

1 **Development and evaluation of a new triplex immunoassay that**  
2 **detects Group A *Streptococcus* antibodies for the diagnosis of**  
3 **rheumatic fever**

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21 **Running title:** A triplex assay that improves streptococcal serology

22 **ABSTRACT**

23 *Objectives:* Streptococcal serology is a cornerstone in the diagnosis of acute rheumatic fever  
24 (ARF), a post-infectious sequelae associated with Group A *Streptococcus* infection. Current  
25 tests that measure anti-streptolysin-O (ASO) and anti-DNaseB (ADB) titres require parallel  
26 processing, with predictive value limited by the slow rate of decay in antibody response.  
27 Accordingly, our objective was to develop and assess the diagnostic potential of a triplex  
28 bead-based assay, which simultaneously quantifies ASO and ADB together with titres for a  
29 third antigen, SpnA.

30 *Methods:* Our previous cytometric bead assay was transferred to the clinically appropriate  
31 Luminex platform by coupling streptolysin-O, DNaseB and SpnA to spectrally unique  
32 magnetic beads. Sera from over 350 subjects, including 97 ARF patients, were used to  
33 validate the assay and explore immunokinetics.

34 *Results:* Operating parameters demonstrate the triplex assay produces accurate and  
35 reproducible antibody titres which, for ASO and ADB, are highly correlative with existing  
36 assay methodology. When ARF patients were stratified by time (days following hospital  
37 admission) there was no difference in ASO and ADB between <28 and 28+ days groups.  
38 However, for anti-SpnA there was a significant decrease ( $P<0.05$ ) in the 28+ day group,  
39 indicative of faster anti-SpnA antibody decay.

40 *Conclusions:* Anti-SpnA immunokinetics support very recent Group A *Streptococcus*  
41 infection, and may assist in diagnostic classification of ARF. Further, bead-based assays  
42 enable streptococcal serology to be performed efficiently in a high-throughput manner.

43

44 **Word count:** 23445 **Key words:** group A streptococcus; SpnA; streptolysin-O; DNaseB; serology; acute

46 rheumatic fever; immunoassay

47 **INTRODUCTION**

48 Group A Streptococcus (GAS; *Streptococcus pyogenes*) causes a broad range of diseases in  
49 humans, including skin and throat infections that may lead to more serious autoimmune  
50 sequelae such as acute rheumatic fever (ARF) and post-streptococcal glomerulonephritis  
51 (PSGN) (1). ARF precedes rheumatic heart disease (RHD), which is responsible for major  
52 morbidity and mortality in resource-poor countries and in certain Indigenous populations in  
53 high-income countries (2). In particular, Māori and Pacific children in New Zealand, and  
54 Aboriginal children in Australia, have some of the highest incidences of ARF and RHD in the  
55 world (3, 4).

56 Accurate diagnosis of ARF is essential to ensure timely hospitalisation, clinical management  
57 and initiation of secondary prevention (monthly benzathine penicillin injections) to reduce  
58 the risk of RHD. The Jones criteria are a set of clinical guidelines that forms the basis of ARF  
59 diagnosis; these criteria specifically include laboratory evidence of a previous GAS infection  
60 (5). Since ARF occurs 2-4 weeks after an initial GAS infection, the causative bacteria are  
61 often undetectable by culture at the time of clinical presentation. Streptococcal serology, the  
62 measurement of antibodies produced in response to a GAS infection, is therefore commonly  
63 used as definitive laboratory evidence of infection (6). Current ARF guidelines require a  
64 patient to have elevated antibody titres to one of two GAS antigens – Streptolysin O (SLO)  
65 and Deoxyribonuclease B (DNaseB) (7, 8).

66 Demonstrating a rise in anti-SLO (ASO) and anti-DNaseB (ADB) antibody titres for the  
67 diagnosis of post-streptococcal diseases requires paired serum measurements at both the  
68 acute and convalescent stage of infection. This can be impractical to obtain in patients with  
69 suspected ARF (9), such that an upper limit of normal (ULN) cut-off is often applied in lieu  
70 of the gold standard two-fold rise in titre (8, 10). ULN cut-offs are defined as the 80<sup>th</sup>

71 percentile of ASO and ADB titres in a matched healthy population, and can be challenging to  
72 establish in GAS endemic settings, resulting in a broad range of ULN recommendations for  
73 ASO and ADB globally (9).

