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A M E R I C A N C O L L E G E O F



C H E S T

P H Y S I C I A N S[®]

Primary Vascular Tumors of the Heart in Infancy*

Report of a Case with Successful Surgical Management

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A six-week-old infant with a large vascular tumor of the right atrium was diagnosed preoperatively and treated successfully. This case illustrates the feasibility of radical excision of extensive atrial tumors and restoration of the atrial cavity using autologous pericardium.

Primary vascular tumors of the heart are exceedingly rare, especially in infancy, as is evident by the paucity of such reports in the literature. Diagnosis may be difficult because the symptoms may be similar to those produced by a host of other congenital and acquired cardiac lesions.¹ Surgical experience with these tumors is limited and is complicated by the need for extensive resection of the involved cardiac structures along with the tumor. Satisfactory results are achieved only in patients with solitary well circumscribed lesions.^{2,3}

We have successfully resected a hemangioendothelioma of the right atrium in a six-week-old infant. This case is being reported because of its unique nature.

CASE REPORT

The patient is a six-week-old full-term girl who presented with progressive tachypnea, slow feeding, and poor weight gain. Physical examination revealed mild nasal flaring, distant heart sounds, and hepatomegaly.

There was massive cardiomegaly on the chest roentgenogram. Two-dimensional sector echocardiography indicated the presence of moderate pericardial effusion. A cystic mass was seen within the right atrium (Fig 1). Pericardiocentesis yielded straw-colored fluid with no malignant cells. Computerized tomography (CAT scan) following intrapericardial injection of carbon dioxide and contrast medium (Renografin) failed to reveal extracardiac extension of the tumor. Cardiac catheterization and angiography confirmed the presence of a vascular tumor in the right atrium and a small atrial septal defect.

At surgery, external inspection revealed a tumor mass involving most of the atrial free wall without extension into the pericardium (Fig 2). A diagnosis of "benign vascular tumor" was made from a frozen section examination of a biopsy taken from the involved atrial wall.

Using cardiopulmonary bypass and moderate hypothermia,

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FIGURE 1. A two-dimensional sector echocardiogram showing a cystic tumor (T) in the right atrial cavity (RA), partially attached to the superior aspect of the interatrial septum. LA—left atrium, LV—left ventricle.

the right atrium was opened. The tumor was vascular, sessile, and attached to the endocardial surface of the free atrial wall. It extended to the junction with the superior vena cava and involved the atrioventricular groove anteriorly and part of the interatrial septum superiorly. The sulcus terminalis and the entrance of the inferior vena cava were free of tumor. The mass was excised with a rim of normal atrial wall; however, a narrow strip of involved tissue near the atrioventricular groove could not be removed due to its proximity to the right coronary artery. The interatrial septal defect was closed with direct sutures, and the atrial wall was reconstructed with pericardium.

Microscopic examination of the tumor revealed numerous small vascular channels lined by flattened endothelial cells and surrounded by spindle-shaped cells. No atypia or mitosis were noted. Reticulin stain confirmed the vascular origin of the tumor and established the diagnosis of benign hemangioendothelioma (Fig 3).

The postoperative course was uneventful. Follow-up sector echocardiogram ten months later demonstrated no residual tumor. Electrocardiogram showed ectopic atrial focus with recurrent runs of atrial arrhythmias.

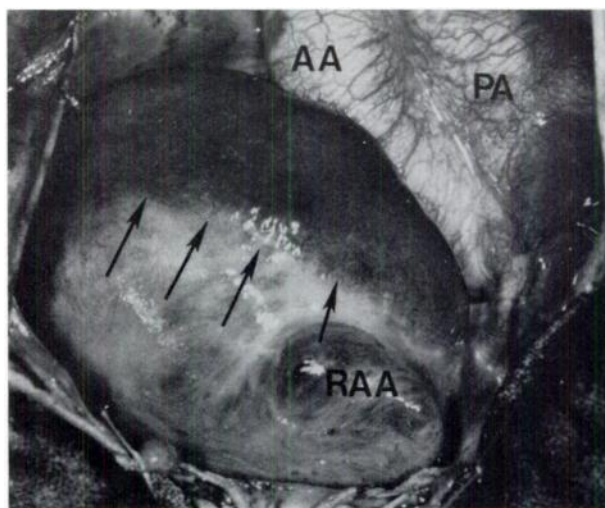


FIGURE 2. An intraoperative view of the tumor. Note the proximity of the tumor to the aortic root. The arrows delineate the portion of the atrial wall grossly involved with tumor. RAA—right atrial appendage; AA—ascending aorta; PA—pulmonary artery.

