

and anti-VEGF therapies that are currently being explored in pancreatic cancer.

In conclusion, the EGFR is expressed in different nontransformed cell types of the neoplastic environment that are involved in tumor growth and progression, including endothelial cells. Studying the effects of anti-EGFR agents in the different components of the tumor microenvironment might improve our knowledge of the mechanism of action of these drugs.

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MRI or Bone Scan or Both for Staging of Prostate Cancer?

TO THE EDITOR: We read with interest the article entitled "Magnetic Resonance Imaging of the Axial Skeleton for Detecting Bone Metastases in Patients With High-Risk Prostate Cancer: Diagnostic and Cost-Effectiveness and Comparison With Current Detection Strategies" by Lecouvet et al,¹ and are intrigued by the excellent results reported with magnetic resonance imaging (MRI) over bone scan.

We would like to comment on the criteria used in the study to categorize abnormal uptake on radionuclide bone scan as either malignant or equivocal, which might have biased the results of the study. The benefit of bone scan for staging prostate cancer is that it detects metastasis before it is evident on plain radiographs. Conventional wisdom suggests that if the radionuclide bone scan shows uptake that is not explained by a benign lesion on targeted radiographs (TXR), the

inference is that it is most likely to represent a malignant process, rather than equivocal, as has been categorized by the authors.^{2,3} Additional confirmation with other imaging including MRI may not be required in such instances in routine clinical practice.

We beg to differ when the authors state that the abnormal uptake on the bone scan demonstrated in Figure 1 of the article¹ is equivocal. In fact, it is highly suggestive of skeletal metastasis, given that there is no benign lesion or abnormality in the TXR to account for the increased uptake on bone scan, and this patient does not necessarily require an MRI to clarify the bone lesion as being malignant. Alternately, if there was a benign radiographic explanation for the bone scan uptake, then again the patient may not require an MRI for clarification.

The bias in the reporting of bone scans in the study is shown when the authors state that "MRI had no false-negative results." Abnormal uptake on bone scan may be due to a malignant process, even though it did not show up as malignant on other imaging (TXR or axial MRI). In these circumstances, bone scans in this study

seem to have been classified as equivocal, although they are positive, hence the resulting false-negative MRI may have been missed. Furthermore, when the authors state that “none of the patients without axial metastasis (on MRI) had metastasis elsewhere,” has the abnormal uptake on bone scan due to metastasis outside the axial skeleton been categorized as not malignant when it did not show up on TXR? This under-reporting of malignant lesions may have contributed to the low sensitivity (46%) and specificity (32%) attributed to bone scan in the study.

The inclusion criteria of the study also may have biased the results, given that 28 of the 66 patients were already receiving hormonal treatment. In such instances the uptake of radionuclide on bone scan may be diminished because of the response to androgen deprivation. The utility of investigations differs depending on whether they are performed for initial staging before systemic treatment or for imaging while receiving treatment. The benefit of MRI may be for patients who are already receiving systemic treatment, whereas a bone scan without a baseline comparator has its drawbacks.

In the 38 patients with newly diagnosed disease in the study, MRI identified metastasis in three of the 14 patients with normal bone scan/TXR findings and in two of the 12 patients with equivocal bone scan/TXR findings, which were confirmed with investigations and clinical information after 6 months of follow-up. Six months may not be an adequate period of follow-up to determine whether the equivocal bone scan findings may in fact represent metastasis, especially because these patients may have received systemic treatment during this period.

The results of this study may be misleading because they erroneously suggest that MRI, although a more sensitive investigation, could

replace bone scan as the initial and sole imaging modality of choice. However, we believe that bone scan, although not perfect, still remains the imaging investigation of choice for the initial staging of prostate cancer patients, with TXR correlation and other imaging including MRI to be used when results are truly equivocal. Bone scan and MRI may be considered as complementary imaging modalities in this clinical setting.

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IN REPLY: We appreciate the interest of Dr Venkitaraman and colleagues in our recent article.¹ We wish to address their comments.

Dr Venkitaraman and colleagues seem to be intrigued by the superior results of magnetic resonance imaging (MRI) over bone scan (BS) to detect bone metastases in patients with prostate cancer (PCa) at high risk for metastases, and question our categorization of results.

As detailed in the article, we used the same clear classification system of the results into three well-defined categories (positive, negative, or equivocal), and the same statistical approach (consisting of categorizing the equivocal readings as suggestive for malignancy in patients with no metastasis and categorizing the equivocal readings as benign in patients with metastasis) for all imaging tests (BS, targeted radiographs [TXR], and MRI of the bone marrow).

We do agree that the term “equivocal” covers a wide range of results that could have been termed “possible,” “suspicious,” “likely,” “highly suspicious,” “almost certain,” and so on. The generic term does not matter: this category encompasses all situations in which imaging findings could not be categorized confidently as positive or negative, regardless of the level of uncertainty. This classical approach was used for all imaging techniques. There is no bias there.

We do agree that the example illustrated in the Figure 1 of our article is highly suggestive of skeletal metastasis on the basis of the results of the BS/TXR work-up. However, we do not state that “further confirmation with other imaging including MRI” is required, al-

though it would be requested in clinical routine whenever a consolidate answer is required. We do demonstrate that a one-step noninvasive examination, MRI, results in immediate certitude with regard to the metastatic status of this patient.

We cannot agree with Dr Venkitaraman and colleagues when they invoke conventional wisdom or suggestions to make sometimes life-threatening or invalidating therapeutic decisions. Conventional wisdom may be acceptable in clinical practice to assess a fracture risk—it becomes questionable when it comes to definitive decisions in oncology.

In 1958, Galbraith coined this term “conventional wisdom” to define “the ideas which are esteemed at any time for their acceptability,” and pointed out that there may be important differences between what is acceptable (the territory of the conventional wisdom) and what is true. Conventional wisdom is often seen as an obstacle to introducing new theories—a cause of inertia.²

Our study demonstrated that a fair proportion of our patient staging using the current BS/TXR work-up was not true according to the gold standard. Is this acceptable?

Let us take examples from our series. The example of a middle-aged man just being diagnosed with localized high risk PCa (Gleason score 8), with a normal abdominal computed tomography and normal BS. Based on conventional wisdom and current work-up, he would undergo a radical prostatectomy, although metastatic status is