74 ASO is generally measured by an automated turbidimetric or nephelometric assay that utilises  
75 an international standard of pooled sera (8, 11). While there is a nephelometric assay for  
76 ADB, it is commonly measured with an enzyme inhibition assay. This inhibition assay is only  
77 semi-quantitative and there are no international reference sera available for ADB, making  
78 these assays less standardised (8). With currently available methods, the titres for ASO and  
79 ADB need to be determined in two separate assays in parallel, which impacts on laboratory  
80 efficiency. In addition to the limitation associated with parallel processing, the antigens  
81 themselves have inherent limitations. The gene encoding DNaseB shows allelic variation and  
82 is not universally present across all GAS strains. This can lead to false negatives, where a  
83 lack of ADB response may be the result of a true GAS infection with a strain not carrying a  
84 DNaseB encoding gene (12). Furthermore, the immunokinetics of ASO and ADB complicate  
85 interpretation. The titres to both antigens can stay elevated for many weeks after infection  
86 and in some individuals elevated titres have been observed 12 months after a GAS infection  
87 (13). This can lead to false-positives, where elevated antibody titres do not necessarily  
88 represent a recent infection, but are the consequence of slow antibody decay following a GAS  
89 infection that occurred months or even years prior.

90 To circumvent some of the limitations with current streptococcal serology, our laboratory  
91 recently developed a proof-of-concept multiplex immunoassay using cytometric bead array  
92 (CBA) technology (14). The assay simultaneously measured ASO and ADB titres as well as  
93 antibody titres to a third, novel GAS antigen, *Streptococcus pyogenes* nuclease A (SpnA,  
94 Spy0747), which is a highly conserved and immunogenic cell-wall anchored nuclease (15,  
95 16). However, the CBA platform is not currently suitable for routine use in clinical

96 laboratories due to a lack of automation and reliance on a flow cytometer for read-out.  
97 Accordingly, the aims of the current study were to: (i) design and optimise the multiplex  
98 immunoassay technology for the clinically available Luminex bead-based platform and; (ii)  
99 assess the efficiency and accuracy of the resulting triplex assay in diagnosing ARF in a large  
100 clinical cohort. The Luminex system is based on spectrally unique magnetic beads that enable  
101 simultaneous measurement of antibodies against multiple analytes in a single reaction well.  
102 Compared with CBA, Luminex assays tend to be more reproducible, can be automated, and  
103 the machines are widely used in clinical diagnostic laboratories (17-19).

104

## 105 **METHODS**

### 106 *Study subjects*

107 Human sera were obtained from several studies conducted in the North Island of New  
108 Zealand. Each had appropriate ethical approval and all participants (or their parents or legal  
109 guardians) provided written informed consent. All ARF cases (n=97) were diagnosed  
110 according to the New Zealand modification of the Jones criteria (7, 20). Sixteen cases were  
111 recruited via two small studies conducted at Waikato Hospital (2012–2015; ethics  
112 CEN/12/06/017) and Starship Hospital (2004-2006; ethics AKX/2002/08). The remaining 79  
113 cases were recruited as part of the Rheumatic Fever Risk Factors (RF RISK) study (21). This  
114 nationwide study was conducted between 2014-2017 (ethics 14/NTA/53) and aimed to  
115 identify modifiable risk factors for ARF in New Zealand. Sera was also obtained from 120  
116 healthy controls recruited into the RF RISK study and highly matched with the ARF cases for  
117 age, ethnicity and social deprivation. Forty-five of these participants were excluded from  
118 analysis as they reported a definite or probable sore throat or skin infection in the 4 weeks  
119 preceding enrolment, such that the final healthy control group comprised 75 participants.  
120 Demographics for all ARF cases and healthy controls are shown in Table 1. Finally, to enable

121 comparison of the triplex assay with existing commercial serology assays, residual sera  
122 (n=180) were stored following routine streptococcal serological testing in 2018 at Labtests, a  
123 community laboratory that serves the greater Auckland region (ethics 17/CEN/230).  
124 Demographic information was not collected for these samples.