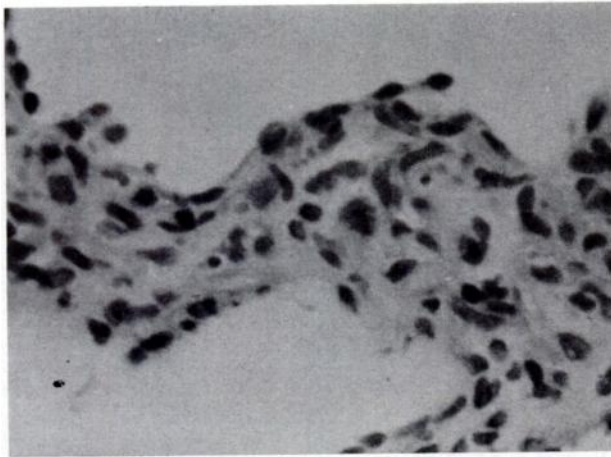


FIGURE 3. The microscopic appearance of the tumor. The vascular spaces are lined with benign endothelial cells.

DISCUSSION

There are few reports in the literature describing the various types of primary cardiac vascular tumors.³⁻⁵ Most of these were in adult patients, and only five cases have been described in infants at postmortem examination (Table 1). To our knowledge, our patient may be the only infant who has had successful radical excision of a vascular tumor of the heart.

The pathogenesis of these vascular tumors is uncertain and it is not easy to determine whether they represent angiomas, hamartomas, telangiectases, varices, blood filled cysts, or even granulation tissue.⁶ The majority, except for blood cysts and varicosities, have been subendocardial in origin and without infiltrative features.⁴ The right atrium is most commonly involved.⁵ They are usually localized and sessile, but could be associated with multiple angiomas of the skin and visceral organs.⁷

Early and accurate preoperative diagnosis was almost impossible in the past because of the wide range of atypical symptoms generated by these tumors.⁸ Recently, with the advent of echocardiography, radioactive nucleotide scanning, and computerized tomography, the diagnosis can be made early and with relative ease.

Complete excision of cardiac vascular tumors may

Table 1—Reported Cases of Cardiac Vascular Tumors in Infancy

Author	Age	Pathology	Diagnosed at
Lymburner ¹¹	10 mos	Lymphangioma	Autopsy
Nichols ¹²	18 days	Endothelium-lined vascular spaces (Lambl's excrescences)	Autopsy
Boyd ¹³	1 hour	Endothelium-lined Vascular spaces (Lambl's excrescences)	Autopsy
Schuster ¹⁴	Newborn	Cavernous hemangioma	Autopsy
Gasul ¹⁵	—	Hemangioma	Autopsy
Present case	6 weeks	Hemangioendothelioma	Surgery

not always be possible in spite of early detection because of the extent of the lesion. In our patient, a major portion of the right atrial wall, part of the interatrial septum, and the proximal portion of the superior vena cava were removed and replaced with pericardium. This extensive reconstruction with an akinetic wall does not seem to seriously effect the hemodynamic function of the atrium, and has been used in the surgical treatment of extensive tumors of the atria in older patients.^{9,10} However, atrial arrhythmias may result, especially if the sinoatrial node is involved.

Although no longterm survival has been reported in adults with hemangioendothelioma of the heart,²⁷ the early radical treatment, the benign microscopic appearance of the tumor, and the young age of this patient may improve the prognosis.

Our experience with this case emphasizes the importance of early diagnosis of cardiac vascular tumors in infants, and illustrates the feasibility of successful radical excision of extensive atrial tumors and the use of autologous pericardium for restoration of the atrial cavity in this age group.

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