

Postgraduate Medical Training in Ireland: Expectations & Experience

Dr. Deirdre Bennett

Prof. Tim Dornan, Prof. Colm Bergin & Prof. Mary Horgan





Quality Matters



In 2006, Irish government and key stakeholders agreed a vision for PGMET in Ireland;

"that the postgraduate education and training environment will be attractive to all medical graduates and deliver high quality schemes that will result in a sufficient number of fully trained, competent doctors to deliver a patient centred health service in this country"

Both Buttimer (2006) and HSE Strategy for Medical Education Training and Research (2007) emphasise the importance of quality assurance of training posts



Quality Data

Published data : Limited to surveys of satisfaction amongst trainees, variable quality and response rates

Year	Trainee Group	Outcome
2004	Interns	63% agree training abroad better
2005	2 cohorts 6 &11 years post grad	Better facilities, further training and better career prospects abroad
2011	Interns	65% rate internship excellent or good
2012	GP Trainees	>80% satisfied with training post
2012	All NCHDs	50% dissatisfied with training in current post
2013	Surgical BST	49% would NOT undertake BST in Ireland again

Quality of Training

Programme Structure Postgraduate Training Body

ourses

Workplace Learning Environment

"The material and social context wherein learners 'learn', which influences learners' behaviour, emotions, and practical competences."

Objectives

- 1. To examine the expectations of trainees entering training programmes under the RCPI in July 2012
- 2. To examine trainees' experiences of training across programmes under the RCPI in 2013
- 3. To compare expectations with the realities of the training experience



Measuring Postgraduate Training Environments



- To date, in Ireland, studies examining quality of the learning environment have used un-validated questionnaires
- Instruments should to be theoretically grounded and validated i.e. proven to measure what they aim to measure

Methods



Dutch Residency Educational Climate Tool (DRECT)

-50 item theoretically derived validated tool
-Statements with a 5 point Likert scaled response
-Max score 250

-supervision, coaching and assessment, feedback, teamwork, peer collaboration, role of consultants, matching of work to level of trainee, formal education, role of trainer and learning from handover

July 2012: Expectations of Training – new entrants only

Expectations	BST	RTP	HST	Program not recorded	Total
Sent	333	99	95		527
Returned	224	38	76	87	425
Response rate	67.2%	38.3%	80%		80.6%

March 2013: Experience of Training – all RCPI trainees

Experience	BST	RTP	HST	Total
Sent	587	129	566	1246
Returned	210	32	165	407
Response rate	35.7%	24.8%	29.0%	32.6%

Results: Expectation vs Experience

Expectations Mean total DRECT (SD)	Expectations N	Experience Mean total DRECT (SD)	Experience n	Gap	p value Mann Whitney U
190 (34)	230	162 (32)	108	28	P<0.0001
		164 (31)	95		
194 (29)	61	187 (31)	146	7	NS
192 (33)	351*	173 (33)	349	18	P<0.0001
	Mean total DRECT (SD) 190 (34) 194 (29)	Mean total DRECT (SD)Expectations N190 (34)230194 (29)61	Mean total DRECT (SD)Expectations NMean total DRECT (SD)190 (34)230162 (32)190 (34)230164 (31)194 (29)61187 (31)	Mean total DRECT (SD)Expectations NMean total DRECT (SD)Experience n190 (34)230162 (32)108194 (29)61187 (31)146	Mean total DRECT (SD)Expectations NMean total DRECT (SD)Experience nGap190 (34)230162 (32)10828194 (29)61187 (31)1467

Paired Responses

	Expectations Mean total DRECT (SD)	Expectations N	Experience Mean total DRECT (SD)	Gap	p value Wilcoxon Signed Ranks
BST Year 1	189 (35)	84	164(33)	25	P<0.0001
HST	197(32)	17	193(32)	4	NS
Total	191 (35)	123	170 (35)	21	P<0.0001



Strengths Mean score of 4+ (Scale 1-5)

13 items : Teamwork, Peer collaboration & Consultants' role.

- Trainees generally work well with each other and with other healthcare professionals.
- Consultants willing and available to discuss patients
- Respectful treatment of trainees.
- On the whole these items met expectations, and in the case of consultant availability, exceeded expectation.

Consultants as Trainers



Scores on subscales relating to active participation of consultants in training showed mixed results.

• Coaching & Assessment:

All but one item fell short of expectation, mean 2.2 to 3.6.

• Feedback:

Trainees do not receive regular feedback on performance Structured evaluation & feedback formats generally not in place.

Formal Education & Trainer Role

- Most items falling short of expectations.
- Most marked in relation to trainers monitoring progress and evaluations being useful.
- For BST trainees in Medicine the mean item score for trainers monitoring progress was lowest of all trainee groups (mean item score 2.5).
- A further area of weakness identified was that of sufficient time to learn new skills.



BST vs HST

 My consultants give regular feedback on my strengths and weaknesses: Internal Medicine BST 2.4 vs HST 3.3

• There is enough time in the schedule for me to learn new skills 2.5 (BST 1) to 3.3 (HST).

Discussion & Conclusions

- Using a validated tool to measure CLE nationally can reveal systemic strengths and weaknesses
- Over time data can be built up to provide a picture of quality at individual sites
- BST training falls short of expectations and provides a less positive learning environment than HST
- Core training elements of feedback, assessment, formal education and trainer evaluations are areas of weakness
- Means to effectively collect and report quality data need to be further explored





Response rate

Trainee response rates vary but tend to be low in general Postal and email versions ; Reminders Trainee reps

Bias?

- Demographics representative
- Response rate by training level RTP excluded
- Response rate by specialty area Medicine, Paediatrics and Obs & Gynae only analysed
- Wave analysis suggested passive non-response