### 125 **Recombinant antigens**

126 Recombinant DNaseB (rDNaseB) and rSpnA were expressed and purified as previously  
127 described (14). The *slo* gene was cloned using GeneArt Gene Synthesis technology  
128 (ThermoFisher). DNA encoding a SLO double mutant (aa32-571) with substitutions at amino  
129 acid sites P427L and W535F was synthesised and cloned into pET151/D-TOPO for  
130 expression of a detoxified SLO construct with an N-terminal His6-tag. The protein was  
131 expressed in *Escherichia coli* BL21AI cells after induction with 1 mM IPTG and 0.2% L-  
132 arabinose (Alfa Aeser) at 37 °C for 2.5 hours. rSLO was purified from *E. coli* cell lysate  
133 using Ni<sup>2+</sup> NTA immobilised metal affinity chromatography and the His6-tag was cleaved  
134 using recombinant tobacco etch virus protease at a 1:20 ratio of protease to protein. The  
135 protein was subject to a final purification step using a Superdex200 10/300 column (GE  
136 Healthcare) in phosphate buffered saline (PBS) and fractions containing rSLO were pooled  
137 following verification by SDS-PAGE.

### 138 **Bead coupling**

139 The three antigens were covalently coupled to MagPlex® microspheres (beads) by  
140 carbodiimide chemistry using the xMAP® Antibody Coupling Kit (Luminex Corporation),  
141 according to the manufacturer's instructions. Briefly, magnetic beads were washed with  
142 activation buffer followed by a 20 min incubation with EDC (1-Ethyl-3-[3-  
143 dimethylaminopropyl] carbodiimide hydrochloride) and Sulfo-NHS (N-  
144 hydroxysulfosuccinimide). Each protein antigen was coupled to a spectrally distinct bead  
145 region; rSLO to region 72, rDNaseB to region 30 and rSpnA to region 78. Small-scale

146 coupling reactions with protein concentrations ranging from 10–30  $\mu\text{g}$  per  $2.5 \times 10^6$  beads  
147 were performed by incubating the proteins with beads for 2 hours at room temperature to  
148 determine optimal coupling concentrations for each protein. For large-scale reactions  $12.5 \times$   
149  $10^6$  beads were incubated with proteins for 2 hours at room temperature. Protein-coupled  
150 beads were washed and enumerated with a haemocytometer, and stored at  $4^\circ\text{C}$  protected from  
151 light until further use.

### 152 *Triplex immunoassay overview*

153 Serum samples were diluted 1:8000 in assay buffer (AB) containing PBS supplemented with  
154 0.5% IgG-free bovine serum albumin (BSA). The diluted sera (30  $\mu\text{l}$ ) were added into  
155 duplicate wells of a 96-well U-bottom plate (Greiner) and 30  $\mu\text{l}$  of bead solution consisting of  
156 equal parts SLO, DNaseB and SpnA-coupled beads was added to samples for a final  
157 concentration of 50 beads/ $\mu\text{l}$ /antigen. Plates were incubated for 1 hour at room temperature  
158 and then washed twice with AB using a handheld magnet (Luminex Corporation).  
159 Phycoerythrin (PE)-labelled Donkey Anti-human IgG (Fcy-specific) detection antibody  
160 (Jackson ImmunoResearch) was added to wells and incubated for 1.5 hours at room  
161 temperature. Beads were washed twice, re-suspended in 100  $\mu\text{l}$  Drive Fluid (Luminex  
162 Corporation), and analysed on a MagPix<sup>®</sup> instrument (Luminex Corporation). All  
163 incubations were performed on a plate shaker at 800rpm, protected from light.

