen) supplemented with protease and phosphatase inhibitors. Protein content of the cell extracts was determined by using a protein content determination kit (Pierce).

**Inductively Coupled Plasma Mass-Spectrometry Determination of Metals Ions.** After treating and collecting cells as described above, pelleted cells were rinsed with PBS then analyzed for Cu, Fe, Zn, and Mn by using inductively coupled plasma mass-spectrometry (ICP-MS) as described previously (20).

**AD Mice and Treatments.** The AD mice used in this study expressed mutant human APP (K670N, M671L) and mutant human PS1 ( $\Delta$ E9) (44). Treatments were administered daily by oral gavage and began when the mice were 5–6 months old. Acid stability studies have shown dissociation of Cu–btsc complexes is unlikely to occur in the gut (45). Mice were tested for cognitive performance by using the Y-maze test, and the brains collected after culling were used for biochemical and immunohistochemical analyses.

**Y-Maze Test for Spatial Memory and Learning.** Mice were subjected to a 2-trial Y-maze test, with all testing performed during the light phase of the circadian cycle. Three identical arms of the maze were randomly designated start arm, novel arm, and other arm. The Y-maze tests were performed after 6 weeks of treatment and consisted of 2 trials separated by a 1-h intertrial interval to assess spatial recognition memory. The first trial (training) was for 10 min, and the mice were allowed to explore only 2 arms (starting arm and other arm). For the second trial (retention), mice were placed back in the maze in the same starting arm, and allowed to explore for 5 min with free access to all 3 arms. By using a ceiling-mounted CCD camera, all trials were analyzed for the number of entries the mice made into each arm. Data are expressed as the percentage of novel arm entries made during the 5-min second trial.

**Preparation of Mouse Brain Samples for Biochemical Analyses.** Mice were anesthetized, dissected to expose the chest cavity, and then perfused with  $\approx$ 10 mL of Dulbecco's PBS (Invitrogen) supplemented with heparin, butylated hydroxytoluene, and phosphatase inhibitors. Brains were removed and stored frozen. Right hemispheres were homogenized by sonication in 1 mL of PBS supplemented with phosphatase inhibitors. Left hemispheres were homogenized mechanically in Protein Extraction Buffer as per SH-SY5Y samples. Soluble and insoluble fractions were separated by centrifugation and protein content determined by using a protein assay kit (Pierce).

**Mass Spectrometry Analysis of A $\beta$  in Brain Tissues.** Analysis of A $\beta$  from brain tissues was performed with surface enhanced laser desorption ionisation time-of-flight (SELDI-TOF) mass spectrometry (MS) using the ProteinChip system (Cipergen Biosystems). This method enables direct mass-spectrometry identification of individual proteins after immunoaffinity capture/purification of the proteins of interest from tissue samples. PBS-soluble and -insoluble extracts of AD mouse brains were subjected to antibody capture using the WO2 antibody for human A $\beta$  (epitope = A $\beta$  residues 5–8), and the mass of each A $\beta$  species was determined by using the ProteinChip reader. Data generated by the ProteinChip software was analyzed by using Biomarker Patterns Software for differential peak intensities of each peptide. All SELDI-TOF MS brain A $\beta$  data are expressed as log-normalized A $\beta$  peak intensity per milligram of brain protein.

**SDS/PAGE and Western Blot Analyses.** SH-SY5Y and mouse brain samples were diluted with appropriate homogenization buffer (PBS or cell lysis buffer) and gel loading buffer then heated at 100 °C for 5 min. Samples were loaded onto glycine gels, proteins electrophoresed at 125 V for 2–2.5 h, and then transferred onto PVDF membranes (Roche) at 25 V for 2 h. Membranes were incubated with primary antibody overnight at 4 °C and then with secondary antibody for 2–3 h. Chemiluminescence images were saved as TIFF files and relative abundance of proteins determined by using NIH ImageJ 1.38x software. All Western blot densitometry data are expressed relative to levels of the loading control glyceraldehyde 3-phosphate dehydrogenase (GAPDH).

**Hippocampal LTP.** Fourteen- to 40-day-old C57Bl6 mice were decapitated under anesthesia. Brains were removed and chilled in ice-cold artificial cerebrospinal fluid (ACSF) and then hippocampal slices prepared and field potential recordings made as described previously (12). LTP was quantified by averaging the data for each slice from 55 to 60 min after tetanus. Results are presented as mean values ( $\pm$ SEM). When used, A $\beta$ <sub>1-42</sub> and Cu<sup>II</sup>(gtsm) were

added to the ACSF 30 min before commencing electrophysiological recordings.

**ELISA for A $\beta$  Detection.** A $\beta$  content of brain samples was determined by using the DELFIA Double Capture ELISA as described previously (20).

**Immunohistochemical Quantitation of Mouse Brain A $\beta$  Plaques.** Left hemispheres (minus cerebellum) freshly removed from AD mice after 8 weeks treatment were fixed in 10% (vol/vol) Neutral Buffered Formalin. Histochemical analysis of brain amyloid plaques was performed as described previously by using the anti-A $\beta$  antibody 1E8 (14).

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