164 Standard material was obtained by purifying IgG antibodies specific for rDNaseB, rSLO and  
165 rSpnA from pooled human immunoglobulin (intravenous immunoglobulin, IVIG, Intragam<sup>®</sup>  
166 P) as previously described (14). The specificity of the purified IgG antibodies was confirmed  
167 by ELISA. A nine-point standard curve was created for each antigen by mixing known  
168 starting concentrations of specific IgG in AB (600 ng/ml for SLO, 400ng/ml for DNaseB and  
169 250ng/ml for SpnA) and performing a three-fold dilution series. Standard curves were fitted

170 using a five-parameter regression formula generated by the xPonent software version 4.2  
171 (Luminex Corporation). Net median fluorescence intensity (MFI) values obtained for test sera  
172 were converted to concentration ( $\mu\text{g/ml}$ ) based on the IgG standard curves.

### 173 *Assay sensitivity and precision*

174 The lower limit of detection (LLOD) for each antigen was defined as the lowest  
175 concentration of analyte whose MFI response was greater than the blank plus three standard  
176 deviations (22) across 12 independent assays. Intra-assay variability was determined by  
177 calculating the coefficient of variation (CV; standard deviation divided by the mean) from 20  
178 replicates of one sample in a single plate. Inter-assay variability was determined by  
179 calculating the CV from eight serum samples that exhibited varying degrees of reactivity  
180 against the three antigens, in eight independent assay runs (23).

### 181 *Comparison with commercial assays*

182 ASO and ADB titres were determined at Labtests, Auckland, New Zealand and LabPLUS,  
183 Auckland City Hospital, New Zealand. ASO titres were measured by the turbidimetric  
184 technique using the human anti-streptolysin-O kit on a SPAplus analyzer (The Binding Site,  
185 CA, USA) and reported in international units (IU/ml). ADB titres were measured by an  
186 enzyme inhibition assay following manufacturer instructions and titres reported in U/ml  
187 (bioMerieux, Marcy l'Etoile, France). Both assays provide an inexact, titre range for samples  
188 with a low concentration of antibodies;  $<25$  IU/ml for ASO and  $<100$  U/ml for ADB.  
189 Mid-titre values of 12.5 IU/ml for ASO and 50 U/ml for ADB were therefore used to define  
190 samples that fell within these ranges.

### 191 *Upper Limit of Normal*



192 The sensitivity of each antigen as a serological marker in ARF diagnosis was assessed by  
193 applying experimentally determined upper limit of normal (ULN) cut-offs that were  
194 calculated using a nonparametric method (24). ULN values were determined as the 80<sup>th</sup>  
195 percentile of titres in the 75 healthy controls recruited in the RF RISK study (21), with those  
196 that reported a sore throat or skin infection in the 4 weeks preceding enrolment having  
197 already been excluded. This exclusion is in line with previous studies that have removed  
198 individuals with recent streptococcal infections from ULN estimates (24, 25). ULN were  
199 determined from titres measured with the triplex assay as well as titres measured with  
200 commercial serological methods.

### 201 *Statistical Analyses*

202 Differences in antibody responses between ARF cases and healthy controls for the three  
203 antigens were analysed using Mann-Whitney U unpaired *t*-test. For the comparison of the  
204 triplex measurements with commercial methods, the strength of correlation was calculated  
205 using Spearman's *r*. Linear regression analysis was also performed on these data to obtain  
206 equations that enabled conversion of triplex concentrations ( $\mu\text{g/ml}$ ) into internationally  
207 recognized units (IU/mL for ASO and U/mL for ADB). The diagnostic sensitivity of the  
208 three antigens (SLO, DNaseB, SpnA) was compared using a chi-squared test. All statistical  
209 analyses were performed in GraphPad Prism (version 8.0) and a *P*-value of  $\leq 0.05$  was  
210 considered significant.

211

## 212 **RESULTS**

### 213 *Optimisation and validation of the triplex Luminex assay*

214 In order to expand the utility of a bead-based assay for streptococcal serology, the assay was  
215 transferred from our previously described CBA beads (14), to the clinically relevant Luminex  
216 platform. The optimal coupling concentration for each of the highly purified (>95%)  
217 recombinant SLO, DNaseB and SpnA antigens to spectrally unique magnetic beads was  
218 determined. This was defined as the concentration that gave the highest MFI across a panel of  
219 reference sera with known titres (previously determined by CBA) in single-plex assays. The  
220 optimal coupling concentrations were 12.5 µg of SLO and SpnA, and 10 µg of DNaseB per  
221  $2.5 \times 10^6$  beads.

222 Next, beads coupled with each of the three antigens were mixed in equal parts and the  
223 concentration of antibodies for each antigen was determined in a triplex format for the panel  
224 of reference sera. The antibody titres measured in the triplex format correlated strongly with  
225 the single-plex assays, indicating no cross-reactivity between the different beads ( $R^2$  values  
226 >0.999 for all antigens in a linear regression analysis, data not shown). After trialling various  
227 test serum concentrations, a 1:8,000 dilution was found to give MFI's within the log-linear  
228 range for all three antigens. Comparison of the MFI at this dilution with the previous CBA  
229 beads for 33 samples showed significant correlations ( $p < 0.0001$ ) for all three antigens  
230 (Figure S1), such that 1:8,000 was used in all subsequent triplex assays.

231 Following optimisation, the assay operating characteristics were determined and are  
232 summarised in Table 2. The lower limit of detection (LLOD) was <0.1 ng/ml for all three  
233 antigens. The intra-assay coefficient of variation (CV)'s were <5% and inter-assay CVs were  
234 <13% for each of the three antigens. These characteristics confirm that the Luminex-based  
235 triplex assay is a reliable and repeatable method for quantifying serum antibody titres to GAS  
236 antigens.

237 ***Comparison with existing streptococcal serological methodologies***

238 To compare the triplex assay with existing commercial methodologies, experimentally  
239 determined titres were compared with titres determined by the turbidimetric technique (ASO)  
240 and the semi-quantitative enzyme inhibition assay (ADB). The 318 serum samples analysed  
241 included residual sera from a community laboratory (n=180) as well as sera from ARF cases  
242 and controls (n=138) for which clinical titres were available. As seen in Figure 1a, there is a  
243 highly significant correlation between the concentration of ASO IgG determined in the triplex  
244 assay and the commercial methodology (Spearman's  $r = 0.950$ ,  $P$ -value  $< 0.0001$ ). A  
245 significant correlation also exists between the concentration of ADB IgG determined by the  
246 triplex assay and the commercial methodology (Spearman's  $r = 0.924$ ,  $P$ -value  $< 0.0001$ ).  
247 However, as previously described (14), there is a lack of precision of the traditional ADB  
248 enzyme inhibition assay, which produces titre ranges rather than continuous values. This can  
249 be seen visually as a 'stacking' of points in Figure 1b.

250 The lack of precise titres for ADB in the enzyme inhibition assay is further illustrated by  
251 plots of antibody titre distribution (Figure S2). The continuous distribution of ASO is largely  
252 the same between the turbidimetric and triplex assay. In contrast, the discontinuous  
253 distribution of ADB titres in the enzyme inhibition assay is improved by the Luminex  
254 methodology. The triplex assay therefore offers increased precision for ADB, compared to  
255 traditional methods.

#### 256 *Streptococcal antibody titres in ARF*

257 The ability of the triplex assay to detect streptococcal antibodies in ARF was assessed in sera  
258 obtained from 97 ARF cases and the 75 healthy controls (Table 1). As was expected, IgG  
259 titres against all three antigens were significantly elevated ( $P < 0.001$ ) in children with ARF  
260 compared to healthy control children (Figure 2A). Serum samples for each ARF case were  
261 obtained at varying time points after hospital admission, with recruitment of some patients

262 being delayed for over 4 weeks. This provided an opportunity to assess the impact of time on  
263 serum antibody levels. ARF cases were stratified into two groups; those whose serum was  
264 collected < 28 days after hospital admission (n=72) and those whose serum was collected 28+  
265 days after hospital admission (n=25). As ARF tends to develop 2-4 weeks after an initial  
266 GAS infection, the 28 day stratification essentially grouped cases as those with a GAS  
267 infection in the preceding 6-8 weeks, or greater. As shown in Figure 2B, there was no  
268 significant difference in the median ASO and ADB titres between the <28 and 28+ days  
269 groups ( $P = 0.513$  and  $0.963$ , respectively). However, for anti-SpnA, there was a significant  
270 decrease ( $P < 0.05$ ) in the median antibody titre in the 28+ day group compared with the <28  
271 day group, suggesting a faster decay in anti-SpnA IgG over time.

#### 272 *Utility of the triplex assay and SpnA in ARF diagnosis*

273 The ability of the triplex assay to detect a previous GAS exposure for ARF diagnosis was  
274 assessed using an upper limit of normal (ULN) approach. ULN was experimentally  
275 determined from the 75 healthy controls recruited in the RF RISK study, who had no recent  
276 history of sore throat or skin infection (Figure 2A). The resulting ULN values of 354  $\mu\text{g/ml}$   
277 for SLO, 117  $\mu\text{g/ml}$  for DNaseB and 64  $\mu\text{g/ml}$  for SpnA were applied to the ARF cases to  
278 determine the diagnostic sensitivity of each antigen (Table 3). There was no significant  
279 difference ( $P = 0.853$ ) in sensitivity of each of the three antigens in detecting true positives in  
280 the <28-day ARF group. The sensitivity for each of the three antigens in this group was high,  
281 ranging from 85-88%. In contrast, in the 28+ day ARF group there was a significant  
282 difference in sensitivity between the antigens ( $P = 0.001$ ), with ASO and ADB very high at  
283 92 and 96%, respectively, compared with anti-SpnA at 60%. This mirrors the significant  
284 decrease in anti-SpnA IgG titres seen between the <28 day and 28+ ARF group (Figure 2B)  
285 and is further evidence that anti-SpnA IgG decays faster than ASO and ADB.

286 ***Impact of ULN values on diagnostic sensitivity***

287 The relationship between the experimentally determined ULN in this study and the ULN that  
288 are included in current ARF diagnostic guidelines was explored by conversion of triplex  
289 assay units ( $\mu\text{g/ml}$ ) to the commonly reported clinical units for streptococcal serology (IU/ml  
290 for ASO and U/ml for ADB). The rationale for this conversion was based on the significant  
291 correlations between the ASO and ADB titres determined by the triplex assay and the  
292 commercial methodologies (Figure 1). By solving the linear equation of the regression lines,  
293 the experimentally determined ULN for the 75 healthy controls equated to 412 IU/ml for  
294 ASO and 367 U/ml for ADB, respectively (Table S1). This is very similar to the ULN  
295 determined in the same 75 healthy controls when titres were measured using the  
296 commercially available assays in clinical laboratories (422 IU/ml for ASO, 400 U/ml for  
297 ADB), demonstrating the accuracy of interpolating the triplex assay units to clinical units.

298 Next, the linear regression approach was utilised to convert the ULN for ASO and ADB  
299 reported in ARF diagnostic guidelines in New Zealand (7) and Australia (25) to triplex assay  
300 units (Table S1). There are substantial differences in ULN applied in ARF diagnostic  
301 guidelines globally, which is exemplified by the differences between New Zealand and  
302 Australia. New Zealand guidelines stipulate a higher, all ages ULN, compared to the lower,  
303 age-specific ULN applied in Australia (9). These differences are reflected in sensitivity  
304 calculations for ASO and ADB in the triplex assay when the interpolated, clinical ULN are  
305 applied (Table S2). The sensitivity of ADB in the triplex assay is 51% when the current  
306 New Zealand cut-off is applied compared with 75% using Australian age specific cut-offs,  
307 and 88% with the experimentally determined ULN. For ASO, sensitivity is 82% in the triplex  
308 assay using the current New Zealand cut-off compared with 97% using Australian age  
309 specific cut-offs, and 88% with the experimentally determined ULN.

310

311 **DISCUSSION**

312 In this study a triplex Luminex assay that measures serum IgG concentration to three GAS  
313 antigens (SLO, DNaseB, and SpnA) with high efficiency and accuracy was developed and  
314 evaluated. The multiplex nature of the assay ensures that titres are measured simultaneously,  
315 in a single tube, from a very small volume of sera (2  $\mu$ l). This provides efficiency advantages  
316 over current commercial methodology for ASO and ADB that include turbidimetric,  
317 nephelometric or enzyme inhibition assays and require separate reactions with each antigen  
318 run in parallel assays (8, 9, 14). The accuracy of the triplex assay described here is  
319 highlighted by the significant correlation with ASO and ADB titres determined from the  
320 commercial assays currently used in the New Zealand clinical setting. Of note, the enzyme  
321 inhibition assay for ADB produces titre ranges, which results in a discontinuous distribution  
322 of values as observed in this study and previously (14, 25). In contrast, the newly developed  
323 triplex assay provides continuous values for all three antigens, resulting in enhanced  
324 precision for ADB titres in particular.

325 The predictive value of elevated ASO and ADB for the diagnosis of GAS immune sequelae is  
326 influenced by immunokinetics, and the slow rate of antibody decay following GAS infection  
327 in some individuals (13). While induction of a long-lived antibody response is a desired  
328 feature of a vaccine antigen, it is not ideal for serological diagnostics where the goal is to  
329 identify individuals who have experienced a recent GAS infection. Indeed, the knowledge  
330 that SLO antibodies stay elevated for extended periods after infection (13), combined with  
331 the high sequence conservation across GAS strains (26), has provided rationale for including  
332 SLO in combination vaccines (15, 27). This highlights a need to characterise additional GAS  
333 antigens, which are not being developed as vaccines, and have favourable immunokinetics for  
334 serological diagnostics. SpnA is not only highly conserved and immunogenic (15), but is

335 unlikely to be used in a vaccine as it failed to provide protection in a mouse infection model  
336 (28).

337 This study has built on our previous findings regarding the potential utility of SpnA in  
338 streptococcal serology (14), by comparing the sensitivity of anti-SpnA with ASO and ADB in  
339 a larger cohort of ARF patients. While the sensitivity of all three antigens was comparable in  
340 cases whose serology was performed within 4 weeks of hospital admission, the significant  
341 reduction in anti-SpnA titres in cases for whom serology was delayed suggests anti-SpnA IgG  
342 decay more rapidly following a GAS infection. The biological basis for the differences in IgG  
343 immunokinetics between GAS antigens is yet to be elucidated but may be driven by  
344 differences in CD4<sup>+</sup> T-helper cells and long-term memory responses. Mechanism aside, the  
345 short-lived nature of the anti-SpnA IgG response following GAS infection is a highly  
346 desirable trait for diagnostic streptococcal serology as it decreases the likelihood of false-  
347 positives.

348 The predictive value of streptococcal serology in the diagnosis of ARF is influenced by the  
349 ULN cut-off that is applied. This was clearly demonstrated in a recent audit of ARF patients  
350 in New Zealand and the Northern Territories of Australia, in which the high ULN cut-offs for  
351 ASO and ADB used in New Zealand resulted in undercounting of definite and probable cases  
352 (9). In the present study, the experimentally determined ULN was derived from 75 highly  
353 matched healthy children who did not have a recent sore throat or skin infection. When  
354 expressed in units commonly reported in the literature these values are 412 IU/ml for ASO  
355 and 367 U/ml for ADB, respectively, which are markedly lower than those currently  
356 specified in New Zealand guidelines. A greater proportion of ARF cases in our study thus  
357 met the experimentally determined ULN for ASO and ADB, compared with when the ULN  
358 from current New Zealand guidelines were applied to our cohort. This highlights how crucial  
359 it is to have accurate ULNs for the diagnosis of ARF when paired sera are unable to be

360 obtained (12). Moreover, it provides further evidence for New Zealand to consider updating  
361 ULN in future ARF guidelines, particularly given the current ULN were determined over 35  
362 years ago (7), and are higher than those recommended elsewhere in the world (9).

363 Previous studies of ASO and ADB in ARF have been inconsistent with respect to trends in  
364 the antigen specific responses. A recent audit in New Zealand and the Northern Territory of  
365 Australia found ARF cases in both countries more likely to have elevated ASO than ADB,  
366 while an older Northern Territory study found that ADB was more likely to be elevated (29).  
367 Our previous study in a small ARF cohort (n=16) found anti-SpnA and ASO were more  
368 likely to be elevated compared with ADB (14), yet in this study there was no significant  
369 difference between the three antigens in patients for which sera were obtained within 4 weeks  
370 of hospital admission. This highlights the complexity of antigen specific serological response  
371 following GAS infection and is consistent with a recent study in GAS pharyngitis, which  
372 found no clear pattern of immune responses against conserved GAS antigens, and where the  
373 need for a larger antigen panel to increase the sensitivity of assays to detect a recent GAS  
374 infection was described (30).

375 Limitations of this study include the relatively small sample size used in determining  
376 experimental ULN such that age-specific values were not practical to obtain, and an all ages  
377 ULN was applied. In addition, paired sera from ARF cases were not available meaning  
378 temporal responses in individuals could not be investigated. However, the significant  
379 reduction in anti-SpnA titres in ARF patients with delayed serology is strong evidence that  
380 the immunokinetics of anti-SpnA IgG differ from that of ASO and ADB, and further studies  
381 in participants with confirmed GAS pharyngitis and skin infections, which incorporate  
382 temporal samples, are planned.

383

384 **Conclusion**



385 In summary, this study describes the development and evaluation of a Luminex-based triplex  
386 assay that simultaneously measures ASO, ADB and anti-SpnA in very small volumes of  
387 patient sera. The diagnostic utility of anti-SpnA was confirmed in a large cohort of ARF  
388 patients, with an immunokinetic profile that suggests a recent GAS exposure. As such this  
389 triplex assay has the potential to improve both the efficiency and accuracy of streptococcal  
390 serology for the diagnosis of post-streptococcal sequelae.

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- 507

508 **FIGURE LEGENDS**

509 **Figure 1.** Scatter plots showing the correlation between the triplex Luminex assay and  
510 clinically available methodologies for ASO (n=317) (A) and ADB (n=318) (B). Spearman's  $r$   
511 and  $P$ -values as shown. The dashed lines represents the linear regression equation, see also  
512 Table S1.

513

514 **Figure 2.** A – Violin plots showing serum titres for ASO (i), ADB (ii) and anti-SpnA (iii)  
515 determined by the triplex Luminex assay in ARF cases (blue) and controls (yellow). Dashed  
516 lines represent experimentally determined ULN values. B - Tukey box and whisker plots  
517 showing serum titres for ASO (i), ADB (ii) and anti-SpnA (iii) determined by the triplex  
518 assay for ARF patients stratified into serum collected <28 days after hospital admission (dark  
519 green) and 28+ days after hospitalisation (light green).  $P$ -values were determined by Mann-  
520 Whitney U unpaired two-tailed analysis.

521

522

523 **TABLES**

524

525 **Table 1.** Demographics of the study participants included in the calculation of experimental

526 ULN values and the diagnostic sensitivity of each antigen

	<b>ARF (n=97)</b>	<b>Healthy children (n=75)</b>
<b>Age (years)</b>		
Median	11	11.7
Range	4-20	6-18
<b>Male sex, N (%)</b>	67 (69)	46 (61)
<b>Ethnicity, N (%)</b>		
Maori	42 (43)	30 (40)
Pacific	54 (56)	43 (57)
Other	1 (1)	2 (1)

527



528 **Table 2.** Summary of assay sensitivity and precision

529

Assay characteristic	ASO	ADB	Anti-SpnA
Lower limit of detection	0.04 ng/ml	0.02 ng/ml	0.06 ng/ml
Intra-assay CV <sup>a</sup>	4.8 %	4.6 %	4.5 %
Inter-assay CV <sup>a</sup>	12.4 %	12.5 %	11.6 %

530

<sup>a</sup>CV, coefficient of variation

531

532 **Table 3.** Diagnostic sensitivity of ASO, ADB and anti-SpnA in the triplex assay, with  
533 sensitivity defined as the number of ARF patients with antibody titres above the  
534 experimentally determined ULN cut-offs. ARF patients were stratified into those with sera  
535 obtained <28 days after hospital admission and 28+ after hospital admission. *P*-values were  
536 determined by 3 x 2  $\chi^2$  test.

537

	ASO	ADB	Anti-SpnA	<i>P</i> -value
<b>ARF &lt;28 days, n=72 (%)</b>	63 (88)	63 (88)	61 (85)	0.853
<b>ARF 28 + days, n=25 (%)</b>	23 (92)	24 (96)	15 (60)	0.001

538



